# Regularity of the optimal sets for the second Dirichlet eigenvalue

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Abstract. This paper is dedicated to the regularity of the optimal sets for the second eigenvalue of the Dirichlet Laplacian. Precisely, we prove that if the set  $\Omega$  minimizes the functional  $\mathcal{F}_{\Lambda}(\Omega)$  $\lambda_2(\Omega) + \Lambda |\Omega|$ , among all subsets of a smooth bounded open set  $D \subset \mathbb{R}^d$ , where  $\lambda_2(\Omega)$  is the second eigenvalue of the Dirichlet Laplacian on  $\Omega$  and  $\Lambda > 0$  is a fixed constant, then  $\Omega$  is equivalent to the union of two disjoint open sets  $\Omega_+$  and  $\Omega_-$ , which are  $C^{1,\alpha}$ -regular up to a (possibly empty) closed set of Hausdorff dimension at most  $d - 5$ , contained in the one-phase free boundaries  $D \cap \partial \Omega_+ \setminus \partial \Omega_-$  and  $D \cap \partial \Omega_- \setminus \partial \Omega_+$ .

# 1. Introduction

Given a real constant  $\Lambda > 0$  and an open set  $\Omega \subset \mathbb{R}^d$ , we define

<span id="page-0-0"></span>
$$
\mathcal{F}_{\Lambda}(\Omega) = \lambda_2(\Omega) + \Lambda |\Omega|, \tag{1}
$$

where  $|\Omega|$  is the Lebesgue measure of the set  $\Omega$  and  $\lambda_2(\Omega)$  is the second eigenvalue (counted with the due multiplicity) of the Laplace operator in  $\Omega$ , with Dirichlet boundary conditions on  $\partial\Omega$ . Precisely, we recall the following variational characterization of the second eigenvalue:

<span id="page-0-1"></span>
$$
\lambda_2(\Omega) = \min_{E_2 \subset H_0^1(\Omega)} \max \{ \int_{\Omega} |\nabla u|^2 \, dx : u \in E_2, \int_{\Omega} u^2 \, dx = 1 \},\tag{2}
$$

where the minimum is taken among all two-dimensional subspaces  $E_2$  of the Sobolev space  $H_0^1(\Omega)$ , which is the closure, with respect to the  $H^1$  norm, of the space  $C_c^{\infty}(\Omega)$  of smooth functions compactly supported in  $\Omega$ .

This paper is dedicated to the regularity of the sets that minimize the functional  $\mathcal{F}_{\Lambda}$  =  $\lambda_2 + \Lambda |\cdot|$  in a smooth bounded open set D. Shape optimization problems for functionals involving eigenvalues of the Dirichlet Laplacian have received a lot of attention lately (see Section [1.1\)](#page-2-0). Since the classical result of Buttazzo and Dal Maso ([\[8\]](#page-42-0)), it has been known that, for any  $k \ge 1$ , optimal (quasi-open) sets for the functional  $\lambda_k + \Lambda |\cdot|$  exist in any bounded open set  $D \subset \mathbb{R}^d$ . Little is known about the regularity of these optimal sets. For

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 $k = 1$ , the regularity of the free boundary (the part contained in the interior of D) was obtained by Briançon and Lamboley ([\[3\]](#page-42-1)). Recently, Kriventsov and Lin ([\[23\]](#page-43-0)) proved a result that applies to this problem when  $k > 1$ ; they showed that if the free boundary (the part inside  $D$ ) is sufficiently "flat", then it must be regular. The question of what happens at general "nonflat" points is still open for  $k > 1$ . Our main result (Theorem [1.1\)](#page-1-0) gives an answer to this question in the case  $k = 2$ .

<span id="page-1-0"></span>**Theorem 1.1.** Let  $D \subset \mathbb{R}^d$  be an open bounded set of class  $C^{1,\beta}$ , for some  $\beta > 0$ , and *let*  $\Lambda > 0$  *be a given constant. Let*  $\Omega \subset D$  *be an open set that minimizes*  $\mathcal{F}_{\Lambda}$  *in* D, *that is,* 

<span id="page-1-2"></span>
$$
\mathcal{F}_{\Lambda}(\Omega) \le \mathcal{F}_{\Lambda}(\tilde{\Omega}) \quad \text{for every open set } \tilde{\Omega} \subset D. \tag{3}
$$

*Then there are two disjoint open sets*  $\Omega_+$  *and*  $\Omega_-$ *, both contained in*  $\Omega$ *, such that* 

$$
\lambda_2(\Omega_+ \cup \Omega_-) = \lambda_2(\Omega) \quad \text{and} \quad |\Omega \setminus (\Omega_+ \cup \Omega_-)| = 0.
$$

*Each of the boundaries*  $\partial \Omega_+$  *and*  $\partial \Omega_-$  *can be decomposed as the disjoint union of a regular and of a (possibly empty) singular part, namely*

$$
\partial \Omega_{\pm} = \text{Reg}(\partial \Omega_{\pm}) \cup \text{Sing}(\partial \Omega_{\pm}),
$$

*with the following properties:*

- (i) *The regular set*  $\text{Reg}(\partial \Omega_+)$  *is an open subset of*  $\partial \Omega_+$ *, which is locally the graph of a*  $C^{1,\alpha}$  function, for some  $\alpha > 0$ . Moreover,  $\text{Reg}(\partial \Omega_{\pm})$  contains both the two*phase free boundary*  $\partial \Omega_+ \cap \partial \Omega_-$  *and the contact sets with the boundary of the box:*  $\partial \Omega_+ \cap \partial D$  *and*  $\partial \Omega_- \cap \partial D$ *.*
- (ii) *The singular set*  $\text{Sing}(\partial \Omega_{\pm})$  *is a closed subset of*  $\partial \Omega_{\pm}$  *and contains only onephase points. Moreover, there exists a critical dimension*  $d^* \in \{5, 6, 7\}$  (see Re*mark* [1.2](#page-1-1)*) such that*
	- *if*  $d < d^*$ , then the singular set is empty,
	- *if*  $d = d^*$ , then the singular set consists of a finite number of points,
	- *if*  $d > d^*$ , then the singular set has Hausdorff dimension at most  $d d^*$ .

<span id="page-1-1"></span>**Remark 1.2.** The critical dimension  $d^*$  is the lowest dimension in which there exist minimizing one-phase free boundaries with singularities. It is known that  $d^*$  is 5, 6 or 7 and conjectured that  $d^* = 7$  (see [\[20\]](#page-43-1) and the references therein).

**Remark 1.3.** If  $\Lambda > 0$  is sufficiently big, then the disjoint union of two balls of the same radius  $R_{\Lambda,d}$  is the optimal set for problem [\(3\)](#page-1-2), thanks to the well-known Krahn–Szegö inequality for the second Dirichlet eigenvalue; see [\[18,](#page-43-2) Theorem 4.1.1]. On the other hand, when  $\Lambda > 0$  is small, an explicit solution to [\(3\)](#page-1-2) is not known. In this case, the existence of an open set  $\Omega$  that minimizes  $\mathcal{F}_{\Lambda}$  in D was proved in [\[6,](#page-42-2) Corollary 5.11], while their regularity is given by Theorem [1.1.](#page-1-0)

### <span id="page-2-0"></span>1.1. Optimal sets for the eigenvalues of the Dirichlet Laplacian: an overview

Optimization problems for functionals involving the eigenvalues of an elliptic operator and the volume (the Lebesgue measure) allow us to achieve a better understanding of the interaction between the geometry (the shape) of the domains in  $\mathbb{R}^d$  and their spectrum. In the particular case when the elliptic operator is the Laplacian with Dirichlet boundary conditions, these variational problems have a rich, century-long history. We will briefly recall the main results concerning the existence and the regularity of optimal sets and we will refer to the survey papers [\[7\]](#page-42-3) and [\[17\]](#page-43-3) for a more detailed introduction to the topic.

1.1.1. Functionals involving only the first eigenvalue. For the principal eigenvalue  $\lambda_1$ , the variational problem analogous to  $(1)$  is

<span id="page-2-1"></span>
$$
\min\{\lambda_1(A) + \Lambda |A| : A \subset D\}.\tag{4}
$$

We first recall that the classical Faber–Krahn inequality implies that if  $\Lambda$  is big enough, then balls are the only (up to translation in D) solutions. On the other hand, if  $\Lambda$  is small, then the existence of a minimizer of [\(4\)](#page-2-1) in the class of quasi-open sets can be easily proved (see Section [1.2.4\)](#page-8-0), but the optimal shapes  $\Omega \subset D$  are in general not explicit. In this case, the regularity of the free boundary  $\partial \Omega \cap D$  (the part contained in the box D) was obtained by Briançon and Lamboley in [\[3\]](#page-42-1). In fact, by the variational characterization of  $\lambda_1(\Omega)$ , problem [\(4\)](#page-2-1) is equivalent to the following variational problem involving functions and not sets:

$$
\min\{ \int_D |\nabla u|^2 \, dx + \Lambda |\{u > 0\}| : u \in H_0^1(D), \int_D u^2 \, dx = 1 \}.
$$

If *u* is a minimizer and  $\xi \in C_c^{\infty}(D; \mathbb{R}^d)$  is a smooth vector field, then the function

$$
t \mapsto \int_D |\nabla u_t|^2 dx + \Lambda |\{u_t > 0\}|, \quad \text{where } u_t(x) := u(x + t\xi(x)),
$$

is differentiable and has minimum at  $t = 0$ . The associated first-order optimality condition gives that, in some suitable sense,  $u$  is a solution of the following (one-phase) free boundary problem:

<span id="page-2-2"></span>
$$
-\Delta u = \lambda_1(\Omega)u \text{ in } \Omega, \quad |\nabla u| = \sqrt{\Lambda} \text{ on } \partial\Omega \cap D, \quad \Omega = \{u > 0\} \subset D, \quad (5)
$$

for which one can apply the techniques developed by Alt and Caffarelli in [\[1\]](#page-42-4) for the one-phase Bernoulli problem

 $-\Delta u = 0$  in  $\{u > 0\}$ ,  $|\nabla u| = \sqrt{\Lambda}$  on  $\partial \{u > 0\} \cap D$ ,

obtained from the minimization (with suitable Dirichlet boundary conditions on  $\partial D$ ) of the functional

$$
\int_D |\nabla u|^2\,dx + \Lambda |\{u > 0\} \cap D|.
$$

Finally, we notice that, for solutions  $\Omega$  of [\(4\)](#page-2-1), the regularity of the full boundary  $\partial\Omega$ , including the part touching  $\partial D$ , was obtained recently in [\[27,](#page-43-4) Theorem 1.2] (by an argument relying on [\[11\]](#page-43-5)) and in [\[28\]](#page-43-6) (by the epiperimetric inequality from [\[29\]](#page-43-7)) .

**1.1.2. Functionals involving higher eigenvalues.** As for functionals  $\mathcal{F}$  depending on the higher eigenvalues of the Dirichlet Laplacian, the existence of minimizers is known only in the class of quasi-open sets (the definition of a quasi-open set is recalled in Section [1.2\)](#page-6-0). In this class of domains, Buttazzo and Dal Maso ([\[8\]](#page-42-0)) proved the existence of optimal sets for general shape optimization problems

$$
\min\{\mathcal{F}(A) + \Lambda |A| : A \subset D, A \text{ quasi-open}\},\tag{6}
$$

involving functionals  $\mathcal F$  of the form

$$
\mathcal{F}(\Omega) = F(\lambda_1(\Omega), \ldots, \lambda_k(\Omega)),
$$

for which the function  $F: \mathbb{R}^k \to \mathbb{R}$  satisfies only some mild semicontinuity and monotonicity assumptions.

The regularity of the optimal sets in this more general situation is still to be completely understood even for the simplest model case

$$
F(\lambda_1,\ldots,\lambda_k)=\lambda_k.
$$

The main difficulty is in the fact that the higher eigenvalues  $\lambda_k(\Omega)$  of the Dirichlet Laplacian are variationally characterized by the following min-max principle:

<span id="page-3-0"></span>
$$
\lambda_k(A) := \min_{E_k \subset H_0^1(A)} \max_{u \in E_k \setminus \{0\}} \frac{\int_A |\nabla u|^2 \, dx}{\int_A u^2 \, dx}, \quad k \in \mathbb{N}, \tag{7}
$$

where the minimum is taken over all k-dimensional linear subspaces  $E_k$  of  $H_0^1(A)$ . One consequence of this min-max formulation is that, for  $k \ge 2$ , the functional  $\Omega \mapsto \lambda_k(\Omega)$ is not differentiable with respect to variations of the domain  $\Omega$  along smooth vector fields (see for instance [\[18\]](#page-43-2)), which in particular means that one cannot write an overdetermined boundary value problem as [\(5\)](#page-2-2) for just one of the associated eigenfunctions  $u_k \in E_k$ .

Several results were obtained recently for functionals involving not only higher eigenvalues but also the principal one  $\lambda_1(\Omega)$ . In fact, for this type of *nondegenerate* functional the regularity of the free boundary  $\partial \Omega \cap D$  of an optimal set  $\Omega$  was recently proved in [\[22\]](#page-43-8) and [\[24\]](#page-43-9) (see also [\[30\]](#page-43-10) for the case of more general operators). The main model example of such a functional is

$$
F(\lambda_1,\ldots,\lambda_k)=\sum_{j=1}^k\lambda_j,
$$

and the crucial observation is that the vector-valued function  $U = (u_1, \dots, u_k): D \to \mathbb{R}^k$ , whose components are the first k eigenfunctions on  $\Omega$  and whose norm is

$$
|U| = \sqrt{u_1^2 + \dots + u_k^2},
$$

is a solution of the free boundary problem

$$
-\Delta u_j = \lambda_j(\Omega)u_j \text{ in } \Omega \text{ for } j = 1, ..., k; |\nabla|U| | = \sqrt{\Lambda} \text{ on } \partial\Omega \cap D, \quad \Omega = \{|U| > 0\} \subset D,
$$
 (8)

which is closely related to the vectorial Bernoulli problem

$$
-\Delta U = 0 \text{ in } \{|U| > 0\}, \quad |\nabla |U|| = \sqrt{\Lambda} \text{ on } \partial\{|U| > 0\} \cap D, \tag{9}
$$

obtained from the minimization of the functional

<span id="page-4-2"></span>
$$
\int_{D} |\nabla U|^2 dx + \Lambda |\{|U| > 0\} \cap D|,\tag{10}
$$

and which was studied in [\[10,](#page-42-5) [14,](#page-43-11) [24,](#page-43-9) [25,](#page-43-12) [29\]](#page-43-7).

As for the optimal sets for *degenerate* functionals of the form  $\mathcal{F}(\Omega) = \lambda_k(\Omega)$ , the only available regularity result for  $k \ge 2$  was obtained by Kriventsov and Lin in [\[23\]](#page-43-0), where they prove both the existence of an open optimal set  $\Omega$  and the  $C^{1,\alpha}$ -regularity of the flat part of the free boundary. The full regularity of optimal sets is still not completely understood, as  $\partial\Omega$  might contain cusp-like singularities (branching points), which a priori might be a large set of the same dimension as the free boundary.

**1.1.3. Optimal sets for**  $\lambda_2$ **.** Now let  $k = 2$  and D be a bounded open subset of  $\mathbb{R}^d$ . We consider the problem

<span id="page-4-0"></span>
$$
\min\{\lambda_2(A) + \Lambda |A| : A \subset D\}.\tag{11}
$$

Without the constraint  $A \subset D$ , an optimal set for the functional  $\lambda_2 + \Lambda |\cdot|$  is any union of two disjoint balls with the same radius  $R_{\Lambda,d}$ , which is an explicit constant depending only on  $\Lambda$  and the dimension d (this result is classical and is known as the Krahn–Szegö inequality; see  $[18,$  Theorem 4.1.1]). In particular, if two disjoint balls of the same radius  $R_{\Lambda,d}$  fit into D (this happens for instance when  $\Lambda$  is big or D is large), then the union of these two is a solution to [\(11\)](#page-4-0). Conversely, if two balls of radius  $R_{\Lambda,d}$  do not fit into D, then the optimal domains are not explicit; in this case, one can argue that the free boundary of the solutions to  $(11)$  is generated by the presence of the domain D which acts as an obstacle.

The aim of the present paper is to give a complete description of the boundary of the optimal sets for  $(11)$ , including the branching (cuspidal) points and the contact points with  $\partial D$ . Our approach is based on the analysis of the functional  $\lambda_2$  which, as  $\lambda_k$ , is a singular min-max functional (see [\(7\)](#page-3-0)). Thus, many of the main obstructions to the regularity of the solutions of

<span id="page-4-4"></span>
$$
\min\{\lambda_k(A) + \Lambda |A| : A \subset D\},\tag{12}
$$

with D bounded or  $D = \mathbb{R}^d$ , are already present in [\(11\)](#page-4-0). The major difference between the two cases  $k = 2$  and  $k > 2$  is not related to the obstacle D, but to the fact that the first one can be reduced to a two-phase free boundary problem (see Theorem [7.2](#page-33-0) and Section [1.1.4\)](#page-4-1), while the latter is expected to be related to a vectorial free boundary problem, for which the analysis of the branching points is not available yet, even for minimizers of [\(10\)](#page-4-2).

<span id="page-4-1"></span>1.1.4. Multiphase shape optimization problems. The variational minimization problem

<span id="page-4-3"></span>
$$
\min\{\lambda_2(\Omega) + \Lambda|\Omega| : \Omega \text{ quasi-open, } \Omega \subset D\}
$$
 (13)

is related to a class of spectral optimization problems involving multiple disjoint sets, the so-called multiphase shape optimization problems. Indeed, [\(13\)](#page-4-3) is equivalent to the variational problem

<span id="page-5-1"></span>
$$
\min\{\max\{\lambda_1(\Omega_1); \lambda_1(\Omega_2)\} + \Lambda|\Omega_1 \cup \Omega_2| : \Omega_1 \text{ and } \Omega_2 \text{ are disjoint}\}
$$
\nquasi-open subsets of D

\n
$$
\{14\}
$$

We notice that this multiphase version of [\(13\)](#page-4-3) was exploited in [\[6\]](#page-42-2) in order to prove the existence of open optimal sets for the functional  $\mathcal{F}_{\Lambda} = \lambda_2 + \Lambda |\cdot|$  in D. In the present paper, we will use an equivalent free boundary version (see Section [3\)](#page-15-0).

The study of variational problems for functionals of the form

$$
\mathcal{F}(\Omega_1, \Omega_2, \dots, \Omega_N) = F(\lambda_1(\Omega_1), \dots, \lambda_1(\Omega_N))
$$

was initiated in [\[6\]](#page-42-2) and was then continued in [\[2\]](#page-42-6) and [\[28\]](#page-43-6), where it was proved that if  $d = 2$  and if the N-tuple  $\Omega_1, \ldots, \Omega_N$  is a solution of

$$
\min \{ \sum_{j=1}^{N} (\lambda_1(\Omega_j) + \Lambda | \Omega_j|) : \Omega_1, \dots, \Omega_N \text{ are disjoint}
$$
  
quasi-open subsets of *D*  $\}, (15)$ 

<span id="page-5-0"></span>then each of the sets  $\Omega_j$  has a  $C^{1,\alpha}$  regular boundary. This result was recently extended to any dimension  $d \ge 2$  in [\[13\]](#page-43-13). As in the one-phase  $\mathcal{F}(\Omega) = \lambda_1(\Omega)$  and the vectorial  $\mathcal{F}(\Omega) = \sum_{j=1}^{k} \lambda_j(\Omega)$  problems, the crucial observation is that [\(15\)](#page-5-0) can be written (at least locally) as a minimization problem involving a single function that changes sign. Precisely, in [\[6\]](#page-42-2) it was shown that one can reduce the analysis to the case of only two domains ( $N = 2$ ). Then in [\[28\]](#page-43-6) it was proved that if  $u_1$  and  $u_2$  are the first eigenfunctions of  $\Omega_1$  and  $\Omega_2$ , the function  $u := u_1 - u_2$  is an almost-minimizer of the functional

$$
\int_D |\nabla u|^2 dx + \Lambda |\{u \neq 0\} \cap D|.
$$

This allows the regularity of the free boundary for almost-minimizers in dimension two to be proved (see [\[28\]](#page-43-6)) by means of the epiperimetric inequality from [\[29\]](#page-43-7). In higher dimensions, the analysis was concluded in [\[13\]](#page-43-13), where the regularity of both free boundaries

$$
\partial \{u > 0\} \cap D
$$
 and  $\partial \{u < 0\} \cap D$ 

was proved in a neighborhood of  $\partial \{u > 0\} \cap \partial \{u < 0\}$ , for functions u that solve a PDE in  $\{u \neq 0\}$  and satisfy the following conditions on the boundary  $\partial \{u \neq 0\} \cap D$  in the viscosity sense:

<span id="page-5-2"></span>
$$
\begin{cases} |\nabla u_+| = \alpha_+ > 0 \text{ on } \partial\{u > 0\} \setminus \partial\{u < 0\} \cap D, \\ |\nabla u_-| = \alpha_- > 0 \text{ on } \partial\{u < 0\} \setminus \partial\{u > 0\} \cap D, \\ |\nabla u_\pm| \ge \alpha_\pm \text{ and } |\nabla u_+|^2 - |\nabla u_-|^2 = \alpha_+^2 - \alpha_-^2 \text{ on } \partial\{u > 0\} \cap \partial\{u < 0\} \cap D. \end{cases} (16)
$$

As can be easily seen from the analysis in [\[28\]](#page-43-6), this result applies directly to the multiphase As can be easily seen from the analysis in [28], this result applies directly to the multiphase<br>problem [\(15\)](#page-5-0) by taking the constants  $\alpha_+$  and  $\alpha_-$  to be equal to  $\sqrt{\Lambda}$ . Unfortunately, the regularity theorem from [\[13\]](#page-43-13) cannot be directly applied to [\(14\)](#page-5-1) and [\(1\)](#page-0-0). In fact, in the present work, a key point in the proof of Theorem [1.1](#page-1-0) is to show that if  $\Omega$  is an optimal set for [\(1\)](#page-0-0), then there is a Lipschitz continuous (on the whole  $\mathbb{R}^d$ ) second eigenfunction  $u \in H_0^1(\Omega)$  that satisfies [\(16\)](#page-5-2) in the viscosity sense for some strictly positive constants  $\alpha_+$  and  $\alpha_-$ . We will discuss the strategy of the proof in Section [1.3.](#page-13-0)

1.1.5. Shape optimization problems with measure constraint. A shape optimization problem closely related to [\(12\)](#page-4-4) is

<span id="page-6-1"></span>
$$
\min\{\lambda_k(\Omega) : \Omega \subset D, |\Omega| = m\},\tag{17}
$$

where  $m \in (0, |D|)$  is a given constant. The equivalence of [\(12\)](#page-4-4) and [\(17\)](#page-6-1) is trivial when  $D = \mathbb{R}^d$ , while for a general open set  $D \subset \mathbb{R}^d$  it is only known that any minimizer of [\(12\)](#page-4-4) is a minimizer of [\(17\)](#page-6-1) for some  $m(\Lambda, D) > 0$ . In particular, this means that a regularity result for solutions to [\(17\)](#page-6-1) with  $k = 2$  will be more general than Theorem [1.1.](#page-1-0) In the case  $k = 1$ , the regularity of the minimizers of [\(17\)](#page-6-1) was proved in [\[3\]](#page-42-1) and [\[27\]](#page-43-4). The key point of the argument is in showing that the solutions of [\(17\)](#page-6-1) with  $k = 1$  are critical points for the functional

$$
\Omega \mapsto \lambda_1(\Omega) + \Lambda |\Omega|,
$$

with respect to internal perturbations. This result is then used to prove a monotonicity formula, classify the blow-up limits and write an optimality condition for the first eigenfunction in the viscosity sense. As for the case  $k = 2$  (or  $k > 2$ ), we believe that this approach, combined with the ideas from the proof of Theorem [1.1,](#page-1-0) should still work for minimizers of [\(17\)](#page-6-1), but would add several technical complications to our proof; so in this paper we prefer not to follow this direction, but to concentrate on the key issue in the case  $k = 2$ , which is the singular character of the functional.

### <span id="page-6-0"></span>1.2. Optimal quasi-open sets

The variational minimization problem [\(1\)](#page-0-0) is usually stated in the wider class of the socalled *quasi-open* sets, as

<span id="page-6-2"></span>
$$
\min\{\mathcal{F}_{\Lambda}(\Omega) : \Omega \subset D, \ \Omega \text{ quasi-open}\}.
$$
 (18)

As explained in the previous subsection, the main reason is that a general theorem by Buttazzo and Dal Maso ([\[8\]](#page-42-0)) provides the existence of optimal sets in this class for a large variety of functionals, including  $\mathcal{F}_{\Lambda}$ . Our regularity result holds also for minimizers in this class of sets. Before we state the result in this setting (Theorem [1.4\)](#page-9-0), we briefly recall the main definitions in this context (for more details, we refer to the books [\[4,](#page-42-7) [15,](#page-43-14) [19\]](#page-43-15)).

**1.2.1. Capacity.** The capacity of a set  $E \subset \mathbb{R}^d$  is defined as

<span id="page-6-3"></span>
$$
\operatorname{cap}(E) = \inf \{ \int_{\mathbb{R}^d} (|\nabla u|^2 + u^2) \, dx : u \in H^1(\mathbb{R}^d), \, u \ge 1 \text{ in a neighborhood of } E \}. \tag{19}
$$

It is well known (see for instance [\[15\]](#page-43-14)) that any function  $u \in H^1(\mathbb{R}^d)$ , which by definition is defined almost everywhere in the sense of the Lebesgue measure, is also defined *quasieverywhere* on  $\mathbb{R}^d$  in the following sense: there is a set  $E_u \subset \mathbb{R}^d$  such that  $cap(E_u) = 0$ and the limit

$$
\lim_{r \to 0} \oint_{B_r(x_0)} u(x) dx \quad \text{exists for every } x_0 \in \mathbb{R}^d \setminus E_u.
$$

In particular, this allows us to define u pointwise everywhere on  $\mathbb{R}^d \setminus E_u$  as

<span id="page-7-0"></span>
$$
u(x_0) := \lim_{r \to 0} \int_{B_r(x_0)} u(x) \, dx. \tag{20}
$$

Notice that the definition does not depend on the choice of representative of u in  $H^1(\mathbb{R}^d)$ .

**1.2.2. Quasi-open sets and Sobolev spaces.** For every measurable set  $\Omega \subset \mathbb{R}^d$  we define the space  $H_0^1(\Omega)$  as

$$
H_0^1(\Omega) = \{u \in H^1(\mathbb{R}^d) : \text{cap}(\{u \neq 0\} \setminus \Omega) = 0\}.
$$

When  $\Omega$  is open,  $H_0^1(\Omega)$  is precisely the closure of  $C_c^{\infty}(\Omega)$  with respect to the  $H^1$ norm (see for instance [\[19\]](#page-43-15)). When  $\Omega$  is bounded, the embedding of  $H_0^1(\Omega)$  in  $L^2(\Omega)$  is compact.

We say that  $\Omega$  is a quasi-open set if there is a function  $u \in H^1(\mathbb{R}^d)$  satisfying [\(20\)](#page-7-0) outside a set of zero capacity and such that  $\Omega = \{u > 0\}$  up to a set of zero capacity; in particular, for every  $u \in H^1(\mathbb{R}^d)$ , the set  $\Omega = \{u \neq 0\}$  is quasi-open and  $u \in H_0^1(\Omega)$ .

Notice that a quasi-open set  $\Omega$  is defined up to a set of zero capacity and that every open set is also quasi-open. Moreover, if E is any subset of  $\mathbb{R}^d$ , then there is a unique (up to a set of zero capacity) quasi-open set  $\Omega$  such that cap( $\Omega \setminus E$ ) = 0 and  $H_0^1(E)$  =  $H_0^1(\Omega)$ . In other words, when we write  $H_0^1(\Omega)$ , we can always assume that  $\Omega$  is quasiopen.

1.2.3. Spectrum of the Dirichlet Laplacian on quasi-open sets. Let  $\Omega$  be a bounded quasi-open set in  $\mathbb{R}^d$  and let  $f \in L^2(\Omega)$ . We say that  $u \in H_0^1(\Omega)$  is a solution to

$$
-\Delta u = f \quad \text{in } \Omega
$$

if, for every  $\varphi \in H_0^1(\Omega)$ , we have

$$
\int_{\Omega} \nabla u \cdot \nabla \varphi \, dx = \int_{\Omega} \varphi f \, dx.
$$

The operator  $\mathcal{R}_{\Omega}: L^2(\Omega) \to L^2(\Omega)$ , which associates to each  $f \in L^2(\Omega)$  the unique solution  $u$  of the above equation, is linear, positive definite, compact and self-adjoint. Thus, its spectrum is discrete and made by eigenvalues that can be ordered in an infinitesimal and monotone decreasing sequence of positive real numbers. By definition, their inverses are the eigenvalues of the Dirichlet Laplacian on  $\Omega$  and are denoted by  $\lambda_k(\Omega)$ ,  $k \in \mathbb{N}$ ,

$$
0 < \lambda_1(\Omega) \leq \lambda_2(\Omega) \leq \cdots \leq \lambda_k(\Omega) \leq \cdots.
$$

Moreover, there is a sequence of orthonormal (in  $L^2(\Omega)$ ) eigenfunctions  $u_k \in H_0^1(\Omega)$ ,  $k \in \mathbb{N}$ , satisfying

$$
-\Delta u_k = \lambda_k(\Omega)u_k \text{ in } \Omega, \quad \int_{\Omega} u_k^2 dx = 1.
$$

Finally, we recall that for every  $k \geq 1$ , the eigenvalue  $\lambda_k$  of the Dirichlet Laplacian can be obtained through the min-max principle

$$
\lambda_k(\Omega) := \min_{E_k \subset H_0^1(\Omega)} \max_{u \in E_k \setminus \{0\}} \frac{\int_{\Omega} |\nabla u|^2 dx}{\int_{\Omega} u^2 dx},\tag{21}
$$

where the minimum is taken over all k-dimensional linear subspaces  $E_k$  of  $H_0^1(\Omega)$ . For more details, see [\[19,](#page-43-15) Section 4.5].

<span id="page-8-0"></span>1.2.4. Existence of optimal quasi-open sets for [\(18\)](#page-6-2). This result follows from the Buttazzo–Dal Maso theorem ([\[8,](#page-42-0) Theorem 2.5]), but we provide a simpler direct proof in our case.

Let  $\Omega_n$  be a minimizing sequence of quasi-open sets for  $\mathcal{F}_\Lambda$  in D, that is,

$$
\inf\{\mathcal{F}_{\Lambda}(\Omega): \Omega \subset D \text{ quasi-open}\} = \lim_{n \to \infty} \mathcal{F}_{\Lambda}(\Omega_n).
$$

By the definition of  $\lambda_2(\Omega_n)$ , there are functions  $u_n$  and  $v_n$  in  $H_0^1(\Omega_n)$  such that

$$
\int_D |\nabla u_n|^2 dx = \lambda_2(\Omega_n), \quad \int_D |\nabla v_n|^2 dx \le \lambda_2(\Omega_n),
$$

$$
\int_D u_n^2 dx = \int_D v_n^2 dx = 1, \quad \int_D u_n v_n dx = 0.
$$

Moreover, we can assume that  $\Omega_n = \{u_n^2 + v_n^2 > 0\}$ . Since the sequences  $u_n$  and  $v_n$ are uniformly bounded in  $H_0^1(D)$ , up to a subsequence, we can assume that  $u_n$  (resp.  $v_n$ ) converges to a function  $u_{\infty}$  (resp.  $v_{\infty}$ ) weakly in  $H_0^1(D)$ , strongly in  $L^2(D)$  and pointwise almost everywhere. By the semicontinuity of the  $H<sup>1</sup>$  norm, we have

$$
\int_{D} |\nabla u_{\infty}|^2 dx \le \liminf_{n \to +\infty} \lambda_2(\Omega_n), \quad \int_{D} |\nabla v_{\infty}|^2 dx \le \liminf_{n \to +\infty} \lambda_2(\Omega_n),
$$

$$
\int_{D} u_{\infty}^2 dx = \int_{D} v_{\infty}^2 dx = 1, \quad \int_{D} u_{\infty} v_{\infty} dx = 0,
$$

where  $\Omega_{\infty}$  is the set  $\{u_{\infty}^2 + v_{\infty}^2 > 0\}$ . Thus,

$$
\lambda_2(\Omega_\infty) \le \liminf_{n \to \infty} \lambda_2(\Omega_n).
$$

On the other hand, the pointwise convergence of  $u_n$  and  $v_n$  gives

$$
\mathbb{1}_{\Omega_{\infty}} \leq \liminf_{n \to \infty} \mathbb{1}_{\Omega_n},
$$

and by Fatou's lemma we get

$$
|\Omega_{\infty}| \leq \liminf_{n \to \infty} |\Omega_n|.
$$

Thus, we obtain

$$
\mathcal{F}_{\Lambda}(\Omega_{\infty}) \leq \liminf_{n \to \infty} \mathcal{F}_{\Lambda}(\Omega_n) \leq \inf \{ \mathcal{F}_{\Lambda}(\Omega) : \Omega \subset D \text{ quasi-open} \},\
$$

which proves that  $\Omega_{\infty}$  is an optimal quasi-open set.

**1.2.5. Regularity of the optimal quasi-open set.** A regularity result, analogous to The-orem [1.1,](#page-1-0) also holds for the minimizers of  $\mathcal{F}_{\Lambda}$  among quasi-open sets. In fact, the two results are equivalent (see Section [1.2.6\)](#page-9-1).

<span id="page-9-0"></span>**Theorem 1.4.** Let  $D \subset \mathbb{R}^d$  be an open bounded set of class  $C^{1,\beta}$  for some  $\beta > 0$ , and *let*  $\Lambda > 0$  *be a given constant. Let*  $\Omega \subset D$  *be a quasi-open set that minimizes*  $\mathcal{F}_{\Lambda}$  *in D*, *that is,*

<span id="page-9-2"></span>
$$
\mathcal{F}_{\Lambda}(\Omega) \le \mathcal{F}_{\Lambda}(\tilde{\Omega}) \quad \text{for every quasi-open set } \tilde{\Omega} \subset D. \tag{22}
$$

*Then there are two disjoint open sets*  $\Omega_+$  *and*  $\Omega_-$  *such that* 

 $cap((\Omega_+ \cup \Omega_-) \setminus \Omega) = 0$ ,  $\lambda_2(\Omega_+ \cup \Omega_-) = \lambda_2(\Omega)$  and  $|\Omega \setminus (\Omega_+ \cup \Omega_-)| = 0$ .

*The boundaries*  $\partial \Omega_+$  *and*  $\partial \Omega_-$  *can be decomposed as the disjoint union of a regular and a singular part,*

$$
\partial \Omega_{\pm} = \text{Reg}(\partial \Omega_{\pm}) \cup \text{Sing}(\partial \Omega_{\pm}),
$$

*for which claims* (i) *and* (ii) *of Theorem* [1.1](#page-1-0) *hold.*

<span id="page-9-1"></span>1.2.6. Equivalence of Theorems [1.1](#page-1-0) and [1.4.](#page-9-0) We will first show that Theorem [1.1](#page-1-0) implies Theorem [1.4.](#page-9-0) Let  $\Omega \subset D$  be an open set satisfying [\(3\)](#page-1-2). We will prove that it satisfies [\(22\)](#page-9-2). We will use the fact that if  $\tilde{\Omega} \subset D$  is any quasi-open set, then there is a sequence of open sets  $\omega_n$  such that

$$
\lim_{n \to \infty} \text{cap}(\omega_n) = 0 \quad \text{and} \quad \tilde{\Omega} \cup \omega_n \text{ is open for every } n \in \mathbb{N}.
$$

In particular, the sets  $\tilde{\Omega}_n := \tilde{\Omega} \cup (\omega_n \cap D)$  are open and satisfy

$$
\lambda_2(\widetilde{\Omega}_n) \leq \lambda_2(\widetilde{\Omega})
$$
 and  $\lim_{n \to \infty} |\widetilde{\Omega}_n| = |\widetilde{\Omega}|$ .

The first inequality follows directly from [\(2\)](#page-0-1), while the second claim follows from the fact that  $|\omega_n| \leq \text{cap}(\omega_n)$ , which is a consequence of [\(19\)](#page-6-3). Now, since  $\Omega$  satisfies [\(3\)](#page-1-2), we have that  $\mathcal{F}_{\Lambda}(\Omega) \leq \mathcal{F}_{\Lambda}(\tilde{\Omega}_n)$ , which gives

$$
\mathcal{F}_{\Lambda}(\Omega) \leq \liminf_{n \to \infty} \mathcal{F}_{\Lambda}(\widetilde{\Omega}_n) \leq \mathcal{F}_{\Lambda}(\widetilde{\Omega}),
$$

and proves that  $\Omega$  is also a solution to [\(22\)](#page-9-2).

Conversely, we also have that Theorem [1.4](#page-9-0) implies Theorem [1.1.](#page-1-0) This is a consequence of [\[6,](#page-42-2) Corollary 5.11], which states that if  $\Omega_{q0}$  is a quasi-open set that satisfies [\(22\)](#page-9-2), then there exists an open set  $\Omega_0 \subset D$  such that  $\Omega_0 \subset \Omega_{q_0}$  (in the sense that cap $(\Omega_{q_0} \setminus \Omega_0) = 0$ ) and is a solution to  $(22)$  (and thus, also to  $(3)$ ).

We now outline the proof of Theorem [1.4.](#page-9-0)

**1.2.7. Proof of Theorem [1.4.](#page-9-0)** Given a minimizer  $\Omega$  of [\(22\)](#page-9-2), we use Lemma [5.1](#page-23-0) to obtain a Lipschitz continuous function  $u: D \to \mathbb{R}$ , which is a second eigenfunction for the Laplacian in  $\Omega$  and a solution to a suitable variational free boundary problem, which is [\(23\)](#page-13-1). We define

$$
\Omega_+ := \{ u > 0 \} \quad \text{and} \quad \Omega_- := \{ u < 0 \}.
$$

By Proposition [3.4,](#page-18-0) we know that the sets  $\Omega_+$  and  $\Omega_-$  are inwards minimizing for the functional  $\lambda_1 + \Lambda |\cdot|$ . By the results from Section [4,](#page-20-0) we get that  $\partial \Omega_+ \cap \partial \Omega_-$  is contained in D and by Corollary [7.3,](#page-33-1) there is an open set  $A \subset D$  containing  $\partial \Omega_+ \cap \partial \Omega_-$  such that both

$$
A \cap \partial \Omega_+ \quad \text{and} \quad A \cap \partial \Omega_-
$$

are  $C^{1,\alpha}$  regular manifolds. Next, using Corollary [4.5](#page-22-0) we get that there is an open set  $A_+$ such that

$$
\partial \Omega_+ \cap D \subset A_+, \quad A_+ \cap \Omega_- = \emptyset \quad \text{and} \quad \partial \Omega_+ \text{ is } C^{1,\alpha} \text{ regular in } A_+.
$$

We next notice that the set  $\partial\Omega_+\setminus (A\cup A_+)$  can be covered with a finite number of balls  $B_{r_i}(x_i)$  such that

$$
B_{r_i}(x_i) \subset D
$$
 and  $B_{r_i}(x_i) \cap \Omega = \emptyset$ .

Again using Proposition [3.4,](#page-18-0) we know that  $\Omega_+$  solves the one-phase minimum problem [\(33\)](#page-19-0) in each of the balls  $B_{r_i}(x_i)$ . Using the results from [\[3\]](#page-42-1) and [\[27\]](#page-43-4), we obtain that each of the one-phase free boundaries

$$
\Gamma^i_+ := \partial \Omega_+ \cap B_{r_i}(x_i)
$$

can be decomposed as the disjoint union of a regular part  $\text{Reg}(\Gamma^i_+)$  and a (possibly empty) singular part Sing( $\Gamma^i_+$ ), with the following properties:

- (i) The regular part Reg( $\Gamma^i_+$ ) is an open subset of  $\Gamma^i_+$ , which is locally the graph of an analytic function.
- (ii) The singular set Sing( $\Gamma^i_+$ ) is a closed subset of  $\Gamma^i_+$  and contains only one-phase points. Moreover, there exists a critical dimension  $d^* \in \{5, 6, 7\}$  such that
	- if  $d < d^*$ , then the singular set is empty,
	- if  $d = d^*$ , then the singular set consists of a finite number of points,
	- if  $d > d^*$ , then the singular set has Hausdorff dimension at most  $d d^*$ .

Finally, we define

$$
\operatorname{Sing}(\partial \Omega_+) := \bigcup_i \operatorname{Sing}(\Gamma_+^i) \quad \text{and} \quad \operatorname{Reg}(\partial \Omega_+) := \partial \Omega_+ \setminus \operatorname{Sing}(\partial \Omega_+).
$$

Since the union is finite, the dimension estimates from point (ii) above remain valid. On the other hand, by construction the regular part  $\text{Reg}(\partial \Omega_+)$  is  $C^{1,\alpha}$  regular. The same argument can be repeated for  $\partial \Omega$  also. This concludes the proof of Theorem [1.4.](#page-9-0)

**1.2.8. Selection of the minima.** In both optimization problems  $(3)$  and  $(22)$ , the regular-ity results Theorems [1.1](#page-1-0) and [1.4](#page-9-0) provide an optimal set of the form  $\Omega_+ \cup \Omega_-$  composed of two disjoint opens sets, each one of which is regular in the sense explained in Theorems [1.1](#page-1-0) and [1.4.](#page-9-0) Still, this set might not be (and in general it is not) the only optimal set. In fact,  $\Omega_+ \cup \Omega_-$  is only the *smallest* optimal set in the sense that we briefly explain in this section. We focus on the problem in the class of open sets  $(3)$ , but analogous remarks also hold for [\(22\)](#page-9-2).

We start with an open set  $\Omega$ , which is a solution of [\(3\)](#page-1-2). By Theorem [1.1,](#page-1-0) there is a set  $\Omega_+ \cup \Omega_-,$  which is contained in  $\Omega$ , that has the same Lebesgue measure as  $\Omega$ , is still a minimizer of [\(3\)](#page-1-2) and is regular in the sense of Theorem [1.1.](#page-1-0) Moreover, we notice that since  $\Omega_+ \cup \Omega_-$  is optimal, then

 $\Omega_+$  and  $\Omega_-$  are both connected open sets.

It is immediate to check that any open set  $\tilde{\Omega}$  such that

 $\Omega_+ \cup \Omega_- \subset \tilde{\Omega}$  and  $|\tilde{\Omega} \setminus (\Omega_+ \cup \Omega_-)| = 0$ 

is also optimal for [\(3\)](#page-1-2). We denote the family of all open sets  $\tilde{\Omega}$  with this property by  $\mathcal{X}(\Omega_+, \Omega_-)$ . In particular,  $\Omega \in \mathcal{X}(\Omega_+, \Omega_-)$ . Moreover, each family  $\mathcal{X}(\Omega_+, \Omega_-)$  is a (not totally) ordered set of minimizers, with respect to the natural order relation

$$
\Omega_1 \prec \Omega_2 \quad \Leftrightarrow \quad \Omega_1 \subset \Omega_2.
$$

As a consequence of Theorem [1.1](#page-1-0) we can identify explicitly the *smallest* and the *biggest* elements of  $\mathcal{X}(\Omega_+, \Omega_-)$ .

**Claim A.** The set  $\Omega_{\text{small}} := \Omega_+ \cup \Omega_-$  is the minimal element of  $\mathcal{X}(\Omega_+, \Omega_-)$ . Precisely, if  $\tilde{\Omega}$  is any solution to [\(3\)](#page-1-2) contained in  $\Omega_{\text{small}}$ , then  $\tilde{\Omega} = \Omega_{\text{small}}$ .

Indeed, if  $\tilde{\Omega}$  is optimal, then by Theorem [1.1](#page-1-0) there are two connected open sets  $\tilde{\Omega}_{+}$ and  $\Omega$  – which are regular in the sense of Theorem [1.1](#page-1-0) and are such that

$$
\widetilde{\Omega}_+ \cup \widetilde{\Omega}_- \subset \widetilde{\Omega} \quad \text{and} \quad |\widetilde{\Omega} \setminus (\widetilde{\Omega}_+ \cup \widetilde{\Omega}_-) | = 0.
$$

But then the connectedness of  $\overline{\Omega}_{\pm}$  implies that each of these sets is contained in  $\Omega_{+}$  or in  $\Omega$ <sub>-</sub>; that is, without loss of generality,

$$
\widetilde{\Omega}_+ \subset \Omega_+ \quad \text{and} \quad \widetilde{\Omega}_- \subset \Omega_-.
$$

Now, the regularity of  $\tilde{\Omega}_+$  and the fact that it must have the same measure as  $\Omega_+$  imply that  $\tilde{\Omega}_+ = \Omega_+$ . Analogously,  $\tilde{\Omega}_- = \Omega_-$ . This concludes the proof of Claim A.

**Claim B.** Let  $\Omega_{\text{big}} := \text{int}(\overline{\Omega_+ \cup \Omega_-})$  that is, the interior of the closure of  $\Omega_+ \cup \Omega_-$ . Then  $\Omega_{\text{big}}$  is the maximal element of  $\mathcal{X}(\Omega_+, \Omega_-)$  in the following sense:  $\Omega_{\text{big}} \in$  $\mathcal{X}(\Omega_+, \Omega_-)$  and if  $\tilde{\Omega} \in \mathcal{X}(\Omega_+, \Omega_-)$ , then  $\tilde{\Omega} \subset \Omega_{\text{bis}}$ .

Notice that the inclusion  $\tilde{\Omega} \subset \Omega_{\text{big}}$  follows immediately from the fact that  $\tilde{\Omega}$  contains  $\Omega_+ \cup \Omega_-$  and that  $\tilde{\Omega} \setminus (\Omega_+ \cup \Omega_-)$  has zero Lebesgue measure. In order to show that  $\Omega_{\text{bie}} \in \mathcal{X}(\Omega_+, \Omega_-)$ , we use the regularity of  $\Omega_{\pm}$ . From Theorem [1.1,](#page-1-0) it follows that  $\partial \Omega_+$ and  $\partial \Omega$  have zero Lebesgue measure. Thus,  $\overline{\Omega_+ \cup \Omega_-} \setminus \Omega_+ \cup \Omega_-$  has zero Lebesgue measure. This concludes the proof of Claim B.

<span id="page-12-0"></span>**Remark 1.5.** Notice that the set  $\Omega_{\text{big}}$  might not be regular (see Figure [1\)](#page-12-0).



Figure 1. A possible solution of problem  $(11)$ .

For instance, even in dimension two, cusp-like singularities may appear on its boundary. From Theorem [1.1](#page-1-0) we know that these cusps are generated simply by the contact of two  $C^{1,\alpha}$  regular curves (or in  $\mathbb{R}^d$ ,  $d-1$  dimensional surfaces) parametrizing  $\partial\Omega_+$  and  $\partial \Omega$ . At the moment, this is all that is known about the set

$$
\partial\Omega_{big}\cap\partial\Omega_+\cap\partial\Omega_-,
$$

which is a set of singular points for the boundary  $\partial \Omega_{\text{bie}}$ . It is natural to expect that its Hausdorff dimension is at most  $d - 2$ , but this is currently an open question even for the classical two-phase Bernoulli problem.

Now let u be the Lipschitz continuous solution to  $(29)$  selected in Lemma [5.1.](#page-23-0) In particular, u is a second eigenfunction on  $\Omega_+ \cup \Omega_-$  and  $\Omega_{\pm} := {\pm u > 0}$ . By classical elliptic regularity, in a neighborhood of  $\partial \Omega_+ \cap \partial \Omega_-, u$  is  $C^{1,\alpha}$  regular (up to the boundary) on the closed sets  $\overline{\Omega}_{\pm}$ . Moreover, by Theorem [7.2,](#page-33-0)

$$
|\nabla u| \ge \sqrt{\Lambda}
$$
 on  $\partial \Omega_+ \cap \partial \Omega_-$  and  $|\nabla u| = \sqrt{\Lambda}$  on  $(\partial \Omega_+ \cup \partial \Omega_-) \setminus (\partial \Omega_+ \cap \partial \Omega_-)$ .

Next we define the following subset of the two-phase free boundary  $\partial \Omega_+ \cap \partial \Omega_-$ :

$$
\Sigma = \{x \in \partial \Omega_+ \cap \partial \Omega_- \cap D : |\nabla u(x)| > \sqrt{\Lambda}\}.
$$

By the continuity of the gradient,  $\Sigma$  is a relatively open set in  $\partial\Omega_{\pm}$  and we know that

$$
\overline{\Sigma} \subset \partial \Omega_+ \cap \partial \Omega_-.
$$

We notice that if  $x_0 \in (\partial \Omega_+ \cup \partial \Omega_-) \setminus \overline{\Sigma}$ , then by definition there is some radius  $r > 0$ such that

- $\partial \Omega_+$  and  $\partial \Omega_-$  are  $C^{1,\alpha}$  regular surfaces in  $B_r(x_0)$ ;
- $|\nabla u| = \sqrt{\Lambda}$  on  $\partial \Omega_+ \cap B_r(x_0)$  and  $\partial \Omega_- \cap B_r(x_0)$ .

By the classical result of Kinderlehrer and Nirenberg ([\[21\]](#page-43-16)), we get that  $\partial\Omega_+$  and  $\partial\Omega_-$  are  $(d - 1)$ -dimensional analytic hypersurfaces in  $B_r(x_0)$ . But then, the contact set  $\partial \Omega_+ \cap$  $\partial \Omega$  must have Hausdorff dimension at most  $d - 2$  in  $B_r(x_0)$ . In particular, there should be a sequence of one-phase points in  $\partial\Omega_+\setminus\partial\Omega_-$  or  $\partial\Omega_-\setminus\partial\Omega_+$  converging to  $x_0$ , hence  $x_0 \notin \Omega_{\text{big}}$ . Thus,

$$
\Omega_{big} \subset \Omega_{small} \cup \overline{\Sigma}.
$$

On the other hand, the continuity of the gradient on the boundary implies that

$$
\Omega_{small} \cup \Sigma \subset \Omega_{big}.
$$

In particular, this provides the following dichotomy:

- (1) If  $\Sigma \neq \emptyset$ , then
	- $\Omega_{\text{big}}$  is connected and  $\lambda_2(\Omega_{\text{big}}) > \lambda_1(\Omega_{\text{big}});$
	- the set  $\partial \Omega_{\text{big}} \cap \partial \Omega_+ \cap \partial \Omega_-$  is nonempty.
- (2) If  $\Sigma = \emptyset$ , then
	- $\Omega_{\text{small}} = \Omega_{\text{big}}$ ; in particular,  $\Omega_{\text{big}}$  is disconnected and  $\lambda_2(\Omega_{\text{big}}) = \lambda_1(\Omega_{\text{big}});$
	- the set  $\partial \Omega_{\text{big}} \cap \partial \Omega_+ \cap \partial \Omega_-$  might be nonempty, but its Hausdorff dimension is at most  $d - 2$ .

#### <span id="page-13-0"></span>1.3. Plan of the paper

In Section [3](#page-15-0) we show that  $(18)$  is equivalent (in some suitable sense) to the variational free boundary problem

<span id="page-13-1"></span>
$$
\min\{J_{\infty}(v_+,v_-)+\Lambda|\{v\neq 0\}|\colon v\in H_0^1(D),\int_D v_+^2\,dx = \int_D v_-^2\,dx = 1\},\tag{23}
$$

where

$$
J_{\infty}(v_{+}, v_{-}) = \max \{ \int_{D} |\nabla v_{+}|^{2} dx ; \int_{D} |\nabla v_{-}|^{2} dx \}.
$$

In Section [4](#page-20-0) we prove the nondegeneracy result (Lemma [4.1\)](#page-20-1) for minimizers of [\(23\)](#page-13-1). The nondegeneracy, together with the three-phase monotonicity formula from [\[31\]](#page-44-0), implies that if u is any minimizer of [\(23\)](#page-13-1), then the two-phase free boundary  $\partial \Omega_+ \cap$  $\partial \Omega_{-} := \partial \{u > 0\} \cap \partial \{u < 0\}$  does not touch  $\partial D$ . Thus, in Corollary [4.5,](#page-22-0) using Proposition  $3.4$  (v) and the one-phase regularity result from [\[27\]](#page-43-4), we obtain that the one-phase free boundaries  $\partial \Omega_{\pm} \setminus \partial \Omega_{\mp}$  are  $C^{1,\alpha}$  regular in a neighborhood of the contact set  $\partial \Omega_{\pm} \cap \partial D$ .

In Section [5](#page-23-1) we select the sign changing minimizer u of [\(23\)](#page-13-1), whose level sets  $\{u > 0\}$ and  $\{u < 0\}$  will give us the sets  $\Omega_+$  and  $\Omega_-$  in Theorem [1.4.](#page-9-0) Precisely, in Lemma [5.1](#page-23-0) we prove that if  $\Omega$  is a solution to [\(18\)](#page-6-2), then there is a Lipschitz continuous function  $u: D \to \mathbb{R}$ , which is a sign-changing eigenfunction on  $\Omega$  and, after a multiplication of the positive and negative parts with appropriate constants, it becomes a minimizer of [\(23\)](#page-13-1) as well. In Section [6](#page-29-0) we show that the function  $u$ , selected in Lemma [5.1,](#page-23-0) satisfies a firstorder optimality condition (see Lemma [6.4\)](#page-32-0) with respect to internal variations.

In Section [7](#page-32-1) we show that the function  $u$  from Lemmas [5.1](#page-23-0) and [6.4](#page-32-0) satisfies an optimality condition in the viscosity sense on the two-phase free boundary  $\partial \Omega_+ \cap \partial \Omega_-,$  which allows us to apply the regularity result from [\[13\]](#page-43-13) in a neighborhood of the two-phase free boundary (see Corollary [7.3\)](#page-33-1). In order to do this, we study the blow-up limits of  $u$  at points of the two-phase free boundary  $\partial \Omega_+ \cap \partial \Omega_-$ . First, in Section [7](#page-32-1) we prove the strong  $H^1$ convergence of the blow-up sequences, which allows us to prove the homogeneity of the blow-up limits in Section [7.2](#page-36-0) by the means of a Weiss-type monotonicity formula. Finally, in Theorem [7.2](#page-33-0) we use this information to classify the blow-up limits at two-phase points.

**Notation.** For the whole paper,  $d > 2$  is an integer and denotes the dimension of the space. For the positive and negative parts of a function we use the notation

$$
v_+ = \max\{v, 0\}
$$
 and  $v_- := \max\{-v, 0\}$ ,

and if the function already has a subscript, such as  $v_i$ , then we use the notation

$$
v_i^+ = \max\{v_i, 0\}
$$
 and  $v_i^- := \max\{-v_i, 0\}.$ 

Given a function  $u: \mathbb{R}^N \to \mathbb{R}$ , we define

$$
\Omega_u := \{ u \neq 0 \}, \quad \Omega_u^+ := \{ u > 0 \}, \quad \Omega_u^- := \{ u < 0 \},
$$

and if a function  $u \in H_0^1(D)$  for some domain  $D \subset \mathbb{R}^N$ , we implicitly extend u to zero outside D.

# 2. Preliminary facts about the principal eigenfunctions on quasi-open sets

In this section we recall some basic properties of the principal eigenfunctions on quasiopen sets, which we will use several times in the paper. Throughout this section, we consider a quasi-open set  $\Omega \subset \mathbb{R}^d$  of finite measure and a first eigenfunction u of the Dirichlet Laplacian on  $\Omega$ , that is,  $u \in H_0^1(\Omega)$  is a nonnegative minimizer of

$$
\lambda_1(\Omega) = \left\{ \int_{\Omega} |\nabla u|^2 dx : u \in H_0^1(\Omega), \int_{\Omega} u^2 dx = 1 \right\}.
$$

We suppose that u is extended as 0 outside  $\Omega$  and that  $u \ge 0$  almost everywhere in  $\mathbb{R}^d$ .

### <span id="page-14-0"></span>2.1. Subharmonicity and global  $L^{\infty}$  bound

We first notice that  $u$  is a (weak) solution of the PDE

$$
\Delta u + \lambda_1(\Omega)u = 0 \quad \text{in } \Omega.
$$

Moreover, since  $u$  is nonnegative, a standard argument (see for instance [\[33,](#page-44-1) Lemma 2.7]) proves that

 $\Delta u + \lambda_1(\Omega)u \ge 0$  in the sense of distributions in  $\mathbb{R}^d$ .

Precisely, for every nonnegative function  $\varphi \in C_c^{\infty}(\mathbb{R}^d)$  (notice that one can also take  $\varphi \in H^1(\mathbb{R}^d)$ ),

$$
\int_{\mathbb{R}^d} \left(-\nabla u \cdot \nabla \varphi + \lambda_1(\Omega)u\varphi\right) dx \ge 0.
$$

Now we recall that the supremum of the eigenfunction can be estimated only in terms of the associated eigenvalue. Indeed, there is a dimensional constant  $C_d > 0$  (see for instance  $[12, Example 2.1.8]$  $[12, Example 2.1.8]$  or  $[32, Proposition 3.4.37]$  $[32, Proposition 3.4.37]$  such that

$$
||u||_{L^{\infty}(\mathbb{R}^d)} \leq C_d(\lambda_1(\Omega))^{d/4}.
$$

As a consequence, we get

<span id="page-15-1"></span>
$$
\Delta u + C_d(\lambda_1(\Omega))^{(d+4)/4} \ge 0
$$
 in the sense of distributions in  $\mathbb{R}^d$ . (24)

### 2.2. Pointwise definition and local  $L^{\infty}$  bound

Now let  $x_0 \in \mathbb{R}^d$  be any point. By [\(24\)](#page-15-1), the function

$$
u_{x_0}(x) := u(x) + C_d(\lambda_1(\Omega))^{(d+4)/4} \frac{|x - x_0|^2}{2d}
$$

is subharmonic in  $\mathbb{R}^d$  and so the limit

$$
\lim_{r \to 0} \int_{B_r(x_0)} u_{x_0}(x) \, dx
$$

exists. Now, since by construction  $||u - u_{x_0}||_{L^{\infty}(B_r(x_0))} \leq Cr^2$ , we also get

$$
\lim_{r \to 0} \oint_{B_r(x_0)} u(x) \, dx = \lim_{r \to 0} \oint_{B_r(x_0)} u_{x_0}(x) \, dx.
$$

Thus, we can choose a representative of u which is defined everywhere in  $\mathbb{R}^d$  (recall that  $u \in H^1(\mathbb{R}^d)$  is an equivalence class in  $L^2(\mathbb{R}^d)$ ). Precisely, from now on we will always assume that

$$
u(x_0) = \lim_{r \to 0} \oint_{B_r(x_0)} u(x) dx \quad \text{for every } x_0 \in \mathbb{R}^d.
$$

Finally, as another consequence of the subharmonicity of  $u_{x_0}$ , we obtain that, for every  $0 < \sigma < 1$  and every  $r > 0$ , the following estimate holds:

<span id="page-15-2"></span>
$$
||u||_{L^{\infty}(B_{\sigma r}(x_0))} \le \frac{1}{(1-\sigma)^d} \int_{\partial B_r(x_0)} u \, d\mathcal{H}^{d-1} + C_d(\lambda_1(\Omega))^{(d+4)/4} r^2. \tag{25}
$$

# <span id="page-15-0"></span>3. Equivalent formulations of the shape optimization problem

#### 3.1. A variational free boundary problem

Let  $\Omega$  be a quasi-open set in  $\mathbb{R}^d$ . Then we can give an equivalent formulation of  $\lambda_2(\Omega)$ in terms of a two-phase free boundary problem in  $\Omega$ . Precisely, we have the following lemma.

**Lemma 3.1** (Second eigenvalue and optimal partitions of a fixed domain). Let  $\Omega$  be a *bounded open (or quasi-open) set in* R<sup>d</sup> *. Then*

<span id="page-16-0"></span>
$$
\lambda_2(\Omega) := \min \{ J_\infty(v_+, v_-) : v \in H_0^1(\Omega), \int_\Omega v_+^2 \, dx = \int_\Omega v_-^2 \, dx = 1 \},\tag{26}
$$

where the functional  $J_{\infty}$ :  $H_0^1(\Omega) \times H_0^1(\Omega) \to \mathbb{R}$  is defined by

<span id="page-16-2"></span>
$$
J_{\infty}(v_{+}, v_{-}) := \max\{ \int_{\Omega} |\nabla v_{+}|^{2} dx; \int_{\Omega} |\nabla v_{-}|^{2} dx \}.
$$
 (27)

*Proof.* We first notice that, by the compactness of the embedding  $H_0^1(\Omega)$  into  $L^2(\Omega)$ , there is a function

$$
u=u_+-u_-\in H_0^1(\Omega)
$$

that realizes the minimum in [\(26\)](#page-16-0), that is,  $\int_{\Omega} u_+^2 dx = \int_{\Omega} u_-^2 dx = 1$ , and

$$
J_{\infty}(u_{+}, u_{-}) = \min \{ J_{\infty}(v_{+}, v_{-}) : v \in H_0^1(\Omega), \int_{\Omega} v_+^2 dx = \int_{\Omega} v_-^2 dx = 1 \}.
$$

Now, since the space generated by  $u_+$  and  $u_-$  is a two-dimensional subspace of  $H_0^1(\Omega)$ , we get

<span id="page-16-1"></span>
$$
\lambda_2(\Omega) \leq J_\infty(u_+, u_-).
$$

On the other hand, let  $u_1$  and  $u_2$  be one first and one second eigenfunction of the Dirichlet Laplacian on  $\Omega$ . Then we have

$$
\int_{\Omega} u_1^2 dx = \int_{\Omega} u_2^2 dx = 1 \text{ and } \int_{\Omega} u_1 u_2 dx = 0,
$$
  

$$
\int_{\Omega} |\nabla u_1|^2 dx = \lambda_1(\Omega) \leq \lambda_2(\Omega) = \int_{\Omega} |\nabla u_2|^2 dx,
$$
  

$$
-\Delta u_1 = \lambda_1(\Omega)u_1 \text{ in } \Omega,
$$
  

$$
-\Delta u_2 = \lambda_2(\Omega)u_2 \text{ in } \Omega.
$$
 (28)

In particular, the space  $V \subset H_0^1(\Omega)$  generated by  $u_1$  and  $u_2$  realizes the minimum in [\(2\)](#page-0-1). We now consider two cases. First, if  $u_2$  changes sign, then we define the functions

$$
\varphi_+ := \left( \int_{\Omega} (u_2^+)^2 \, dx \right)^{-1/2} u_2^+ \quad \text{and} \quad \varphi_- := \left( \int_{\Omega} (u_2^-)^2 \, dx \right)^{-1/2} u_2^-.
$$

By testing equation [\(28\)](#page-16-1) with  $\varphi_+$  and  $\varphi_-$  we get

$$
\int_{\Omega} |\nabla \varphi_+|^2 dx = \lambda_2(\Omega) = \int_{\Omega} |\nabla \varphi_-|^2 dx.
$$

Thus,

$$
J_\infty(u_+,u_-)\leq J_\infty(\varphi_+,\varphi_-)=\lambda_2(\Omega),
$$

which concludes the proof of [\(26\)](#page-16-0) in the case when  $u_2$  changes sign. Moreover, by the same argument, we get that if  $u_1$  changes sign, then  $\lambda_1(\Omega) = \lambda_2(\Omega)$  and [\(26\)](#page-16-0) holds.

 $\blacksquare$ 

Suppose now that  $u_2 \ge 0$  and  $u_1 \ge 0$ . Then the orthogonality in  $L^2(\Omega)$  implies that they have disjoint supports and that, by taking  $\psi = u_2 - u_1$ , we have

$$
J_{\infty}(u_{+}, u_{-}) \leq J_{\infty}(\psi_{+}, \psi_{-}) = \max\{\lambda_{1}(\Omega), \lambda_{2}(\Omega)\} = \lambda_{2}(\Omega),
$$

which concludes the proof.

As a consequence, we can reformulate [\(18\)](#page-6-2) as a variational free boundary problem for the functional  $J_{\infty}$ :

<span id="page-17-0"></span>
$$
\min\{J_{\infty}(v_+,v_-)+\Lambda|\{v\neq 0\}|\colon v\in H_0^1(D),\int_D v_+^2\,dx = \int_D v_-^2\,dx = 1\}.\tag{29}
$$

We will prove that these two problems are equivalent in Propositions [3.3](#page-17-1) and [3.4.](#page-18-0) In the proofs we will use the following simple fact several times.

<span id="page-17-2"></span>**Lemma 3.2.** Suppose that  $\Omega$  is a bounded quasi-open set in  $\mathbb{R}^d$ ,  $d \geq 2$ , and let  $x_0 \in \mathbb{R}^d$ . *Then*

$$
\lim_{r\to 0^+}\lambda_1(\Omega\setminus\overline{B}_r(x_0))=\lambda_1(\Omega).
$$

*Proof.* Assume that  $d \ge 3$ , the case  $d = 2$  being analogous. Let u be the first (normalized) eigenfunction on  $\Omega$  and let  $\phi_r : \mathbb{R}^d \to [0, 1]$  be the function

$$
\phi_r = 1 \text{ in } \mathbb{R}^d \setminus B_{2r}(x_0), \quad \phi_r = 0 \text{ in } B_r(x_0), \quad \phi_r = \frac{1}{r}(|x| - r) \text{ in } B_{2r}(x_0) \setminus B_r(x_0).
$$

Since  $\lambda_1(\Omega) \leq \lambda_1(\Omega \setminus \overline{B}_r(x_0))$ , we only have to bound  $\lambda_1(\Omega \setminus \overline{B}_r(x_0))$  from above:

$$
\lambda_1(\Omega \setminus \overline{B}_r(x_0)) \le \frac{\int |\nabla(u\phi_r)|^2 dx}{\int (u\phi_r)^2 dx}
$$
  
\n
$$
\le \left(1 - \int_{B_{2r}} u^2 dx\right)^{-1}
$$
  
\n
$$
\times (\lambda_1(\Omega) + 2\sqrt{\lambda_1(\Omega)} \|\nabla \phi_r\|_{L^2} + \|u\|_{L^\infty}^2 \|\nabla \phi_r\|_{L^2}^2).
$$

Passing to the limit as  $r \to 0$ , we get the claim.

<span id="page-17-1"></span>**Proposition 3.3.** *Let* D *be a bounded open set in*  $\mathbb{R}^d$  *and let*  $\Lambda > 0$  *be a given constant.* 

(i) If  $\Omega \subset D$  is a quasi-open set that satisfies [\(22\)](#page-9-2) and if  $u_2 \in H_0^1(\Omega)$  is a sign*changing second eigenfunction of the Dirichlet Laplacian on*  $\Omega$ *, then the function*  $u := u_+ - u_-$  *defined by* 

$$
u_{+} := \left(\int_{\Omega} (u_{2}^{+})^{2} dx\right)^{-1} u_{2}^{+} \quad \text{and} \quad u_{-} := \left(\int_{\Omega} (u_{2}^{-})^{2} dx\right)^{-1} u_{2}^{-}
$$

*is a solution to* [\(29\)](#page-17-0)*.*

(ii) If  $\Omega \subset D$  is a quasi-open set that satisfies [\(22\)](#page-9-2) and if  $u_2 \in H_0^1(\Omega)$  is a nonneg*ative and normalized second eigenfunction of the Dirichlet Laplacian on*  $\Omega$ , then  $\lambda_1(\Omega) = \lambda_2(\Omega)$  and there exists another nonnegative and normalized eigenfunc*tion*  $u_1$  *(corresponding to the eigenvalue*  $\lambda_1(\Omega) = \lambda_2(\Omega)$ *) orthogonal to*  $u_2$  *in*  $L^2(D)$ *, such that*  $u := u_2 - u_1$  *is a solution to* [\(29\)](#page-17-0)*.* 

*Proof.* We first notice that, by the definition of  $\lambda_2$ , if the function  $v \in H_0^1(D)$  is such that

$$
\int_D v_+^2 \, dx = \int_D v_-^2 \, dx = 1,
$$

then  $\lambda_2({v \neq 0}) < J_{\infty}(v_+, v_-)$ . Now, if u is the function from (i), then

$$
J_\infty(u_+,u_-)+\Lambda|\Omega_u|=\mathcal{F}_\Lambda(\Omega_u)\leq \mathcal{F}_\Lambda(\Omega_v)\leq J_\infty(v_+,v_-)+\Lambda|\Omega_v|,
$$

where  $\Omega_u = \{u \neq 0\}$  and  $\Omega_v = \{v \neq 0\}$ . This proves (i).

Now let  $u_1$  and  $u_2$  be as in (ii). Then

$$
\int_D |\nabla u_2|^2 \, dx = \lambda_2(\Omega), \quad \int_D |\nabla u_1|^2 \, dx = \lambda_1(\Omega), \quad \int_D u_1^2 \, dx = \int_D u_2^2 \, dx = 1.
$$

Now, suppose that  $\lambda_1(\Omega) < \lambda_2(\Omega)$ . We pick a point  $x_0$  of Lebesgue density 1 for the set  ${u_1 > 0}$  and consider the set

$$
\Omega_r := \{u_2 > 0\} \cup (\{u_1 > 0\} \setminus \overline{B}_r(x_0)).
$$

By Lemma [3.2,](#page-17-2) we get that for  $r$  small enough,

$$
\lambda_1({u_2 > 0}) = \lambda_2(\Omega) > \lambda_1({u_1 > 0} \setminus \overline{B}_r(x_0)) > \lambda_1({u_1 > 0}) = \lambda_1(\Omega).
$$

In particular, this implies that

$$
\lambda_2(\Omega_r)=\lambda_2(\Omega),
$$

while on the other hand  $|\Omega_r| < |\Omega|$ , which contradicts the minimality of  $\Omega$ . This implies that  $\lambda_1(\Omega) = \lambda_2(\Omega)$  and the claim now follows as in the proof of (i). Е

<span id="page-18-0"></span>**Proposition 3.4.** Let D be a bounded open set in  $\mathbb{R}^d$  and let  $\Lambda > 0$ . Suppose that the function  $u \in H_0^1(D)$  is a solution to [\(29\)](#page-17-0). Then

<span id="page-18-1"></span>
$$
\int_{D} |\nabla u_{+}|^{2} dx = \int_{D} |\nabla u_{-}|^{2} dx.
$$
\n(30)

*Moreover, setting*

$$
\Omega_+ = \{u > 0\}, \quad \Omega_- = \{u < 0\} \quad and \quad \Omega = \Omega_+ \cup \Omega_-,
$$

*we have that*

(i)  $u_+$  *is the first eigenfunction on*  $\Omega_+$  *and*  $u_-$  *is the first eigenfunction on*  $\Omega_-$ *, that is,*

$$
\int_{D} |\nabla u_{+}|^{2} dx = \lambda_{1}(\Omega_{+}) \quad \text{and} \quad \int_{D} |\nabla u_{-}|^{2} dx = \lambda_{1}(\Omega_{-}); \qquad (31)
$$

(ii) *the set*  $\Omega$  *minimizes* [\(22\)](#page-9-2) *and* 

$$
\lambda_1(\Omega_+)=\lambda_1(\Omega_-)=\lambda_2(\Omega);
$$

(iii) *there are constants*  $a > 0$  *and*  $b > 0$  *such that the function*  $u_2 = au_+ - bu_-$  *is a second eigenfunction on*  $\Omega$ *, that is,* 

$$
-\Delta u_2 = \lambda_2(\Omega)u_2 \quad \text{in } \Omega;
$$

(iv) *the sets*  $\Omega_+$  *and*  $\Omega_-$  *are inward minimizing for the functional*  $\lambda_1 + \Lambda \cdot \cdot$ *, that is,* 

$$
\lambda_1(\Omega_{\pm}) + \Lambda |\Omega_{\pm}| \leq \lambda_1(\tilde{\Omega}) + \Lambda |\tilde{\Omega}| \quad \text{for every quasi-open set } \tilde{\Omega} \subset \Omega_{\pm}; \tag{32}
$$

(v) *setting*  $c_{+} = |\Omega_{+}|$  *and*  $c_{-} = |\Omega_{-}|$  *we have* 

<span id="page-19-0"></span>
$$
\lambda_1(\Omega_+) = \min\{\lambda_1(A) : A \subset D \text{ quasi-open }, |A \cap \Omega_-| = 0, |A| = c_+\},
$$
  

$$
\lambda_1(\Omega_-) = \min\{\lambda_1(A) : A \subset D \text{ quasi-open }, |A \cap \Omega_+| = 0, |A| = c_-\}.
$$
 (33)

*Proof.* The first claim, [\(30\)](#page-18-1), follows as in the proof of Lemma [3.2;](#page-17-2) in fact, if the Dirichlet energy of  $u_{-}$  is smaller than that of  $u_{+}$ , then we can construct a competitor of the form  $u_+ - \phi_r u_-$  with the same energy

$$
J_{\infty}(u_{+}, \phi_{r}u_{-}) = J_{\infty}(u_{+}, u_{-}),
$$

but with smaller support. Claim (i) now follows directly from the definition of  $J_{\infty}$ .

In order to prove (ii), suppose that  $\Omega^*$  is a solution to [\(22\)](#page-9-2). Then by Proposition [3.3](#page-17-1) there is a second eigenfunction  $u^* \in H_0^1(\Omega^*)$ , corresponding to  $\lambda_2(\Omega^*) = J_\infty(u^*_+, u^*_-)$ with

$$
\int_D (u_+^*)^2 = \int_D (u_-^*)^2 = 1.
$$

Thus, the minimality of  $u$  gives

$$
J_{\infty}(u_{+}^*, u_{-}^*) + \Lambda |\Omega^*| \ge J_{\infty}(u_{+}, u_{-}) + \Lambda |\Omega|.
$$

On the other hand, the minimality of  $\Omega^*$  implies

$$
\lambda_2(\Omega^*) + \Lambda |\Omega^*| \leq \lambda_2(\Omega) + \Lambda |\Omega|,
$$

and we can combine these inequalities to get (ii).

In order to prove (iii), we consider two cases. First, if  $\lambda_1(\Omega) = \lambda_2(\Omega)$ , then both functions  $u_+$  and  $u_-$  are first eigenfunctions on  $\Omega$  and so the equations

$$
-\Delta u_+ = \lambda_2(\Omega)u_+ \quad \text{and} \quad -\Delta u_- = \lambda_2(\Omega)u_-
$$

hold in the entire domain  $\Omega$ , that is, the two equations hold weakly in  $H_0^1(\Omega)$ : in particular, this proves the claim. Second, we consider the case  $\lambda_1(\Omega) < \lambda_2(\Omega)$  and we choose a nonnegative eigenfunction  $u_1$  corresponding to  $\lambda_1(\Omega)$ . Since  $\lambda_1(\Omega) < \lambda_1(\Omega_+)$ , we have that  $\{u_1 > 0\}$  intersects both  $\Omega_+$  and  $\Omega_-$ . In particular, we can find constants a and b such that the function  $u_2 := au_+ - bu_-$  is such that

$$
\int_{\Omega} u_2^2 dx = 1, \quad \int_{\Omega} u_2 u_1 dx = 0 \quad \text{and} \quad \int_{\Omega} |\nabla u_2|^2 dx = \lambda_2(\Omega).
$$

As a consequence, using the variational formulation [\(2\)](#page-0-1) and comparing the space generated by the couple  $(u_1, u_2)$  with the spaces generated by  $(u_1, u_2 + \varepsilon \phi)$  for  $\phi \in H_0^1(\Omega)$ and  $\varepsilon$  small, we obtain that  $u_2$  is in fact a second eigenfunction corresponding to the eigenvalue  $\lambda_2(\Omega)$ :

$$
-\Delta u_2 = \lambda_2(\Omega)u_2 \quad \text{in } \Omega.
$$

Claim (iv) is an immediate consequence of testing, in  $(29)$ , the optimality of the function u with the functions  $u_{+} - \tilde{u}_{-}$  and  $\tilde{u}_{+} - u_{-}$ , where  $\tilde{u}_{+}$  and  $\tilde{u}_{-}$  are normalized first eigenfunctions on  $\tilde{\Omega}_+$  and  $\tilde{\Omega}_-$ .

We finally deal with (v). Suppose by contradiction that there is a set  $\tilde{\Omega}$  such that

$$
\widetilde{\Omega} \subset D, \quad |\widetilde{\Omega} \cap \Omega_-| = 0, \quad |\widetilde{\Omega}| = c_+ \quad \text{and} \quad \lambda_1(\widetilde{\Omega}) < \lambda_1(\Omega_+).
$$

Then, pick a point  $x_0$  of density 1 for  $\tilde{\Omega}$  and a sufficiently small radius  $r > 0$  such that

$$
\lambda_1(\Omega_+) > \lambda_1(\widetilde{\Omega} \setminus \overline{B}_r(x_0)) \geq \lambda_1(\widetilde{\Omega}),
$$

and let  $\tilde{u}_+$  be the first eigenfunction on  $\tilde{\Omega} \setminus \overline{B}_r(x_0)$ . Then,

$$
J_{\infty}(\tilde{u}_+, u_-) + |\tilde{\Omega} \setminus \bar{B}_r(x_0)| + |\Omega_-| = \lambda_1(\tilde{\Omega} \setminus \bar{B}_r(x_0)) + |\tilde{\Omega} \setminus \bar{B}_r(x_0)| + |\Omega_-| < \lambda_1(\Omega_+) + |\Omega_+| + |\Omega_-|,
$$

which contradicts the minimality of  $u$ .

# <span id="page-20-0"></span>4. Inwards minimizing property, nondegeneracy and two-phase points

<span id="page-20-1"></span>**Lemma 4.1** (Nondegeneracy). *For every pair of constants*  $C > 0$  *and*  $\Lambda > 0$ *, there are constants*  $r_0 > 0$  *and*  $\eta > 0$ *, depending on* C,  $\Lambda$  *and the dimension* d, *such that the* following holds. Suppose that the bounded quasi-open set  $\Omega \subset \mathbb{R}^d$  is such that

• 
$$
\lambda_1(\Omega) \leq C;
$$

• *satisfies the inwards minimizing property*

$$
\lambda_1(\Omega) + \Lambda |\Omega| \leq \lambda_1(\widetilde{\Omega}) + \Lambda |\widetilde{\Omega}| \quad \text{for every quasi-open set } \widetilde{\Omega} \subset \Omega; \tag{34}
$$

• 
$$
\int_{\partial B_r(x_0)} u \, d\mathcal{H}^{d-1} \le \eta r \text{ for } r \le r_0 \text{ and where } u \text{ is the first eigenfunction on } \Omega;
$$
  
then  $u = 0$  in  $B_{r/2}(x_0)$ .

This is a well-known result; for a proof see for example [\[6\]](#page-42-2).

As a consequence of Lemma [4.1,](#page-20-1) we have the following result. We use the notation  $\mathcal{C}_{\delta}$  for the cone

$$
\mathcal{C}_{\delta} := \{ x \in \mathbb{R}^d : x_d > \delta |x| \}.
$$

<span id="page-21-0"></span>**Proposition 4.2** (Triple points). Suppose that  $\Omega_+$  and  $\Omega_-$  are disjoint bounded quasi*open sets in* R<sup>d</sup> *, each one satisfying the inwards minimizing property*

$$
\lambda_1(\Omega_{\pm}) + \Lambda |\Omega_{\pm}| \leq \lambda_1(\widetilde{\Omega}) + \Lambda |\widetilde{\Omega}| \quad \text{for every quasi-open set } \widetilde{\Omega} \subset \Omega_{\pm},\tag{35}
$$

*for some*  $\Lambda > 0$ *. Then there is a constant*  $\delta > 0$  *such that if* 

$$
\Omega_+ \cap \Omega_- \cap B_R = \emptyset, \quad \mathcal{C}_\delta \cap \Omega_+ \cap B_R = \emptyset \quad and \quad \mathcal{C}_\delta \cap \Omega_- \cap B_R = \emptyset
$$

*for some*  $R > 0$ *, then there exists*  $\varepsilon > 0$  *such that* 

$$
\Omega_+ \cap B_{\varepsilon} = \emptyset \quad or \quad \Omega_- \cap B_{\varepsilon} = \emptyset.
$$

In the proof of Proposition [4.2,](#page-21-0) we will use the following two lemmas.

<span id="page-21-1"></span>**Lemma 4.3** (Three-phase monotonicity formula ([\[6,](#page-42-2)[31\]](#page-44-0))). Let  $u_i \in H^1(B_1)$ ,  $i = 1, 2, 3$ , *be three nonnegative functions such that*

- $\Delta u_i + 1 \geq 0$  *in*  $B_1$  *in the sense of distributions, for every*  $i = 1, 2, 3$ *;*
- .<br>|
|  $\bigcup_{\mathbb{R}^d} u_i u_j dx = 0$ , for every pair  $i \neq j \in \{1, 2, 3\}.$

*Then there are dimensional constants*  $\varepsilon > 0$  *and*  $C_d > 0$  *such that, for every*  $r \in (0, \frac{1}{2})$ , *we have*

$$
\prod_{i=1}^{3} \left( \frac{1}{r^{2+\varepsilon}} \int_{B_r} \frac{|\nabla u_i|^2}{|x|^{d-2}} dx \right) \le C_d \left( 1 + \sum_{i=1}^{3} \int_{B_1} \frac{|\nabla u_i|^2}{|x|^{d-2}} dx \right)^3. \tag{36}
$$

<span id="page-21-3"></span>**Lemma 4.4** (Alt–Caffarelli potential estimate ([\[1\]](#page-42-4))). *For every*  $u \in H^1(B_r)$  *we have the following estimate:*

<span id="page-21-2"></span>
$$
\frac{1}{r^2} |\{u = 0\} \cap B_r| \left( \int_{\partial B_r} u \, d\mathcal{H}^{d-1} \right)^2 \le C_d \int_{B_r} |\nabla (u - h)|^2 \, dx \le C_d \int_{B_r} |\nabla u|^2 \, dx, \tag{37}
$$

*where*

- $C_d$  *is a constant that depends only on the dimension d*;
- *h is the harmonic extension of u in B<sub>r</sub>, that is,*

$$
\Delta h = 0 \text{ in } B_r, \quad u = h \text{ on } \partial B_r.
$$

*Proof of Proposition* [4.2](#page-21-0). Let  $u_+$  and  $u_-$  be the first eigenfunctions on  $\Omega_+$  and  $\Omega_-$ , normalized in  $L^2(\Omega)$ . Let  $v \in H^1(\mathbb{R}^d)$  be the  $(1 + \gamma)$ -homogeneous, nonnegative harmonic function on  $\mathcal{C}_{\delta}$ , which vanishes on  $\partial \mathcal{C}_{\delta}$ . In polar coordinates,

$$
v = r^{1+\gamma} \phi(\theta),
$$

where  $\phi$  is the first eigenfunction of the spherical Laplacian on  $\mathcal{C}_{\delta} \cap \mathbb{S}^{d-1}$ , that is,

$$
-\Delta_{\mathbb{S}^{d-1}}\phi = (1+\gamma)(d-1+\gamma)\phi \quad \text{in } \mathcal{C}_{\delta} \cap \mathbb{S}^{d-1},
$$

$$
\phi = 0 \quad \text{on } \partial \mathcal{C}_{\delta} \cap \mathbb{S}^{d-1}, \quad \int_{\mathbb{S}^{d-1}} \phi^2(\theta) \, d\theta = 1,
$$

where we notice that  $\gamma$  is uniquely determined by  $\delta$  (and the dimension d) and

$$
\lim_{\delta \to 0} \gamma(\delta) = 0.
$$

Moreover, we have that

 $\Delta v \ge 0$  in the sense of distributions in  $\mathbb{R}^d$ .

By the three-phase monotonicity formula (Lemma [4.3\)](#page-21-1), which we can apply thanks to [\(24\)](#page-15-1), there are constants  $C > 0$  and  $\varepsilon > 0$  such that

$$
Cr^{\varepsilon} \geq \left(\frac{1}{|B_r|}\int_{B_r}|\nabla u_+|^2\,dx\right)\left(\frac{1}{|B_r|}\int_{B_r}|\nabla u_-|^2\,dx\right)\left(\frac{1}{|B_r|}\int_{B_r}|\nabla v|^2\,dx\right).
$$

Now, using [\(37\)](#page-21-2) and the fact that  $|\{u_{\pm} = 0\} \cap B_r| \geq |\mathcal{C}_{\delta} \cap B_r| \geq \frac{1}{2}|B_r|$ , we get

$$
Cr^{\varepsilon} \geq \left(\int_{\partial B_r} u_+ d\mathcal{H}^{d-1}\right)^2 \left(\int_{\partial B_r} u_- d\mathcal{H}^{d-1}\right)^2 \left(\frac{1}{|B_r|}\int_{B_r} |\nabla v|^2 dx\right),
$$

for some different constant  $C$ . Now, using the nondegeneracy (Lemma [4.1\)](#page-20-1), we obtain

$$
Cr^{\varepsilon} \ge \frac{1}{|B_r|} \int_{B_r} |\nabla v|^2 dx
$$
  
= 
$$
\frac{1}{|B_r|} \int_0^r \int_{\mathbb{S}^{d-1}} ((1+\gamma)^2 \phi^2(\theta) + |\nabla_{\theta} \phi(\theta)|^2) \rho^{d-1+2\gamma} d\theta d\rho = (1+\gamma)r^{2\gamma},
$$

which is impossible when  $\delta$  (and thus  $\gamma$ ) is small enough ( $\epsilon$  being a fixed constant, depending on d,  $\lambda_1(\Omega_+)$  and  $\lambda_1(\Omega_-)$ , but not on  $\delta$ ).

As a corollary of Proposition [4.2,](#page-21-0) we obtain the following regularity result for the solutions of  $(29)$ .

<span id="page-22-0"></span>Corollary 4.5 (Regularity of the one-phase free boundaries). *Suppose that* D *is a bounded open set in*  $\mathbb{R}^d$  *with a*  $C^{1,\beta}$  *regular boundary, for some*  $\beta > 0$ *. Suppose that*  $u \in H_0^1(D)$  is a solution to problem [\(29\)](#page-17-0) and that  $\Omega_u^+$  and  $\Omega_u^-$  are the sets  $\Omega_u^+ = \{u > 0\}$ *and*  $\Omega_u = \{u < 0\}$ *. Then* 

(i) there are no two-phase points on the boundary of D, that is, for every  $x_0 \in \partial D$ , *there is*  $\varepsilon > 0$  *such that* 

$$
\Omega_u^+ \cap B_{\varepsilon}(x_0) = \emptyset \quad or \quad \Omega_u^- \cap B_{\varepsilon}(x_0) = \emptyset;
$$

(ii) the one-phase free boundaries  $\partial \Omega_u^{\pm}$  are  $C^{1,\alpha}$ -regular in a neighborhood of  $\partial D$ . *Precisely, if*  $x_0 \in \partial D$  *is such that*  $B_r(x_0) \cap \Omega_u^- = \emptyset$  for some  $r > 0$ , then  $\partial \Omega_u^+ \cap$  $B_r(x_0)$  *is a*  $C^{1,\alpha}$  *manifold for some*  $\alpha > 0$ *.* 

*Proof.* From Proposition [3.4](#page-18-0) (iv), we know that the sets  $\Omega_u^+$  and  $\Omega_u^-$  are inwards minimizing. Now, since  $\partial D$  is  $C^{1,\beta}$  regular, at every point  $x_0 \in \partial D$  there is, up to a rotation of the coordinate system, a cone  $\mathcal{C}_{\delta}$  contained in  $\mathbb{R}^{d} \setminus D$ . Thus, Proposition [4.2](#page-21-0) implies that if  $x_0 \in \partial \Omega_u^+ \cap \partial D$ , then in a small ball  $B_\varepsilon(x_0)$ , the set  $\Omega_u^-$  is empty. This proves (i). In order to prove (ii), we use Proposition [3.4](#page-18-0) (v) again, and we deduce that  $\Omega_u^+$  is a solution to the problem

> $\min\{\lambda_1(\Omega): \Omega$  quasi-open,  $\Omega \subset \Omega_u^+ \cup B_{\varepsilon}(x_0) \cap D, |\Omega| = |\Omega_u^+$  $\frac{+}{u}$ |}.

Thus, by [\[27,](#page-43-4) Proposition 5.35],  $\partial \Omega_u^+$  is  $C^{1,\alpha}$  regular in  $B_{\varepsilon}(x_0)$ .

# П

# <span id="page-23-1"></span>5. Lipschitz continuous solutions

In this section we show that to every solution  $\Omega$  of the shape optimization problem [\(18\)](#page-6-2), we can associate a Lipschitz continuous solution  $u \in H_0^1(\Omega)$  for the free boundary problem [\(29\)](#page-17-0). Our main result of the section is Lemma [5.1,](#page-23-0) here below.

<span id="page-23-0"></span>**Lemma 5.1.** Let D be a bounded open set in  $\mathbb{R}^d$  with  $C^{1,\beta}$  regular boundary. Let  $\Lambda > 0$ *be fixed and let*  $\Omega$  *be a solution to* [\(18\)](#page-6-2)*. Then there exists a function*  $u: \mathbb{R}^d \to \mathbb{R}$ *,*  $u \in H_0^1(\Omega)$ , such that

- u is a sign-changing second eigenfunction on  $\Omega$ ;
- u *is a solution to* [\(29\)](#page-17-0)*;*
- *u* is Lipschitz continuous on  $\mathbb{R}^d$ .

Before dealing with the proof of Lemma [5.1,](#page-23-0) we need a technical result. It is well known that if  $\Omega$  minimizes the first eigenvalue among all quasi-open sets with a fixed measure, then the first eigenfunction on  $\Omega$  is Lipschitz (when extended as zero outside  $\Omega$ ). This was proved by Briançon and Lamboley in [\[3\]](#page-42-1) through an Alt–Caffarelli argument  $([1])$  $([1])$  $([1])$ . In the proof of Lemma [5.1,](#page-23-0) we need to know the Lipschitz constant explicitly, so we briefly give a quantitative local version of this result in the next lemma by a method already used in several other works (see for instance [\[1,](#page-42-4) [5,](#page-42-8) [27\]](#page-43-4)).

<span id="page-23-3"></span>**Lemma 5.2.** *Suppose that*  $\Omega$  *is a bounded quasi-open set in*  $\mathbb{R}^d$  *and that the function*  $u \in H_0^1(\Omega)$  is the first eigenfunction on  $\Omega$ , that is,  $u \ge 0$  in  $\mathbb{R}^d$ ,  $\int_{\Omega} u^2 dx = 1$  and

$$
\lambda_1(\Omega) = \int_{\Omega} |\nabla u|^2 dx = \min\{ \int_{\Omega} |\nabla \phi|^2 dx : \phi \in H_0^1(\Omega), \int_{\Omega} \phi^2 dx = 1 \}.
$$

*Suppose that*  $B_R$  *is a ball of radius*  $R \leq 1$  *and that there are constants*  $r > 0$  *and*  $K > 0$ *such that*

<span id="page-23-2"></span>
$$
\int_{\mathbb{R}^d} |\nabla u|^2 dx \le \frac{\int_{\mathbb{R}^d} |\nabla (u+\varphi)|^2 dx}{\int_{\mathbb{R}^d} (u+\varphi)^2 dx} + K\rho^d
$$
\n(38)

*for every*  $\varphi \in H_0^1(B_\rho(x_0))$  and every ball  $B_\rho(x_0) \subset B_R$ . Then there is a constant C, *depending only on*  $\lambda_1(\Omega)$ *, K and d, such that if*  $u(0) = 0$  *then* 

$$
u(x_0) = 0 \quad \Rightarrow \quad \|\nabla u\|_{L^\infty(B_{R/8})} \leq C.
$$

*Proof.* Let  $\varphi \in C_c^{\infty}(B_{\rho}(x_0))$  be such that  $\varphi = 1$  in  $B_{\rho/2}(x_0)$  and  $|\nabla \varphi| \lesssim \frac{1}{\rho}$ . We can compute

$$
\lambda_1(\Omega) \le \frac{\int_{\mathbb{R}^d} |\nabla(u+t\varphi)|^2 dx}{\int_{\mathbb{R}^d} (u+t\varphi)^2 dx} + K\rho^d
$$
  
= 
$$
\frac{\lambda_1(\Omega) + 2t \int \nabla u \cdot \nabla \varphi dx + t^2 \int |\nabla \varphi|^2 dx}{1 + 2t \int u\varphi dx + t^2 \int \varphi^2 dx} + K\rho^d,
$$

which implies that

$$
2t\left(-\int \nabla u \cdot \nabla \varphi \,dx + \lambda_1(\Omega) \int u\varphi \,dx\right) \leq t^2 \int |\nabla \varphi|^2 \,dx + 2\left(1 + t^2 \int \varphi^2 \,dx\right) K\rho^d.
$$

Choosing  $t = \rho \le 1$  and using that  $\Delta u + \lambda_1(\Omega)u$  is a positive Radon measure on  $\mathbb{R}^d$  (see Remark [2.1\)](#page-14-0), we get

$$
(\Delta u + \lambda_1(\Omega)u)(B_{\rho/2}(x_0)) \le \left(-\int \nabla u \cdot \nabla \varphi \, dx + \lambda_1(\Omega) \int u \varphi \, dx\right)
$$
  

$$
\le C_d (1+K)\rho^{d-1}.
$$

As a consequence, if  $u(x_0) = 0$ , using [\[5,](#page-42-8) formula (2.26)] and an integration by parts we obtain

<span id="page-24-0"></span>
$$
\int_{\partial B_r(x_0)} u \, d\mathcal{H}^{d-1} = \int_0^r \frac{\Delta u(B_\rho(x_0))}{d\omega_d \rho^{d-1}} \, d\rho \le C_d (1+K)r. \tag{39}
$$

Now, let  $y_0 \in B_{R/8}$  and let  $x_0$  be the projection of  $y_0$  on the set  $\{u = 0\}$ , which is closed as a consequence of [\(39\)](#page-24-0). Since  $u(0) = 0$ , we have

$$
r_0 := |x_0 - y_0| \le R/8.
$$

Notice that we have

$$
B_{r_0}(y_0)\subset B_{2r_0}(x_0)\subset B_{R/2}.
$$

Thus, applying [\(39\)](#page-24-0), we get

$$
\int_{\partial B_{2r_0}(x_0)} u \, d\mathcal{H}^{d-1} \le C_d (1+K) r_0.
$$

Now, since there is a constant  $C(d, \lambda_1)$ , depending on d and  $\lambda_1(\Omega)$  such that

$$
u(x) + C(d, \lambda_1)|x - x_0|^2
$$

is subharmonic (see Remark [2.1\)](#page-14-0), we have

$$
||u||_{L^{\infty}(B_{r_0/2}(y_0))} \le \int_{B_{r_0}(y_0)} u \, dx + C(d, \lambda_1) r_0^2 \le 2^d \int_{B_{2r_0}(x_0)} u \, dx + C(d, \lambda_1) r_0^2
$$
  

$$
\le 2^d \left( \int_{\partial B_{2r_0}(x_0)} u \, d\mathcal{H}^{d-1} + C(d, \lambda_1) r_0^2 \right) + C(d, \lambda_1) r_0^2
$$
  

$$
\le C_d (1 + K) r_0 + C(d, \lambda_1) r_0^2.
$$

Now the gradient estimate [\(41\)](#page-27-0) gives the claim.

*Proof of Lemma* [5.1](#page-23-0). Let  $\Omega$  be as in the assumptions. By [\[5,](#page-42-8) Theorem 5.3] there exists a second eigenfunction  $w \in H_0^1(\Omega)$ , which is Lipschitz continuous on  $\mathbb{R}^d$ . We consider two cases.

*Case* 1. If w changes sign in  $\Omega$ , then w is a solution of [\(29\)](#page-17-0) (by Proposition [3.3\)](#page-17-1), so we can take  $u = w$ .

*Case* 1a. Suppose that w does not change sign and that the open set  $\{w \neq 0\}$  is disconnected. Let  $\Omega_1$  and  $\Omega_2$  be two connected components of  $\{w \neq 0\}$  and let

$$
\widetilde{w} = a_1 w \mathbb{1}_{\Omega_1} - a_2 w \mathbb{1}_{\Omega_2}
$$
 where  $a_i = \left( \int_{\Omega_i} w^2 \right)^{-1/2}$ .

It is immediate to check that  $\tilde{w}$  is a Lipschitz continuous sign-changing second eigenfunction on  $\Omega$  and a solution to [\(27\)](#page-16-2).

*Case* 2. Suppose that w does not change sign and that the open set  $\Omega_w := \{w \neq 0\}$  is connected. Without loss of generality, we can assume that  $w$  is nonnegative.

We will show that there is a nonnegative first eigenfunction  $v \in H_0^1(\Omega)$  such that

- v and w have disjoint supports:  $vw = 0$  on  $\mathbb{R}^d$ ;
- $w v$  is a solution to [\(29\)](#page-17-0);
- there are positive constants  $\alpha$  and  $\beta$  such that the function  $u := \alpha w \beta v$  is a (signchanging and normalized) second eigenfunction on  $\Omega$ .

It is enough to prove that there is a nonnegative first eigenfunction for which the first point holds; the other two claims follow by Propositions [3.3](#page-17-1) and [3.4.](#page-18-0) Suppose that there is a nonnegative eigenfunction  $u_1$  on  $\Omega$  such that

<span id="page-25-0"></span>
$$
\int_{\Omega} u_1^2 dx = \int_{\Omega} w^2 dx = 1 \text{ and } 0 < \int_{\Omega} u_1 w dx < 1.
$$
 (40)

In particular, since both  $u_1$  and w are eigenfunctions on  $\Omega$  and since they are not orthogonal in  $L^2(\Omega)$ , we get

$$
\lambda_1(\Omega) = \lambda_2(\Omega).
$$

Moreover,  $w$  is also a solution of

$$
-\Delta w = \lambda_2(\Omega)w \text{ in } \Omega_w := \{w > 0\}, \quad w \in H_0^1(\Omega).
$$

Thus, it is also an eigenfunction on  $\Omega_w$ . Since w is positive on  $\Omega_w$  and  $\Omega_w$  is connected, we get that w is the first eigenfunction on  $\Omega_w$  and

$$
\lambda_1(\Omega) = \lambda_2(\Omega) = \lambda_1(\Omega_w).
$$

We also notice that another consequence of the hypothesis that  $\Omega_w$  is connected is that any eigenfunction on  $\Omega_w$  corresponding to the first eigenvalue  $\lambda_1(\Omega_w)$  is necessarily proportional to w. In particular, this implies that  $u_1 \notin H_0^1(\Omega_w)$ ; otherwise we would get  $w = u_1$ , which is not possible by [\(40\)](#page-25-0). Moreover, the strong maximum principle on the open set  $\Omega_w$  implies that  $u_1 > 0$  on  $\Omega_w$ . Now consider the function

$$
(w - u1)+ := \sup\{(w - u1), 0\}.
$$

We first notice that  $(w - u_1)_+$  is in  $H_0^1(\Omega_w)$ . This is true since  $0 \leq (w - u_1)_+ \leq w$ and  $w \in H_0^1(\Omega_w)$ . Moreover, since both w and  $u_1$  are normalized in  $L^2(\Omega)$ , the function  $(w - u_1)_+$  is not identically zero. Now, testing  $(w - u_1)_+$  with itself, we get

$$
\int_{\Omega} |\nabla(w - u_1)_+|^2 dx = \int_{\Omega} \nabla w \cdot \nabla(w - u_1)_+ dx - \int_{\Omega} \nabla u_1 \cdot \nabla(w - u_1)_+ dx
$$
  

$$
= \lambda_2(\Omega) \int_{\Omega} w(w - u_1)_+ dx - \lambda_1(\Omega) \int_{\Omega} u_1(w - u_1)_+ dx
$$
  

$$
= \lambda_1(\Omega_w) \int_{\Omega} (w - u_1)(w - u_1)_+ dx
$$
  

$$
= \lambda_1(\Omega_w) \int_{\Omega} (w - u_1)_+^2 dx.
$$

By the variational characterization of  $\lambda_1(\Omega_w)$ ,  $(w - u_1)_+$  is also a first eigenfunction on  $\Omega_w$ . Thus,

$$
(w - u_1)_+ = cw
$$

for some  $c > 0$ . In particular, this means that  $w > u_1$  on  $\Omega_w$  and that

$$
w = (1 + c)u_1 \quad \text{on } \Omega_w.
$$

Finally, choosing

$$
v := u_1 - \frac{1}{1+c}w,
$$

we get that, by construction, v is a first eigenfunction on  $\Omega$  and  $v = 0$  on  $\Omega_w$ .

It remains to prove that v is Lipschitz continuous. Let  $x_0 \in \Omega_v^+ := \{v > 0\}$  and let r be the largest radius for which the ball  $B_r(x_0)$  is contained in  $\{v > 0\}$ . We fix a constant  $r_0 > 0$  (that we will later choose small enough) and we consider four cases:

Case 2a. 
$$
r \ge r_0
$$
;

*Case* 2b.  $r < r_0$  and in  $B_{10r}(x_0)$  there is a point lying outside D;

*Case* 2c.  $r < r_0$ ,  $B_{10r}(x_0)$  is contained in D and in  $B_{4r}(x_0)$  there is a point lying in  $\Omega_w^+$ ; *Case* 2d.  $r < r_0$ ,  $B_{10r}(x_0)$  is contained in D and  $B_{4r}(x_0) \cap \{w > 0\} = \emptyset$ .

We start with Case 2a. Since  $v$  solves

$$
-\Delta v = \lambda_2(\Omega)v \quad \text{in } B_r(x_0),
$$

the classical gradient estimate (see  $[16]$ ) gives

<span id="page-27-0"></span>
$$
\|\nabla v\|_{L^{\infty}(B_{r/2}(x_0))} \le C_d \|\lambda_2(\Omega)v\|_{L^{\infty}(B_r(x_0))} + \frac{2d}{r} \|v\|_{L^{\infty}(B_r(x_0))}.
$$
 (41)

Since v satisfies the global  $L^{\infty}$  bound  $||v||_{L^{\infty}(\mathbb{R}^d)} \leq C_d (\lambda_2(\Omega))^{d/4}$  and since  $r \geq r_0$ , we get that there is a constant  $C(d, \lambda_2, r_0)$ , depending on d,  $\lambda_2(\Omega)$  and  $r_0$ , such that

$$
|\nabla v|(x_0)\leq C(d,\lambda_2,r_0).
$$

We now consider Case 2b. Let  $w_D$  be the solution of

$$
-\Delta w_D = 1 \text{ in } D, \quad w_D = 0 \text{ on } \mathbb{R}^d \setminus D.
$$

Since D is  $C^{1,\beta}$  regular, the function  $w_D$  is Lipschitz continuous on  $\mathbb{R}^d$ . We denote by L its Lipschitz constant. Setting

$$
C:=C_d(\lambda_1(\Omega))^{(d+4)/4}
$$

to be the constant from [\(24\)](#page-15-1), we know that  $Cw_D \geq v$  everywhere in  $\mathbb{R}^d$ . Then we have

$$
v \le 11CLr \quad \text{in } B_r(x_0).
$$

Using the gradient estimate [\(41\)](#page-27-0) again, we get that there is a constant  $C(D, d, \lambda_2)$  depending only on D, d and  $\lambda_2(\Omega)$  such that

$$
|\nabla v|(x_0)\leq C(D,d,\lambda_2).
$$

We next consider Case 2c. Let  $y_0$  be a point in  $\{w > 0\}$ . By the two-phase monotonicity formula of Caffarelli–Jerison–Kënig (see  $[9, 31]$  $[9, 31]$  $[9, 31]$ ), we know that there is a constant C, depending on  $\lambda_2(\Omega)$  and the dimension, such that

$$
C \ge \left(\int_{B_R(y_0)} |\nabla w|^2 dx\right) \left(\int_{B_R(y_0)} |\nabla v|^2 dx\right).
$$

Applying Lemma [4.4,](#page-21-3) we get (up to multiplying  $C$  by a factor depending only on the dimension)

$$
C \geq \frac{|\{w=0\} \cap B_R(y_0)|}{|B_R|} \left(\frac{1}{R} \int_{\partial B_R(y_0)} w \, d\mathcal{H}^{d-1}\right)^2
$$
  
 
$$
\times \frac{|\{v=0\} \cap B_R(y_0)|}{|B_R|} \left(\frac{1}{R} \int_{\partial B_R(y_0)} v \, d\mathcal{H}^{d-1}\right)^2,
$$

and, since  $w$  and  $v$  have disjoint supports,

$$
C \geq \frac{|\{v > 0\} \cap B_R(v_0)|}{|B_R|} \left(\frac{1}{R} \int_{\partial B_R(v_0)} w \, d\mathcal{H}^{d-1}\right)^2
$$
  
 
$$
\times \frac{|\{w > 0\} \cap B_R(v_0)|}{|B_R|} \left(\frac{1}{R} \int_{\partial B_R(v_0)} v \, d\mathcal{H}^{d-1}\right)^2.
$$

We next choose  $R = 4r$ . Thus, the nondegeneracy of w (in order to use the nondegeneracy Lemma [4.1,](#page-20-1) we choose  $r_0$  small enough from the beginning) gives

$$
\frac{1}{R} \int_{\partial B_R(y_0)} w \, d\mathcal{H}^{d-1} \ge \eta.
$$

In particular, there is a point  $z_0 \in \partial B_R(y_0)$  such that  $w(z_0) \geq \eta$ . But now, the Lipschitz continuity of w (say  $|\nabla w| \le L_w$ ) gives that  $w > 0$  in  $B_{\eta/L_w}(z_0)$ . Thus, we also get

$$
\frac{|\{w>0\}\cap B_R(y_0)|}{|B_R|}\geq \frac{|B_{\eta/L_w}(z_0)\cap B_R(y_0)|}{|B_R|}\geq C(L_w,\eta,d).
$$

Similarly, since v is positive in  $B_r(x_0) \cap B_{4r}(y_0)$ , we have that there is a dimensional constant  $c_d$  such that

$$
\frac{|\{v > 0\} \cap B_R(y_0)|}{|B_R|} \geq c_d.
$$

This finally gives that there is a constant  $C(w, d)$ , depending on w and the dimension, such that

$$
C \geq \frac{1}{R} \int_{\partial B_R(y_0)} v \, d\mathcal{H}^{d-1}.
$$

Applying [\(25\)](#page-15-2) the gradient estimate as in Case 2a, we get

$$
|\nabla v|(x_0)\leq C(w,d).
$$

Finally, we consider Case 2d. First of all, we suppose that there is at least one point  $x_1 \in \partial \Omega_v \cap D$  and a radius  $r_1 > 0$  such that  $B_{r_1}(x_1) \subset D$  and  $B_{r_1}(x_1) \cap \{w > 0\} = \emptyset$ (in fact if there were not such  $x_1$  and  $r_1$ , the proof of the lemma would be concluded with Case 2c). Now, by [\[3\]](#page-42-1), we know that v is Lipschitz in  $B_{r_1}(x_1)$  and that the free boundary  $\partial \Omega_v \cap B_{r_1}(x_1)$  is  $C^{\infty}$  up to a small closed set. In particular, we may assume that in D there are two distinct points  $x_1$  and  $x_2$ , and a radius  $0 < R_{12} < \frac{1}{3}|x_1 - x_2|$  such that

- $B_{R_{12}}(x_1) \subset D$  and  $B_{R_{12}}(x_2) \subset D$ ;
- $B_{R_{12}}(x_1) \cap \{w > 0\} = \emptyset$  and  $B_{R_{12}}(x_2) \cap \{w > 0\} = \emptyset;$
- $\partial \Omega_v$  is  $C^{\infty}$  in  $B_{R_{12}}(x_1)$  and  $B_{R_{12}}(x_2)$ ;
- there are constants  $m > 0$  and  $C > 0$  such that, for every  $i = 1, 2$  and every  $t \in$  $(-m, m)$ , there is a function  $v_{i,t} \in H^1(B_{R_{12}}(x_i))$  such that

$$
v_{i,t} = v \quad \text{on } \partial B_{R_{12}}(x_i),
$$

$$
|B_{R_{12}}(x_1) \cap \{v_{i,t} > 0\}| - |B_{R_{12}}(x_1) \cap \{v > 0\}| = t,\tag{42}
$$

<span id="page-29-2"></span><span id="page-29-1"></span>
$$
\int_{B_{R_{12}}(x_1)} (|\nabla v_{i,t}|^2 + v_{i,t}^2) \, dx \le Kt. \tag{43}
$$

We notice that for the construction of  $v_{i,t}$  it is sufficient to take smooth vector fields  $\xi_i \in C_c^{\infty}(B_{R_{12}}(x_i);\mathbb{R}^d), i = 1, 2$ , orthogonal to  $\partial \Omega_v$  (parallel to the outgoing normal  $v$ ) and pointing outwards and to define the functions

$$
v_{i,t}(x) := v(x + \xi_{i,t}(x)).
$$

Claims  $(42)$  and  $(43)$  now follow from the well-known (see [\[3\]](#page-42-1)) first variation formulas

$$
\frac{d}{dt}\Big|_{t=0} \int |\nabla v_{i,t}|^2 dx = -\int_{\partial \Omega_v} (\xi \cdot v) |\nabla v|^2 d\mathcal{H}^{d-1},
$$
  

$$
\frac{d}{dt}\Big|_{t=0} |\{v_{i,t} > 0\}| = \int_{\partial \Omega_v} \xi \cdot v d\mathcal{H}^{d-1},
$$

and the inverse function theorem. Now, with this family of functions in hand, we get back to Case 2d. Notice that, by choosing  $r_0 > 0$  small enough, we can assume that the ball  $B_{4r}(x_0)$  intersects at most one of the balls  $B_{R_{12}}(x_1)$  and  $B_{R_{12}}(x_2)$  (say, the first one). Thus, if  $\varphi$  is a function compactly supported in  $B_{4r}(x_0)$ , we can consider the competitor

$$
\tilde{v} = \begin{cases}\nv & \text{in } \mathbb{R}^d \setminus (B_{4r}(x_0) \cup B_{R_{12}}(x_1)), \\
v + \varphi & \text{in } B_{4r}(x_0), \\
v_{i,t} & \text{in } B_{R_{12}}(x_1),\n\end{cases}
$$

where we choose t such that  $\{\tilde{v} > 0\} = \{v > 0\}$ . Thus, from [\(42\)](#page-29-1) and [\(43\)](#page-29-2), we get that  $v$  satisfies the almost-minimality condition  $(38)$ . Thus, we can use the universal estimate from Lemma [5.2](#page-23-3) and this concludes the proof.  $\blacksquare$ 

## <span id="page-29-0"></span>6. First variation formula

Let  $\Omega$  be a solution to [\(18\)](#page-6-2). From now on, we will take  $\Lambda = 1$ , without loss of generality. We know that there is a sign-changing function  $u \in H_0^1(\Omega)$ , which is Lipschitz continuous on  $\mathbb{R}^d$  and a solution to [\(29\)](#page-17-0). Our next objective is to prove that the function u is a solution, in the viscosity sense, of a free boundary problem. In order to do so, we will first try to deduce a first-order optimality condition coming from internal perturbations with vector fields. Since the function  $\mathbb{R}^2 \ni (a, b) \mapsto \max\{a, b\}$  is not differentiable, we will approximate  $J_{\infty}$  with smooth functionals, inspired by [\[26\]](#page-43-19) and [\[22\]](#page-43-8).

In what follows we will use the notation

$$
\mathcal{R}(v) := \frac{\int_{\{v>0\}} |\nabla v|^2 \, dx}{\int_{\{v>0\}} v^2 \, dx}
$$
 for every nonnegative function  $v \in H^1(\mathbb{R}^d)$ ,  $v \neq 0$ ,

while, when  $v = 0$ , we simply set  $\mathcal{R}(0) = +\infty$ . For every  $p \in (1, +\infty)$ , we consider the problem

<span id="page-30-0"></span>
$$
\min\big\{J_p(\mathcal{R}(v_+); \mathcal{R}(v_-)) + \int_D |u - v|^2 + |\Omega_v| : v \in H_0^1(D)\big\},\tag{44}
$$

where as usual  $v_+ = \max\{v, 0\}$ ,  $v_- = \max\{-v, 0\}$  and  $\Omega_v = \{v \neq 0\}$ , and where  $J_p$  is the function

$$
J_p(X, Y) := (X^p + Y^p)^{1/p}.
$$

**Remark 6.1.** For all  $p \in (1, +\infty)$ , there exists a solution to problem [\(44\)](#page-30-0): the proof is standard and follows by the same argument as that in Section [1.2.4.](#page-8-0)

<span id="page-30-1"></span>**Lemma 6.2** (Convergence of the minima). *For every*  $p \ge 2$ , *let*  $v_p \in H_0^1(D)$  *be a solution to* [\(44\)](#page-30-0) *such that*

$$
\int_D (v_p^+)^2 \, dx = \int_D (v_p^-)^2 \, dx = 1.
$$

*Then, as*  $p \to \infty$ ,  $v_p$  *converges strongly in*  $H_0^1(D)$  *to the function u, the solution to* [\(29\)](#page-17-0)*.* Moreover, the characteristic functions  $\mathbb{1}_{\Omega_{v_p}^+}$  and  $\mathbb{1}_{\Omega_{v_p}^-}$  converge strongly in  $L^1$  and pointwise almost-everywhere to  $\mathbb{1}_{\Omega_{u}^{+}}$  and  $\mathbb{1}_{\Omega_{u}^{-}}$ , respectively.

*Proof.* We first notice that, by testing the minimality of  $v_p$  with  $u$ , we get

$$
J_p\bigg(\int_D |\nabla v_p^+|^2; \int_D |\nabla v_p^-|^2\bigg) + \int_D |u - v_p|^2 + |\Omega_{v_p}|
$$
  
\n
$$
\leq J_p\bigg(\int_D |\nabla u_+|^2; \int_D |\nabla u_-|^2\bigg) + |\Omega_u| \leq 2J_\infty\bigg(\int_D |\nabla u_+|^2; \int_D |\nabla u_-|^2\bigg) + |\Omega_u|.
$$

Thus,  $v_p$  is bounded in  $H^1$  and so, up to a subsequence,  $v_p^+$  and  $v_p^-$  converge weakly in  $H<sup>1</sup>$ , strongly in  $L<sup>2</sup>$  and pointwise almost-everywhere to a function  $v_{\infty} \in H_0<sup>1</sup>(D)$ . The convergence and the minimality of  $v_p$  now give

$$
J_{\infty} \left( \int_{D} |\nabla u_{+}|^{2} ; \int_{D} |\nabla u_{-}|^{2} \right) + \int_{D} |u - v_{\infty}|^{2} + |\Omega_{u}|
$$
  
\n
$$
\leq J_{\infty} \left( \int_{D} |\nabla v_{\infty}^{+}|^{2} ; \int_{D} |\nabla v_{\infty}^{-}|^{2} \right) + \int_{D} |u - v_{\infty}|^{2} + |\Omega_{v_{\infty}}|
$$
  
\n
$$
\leq J_{\infty} \left( \liminf_{p \to \infty} \int_{D} |\nabla v_{p}^{+}|^{2} ; \liminf_{p \to \infty} \int_{D} |\nabla v_{p}^{-}|^{2} \right) + \int_{D} |u - v_{\infty}|^{2} + |\Omega_{v_{\infty}}|
$$
  
\n
$$
\leq \liminf_{p \to \infty} \left\{ J_{p} \left( \int_{D} |\nabla v_{p}^{+}|^{2} ; \int_{D} |\nabla v_{p}^{-}|^{2} \right) + \int_{D} |u - v_{p}|^{2} + |\Omega_{v_{p}}| \right\}
$$
  
\n
$$
\leq \lim_{p \to \infty} \left\{ J_{p} \left( \int_{D} |\nabla u_{+}|^{2} ; \int_{D} |\nabla u_{-}|^{2} \right) + |\Omega_{u}| \right\}
$$
  
\n
$$
= J_{\infty} \left( \int_{D} |\nabla u_{+}|^{2} ; \int_{D} |\nabla u_{-}|^{2} \right) + |\Omega_{u}|,
$$

which proves that  $v_{\infty} = u$  and that all the inequalities above are equalities. In particular,

$$
\int_{D} |\nabla u_{+}|^{2} \leq \liminf_{p \to \infty} \int_{D} |\nabla v_{p}^{+}|^{2} = J_{\infty} \left( \liminf_{p \to \infty} \int_{D} |\nabla v_{p}^{+}|^{2}; \liminf_{p \to \infty} \int_{D} |\nabla v_{p}^{-}|^{2} \right)
$$

$$
= J_{\infty} \left( \int_{D} |\nabla u_{+}|^{2}; \int_{D} |\nabla u_{-}|^{2} \right) = \int_{D} |\nabla u_{+}|^{2},
$$

which means that the convergence is strong in  $H<sup>1</sup>$ . Finally, the strong convergence of the characteristic functions follows from the equalities

$$
|\Omega_u^{\pm}| = \liminf_{p \to \infty} |\Omega_{v_p}^{\pm}|.
$$

In what follows we will use the notation  $\delta J(u)[\xi]$  to indicate the first variation of a functional J at a function u in the direction of a smooth vector field  $\xi$ . Precisely, for every  $u \in H_0^1(D)$ ,  $\xi \in C_c^\infty(D; \mathbb{R}^d)$ , we define the diffeomorphism  $\Phi_t$  as

<span id="page-31-2"></span>
$$
\Phi_t = \Psi_t^{-1}, \quad \text{where } \Psi_t(x) := x + t\xi(x). \tag{45}
$$

Then, if the derivative  $\frac{\partial}{\partial t}|_{t=0} J(u \circ \Phi_t)$  exists, we set

$$
\delta J(u)[\xi] := \frac{\partial}{\partial t}\Big|_{t=0} J(u \circ \Phi_t).
$$

It is well known that  $\delta \mathcal{R}(u)[\xi]$  exists for any  $u \in H_0^1(D)$  and  $\xi \in C_c^{\infty}(D; \mathbb{R}^d)$  and that

<span id="page-31-0"></span>
$$
\delta \mathcal{R}(u)[\xi] = \int_D (|\nabla u|^2 - \lambda u^2) \operatorname{div} \xi - 2\nabla u D \xi (\nabla u)^t dx, \tag{46}
$$

where  $\lambda := \mathcal{R}(u)$ . Moreover, setting Vol $(u) = |\Omega_u|$ , we have that  $\delta \text{Vol}(u)[\xi]$  exists for all  $u \in H_0^1(D)$  and  $\xi \in C_c^\infty(D; \mathbb{R}^d)$ , and

<span id="page-31-1"></span>
$$
\delta \text{Vol}(u)[\xi] = \int_{\Omega_u} \text{div}\,\xi \,dx. \tag{47}
$$

Now, using formulas [\(46\)](#page-31-0) and [\(47\)](#page-31-1) we can compute the optimality condition for the minimizers of [\(44\)](#page-30-0). Precisely, we have the following lemma.

<span id="page-31-3"></span>**Lemma 6.3.** Let  $p > 1$  and let  $u_p \in H_0^1(D)$  be a solution to [\(44\)](#page-30-0) such that

$$
\int_D (u_p^+)^2 \, dx = \int_D (u_p^-)^2 \, dx = 1.
$$

*Then, setting*

$$
a_p^{\pm} := \frac{(\mathcal{R}(u_p^{\pm}))^{p-1}}{\left[ (\mathcal{R}(u_p^+))^p + (\mathcal{R}(u_p^-))^p \right]^{1-\frac{1}{p}}},
$$

<span id="page-31-4"></span>we have that for any smooth vector field  $\xi \in C^\infty_c (D;\mathbb{R}^d)$ ,

$$
a_p^+ \delta \mathcal{R}(u_p^+)[\xi] + a_p^- \delta \mathcal{R}(u_p^-)[\xi] + 2 \int_D (u_p - u)\xi \cdot \nabla u_p \, dx
$$
  
+ 
$$
\delta \text{Vol}(u_p^+)[\xi] + \delta \text{Vol}(u_p^-)[\xi] = 0.
$$
 (48)

П

*Proof.* Let  $\xi \in C_c^{\infty}(D; \mathbb{R}^d)$  and  $\Phi_t$  be as in [\(45\)](#page-31-2). Since we already have [\(46\)](#page-31-0) and [\(47\)](#page-31-1), it is sufficient to compute the variation of the fidelity term. We have

$$
\frac{\partial}{\partial t}\Big|_{t=0}\int_D|u_p\circ\Phi_t-u|^2\,dx=\int_D2(u_p-u)\xi\cdot\nabla u_p\,dx.
$$

Then, using the optimality of  $u_p$ , we get

$$
0 = \frac{\partial}{\partial t}\Big|_{t=0} \Bigg[ J_p\big(\mathcal{R}((u_p \circ \Phi_t)_+), \mathcal{R}((u_p \circ \Phi_t)_-\big)\big) + \int_D |u_p \circ \Phi_t - u|^2 \, dx + |\{u_p \circ \Phi_t \neq 0\}|\Bigg] = a_p^+ \delta \mathcal{R}(u_p^+)[\xi] + a_p^- \delta \mathcal{R}(u_p^-)[\xi] + \int_D 2(u_p - u)\xi \cdot \nabla u_p \, dx + \delta \text{Vol}(u_p^+)[\xi] + \delta \text{Vol}(u_p^-)[\xi],
$$

which gives the claim.

We now pass to the limit as  $p \to +\infty$ .

<span id="page-32-0"></span>**Lemma 6.4.** Let D be a bounded open set and let  $u \in H_0^1(D)$  be a Lipschitz continuous *solution of* [\(29\)](#page-17-0)*. Then there are constants*  $a_+ \geq 0$  *and*  $a_- \geq 0$  *such that* 

$$
a_+ + a_- = 1,
$$

and, for every smooth vector field  $\xi \in C^{\infty}_c(D;\mathbb{R}^d)$ , we have

$$
a_{+}\delta\mathcal{R}(u_{+})[\xi] + a_{-}\delta\mathcal{R}(u_{-})[\xi] + \delta\text{Vol}(u_{+})[\xi] + \delta\text{Vol}(u_{-})[\xi] = 0.
$$

*Proof.* Using Lemma [6.3](#page-31-3) and the convergence of the solutions  $u_p$  proved in Lemma [6.2,](#page-30-1) we have that the variation of the fidelity term vanishes. Indeed,

$$
\lim_{p \to \infty} \int_D (u_p - u)\xi \cdot \nabla u_p \, dx = 0.
$$

Thus, passing to the limit in Lemma [6.3](#page-31-3) and using Lemma [6.2](#page-30-1) again, we get the claim. Finally, the equality  $a_+ + a_- = 1$  follows from the fact that

$$
\lim_{p \to \infty} a_p^{\pm} = a_{\pm} \quad \text{and} \quad (a_p^+)^{\frac{p}{p-1}} + (a_p^-)^{\frac{p}{p-1}} = 1 \quad \text{for every } p \ge 1.
$$

# <span id="page-32-1"></span>7. Two-phase free boundary: blow-up limits and regularity

Let  $u: \mathbb{R}^d \to \mathbb{R}$  be a Lipschitz continuous solution to [\(29\)](#page-17-0). Let  $x_0$  be a point of the free boundary, that is,

$$
x_0 \in \partial \Omega_u \cap D,
$$

and we define the rescaled function

$$
u_{x_0,r}(x) = \frac{u(x_0 + rx)}{r} \quad \text{for } r > 0,
$$

on the set  $\{x \in \mathbb{R}^d : x_0 + rx \in D\}$ . For any vanishing sequence  $(r_n)$ , we say that  $u_{x_0,r_n}$ is a blow-up sequence (with fixed center). It is clear that, for all  $R > 0$ , for all n large enough, we have

$$
B_R \subset \{x \in \mathbb{R}^d : x_0 + r_n x \in D\},\
$$

and moreover, by Lipschitz continuity of  $u$  and the definition of the blow-up sequence with  $u(x_0) = 0$ , we have that there is a locally Lipschitz continuous function  $u_0: \mathbb{R}^d \to \mathbb{R}$ such that

$$
||u_{x_0,r_n} - u_0||_{L^{\infty}(B_R)} \to 0 \quad \text{for all } R > 0,
$$
 (49)

up to passing to a suitable subsequence with a diagonal argument.

**Definition 7.1.** We will say that  $u_0: \mathbb{R}^d \to \mathbb{R}$  is a *blow-up* limit of u at  $x_0$ .

Our main result is the following

<span id="page-33-0"></span>**Theorem 7.2.** Let u be a Lipschitz continuous solution of [\(29\)](#page-17-0) and let  $a_+ \ge 0$  and  $a_- \ge 0$ *be the constants from Lemma* [6.4](#page-32-0)*. Then*

<span id="page-33-2"></span>
$$
a_+ > 0 \quad \text{and} \quad a_- > 0. \tag{50}
$$

*Moreover, if*  $x_0 \in \partial \Omega_u^+ \cap \partial \Omega_u^-$  then every blow-up limit  $u_0$  of u at  $x_0$  is of the form

<span id="page-33-3"></span>
$$
u_0(x) := \beta_+(x \cdot \nu)_+ - \beta_-(x \cdot \nu)_-, \tag{51}
$$

*where*  $v \in \partial B_1$  *and the coefficients*  $\beta_+$  *and*  $\beta_-$  *are such that* 

<span id="page-33-4"></span>
$$
\beta_{+} \ge \frac{1}{\sqrt{a}_{+}}, \quad \beta_{-} \ge \frac{1}{\sqrt{a}_{-}} \quad \text{and} \quad a_{+} \beta_{+}^{2} = a_{-} \beta_{-}^{2}.
$$
 (52)

As a corollary, we obtain the regularity of the two-phase free boundary.

<span id="page-33-1"></span>**Corollary 7.3.** Let D be a bounded open set and let  $u: D \to \mathbb{R}$  be a Lipschitz continuous *solution to* [\(29\)](#page-17-0). Then, in a neighborhood of the two-phase free boundary  $\partial \Omega_u^+ \cap \partial \Omega_u^-$ , *both*  $\partial \Omega_u^+$  and  $\partial \Omega_u^-$  are  $C^{1,\alpha}$  regular.

*Proof.* We define the function v as

$$
v = \sqrt{a_+}u_+ - \sqrt{a_-}u_-.
$$

Then

- $v$  is Lipschitz continuous;
- $v$  satisfies the equations

$$
-\Delta v = \lambda v \quad \text{in } \Omega_v^+ \cup \Omega_v^-;
$$

- on the one-phase free boundaries  $D \cap \partial \Omega_v^+ \setminus \partial \Omega_v^-$  and  $D \cap \partial \Omega_v^- \setminus \partial \Omega_v^+$ , we have that  $|\nabla v| = 1$  in the viscosity sense (see for example [\[27,](#page-43-4) Section 5]);
- for every two-phase point  $x_0 \in \partial \Omega_v^+ \cap \partial \Omega_v^-$ , v satisfies the equations

$$
|\nabla v_+| \ge 1
$$
,  $|\nabla v_-| \ge 1$ ,  $|\nabla v_+| = |\nabla v_-|$ ,

in the viscosity sense. This is an immediate consequence of the classification of the blow-up limits of Theorem [7.2,](#page-33-0) and can be done as in [\[13,](#page-43-13) Section 2].

Thus, the claim follows from [\[13,](#page-43-13) Theorem 1.1 and 4.3].

#### 7.1. Convergence of the blow-up sequences

In this section we prove the strong convergence of the blow-up sequences. The main result is the following.

<span id="page-34-2"></span>Lemma 7.4. *Let* D *be an open subset of* R<sup>d</sup> *,* u *a Lipschitz continuous solution of* [\(29\)](#page-17-0) *and*  $y_0 \in \partial \Omega_u \cap D$ . Let  $r_n > 0$  be a vanishing sequence and  $u_n := u_{y_0,r_n}$  be the corresponding *blow-up sequence converging locally uniformly to the blow-up limit*  $u_0$ :  $\mathbb{R}^d \to \mathbb{R}$ *. Then, for every*  $R > 0$ ,

- (i) the sequence of rescalings  $u_{y_0,r_n}$  converges strongly in  $H^1(B_R)$  to  $u_0$ ;
- (ii) the sequences of characteristic functions  $\mathbb{1}_{\Omega_n^+}$  and  $\mathbb{1}_{\Omega_n^-}$ , where  $\Omega_n^{\pm}:=\{\pm u_n>0\}$ , converge in  $L^1(B_R)$  and pointwise almost-everywhere to the characteristic func*tions*  $1_{\Omega_0^+}$  *and*  $1_{\Omega_0^-}$  *of the sets*  $\Omega_0^{\pm} := {\pm u_0 > 0}$ *.*

*Proof.* We first prove (i). We will proceed as in [\[26,](#page-43-19) Step 5 of the proof of Theorem 3.1]. We notice that  $u_n$  is a weak (in  $H^1(\mathbb{R}^d)$ ) solution of the equation

<span id="page-34-0"></span>
$$
\Delta u_n^{\pm} + r_n \lambda_1 (\Omega^{\pm}) u_n^{\pm} = \mu_n^{\pm} \quad \text{in } \mathbb{R}^d,
$$
\n<sup>(53)</sup>

for certain positive Radon measures  $\mu_n^+$  and  $\mu_n^-$ . On the other hand,  $u_0^+$  $\frac{1}{0}$  and  $u_0^-$  are nonnegative and harmonic on  $\{u_0 > 0\}$  and  $\{u_0 < 0\}$ . Thus, there are positive Radon measures  $\mu^+$  and  $\mu^-$  such that

<span id="page-34-1"></span>
$$
\Delta u_0^{\pm} = \mu^{\pm} \quad \text{in } \mathbb{R}^d. \tag{54}
$$

Now let  $R > 0$  be fixed. Since  $u_n$  and  $u_0$  are uniformly Lipschitz continuous in  $B_R$ , there is a constant  $C_R > 0$ , depending only on R, such that

$$
\mu_n^{\pm}(B_R) + \mu^{\pm}(B_R) \le C_R \quad \text{for every } n \ge 0.
$$

Now let  $\varphi \in C_0^\infty(\mathbb{R}^d)$  be a test function such that

$$
0 \leq \varphi \leq 1 \ \text{ in } \mathbb{R}^d, \quad \varphi = 1 \ \text{ in } B_R \quad \text{and} \quad \varphi = 0 \ \text{ in } \mathbb{R}^d \setminus B_{2R}.
$$

We test the difference of the two equations [\(53\)](#page-34-0) and [\(54\)](#page-34-1) with  $\varphi(u_n^{\pm} - u^{\pm})$ :

$$
\int_{\mathbb{R}^d} \nabla (u_n^{\pm} - u_0^{\pm}) \cdot \nabla [\varphi (u_n^{\pm} - u_0^{\pm})] dx
$$
\n
$$
= \int_{\mathbb{R}^d} \varphi (u_n^{\pm} - u_0^{\pm}) d(\mu^{\pm} - \mu_n^{\pm}) + r_n \lambda_1 (\Omega^{\pm}) \int_{\mathbb{R}^d} \varphi u_n^{\pm} (u_n^{\pm} - u_0^{\pm}) dx.
$$

We now observe that, first of all, by definition of  $\varphi$ ,

$$
\int_{B_R} |\nabla (u_n^{\pm} - u_0^{\pm})|^2 dx \le \int_{B_{2R}} \varphi |\nabla (u_n^{\pm} - u_0^{\pm})|^2 dx
$$
  

$$
\le \int_{\mathbb{R}^d} \nabla (u_n^{\pm} - u_0^{\pm}) \cdot \nabla [\varphi (u_n^{\pm} - u_0^{\pm})] dx
$$
  

$$
- \int_{B_{2R}} (u_n^{\pm} - u_0^{\pm}) \nabla (u_n^{\pm} - u_0^{\pm}) \cdot \nabla \varphi dx.
$$

It is easy to check that, thanks to the weak  $H_{\text{loc}}^1$  convergence and the uniform convergence

$$
\lim_{n \to \infty} \|u_n^{\pm} - u^{\pm}\|_{L^{\infty}(B_{2R})} = 0,
$$

therefore we get that the last term on the right-hand side converges to zero as  $n \to \infty$ . Moreover, we have

$$
\lim_{n \to \infty} \lambda_1(\Omega^{\pm}) \int_{\mathbb{R}^d} \varphi u_n^{\pm} (u_n^{\pm} - u_0^{\pm}) dx = 0.
$$

Finally, using the local uniform convergence again, we get

$$
\left| \int_{\mathbb{R}^d} \varphi(u_n^{\pm} - u_0^{\pm}) d(\mu_n^{\pm} - \mu^{\pm}) \right| \leq (\mu_n^{\pm} (B_{2R}) + \mu_0^{\pm} (B_{2R})) \| u_n^{\pm} - u_0^{\pm} \|_{L^{\infty}(B_{2R})}
$$
  

$$
\leq C_{2R} \| u_n^{\pm} - u_0^{\pm} \|_{L^{\infty}(B_{2R})} \to 0,
$$

which finally implies that  $u_n^{\pm}$  strongly converges to  $u_0^{\pm}$  in  $H^1(B_R)$ .

We now prove (ii). We will show that  $\mathbb{1}_{\Omega_n^+}$  converges pointwise almost-everywhere to  $\mathbb{1}_{\Omega_0^+}$ . We first consider the case when  $x_0 \in \mathbb{R}^d$  is a point of Lebesgue density 1 for  $\Omega_0^+$ If  $x_0 \in \Omega_0^+$  $\frac{+}{0}$ .  $v_0^+$ , then  $u_0(x_0) > 0$  and by the uniform convergence of  $u_n$  to  $u_0$ , we get that  $u_n(x_0) > 0$  for *n* large enough. This gives

$$
\mathbb{1}_{\Omega_0^+}(x_0)=1=\lim_{n\to\infty}\mathbb{1}_{\Omega_n^+}(x_0).
$$

We will next show that  $x_0$  cannot be on the boundary of  $\Omega_0^+$  $_0^+$ . Let  $\rho > 0$  be fixed and small. If there was a sequence of points  $x_n$  converging to  $x_0$  such that  $u_n(x_n) < 0$ , then by the nondegeneracy of  $u_n^-$  we have that  $||u_n^-||_{L^{\infty}(B_{\rho}(x_n))} > \rho \eta$ , which passing to the limit as  $n \to 0$  implies that  $||u_0||_{L^{\infty}(B_{2\rho}(x_0))} > \rho\eta$ . Thus, the *L*-Lipschitz continuity of  $u_0^-$  implies that in  $B_{3\rho}(x_0)$  there is a ball of radius  $\rho\eta/L$ , where  $u_0^-$  is strictly positive (and so  $u_0^+$  $\frac{1}{0}$  is zero). Since  $\rho$  is arbitrary, we obtain a contradiction with the fact that  $x_0$  is of density 1 for  $\Omega_0^+$ <sup>+</sup>. This means that there is a ball  $B_{r_0}(x_0)$  such that  $\Omega_n^- \cap B_{r_0}(x_0) = \emptyset$ , for every *n* large enough. In particular, in  $B_{r_0}(x_0)$  the function  $u_0^+$  $\frac{1}{0}$  is a blow-up limit of eigenfunctions on optimal sets for the first eigenvalue  $\lambda_1$ . Thus, by [\[27\]](#page-43-4),  $u_0$  is a local minimizer of the one-phase Alt–Caffarelli functional and so it satisfies an exterior density estimate, that is, there are no points of density 1 on the boundary of  $\Omega_0^+$  $<sub>0</sub><sup>+</sup>$ . This concludes the proof in the</sub> case when  $x_0$  has density 1.

Now let  $x_0$  be a point of Lebesgue density 0 for  $\Omega_0^+$  $_0^+$ . By the continuity of  $u_0^+$  we have that  $u_0^+$  $_{0}^{+}(x_{0}) = 0$  and  $\mathbb{1}_{\Omega_{u}^{+}}(x_{0}) = 0$ . Suppose for the sake of contradiction that (for some subsequence that we still denote by  $u_n^+$   $(u_n^+(x_0) > 0$  for every  $n > 0$ . But then the nondegeneracy of  $u_n$  at  $x_0$  implies that there is a constant  $\eta > 0$  such that

$$
||u_n^+||_{L^\infty(B_\rho(x_0))} > \eta \rho
$$

for every  $\rho > 0$  and every  $n \ge 0$ . As a consequence, the uniform L-Lipschitz continuity of  $u_n$  implies that there are points  $x_n \in B_\rho(x_0)$  such that

$$
u_n^+ \geq \frac{\eta}{2} \quad \text{in } B_{\rho \eta/2L}(x_n).
$$

Notice that, up to extracting a subsequence,  $x_n$  converges to some point  $x_\infty \in B_\rho(x_0)$ . The uniform convergence of  $u_n^+$  now implies that

$$
u_0^+ \geq \frac{\eta}{2} \quad \text{in } B_{\rho \eta/2L}(x_\infty).
$$

Since  $\rho$  is arbitrary this contradicts the initial assumption that  $x_0$  has Lebesgue density 0. Thus, we get that for *n* large enough,  $u_n^+(x_0) = 0$ , which implies that

$$
\mathbb{1}_{\Omega_0^+}(x_0)=0=\lim_{n\to\infty}\mathbb{1}_{\Omega_n^+}(x_0),
$$

and this concludes the proof.

As an immediate corollary of Lemmas [7.4](#page-34-2) and [6.4,](#page-32-0) we obtain the following stationarity condition for the blow-up limits of  $u$ .

**Lemma 7.5.** Let u be a Lipschitz continuous solution of [\(29\)](#page-17-0) in the open set  $D \subset \mathbb{R}^d$  and *let*  $x_0 \in \partial \Omega_u \cap D$ . Then, for every blow-up limit  $u_0: \mathbb{R}^d \to \mathbb{R}$  of u at  $x_0$ , we have the first *variation formula*

$$
0 = a_{+} \int_{\mathbb{R}^{d}} |\nabla u_{0}^{+}|^{2} \operatorname{div} \xi - 2 \nabla u_{0}^{+} D \xi (\nabla u_{0}^{+})^{t} dx + a_{-} \int_{\mathbb{R}^{d}} |\nabla u_{0}^{-}|^{2} \operatorname{div} \xi - 2 \nabla u_{0}^{-} D \xi (\nabla u_{0}^{-})^{t} dx + \int_{\Omega_{u_{0}}} \operatorname{div} \xi dx
$$
 (55)

<span id="page-36-1"></span> $\blacksquare$ 

for every smooth vector field  $\xi \in C_c^{\infty}(\mathbb{R}^d; \mathbb{R}^d)$ , where  $a_+$  and  $a_-$  are the nonnegative *constants from Lemma* [6.4](#page-32-0)*.*

#### <span id="page-36-0"></span>7.2. Homogeneity of the blow-up limits

For every  $u \in H^1(B_1)$ , we consider the Weiss-type boundary-adjusted energy

$$
W(u) = \left[a^+ \int_{B_1} |\nabla u_+|^2 dx + a^- \int_{B_1} |\nabla u_-|^2 dx\right]
$$
  
 
$$
- \left[a^+ \int_{\partial B_1} u_+^2 dx + a^- \int_{\partial B_1} u_-^2 dx
$$

We will prove a monotonicity formula for  $W$ , which we will use to show that the blow-up limits are 1-homogeneous functions. The argument is standard (see [\[34\]](#page-44-3)) and is based on the first variation formula [\(48\)](#page-31-4) and a computation of the derivative of  $W(u_{r,x_0})$  in r. We sketch the proof and we refer to [\[27\]](#page-43-4) for detailed computations.

<span id="page-37-2"></span>Lemma 7.6 (Homogeneity of the blow-up limits). *Let* u *be a Lipschitz continuous solution of* [\(29\)](#page-17-0) *in the open set*  $D \subset \mathbb{R}^d$  *and let*  $x_0 \in \partial \Omega_u \cap D$ *. Then there is a constant*  $C > 0$ *such that*

$$
\frac{\partial}{\partial r}W(u_{x_0,r}) \ge \frac{2}{r} \bigg[ a^+ \int_{\partial B_1} |x \cdot \nabla u_{x_0,r}^+ - u_{x_0,r}^+|^2 d\mathcal{H}^{d-1} + a^- \int_{\partial B_1} |x \cdot \nabla u_{x_0,r}^- - u_{x_0,r}^-|^2 d\mathcal{H}^{d-1} \bigg] - C,\tag{57}
$$

<span id="page-37-0"></span>*where*  $a_+$  *and*  $a_-$  *are the nonnegative constants from Lemma* [6.4](#page-32-0) *and* 

$$
u_{x_0,r}(x) := \frac{1}{r}u(x_0 + rx).
$$

*As a consequence, if*  $u_0: \mathbb{R}^d \to \mathbb{R}$  *is a blow-up limit of u at*  $x_0$ *, then* 

- (i) if  $a_+ > 0$ , then  $u_0^+$ 0 *is* 1*-homogeneous;*
- (ii) if  $a_{-} > 0$ , then  $u_0^-$  is 1-homogeneous.

*Proof.* Estimate [\(57\)](#page-37-0) follows directly from the first variation formula [\(48\)](#page-31-4), just as in [\[27,](#page-43-4) Lemma 5.37]. Now, this implies that the function  $r \mapsto W(u_{r,x_0}) + Cr$  is nondecreasing and so the limit

$$
\Theta = \lim_{r \to 0} W(u_{x_0,r})
$$

exists. If  $u_0$  is a blow-up limit of u at  $x_0$ ,  $u_0$  is the locally uniform limit

$$
u_0 = \lim_{n \to \infty} u_{r_n, x_0} \quad \text{for some sequence } r_n \to 0;
$$

then, setting  $(u_0)_\rho(x) := \frac{1}{\rho} u(\rho x)$ , we have

$$
W((u_0)_{\rho}) = \lim_{n \to \infty} W(u_{x_0, \rho r_n}) = \Theta \quad \text{for every } \rho > 0.
$$

On the other hand, we know that  $u_0$  satisfies the optimality condition [\(55\)](#page-36-1). Thus, using the computations from  $[27,$  Lemma 5.37] again, we get

$$
\frac{\partial}{\partial r}W((u_0)_r) \ge \frac{2}{r} \bigg[ a^+ \int_{\partial B_1} |x \cdot \nabla(u_0)_r^+ - (u_0)_r^+|^2 d\mathcal{H}^{d-1} \n+ a^- \int_{\partial B_1} |x \cdot \nabla(u_0)_r^- - (u_0)_r^-|^2 d\mathcal{H}^{d-1} \bigg].
$$
\n(58)

<span id="page-37-1"></span>On the other hand, we know that  $W((u_0)_r)$  is constant:  $W((u_0)_r) = \Theta$  for every  $r > 0$ . Thus the right-hand side of [\(58\)](#page-37-1) is zero. This gives claims (i) and (ii).

### 7.3. Proof of Theorem [7.2](#page-33-0)

We are now in position to prove Theorem [7.2,](#page-33-0) which will imply Corollary [7.3](#page-33-1) and conclude the proof of Theorem [1.4](#page-9-0) (and also of Theorem [1.1\)](#page-1-0). We proceed in several steps.

Step 1. *The nondegeneracy of coefficients* [\(50\)](#page-33-2) *implies the classification of the blow-up limits* [\(51\)](#page-33-3) *and* [\(52\)](#page-33-4). Indeed, if  $a_+ > 0$  and  $a_- > 0$ , then by Lemma [7.6](#page-37-2) any blow-up limit  $u_0$  of u at a two-phase point  $x_0$  is 1-homogeneous. Moreover, since  $u_0$  is harmonic on  $\Omega_0^+$  $\chi_0^+ := \{u_0 > 0\}$  and  $\Omega_0^- := \{u_0 < 0\}$ , we have that it can be written in polar coordinates as

$$
u_0(r,\theta)=r\phi(\theta),
$$

where the positive and the negative parts of  $\phi: \mathbb{S}^{d-1} \to \mathbb{R}$  are nonzero (due to the nondegeneracy of  $u_0^+$  $\frac{1}{0}$  and  $u_0^-$ ) and are eigenfunctions on their supports, that is,

$$
-\Delta_{\mathbb{S}^{d-1}}\phi_{\pm} = (d-1)\phi_{\pm} \quad \text{on } \partial B_1 \cap \Omega_0^{\pm}.
$$

We now choose  $\alpha$  and  $\beta$  such that

$$
\int_{\mathbb{S}^{d-1}} (\alpha^2 \phi_+^2 + \beta^2 \phi_-^2) d\theta = 1 \text{ and } \int_{\mathbb{S}^{d-1}} (\alpha \phi_+ + \beta \phi_-) d\theta = 0.
$$

Moreover, integrating by parts on the sphere, we have

$$
\int_{\mathbb{S}^{d-1}} |\nabla(\alpha \phi_+ + \beta \phi_-)|^2 d\theta = d-1.
$$

Now, by the variational formula for the eigenfunctions of the spherical Laplacian,

$$
d-1 = \min\left\{\int_{\mathbb{S}^{d-1}} |\nabla \psi|^2 d\theta : \psi \in H^1(\mathbb{S}^{d-1}), \int_{\mathbb{S}^{d-1}} \psi d\theta = 0, \int_{\mathbb{S}^{d-1}} \psi^2 d\theta = 1\right\},\
$$

we get that the function

$$
\alpha \phi_+ + \beta \phi_-; \mathbb{S}^{d-1} \to \mathbb{R}
$$

is an eigenfunction of the Laplace–Beltrami operator corresponding to the eigenvalue  $d-1$ . Thus,  $u_0^+$  $\frac{1}{0}$  and  $u_0^-$  are linear functions, which gives [\(51\)](#page-33-3), that is, there are a unit vector  $v \in \partial B_1$  and constants  $\beta_+ > 0$  and  $\beta_- > 0$  (notice that these constants are not a priori related to the auxiliary constants  $\alpha$  and  $\beta$  above) such that

$$
u_0(x) := \beta_+(x \cdot \nu)_+ - \beta_-(x \cdot \nu)_-.
$$

Now, in order to prove that  $\beta_+$  and  $\beta_-$  satisfy [\(52\)](#page-33-4), we use the stationarity of  $u_0$ . Indeed, integrating [\(55\)](#page-36-1) by parts we get that for every smooth vector field  $\xi \in C_c^{\infty}(\mathbb{R}^d; \mathbb{R}^d)$ , we have

$$
\int_{H_{\nu}} (a_{+}|\nabla u_{0}^{+}|^{2} - a_{-}|\nabla u_{0}^{-}|^{2})\xi \cdot v \, d\,\mathcal{H}^{d-1} = 0,
$$

where  $H_{\nu}$  is the hyperplane  $\{x \in \mathbb{R}^d : x \cdot \nu = 0\}$ . Since the vector field  $\xi$  is arbitrary, we get

$$
a_{+}\beta_{+}^{2} - a_{-}\beta_{-}^{2} = 0.
$$

**Step 2.** *Strict positivity of the coefficients*  $a_+$  *and*  $a_-$ *.* Since  $a_+ \geq 0$ ,  $a_- \geq 0$  and  $a_+$  +  $a = 1$ , we only need to exclude the case when one of the coefficients is zero and the other one is 1. We argue by contradiction and we suppose that  $a^- = 0$  and  $a^+ = 1$ . We consider two cases.

**Step 2:** *Case* 1. *There are no two-phase points in D*. In this case, we have that  $\Omega_u^-$  and  $\Omega_u^+$  lie at a positive distance in D. Now, if  $a_-=0$ , we have

$$
\int_{\Omega_u^-} \operatorname{div} \xi \, dx = 0 \quad \text{for every } \xi \in C_c^\infty(D \setminus \overline{\Omega}_u^+; \mathbb{R}^d).
$$

Choosing vector fields of the form  $(x - x_0)\phi_{\varepsilon,r}(x - x_0)$ , where the family of functions  $\phi_{\varepsilon,r} \in C_c^\infty(B_r)$  is such that

$$
\phi = 1 \text{ in } B_{(1-\varepsilon)r}, \quad \phi_{\varepsilon,r}(x) = \frac{r - |x|}{\varepsilon r} \text{ in } B_r \setminus B_{(1-\varepsilon)r},
$$

and passing to the limit as  $\varepsilon \to 0$ , we get (for almost-every  $r > 0$ )

$$
|B_r(x_0) \cap \Omega_u^-| = \frac{r}{d} \mathcal{H}^{d-1}(\partial B_r(x_0) \cap \Omega_u^-).
$$

Thus, the function

$$
r\mapsto \frac{|B_r(x_0)\cap \Omega_u^-|}{|B_r|}
$$

is constant for every  $x_0 \in D \setminus \overline{\Omega}_u^+$ , which is impossible in the neighborhood of any onephase point  $x_0 \in \partial \Omega_u^- \cap D$ .

**Step 2:** *Case* 2. *There is at least one two-phase point*  $x_0 \in \partial \Omega_u^+ \cap \partial \Omega_u^- \cap D$ . Let  $r > 0$ be small enough such that  $B_r(x_0) \subset D$  and let  $y_0$  be any point such that

$$
y_0 \in B_{r/2}(x_0) \quad \text{and} \quad y_0 \in \Omega_u^-.
$$

Let  $z_0$  be the projection of  $y_0$  at  $\partial \Omega_u^+$ . Notice that by construction, we have that  $z_0 \in D$ . Now let  $u_0$  be a blow-up limit of u at  $z_0$ . Since  $B_{r/2}(y_0) \cap \Omega_u^+ = \emptyset$ , we know that  $u_0^+$ 0 vanishes in the half-space

$$
H_{\nu}^{+} = \{x \in \mathbb{R}^{d} : x \cdot \nu > 0\}, \quad \text{where } \nu = \frac{z_0 - y_0}{|z_0 - y_0|}.
$$

On the other hand,  $u_0^+$  $\frac{1}{0}$  is harmonic in  $\{u_0 > 0\}$  and, by Lemma [7.6,](#page-37-2) 1-homogeneous. But then  $u_0^+$  $_{0}^{+}$  should be a linear function:

$$
u_0^+(x) = c(x \cdot v)_+ \quad \text{for every } x \in \mathbb{R}^d,
$$

for some positive constant c. Conversely, for the negative part  $u_0^{\dagger}$ , we know that  $\Omega_u^{\dagger}$  lies in the opposite half-space

$$
H_{\nu}^- = \{ x \in \mathbb{R}^d : x \cdot \nu < 0 \},
$$

and that

$$
\int_{\Omega_u^-} \operatorname{div} \xi \, dx = 0 \quad \text{for every } \xi \in C_c^\infty(H_v^-; \mathbb{R}^d).
$$

Now, reasoning as in Step 2: Case 1 and knowing that  $u_0^-$  is not identically zero in  $B_1$  (due to the nondegeneracy of  $u_{-}$ ), we get that  $\Omega_{u}^{-} = H_{v}^{-}$ . But now the optimality condition [\(55\)](#page-36-1) gives

$$
0 = \int_{\partial H_{\nu}^+} a_{+} |\nabla u_{0}^+|^2 (\xi \cdot \nu) d\mathcal{H}^{d-1} = c^2 \int_{\partial H_{\nu}^+} \xi \cdot \nu d\mathcal{H}^{d-1}
$$

for every smooth vector field  $\xi \in C_c^{\infty}(\mathbb{R}^d; \mathbb{R}^d)$ , which is a contradiction. This concludes the proof of Step 2.

**Step 3.** *Local inwards minimality of*  $u_+$ . We suppose that at least one of the one-phase free boundaries  $\partial\Omega_u^+\setminus\partial\Omega_u^-$  and  $\partial\Omega_u^-\setminus\partial\Omega_u^+$  is nonempty in D. Without loss of generality, there exists some point

$$
y_0 \in D \cap \partial \Omega_u^+ \setminus \partial \Omega_u^-.
$$

Then there is some  $r > 0$  such that  $B_r(y_0) \cap \Omega_u^- = \emptyset$  and we can assume that  $\partial \Omega_u^+$  is smooth in  $B_r(y_0)$ . Now let  $\xi$  be a smooth vector field in  $B_r(y_0)$  and let

$$
u_t(x) = u(\Psi_t(x)) \quad \text{where } \Phi_t = (\text{Id} + t\xi)^{-1}.
$$

. We can choose  $\xi$  in such a way that

$$
|\{u_t > 0\} \cap B_r(y_0)| - |\{u > 0\} \cap B_r(y_0)| = t + o(t)
$$

and

$$
\int_{B_r(y_0)} |\nabla u_t|^2 \, dx - \int_{B_r(y_0)} |\nabla u|^2 \, dx = -\frac{1}{a_+}t + o(t).
$$

Now, suppose that  $\rho$  is small enough and that  $v \in H^1(B_\rho)$  is such that

$$
u = v
$$
 on  $\partial B_{\rho}$ ,  $v \leq u$  in  $B_{\rho}$ ,

and consider the test function

$$
\tilde{v} = v
$$
 in  $B_\rho$ ,  $\tilde{v} = u$  in  $D \setminus (B_\rho \cup B_r(y_0))$ ,  $\tilde{v} = u_t$  in  $B_r(y_0)$ ,

where  $t$  is such that

$$
|\{u_t > 0\} \cap B_r(y_0)| + |\{v > 0\} \cap B_\rho| = |\{u > 0\} \cap B_\rho| + |\{u > 0\} \cap B_r(y_0)|,
$$

and in particular,  $t = O(\rho^d)$ . Thus, the minimality of u implies

$$
\frac{\lambda_1(\Omega_u^+) - \int_{B_\rho} (|\nabla u|^2 - |\nabla v|^2) - \int_{B_r(y_0)} (|\nabla u|^2 - |\nabla u_t|^2)}{-\int_{B_\rho} (u^2 - v^2) - \int_{B_r(y_0)} (u^2 - u_t^2)} \geq \lambda_1(\Omega_u^+),
$$

and so

$$
\int_{B_{\rho}} |\nabla v|^2 dx \ge \int_{B_{\rho}} |\nabla u|^2 dx + \int_{B_{r}(y_0)} (|\nabla u|^2 - |\nabla u_t|^2) dx + o(\rho^d)
$$
  
\n
$$
\ge \int_{B_{\rho}} |\nabla u|^2 dx + \frac{1}{a_+} (|\{u > 0\} \cap B_{\rho}| - |\{v > 0\} \cap B_{\rho}|) + o(t) + o(\rho^d)
$$
  
\n
$$
= \int_{B_{\rho}} |\nabla u|^2 dx + \frac{1}{a_+} (|\{u > 0\} \cap B_{\rho}| - |\{v > 0\} \cap B_{\rho}|) + o(\rho^d).
$$

Thus, the rescaling  $u_{\rho}(x) = \frac{1}{\rho}u(\rho x)$  satisfies

$$
\int_{B_1} |\nabla v|^2 dx \ge \int_{B_1} |\nabla u_\rho|^2 dx + \frac{1}{a_+} (|\{u_\rho > 0\} \cap B_1| - |\{v > 0\} \cap B_1|) + o(1) \tag{59}
$$

for all test functions  $v$  such that

<span id="page-41-0"></span>
$$
v = u_{\rho}^+ \text{ on } \partial B_1, \quad v \leq u_{\rho}^+ \text{ in } B_1.
$$

**Step 4.** Local inwards minimality of  $u_0^+$  $\frac{+}{0}$ . Let  $v: B_1 \to \mathbb{R}$  be such that

$$
v = u_0^+ \text{ on } \partial B_1, \quad v \le u_0^+ \text{ in } B_1.
$$

Fix  $\varepsilon > 0$  and consider the function

$$
v_{\varepsilon}: B_1 \to \mathbb{R}, \quad v_{\varepsilon}(x) = v(x) + \varepsilon(|x| - (1 - \varepsilon))_{+}.
$$

Thus, if  $u_n := u_{r_n}$  is a blow-up sequence that converges uniformly to  $u_0^+$ Thus, if  $u_n := u_{r_n}$  is a blow-up sequence that converges uniformly to  $u_0^+$ , then  $v_{\varepsilon} \ge u_n^+$  on  $\partial B_1$ , for every *n*. Thus, we can use  $v_{\varepsilon} \wedge u_n^+$  to test the minimality of  $u_n^+$  in [\(59\)](#page-41-0), thus obtaining

$$
\int_{B_1} |\nabla (v_{\varepsilon} \wedge u_n^+)|^2 dx \ge \int_{B_1} |\nabla u_n^+|^2 dx + \frac{1}{a_+} (|\{u_n^+ > 0\} \cap B_1| - |\{v_{\varepsilon} \wedge u_n^+ > 0\} \cap B_1|) + o(1).
$$
\n
$$
(60)
$$

Now, using Lemma [7.4](#page-34-2) and passing to the limit as  $n \to \infty$  gives

$$
\int_{B_1} |\nabla(v_{\varepsilon} \wedge u_0^+)|^2 dx \ge \int_{B_1} |\nabla u_0^+|^2 dx + \frac{1}{a_+} (|\{u_0 > 0\} \cap B_1| - |\{v_{\varepsilon} \wedge u_0^+ > 0\} \cap B_1|)
$$
  
\n
$$
\ge \int_{B_1} |\nabla u_0^+|^2 dx + \frac{1}{a_+} (|\{u_0 > 0\} \cap B_1| - |\{v > 0\} \cap B_1|)
$$
  
\n
$$
- \frac{1}{a_+} |B_1 \setminus B_{1-\varepsilon}|,
$$

which, since  $\varepsilon$  was arbitrary, gives

$$
\int_{B_1} |\nabla v|^2 dx + \frac{1}{a_+} |\{v > 0\} \cap B_1| \ge \int_{B_1} |\nabla u_0^+|^2 dx + \frac{1}{a_+} |\{u_0^+ > 0\} \cap B_1|,
$$

and concludes the proof of Step 4.

**Step 5.** *Nondegeneracy of*  $\beta_+$  *and*  $\beta_-$ . Now let  $x_0$  be a two-phase point in D and  $u_0$  be a blow-up limit of u at  $x_0$ . We know that  $u_0$  is of the form [\(51\)](#page-33-3), where  $\beta_+$  and  $\beta_-$  are such that  $a_+\beta_+^2 = a_-\beta_-^2$ . Let  $\xi$  be any smooth vector field entering the half-space  $H_v^+$ . Then, the inwards minimizing property of  $u_0^+$  $\overline{0}$  implies that

$$
\int_{\partial H_{\nu}^+} (a_{+} \beta_{+}^2 - 1) |\xi \cdot v| \, d\mathcal{H}^{d-1} \ge 0.
$$

Thus,  $a_+\beta_+^2 \ge 1$  and, as a consequence,  $a_-\beta_-^2 \ge 1$ . This concludes the proof of Theorem [7.2.](#page-33-0)

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