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# A note on Ricci flow and optimal transportation

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**Abstract.** We describe a new link between Perelman's monotonicity formula for the reduced volume and ideas from optimal transport theory.

## 1. Introduction

In this note, we describe an interpolation inequality in the setting of Ricci flow and  $\mathcal{L}$ -distance. This inequality is motivated by the following classical inequality due to Prékopa and Leindler:

**Theorem 1** (Prékopa [9]; Leindler [5]). Fix a real number  $0 < \lambda < 1$ . Moreover, let  $u_1, u_2, v : \mathbb{R}^n \to \mathbb{R}$  be nonnegative measurable functions satisfying

$$v((1-\lambda)x + \lambda y) \ge u_1(x)^{1-\lambda}u_2(y)^{\lambda}$$

for all points  $x, y \in \mathbb{R}^n$ . Then

$$\int_{\mathbb{R}^n} v \geq \left( \int_{\mathbb{R}^n} u_1 \right)^{1-\lambda} \left( \int_{\mathbb{R}^n} u_2 \right)^{\lambda}.$$

Cordero-Erausquin, McCann, and Schmuckenschläger [2], [3] have generalized this inequality to Riemannian manifolds. The proof employs techniques from optimal transport theory.

Our goal in this paper is to replace the Riemannian distance by Perelman's  $\mathcal{L}$ -distance (cf. [8]). The theory of  $\mathcal{L}$ -optimal transport was developed in recent work of Topping [11] (see also [6], [7]). Among other things, Topping proved an important monotonicity formula for the  $\mathcal{L}$ -Wasserstein distance on the space of probability measures. Lott [6] established a convexity property for the entropy along  $\mathcal{L}$ -Wasserstein geodesics.

To fix notation, let *M* be a compact manifold of dimension *n*, and let  $g(t), t \in [0, T]$ , be a one-parameter family of metrics on *M*. We assume that the metrics g(t) evolve by backward Ricci flow, i.e.

$$\frac{\partial}{\partial t}g(t) = 2\operatorname{Ric}_{g(t)}.$$

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This evolution equation was introduced in a seminal paper by R. Hamilton [4]. For an introduction to Ricci flow, see e.g. [1] or [10]. Following Perelman [8], we define the  $\mathcal{L}$ -length of a path  $\gamma : [\tau_1, \tau_2] \to M$  by

$$\mathcal{L}(\gamma) = \int_{\tau_1}^{\tau_2} \sqrt{t} (R_{g(t)}(\gamma(t)) + |\gamma'(t)|_{g(t)}^2) dt$$

where  $R_{g(t)}$  denotes the scalar curvature of the metric g(t). Moreover, the  $\mathcal{L}$ -distance is defined by

$$Q(x, \tau_1; y, \tau_2) = \inf\{\mathcal{L}(\gamma) : \gamma : [\tau_1, \tau_2] \to M, \ \gamma(\tau_1) = x, \ \gamma(\tau_2) = y\}.$$

A path  $\gamma : [\tau_1, \tau_2] \to M$  is called an  $\mathcal{L}$ -geodesic if the first variation of  $\mathcal{L}$  is zero. For each tangent vector  $Z \in T_x M$ , we define

$$\mathcal{L}_{\tau_1,\tau_2} \exp_x(Z) = \gamma(\tau_2),$$

where  $\gamma : [\tau_1, \tau_2] \to M$  is the unique  $\mathcal{L}$ -geodesic satisfying  $\gamma(\tau_1) = x$  and  $\sqrt{\tau_1}\gamma'(\tau_1) = Z$ . The map  $\mathcal{L}_{\tau_1,\tau_2} \exp_x : T_x M \to M$  is called the  $\mathcal{L}$ -exponential map.

The following is the main result of this note:

**Theorem 2.** Fix real numbers  $\tau_1$ ,  $\tau_2$ ,  $\tau$  such that  $0 < \tau_1 < \tau < \tau_2 < T$ . For abbreviation, we write

$$\frac{1}{\sqrt{\tau}} = \frac{1-\lambda}{\sqrt{\tau_1}} + \frac{\lambda}{\sqrt{\tau_2}},$$

where  $0 < \lambda < 1$ . Let  $u_1, u_2, v : M \to \mathbb{R}$  be nonnegative measurable functions such that

$$\left(\frac{\tau}{\tau_1^{1-\lambda}\tau_2^{\lambda}}\right)^{n/2} v(\gamma(\tau)) \ge \exp\left(-\frac{1-\lambda}{2\sqrt{\tau_1}}Q(\gamma(\tau_1),\tau_1;\gamma(\tau),\tau)\right) u_1(\gamma(\tau_1))^{1-\lambda} \\ \cdot \exp\left(\frac{\lambda}{2\sqrt{\tau_2}}Q(\gamma(\tau),\tau;\gamma(\tau_2),\tau_2)\right) u_2(\gamma(\tau_2))^{\lambda}$$

for every minimizing  $\mathcal{L}$ -geodesic  $\gamma : [\tau_1, \tau_2] \rightarrow M$ . Then

$$\int_{M} v \, d\operatorname{vol}_{g(\tau)} \ge \left(\int_{M} u_1 \, d\operatorname{vol}_{g(\tau_1)}\right)^{1-\lambda} \left(\int_{M} u_2 \, d\operatorname{vol}_{g(\tau_2)}\right)^{\lambda}.$$

By sending  $\tau_1 \rightarrow 0$ , we recover the monotonicity of Perelman's reduced volume. This is discussed in Section 3.

## 2. Proof of Theorem 2

In order to prove Theorem 2, we make extensive use of Topping's notion of  $\mathcal{L}$ -optimal transportation (cf. [11]; see also [6]). Without loss of generality, we may assume that

$$\int_{M} u_1(x) \, d\text{vol}_{g(\tau_1)} = \int_{M} u_2(x) \, d\text{vol}_{g(\tau_2)} = 1.$$

We define Borel probability measures  $v_1$  and  $v_2$  by

$$dv_1 = u_1 d\operatorname{vol}_{g(\tau_1)}$$
 and  $dv_2 = u_2 d\operatorname{vol}_{g(\tau_2)}$ .

Topping introduced a notion of reflexive function (see [11, Definition 2.1] for a precise definition). This notion is analogous to the concept of *c*-concavity in the classical theory of optimal transportation. Topping then proved the following existence theorem (cf. [11, Section 2]; see also [12, Theorem 10.28]):

**Proposition 3** (P. Topping [11]). We can find a reflexive function  $\varphi : M \to \mathbb{R}$ , a Borel set  $K \subset M$ , and a Borel map  $F : M \to M$  with the following properties:

- (i)  $v_2 = F_{\#}v_1$ .
- (ii) The set  $M \setminus K$  has measure zero.
- (iii) The function  $\varphi$  is differentiable at each point  $x \in K$ .
- (iv) If  $x \in K$  and y = F(x), then the function  $Q(\cdot, \tau_1; y, \tau_2) \varphi$  attains its global minimum at the point x. In particular, the function  $Q(\cdot, \tau_1; y, \tau_2) \varphi$  is differentiable at x, and its gradient is equal to zero.

For each  $t \in [\tau_1, \tau_2]$ , we define a Borel map  $F_t : M \to M$  by

$$F_t(x) = \mathcal{L}_{\tau_1, t} \exp_x \left( -\frac{1}{2} \nabla \varphi(x) \right)$$

for  $x \in K$ . The following result is a consequence of property (iv) in Proposition 3 (cf. [11, Lemma 2.4]).

**Proposition 4.** We have  $F_{\tau_1}(x) = x$  and  $F_{\tau_2}(x) = F(x)$  for all  $x \in K$ . Moreover, for each point  $x \in K$ , the path  $t \mapsto F_t(x)$  has minimal  $\mathcal{L}$ -length among all paths joining  $(x, \tau_1)$  and  $(F(x), \tau_2)$ .

Since  $\varphi$  is reflexive, the function  $\varphi$  is semiconcave (cf. [11, Lemma 2.10]). By Theorem 14.1 in [12], we can find a Borel set  $\tilde{K} \subset K$  with the following properties:

- The set  $M \setminus K$  has measure zero.
- For each point  $x \in K$ , the function  $\varphi$  admits a Taylor expansion of order two around x.

For each point  $x \in \tilde{K}$ , we denote by  $\nabla \varphi(x)$  and  $(\text{Hess } \varphi)_x$  the gradient and Hessian of the function  $\varphi$  with respect to the metric  $g(\tau_1)$ . Theorem 14.1 in [12] guarantees that  $(\text{Hess } \varphi)_x$  is symmetric.

We next describe the volume distortion coefficients associated with the map  $F_t$ . To that end, we fix a point  $x \in \tilde{K}$  and a time  $t \in (\tau_1, \tau_2]$ . The linearization of the  $\mathcal{L}$ -exponential map  $\mathcal{L}_{\tau_1,t} \exp_x$  gives a linear transformation

$$D(\mathcal{L}_{\tau_1,t} \exp_x)_{-\frac{1}{2}\nabla\varphi(x)} : (T_x M, g(\tau_1)) \to (T_{F_t(x)} M, g(t)).$$

Moreover, the Hessian of the function  $Q(\cdot, \tau_1; F_t(x), t) - \varphi$  at the point *x* defines a symmetric linear transformation from the tangent space  $(T_x M, g(\tau_1))$  into itself.

Let us denote by  $\Psi_{x,t}$ :  $(T_xM, g(\tau_1)) \rightarrow (T_{F_t(x)}M, g(t))$  the composition of these two linear transformations; that is,

$$\Psi_{x,t} = \frac{1}{2} D(\mathcal{L}_{\tau_1,t} \exp_x)_{-\frac{1}{2}\nabla\varphi(x)} \circ [\operatorname{Hess}(\mathcal{Q}(\cdot,\tau_1;F_t(x),t)-\varphi)]_x$$

(cf. [11, Lemma 2.13]). We note that  $\Psi_{x,t}$  can be characterized in terms of  $\mathcal{L}$ -Jacobi fields; see [11, Lemma 2.18] for details. Finally, we define the *volume distortion coefficients* by

$$\mathcal{J}(x,t) = \det \Psi_{x,t}$$

for each point  $x \in \tilde{K}$  and each  $t \in (\tau_1, \tau_2]$ .

**Proposition 5.** For each point  $x \in \tilde{K}$ , we have

$$\tau^{-n/2} \exp\left(-\frac{1-\lambda}{2\sqrt{\tau_1}}Q(x,\tau_1;F_{\tau}(x),\tau)\right)\mathcal{J}(x,\tau)$$
  
$$\geq \tau_1^{-n(1-\lambda)/2}\tau_2^{-n\lambda/2}\exp\left(-\frac{\lambda}{2\sqrt{\tau_2}}Q(F_{\tau}(x),\tau;F(x),\tau_2)\right)\mathcal{J}(x,\tau_2)^{\lambda}.$$

*Proof.* Fix a point  $x \in \tilde{K}$ , and let  $\{e_1, \ldots, e_n\}$  be a basis of  $T_x M$  which is orthonormal with respect to the metric  $g(\tau_1)$ . We next consider the path

$$\gamma: [\tau_1, \tau_2] \to M, \quad t \mapsto F_t(x).$$

By Lemma 4, the path  $\gamma$  has minimal  $\mathcal{L}$ -length among all paths joining  $(x, \tau_1)$  to  $(F(x), \tau_2)$ .

Let  $\{E_1(t), \ldots, E_n(t)\}$  be vector fields along  $\gamma$  such that  $E_i(\tau_1) = e_i$  and

$$\langle D_t E_i(t), E_j(t) \rangle_{g(t)} + \operatorname{Ric}_{g(t)}(E_i(t), E_j(t)) = 0$$

for all  $t \in [\tau_1, \tau_2]$ . For each  $t \in [\tau_1, \tau_2]$ , the vectors  $\{E_1(t), \ldots, E_n(t)\}$  are orthonormal with respect to the metric g(t).

Let  $\{Y_1(t), \ldots, Y_n(t)\}$  be  $\mathcal{L}$ -Jacobi fields along  $\gamma$  satisfying the initial conditions

$$Y_j(\tau_1) = e_j$$
 and  $\langle e_i, D_t Y_j(\tau_1) \rangle_{g(\tau_1)} = -\frac{1}{2\sqrt{\tau_1}} (\text{Hess } \varphi)_x(e_i, e_j)$ 

For each  $t \in [\tau_1, \tau_2]$ , we define an  $n \times n$  matrix A(t) by

$$a_{ij}(t) = \langle E_i(t), Y_j(t) \rangle_{g(t)}.$$

It follows from the initial conditions for  $Y_j$  that  $a_{ij}(\tau_1) = \delta_{ij}$  and

$$a_{ij}'(\tau_1) = \operatorname{Ric}_{g(\tau_1)}(e_i, e_j) - \frac{1}{2\sqrt{\tau_1}}(\operatorname{Hess} \varphi)_x(e_i, e_j).$$

In particular, the matrix  $A'(\tau_1)A(\tau_1)^{-1}$  is symmetric. Moreover, it was shown by Topping [11] that

$$A''(t) + \frac{1}{2t}A'(t) = M(t)A(t)$$

for all  $t \in [\tau_1, \tau_2]$ . Here, M(t) is a symmetric  $n \times n$  matrix, whose trace is given by

$$2\operatorname{tr}(M(t)) = \frac{\partial}{\partial t} R_{g(t)}(\gamma(t)) + 2\langle \nabla R_{g(t)}(\gamma(t)), \gamma'(t) \rangle_{g(t)} - 2\operatorname{Ric}_{g(t)}(\gamma'(t), \gamma'(t)) + \frac{1}{t} R_{g(t)}(\gamma(t)).$$
(1)

Arguing as in the proof of Lemma 3.1 in [11], we obtain

$$\begin{split} t^{-3/2} \frac{d}{dt} \bigg[ t^{3/2} \frac{d}{dt} \log \det A(t) \bigg] \\ &= \frac{d^2}{dt^2} \log \det A(t) + \frac{3}{2t} \frac{d}{dt} \log \det A(t) \\ &= \operatorname{tr}(A''(t)A(t)^{-1}) - \operatorname{tr}(A'(t)A(t)^{-1}A'(t)A(t)^{-1}) + \frac{3}{2t} \operatorname{tr}(A'(t)A(t)^{-1}) \\ &= \operatorname{tr}(M(t)) - \operatorname{tr}(A'(t)A(t)^{-1}A'(t)A(t)^{-1}) + \frac{1}{t} \operatorname{tr}(A'(t)A(t)^{-1}) \\ &= \operatorname{tr}(M(t)) - \operatorname{tr}\bigg[ \bigg( A'(t)A(t)^{-1} - \frac{1}{2t}I \bigg)^2 \bigg] + \frac{n}{4t^2}. \end{split}$$

Note that the matrix  $A'(\tau_1)A(\tau_1)^{-1}$  is symmetric. Moreover, the matrix M(t) is symmetric for each  $t \in [\tau_1, \tau_2]$ . Consequently, the matrix  $A'(t)A(t)^{-1}$  is symmetric for all  $t \in [\tau_1, \tau_2]$ . Hence, we obtain

$$t^{-3/2} \frac{d}{dt} \left[ t^{3/2} \frac{d}{dt} \log \det A(t) \right] \le \operatorname{tr}(M(t)) + \frac{n}{4t^2}$$
(2)

for all  $t \in [\tau_1, \tau_2]$ . On the other hand, we have

$$\frac{d}{dt}Q(x,\tau_1;F_t(x),t) = \sqrt{t}(R_{g(t)}(\gamma(t)) + |\gamma'(t)|^2_{g(t)})$$

by definition of the  $\mathcal{L}$ -distance. This implies

$$t^{-3/2} \frac{d}{dt} \left[ t^{3/2} \frac{d}{dt} (t^{-1/2} Q(x, \tau_1; F_t(x), t)) \right]$$
  
=  $t^{-1} \frac{d}{dt} \left[ t^{1/2} \frac{d}{dt} Q(x, \tau_1; F_t(x), t) \right] = t^{-1} \frac{d}{dt} \left[ t(R_{g(t)}(\gamma(t)) + |\gamma'(t)|_{g(t)}^2) \right]$   
=  $\frac{\partial}{\partial t} R_{g(t)}(\gamma(t)) + 2 \langle \nabla R_{g(t)}(\gamma(t)), \gamma'(t) \rangle_{g(t)} - 2 \operatorname{Ric}_{g(t)}(\gamma'(t), \gamma'(t)) + \frac{1}{t} R_{g(t)}(\gamma(t)) \right]$ 

(cf. [8, equation (7.3)]). Using (1), we obtain

$$t^{-3/2} \frac{d}{dt} \left[ t^{3/2} \frac{d}{dt} (t^{-1/2} Q(x, \tau_1; F_t(x), t)) \right] = 2 \operatorname{tr}(M(t)).$$
(3)

Putting these facts together, we conclude that

$$t^{-3/2} \frac{d}{dt} \left[ t^{3/2} \frac{d}{dt} \left( \frac{n}{2} \log t + \frac{1}{2} t^{-1/2} Q(x, \tau_1; F_t(x), t) - \log \det A(t) \right) \right] \ge 0.$$

Hence, if we write

$$\frac{n}{2}\log t + \frac{1}{2}t^{-1/2}Q(x,\tau_1;F_t(x),t) - \log \det A(t) = h(t^{-1/2}),$$

then the function h is convex. Using the relation  $\tau^{-1/2} = (1 - \lambda)\tau_1^{-1/2} + \lambda \tau_2^{-1/2}$ , we obtain

$$h(\tau^{-1/2}) \le (1-\lambda)h(\tau_1^{-1/2}) + \lambda h(\tau_2^{-1/2}),$$

hence

$$\tau^{-n/2} \exp\left(-\frac{1}{2\sqrt{\tau}} Q(x,\tau_1;F_{\tau}(x),\tau)\right) \det A(\tau)$$
  

$$\geq \tau_1^{-n(1-\lambda)/2} \tau_2^{-n\lambda/2} \exp\left(-\frac{\lambda}{2\sqrt{\tau_2}} Q(x,\tau_1;F(x),\tau_2)\right) (\det A(\tau_2))^{\lambda}.$$

Moreover, we have

$$Q(x, \tau_1; F(x), \tau_2) = Q(x, \tau_1; F_{\tau}(x), \tau) + Q(F_{\tau}(x), \tau; F(x), \tau_2)$$

since  $\gamma$  is a minimizing  $\mathcal{L}$ -geodesic. Hence, we obtain

$$\tau^{-n/2} \exp\left(-\frac{1-\lambda}{2\sqrt{\tau_1}}Q(x,\tau_1;F_{\tau}(x),\tau)\right) \det A(\tau)$$
  

$$\geq \tau_1^{-n(1-\lambda)/2} \tau_2^{-n\lambda/2} \exp\left(-\frac{\lambda}{2\sqrt{\tau_2}}Q(F_{\tau}(x),\tau;F(x),\tau_2)\right) (\det A(\tau_2))^{\lambda}.$$

On the other hand, it follows from Lemma 2.18 in [11] that  $\Psi_{x,t}(e_j) = Y_j(t)$  for all  $t \in (\tau_1, \tau_2]$ . From this, we deduce that  $\langle E_i(t), \Psi_{x,t}(e_j) \rangle_{g(t)} = a_{ij}(t)$ , hence  $\mathcal{J}(x, t) =$ 

det A(t) for all  $t \in (\tau_1, \tau_2]$ . Putting these facts together, the assertion follows. This completes the proof of Proposition 5.

We next consider the interpolant measure  $v = (F_{\tau})_{\#}v_1$ . It follows from work of Topping that v is absolutely continuous with respect to the volume measure (cf. [11, Lemma 2.17]). Hence, we may write  $dv = u dvol_{g(\tau)}$  for some Borel measurable function u. Using Proposition 5, we obtain a lower bound for the density u.

**Proposition 6.** There exists a Borel set  $\hat{K} \subset \tilde{K}$  such that  $M \setminus \hat{K}$  has measure zero and

$$\left(\frac{\tau}{\tau_1^{1-\lambda}\tau_2^{\lambda}}\right)^{n/2} u(F_{\tau}(x)) \le \exp\left(-\frac{1-\lambda}{2\sqrt{\tau_1}}Q(x,\tau_1;F_{\tau}(x),\tau)\right) u_1(x)^{1-\lambda} \cdot \exp\left(\frac{\lambda}{2\sqrt{\tau_2}}Q(F_{\tau}(x),\tau;F(x),\tau_2)\right) u_2(F(x))^{\lambda}$$

for all  $x \in \hat{K}$ .

Proof. It follows from Theorem 2.14 in [11] that

$$u_1(x) = u_2(F(x))\mathcal{J}(x, \tau_2) > 0$$

for almost all  $x \in \tilde{K}$ . Applying the analogous reasoning to the interpolant measure v yields

$$u_1(x) = u(F_{\tau}(x))\mathcal{J}(x,\tau) > 0$$

for almost all  $x \in \tilde{K}$ . Using Proposition 5, we obtain

$$\begin{aligned} \tau^{-n/2} \exp\left(-\frac{1-\lambda}{2\sqrt{\tau_1}}\mathcal{Q}(x,\tau_1;F_{\tau}(x),\tau)\right) \frac{u_1(x)}{u(F_{\tau}(x))} \\ &\geq \tau_1^{-n(1-\lambda)/2} \tau_2^{-n\lambda/2} \exp\left(-\frac{\lambda}{2\sqrt{\tau_2}}\mathcal{Q}(F_{\tau}(x),\tau;F(x),\tau_2)\right) \left(\frac{u_1(x)}{u_2(F(x))}\right)^{\lambda} \end{aligned}$$

for almost all  $x \in \tilde{K}$ . Rearranging terms, the assertion follows.

Corollary 7. We have

$$\int_M v \, d\mathrm{vol}_{g(\tau)} \ge 1.$$

*Proof.* Fix a point  $x \in \hat{K}$ . By Lemma 4, the path  $t \mapsto F_t(x)$  is a minimizing  $\mathcal{L}$ -geodesic. Therefore, we have

$$\left(\frac{\tau}{\tau_1^{1-\lambda}\tau_2^{\lambda}}\right)^{n/2} v(F_{\tau}(x)) \ge \exp\left(-\frac{1-\lambda}{2\sqrt{\tau_1}}Q(x,\tau_1;F_{\tau}(x),\tau)\right) u_1(x)^{1-\lambda} \cdot \exp\left(\frac{\lambda}{2\sqrt{\tau_2}}Q(F_{\tau}(x),\tau;F(x),\tau_2)\right) u_2(F(x))^{\lambda}$$

Using Proposition 6, we conclude that

$$v(F_{\tau}(x)) \ge u(F_{\tau}(x))$$

for all  $x \in \hat{K}$ . This implies

$$\int_{M} v \, d\operatorname{vol}_{g(\tau)} \ge \int_{F_{\tau}(\hat{K})} v \, d\operatorname{vol}_{g(\tau)} \ge \int_{F_{\tau}(\hat{K})} u \, d\operatorname{vol}_{g(\tau)} = v(F_{\tau}(\hat{K})).$$

Moreover, we have

$$\nu(F_{\tau}(\hat{K})) = \nu_1[F_{\tau}^{-1}(F_{\tau}(\hat{K}))] \ge \nu_1(\hat{K}) = 1$$

by definition of  $\nu$ . Putting these facts together, the assertion follows.

#### 3. Relation to Perelman's reduced volume

In this final section, we discuss how Theorem 2 is related to the monotonicity of Perelman's reduced volume. The strategy is to fix  $\tau$  and  $\tau_2$ , and pass to the limit as  $\tau_1 \rightarrow 0$ .

Let us fix a point  $p \in M$  and real numbers  $0 < \tau < \tau_2 < T$ . We define a function v by

$$v = \tau^{-n/2} \exp\left(-\frac{1}{2\sqrt{\tau}}Q(p,0;\cdot,\tau)\right).$$

For  $\tau_1 > 0$  sufficiently small, we denote by  $B(p, \sqrt{\tau_1})$  the geodesic ball of radius  $\sqrt{\tau_1}$ in the metric g(0). We can find a positive constant N such that  $Q(p, 0; x, \tau_1) \le N\sqrt{\tau_1}$ and  $Q(x, \tau_1; p, 2\tau_1) \le N\sqrt{\tau_1}$  for all points  $x \in B(p, \sqrt{\tau_1})$ . Note that the constant N is independent of  $\tau_1$ .

As above, we write

$$\frac{1}{\sqrt{\tau}} = \frac{1-\lambda}{\sqrt{\tau_1}} + \frac{\lambda}{\sqrt{\tau_2}},$$

where  $0 < \lambda < 1$ . We now specify the functions  $u_1$  and  $u_2$ . We define

$$u_1 = \tau_1^{-n/2} \exp\left(-\frac{N\sqrt{\tau_1}}{2(1-\lambda)} \left(\frac{1}{\sqrt{\tau}} + \frac{\lambda}{\sqrt{\tau_2}}\right)\right) \mathbb{1}_{B(p,\sqrt{\tau_1})}$$
$$u_2 = \tau_2^{-n/2} \exp\left(-\frac{1}{2\sqrt{\tau_2}} \mathcal{Q}(p, 2\tau_1; \cdot, \tau_2)\right).$$

In the next step, we verify that  $u_1, u_2, v$  satisfy the assumptions of Theorem 2.

## **Proposition 8.** We have

$$\left(\frac{\tau}{\tau_1^{1-\lambda}\tau_2^{\lambda}}\right)^{n/2} v(\gamma(\tau)) \ge \exp\left(-\frac{1-\lambda}{2\sqrt{\tau_1}}Q(\gamma(\tau_1),\tau_1;\gamma(\tau),\tau)\right) u_1(\gamma(\tau_1))^{1-\lambda} \cdot \exp\left(\frac{\lambda}{2\sqrt{\tau_2}}Q(\gamma(\tau),\tau;\gamma(\tau_2),\tau_2)\right) u_2(\gamma(\tau_2))^{\lambda}$$

for every minimizing  $\mathcal{L}$ -geodesic  $\gamma : [\tau_1, \tau_2] \to M$ .

*Proof.* If  $\gamma(0) \notin B(p, \sqrt{\tau_1})$ , then  $u_1(\gamma(0)) = 0$  and the assertion is trivial. Hence, it suffices to consider the case  $\gamma(0) \in B(p, \sqrt{\tau_1})$ . In this case, we have

$$Q(p, 0; \gamma(\tau), \tau) \le Q(\gamma(\tau_1), \tau_1; \gamma(\tau), \tau) + Q(p, 0; \gamma(\tau_1), \tau_1)$$
$$\le Q(\gamma(\tau_1), \tau_1; \gamma(\tau), \tau) + N\sqrt{\tau_1}$$

and

$$Q(p, 2\tau_1; \gamma(\tau_2), \tau_2) \ge Q(\gamma(\tau_1), \tau_1; \gamma(\tau_2), \tau_2) - Q(\gamma(\tau_1), \tau_1; p, 2\tau_1)$$
  
$$\ge Q(\gamma(\tau_1), \tau_1; \gamma(\tau_2), \tau_2) - N\sqrt{\tau_1}.$$

This implies

$$v(\gamma(\tau),\tau) \ge \tau^{-n/2} \exp\left(-\frac{N\sqrt{\tau_1}}{2\sqrt{\tau}}\right) \exp\left(-\frac{1}{2\sqrt{\tau}}Q(\gamma(\tau_1),\tau_1;\gamma(\tau),\tau)\right)$$

and

$$u_2(\gamma(\tau_2)) \leq \tau_2^{-n/2} \exp\left(\frac{N\sqrt{\tau_1}}{2\sqrt{\tau_2}}\right) \exp\left(-\frac{1}{2\sqrt{\tau_2}}Q(\gamma(\tau_1),\tau_1;\gamma(\tau_2),\tau_2)\right).$$

Moreover, we have

$$Q(\gamma(\tau_1), \tau_1; \gamma(\tau_2), \tau_2) = Q(\gamma(\tau_1), \tau_1; \gamma(\tau), \tau) + Q(\gamma(\tau), \tau; \gamma(\tau_2), \tau_2)$$

since  $\gamma$  has minimal  $\mathcal{L}$ -length. Putting these facts together, we obtain

$$v(\gamma(\tau)) \ge \left(\frac{\tau_2^{\lambda}}{\tau}\right)^{n/2} \exp\left(-\frac{N\sqrt{\tau_1}}{2}\left(\frac{1}{\sqrt{\tau}} + \frac{\lambda}{\sqrt{\tau_2}}\right)\right)$$
$$\cdot \exp\left(-\frac{1-\lambda}{2\sqrt{\tau_1}}Q(\gamma(\tau_1), \tau_1; \gamma(\tau), \tau)\right)$$
$$\cdot \exp\left(\frac{\lambda}{2\sqrt{\tau_2}}Q(\gamma(\tau), \tau; \gamma(\tau_2), \tau_2)\right)u_2(\gamma(\tau_2))^{\lambda}.$$

From this, the assertion follows.

Let  $\tilde{V}(\tau)$  denote the reduced volume at time  $\tau$ . Using Theorem 2, we obtain

$$\tilde{V}(\tau) = \int_{M} v \, d\operatorname{vol}_{g(\tau)} \ge \left( \int_{M} u_1 \, d\operatorname{vol}_{g(\tau_1)} \right)^{1-\lambda} \left( \int_{M} u_2 \, d\operatorname{vol}_{g(\tau_2)} \right)^{\lambda}.$$

We now fix  $\tau$  and  $\tau_2$ , and pass to the limit as  $\tau_1 \rightarrow 0$ . Clearly,

$$1 - \lambda = \sqrt{\tau_1} \left( \frac{1}{\sqrt{\tau}} - \frac{1}{\sqrt{\tau_2}} \right) + O(\tau_1).$$

This implies

$$-\frac{N\sqrt{\tau_1}}{2(1-\lambda)}\left(\frac{1}{\sqrt{\tau}} + \frac{\lambda}{\sqrt{\tau_2}}\right) \to -\frac{N}{2}\left(\frac{1}{\sqrt{\tau}} - \frac{1}{\sqrt{\tau_2}}\right)^{-1}\left(\frac{1}{\sqrt{\tau}} + \frac{1}{\sqrt{\tau_2}}\right)$$

as  $\tau_1 \to 0$ . Hence, the integral  $\int_M u_1 d \operatorname{vol}_{g(\tau_1)}$  converges to a positive real number as  $\tau_1 \to 0$ . Since  $1 - \lambda \to 0$ , we conclude that

$$\left(\int_M u_1 \, d\mathrm{vol}_{g(\tau_1)}\right)^{1-\lambda} \to 1 \quad \text{as } \tau_1 \to 0$$

Moreover, we have

$$\left(\int_M u_2 \, d\mathrm{vol}_{g(\tau_2)}\right)^{\lambda} \to \tilde{V}(\tau_2) \quad \text{as } \tau_1 \to 0.$$

Putting these facts together, we obtain

$$\tilde{V}(\tau) = \int_{M} v \, d\mathrm{vol}_{g(\tau)} \ge \tilde{V}(\tau_2).$$

Thus, Theorem 2 implies the monotonicity of the reduced volume.

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