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# **On the number of Courant-sharp Dirichlet eigenvalues**

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# *In memory of Yuri Safarov*

**Abstract.** We consider arbitrary open sets  $\Omega$  in Euclidean space with finite Lebesgue measure, and obtain upper bounds for (i) the largest Courant-sharp Dirichlet eigenvalue of  $\Omega$ , (ii) the number of Courant-sharp Dirichlet eigenvalues of  $\Omega$ . This extends recent results of P. Bérard and B. Helffer.

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## **1. Introduction**

Let  $\Omega$  be an open set in Euclidean space  $\mathbb{R}^m$  with finite Lebesgue measure  $|\Omega|$  and boundary  $\partial \Omega$ . We denote the spectrum of the Dirichlet Laplacian acting in  $L^2(\Omega)$ by  $\lambda_1(\Omega) \leq \lambda_2(\Omega) \leq \lambda_3(\Omega) \leq \cdots$  taking the multiplicities of these eigenvalues into account. We define the counting function for  $\Omega$  by

$$
N_{\Omega}(\lambda) = \sharp\{n \in \mathbb{N} : \lambda_n(\Omega) < \lambda\}.
$$

Weyl's law asserts that

<span id="page-0-0"></span>
$$
N_{\Omega}(\lambda) = \frac{\omega_m}{(2\pi)^m} |\Omega| \lambda^{m/2} + o(\lambda^{m/2}), \quad \lambda \to \infty,
$$
 (1)

where  $\omega_m$  is the measure of a ball  $\mathcal{B}_m$  with radius 1 in  $\mathbb{R}^m$ . We refer to Theorem 2 in [\[16\]](#page-10-1) for a proof of [\(1\)](#page-0-0) in this generality. For a proof of Weyl's law with a

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non-trivial remainder estimate for  $\Omega$  open, bounded and connected we refer to Theorem 1.8 in [\[12\]](#page-10-2).

Let  $\{\varphi_{1,\Omega}, \varphi_{2,\Omega}, \dots\}$  be an orthonormal basis in the Sobolev space  $H_0^1(\Omega)$  of eigenfunctions corresponding to the Dirichlet eigenvalues. These eigenfunctions satisfy the Dirichlet boundary conditions in the usual trace sense. Let  $v(\varphi_{n,\Omega})$ denote the number of nodal domains of  $\varphi_{n,\Omega}$ . Then Pleijel's theorem ([\[13\]](#page-10-3)) states that

$$
\limsup_{n\to\infty}\frac{\nu(\varphi_{n,\Omega})}{n}\leq\gamma_m,
$$

where

<span id="page-1-2"></span>
$$
\gamma_m = \frac{(2\pi)^m}{\omega_m^2} (\lambda_1(\mathbb{B}_m))^{-m/2} < 1. \tag{2}
$$

It is known that Pleijel's bound is not sharp. See [\[7\]](#page-9-0), [\[18\]](#page-10-4), and [\[14\]](#page-10-5).

We say that  $\lambda_n(\Omega)$  is Courant-sharp if  $\nu(\varphi_{n,\Omega}) = n$ . Courant's nodal domain theorem asserts that  $v(\varphi_{n,\Omega}) \leq n$ . Courant's original proof in [\[8\]](#page-9-1) was for the planar case. This has been subsequently stated and proved in a Riemannian manifold setting in [\[3\]](#page-9-2). See also [\[13\]](#page-10-3). Pleijel's theorem implies that for a given  $\Omega$  the number of Courant-sharp Dirichlet eigenvalues is finite. Using results of [\[6\]](#page-9-3) and [\[17\]](#page-10-6), Bérard and Helffer, [\[1\]](#page-9-4), obtained an upper bound for the largest Courant-sharp Dirichlet eigenvalue if  $\Omega$  is bounded and has smooth boundary  $\partial \Omega$ .

This paper concerns arbitrary open sets in  $\mathbb{R}^m$  with finite Lebesgue measure. The proofs of Courant's theorem in [\[8\]](#page-9-1), [\[13\]](#page-10-3), and [\[3\]](#page-9-2) all use the fact that a restriction of an eigenfunction to a nodal domain  $U$  is the first Dirichlet eigenfunction on  $U$ . This is immediate if  $(\partial \Omega) \cap (\partial U)$  is sufficiently regular. The above fact holds without that regularity requirement. See for example Theorem 1.1 in [\[9\]](#page-10-7).

Our main result, Theorem [1](#page-1-0) below, is for open sets  $\Omega$  in  $\mathbb{R}^m$  with finite Lebesgue measure. We obtain (i) an upper bound for the largest Dirichlet eigenvalue of  $\Omega$  which is Courant-sharp, and (ii) an upper bound for the number of Courant-sharp eigenvalues of  $\Omega$ . For  $A \subset \mathbb{R}^m$ ,  $A \neq \emptyset$  let

$$
d(x, A) = \inf\{|x - y| : y \in A\}.
$$

For  $\epsilon \geq 0$  and  $|\Omega| < \infty$  we define

$$
\mu_{\Omega}(\epsilon) = |\{x \in \Omega : d(x, \partial \Omega) < \epsilon\}|,
$$

and

<span id="page-1-1"></span>
$$
\epsilon(\Omega) = \inf \{ \epsilon : \mu_{\Omega}(\epsilon) \ge 2^{-1} (1 - \gamma_m) |\Omega| \}. \tag{3}
$$

<span id="page-1-0"></span>We denote the number of Courant-sharp eigenvalues of  $\Omega$  by  $\mathfrak{C}(\Omega)$ .

**Theorem 1.** Let  $\Omega$  be an open set in  $\mathbb{R}^m$  with finite Lebesgue measure. We have *the following.*

(i) *If*  $\lambda_n(\Omega)$  *is Courant-sharp, then* 

<span id="page-2-3"></span>
$$
\lambda_n(\Omega) \le \left(\frac{2\pi m^2}{(1 - \gamma_m)\epsilon(\Omega)}\right)^2.
$$
 (4)

(ii)

<span id="page-2-4"></span>
$$
\mathfrak{C}(\Omega) \le \frac{\omega_m}{(1 - \gamma_m)^m} (m^3(m+2))^{m/2} \frac{|\Omega|}{\epsilon(\Omega)^m}.
$$
 (5)

(iii) If  $n \in \mathbb{N}, n > \frac{\omega_m}{(1-\gamma_m)^m} (m^3(m+2))^{m/2} \frac{|\Omega|}{\epsilon(\Omega)^m}$ , then  $\lambda_n(\Omega)$  is not Courant*sharp.*

<span id="page-2-0"></span>In Section [2](#page-2-0) below we prove Theorem [1.](#page-1-0) In Section [3](#page-5-0) we analyse some examples including the von Koch snowflake.

# **2. Proof of Theorem [1](#page-1-0)**

Suppose  $\lambda_n(\Omega)$  is Courant-sharp with eigenfunction  $\varphi_{n,\Omega}$ . Let  $U_1, \ldots, U_n$  be the nodal domains of  $\varphi_{n,\Omega}$  so that  $\lambda_n(\Omega) = \lambda_1(U_1) = \cdots = \lambda_1(U_n)$ . Without loss of generality we may assume that  $|U_1| \leq |U_2| \leq \cdots \leq |U_n|$ . Hence  $|U_1| \leq |\Omega|/n$ . By Faber–Krahn we have that

$$
\lambda_n(\Omega) = \lambda_1(U_1) \geq \lambda_1(\mathcal{B}_m) \left(\frac{n\omega_m}{|\Omega|}\right)^{2/m}.
$$

It follows that, since  $\lambda_{n-1}(\Omega) < \lambda_n(\Omega)$ ,

$$
(\lambda_n(\Omega))^{m/2} \ge (\lambda_1(\mathcal{B}_m))^{m/2} \frac{n\omega_m}{|\Omega|}
$$
  
\n
$$
\ge (\lambda_1(\mathcal{B}_m))^{m/2} \frac{\omega_m}{|\Omega|} (n-1)
$$
  
\n
$$
= (\lambda_1(\mathcal{B}_m))^{m/2} \frac{\omega_m}{|\Omega|} N_{\Omega} (\lambda_n(\Omega)).
$$

This gives that

<span id="page-2-2"></span>
$$
\frac{\omega_m}{(2\pi)^m} (1 - \gamma_m) |\Omega| (\lambda_n(\Omega))^{m/2} \le R_{\Omega}(\lambda_n(\Omega)), \tag{6}
$$

where  $R_{\Omega}$ :  $\mathbb{R}^+ \to \mathbb{R}$  is defined by

<span id="page-2-1"></span>
$$
R_{\Omega}(\lambda) = \frac{\omega_m}{(2\pi)^m} |\Omega| \lambda^{m/2} - N_{\Omega}(\lambda). \tag{7}
$$

See (15) and (16) in [\[1\]](#page-9-4). Below we obtain an upper bound for  $R_{\Omega}(\lambda)$ . Let  $\epsilon > 0$  be arbitrary. Consider the collection  $\mathfrak{M}_{\epsilon}$  of open cubes of measure  $\epsilon^m$  with vertices in the set of *m*-tuples  $\{ \mathbb{Z}\epsilon, \ldots, \mathbb{Z}\epsilon \}$ . Let  $M_{\Omega}(\epsilon)$  be the number of open cubes of side-length  $\epsilon$  in  $\mathfrak{M}_{\epsilon}$  which are contained in  $\Omega$ ,

$$
M_{\Omega}(\epsilon) = \sharp\{N \in \mathfrak{M}_{\epsilon}: N \subset \Omega\}.
$$

We have that

<span id="page-3-0"></span>
$$
|\Omega| - M_{\Omega}(\epsilon) \epsilon^m \ge 0. \tag{8}
$$

In order to obtain an upper bound for the left hand-side of [\(8\)](#page-3-0), we let  $x \in \Omega$ . If  $d(x, \partial \Omega) > m^{1/2}\epsilon$ , then x belongs to an open  $\epsilon$ -cube in  $\mathfrak{M}_{\epsilon}$  contained in  $\Omega$ . Hence the measure of the set which is not covered by the  $\epsilon$ -cubes in  $\mathfrak{M}_{\epsilon}$  that are entirely contained in  $\Omega$  is bounded from above by  $\mu_{\Omega}(m^{1/2}\epsilon)$ . So

<span id="page-3-4"></span>
$$
|\Omega| - M_{\Omega}(\epsilon) \epsilon^m \le \mu_{\Omega}(m^{1/2}\epsilon). \tag{9}
$$

By Dirichlet bracketing (see [\[15\]](#page-10-8)), we have that

<span id="page-3-2"></span><span id="page-3-1"></span>
$$
N_{\Omega}(\lambda) \ge M_{\Omega}(\epsilon) N_{C_{\epsilon}}(\lambda), \tag{10}
$$

where  $C_{\epsilon}$  is an open cube in  $\mathbb{R}^{m}$  with side-length  $\epsilon$ . The following standard estimate is attributed to Gauss:

$$
N_{C_{\epsilon}}(\lambda) = \sharp \left\{ (k_1, ..., k_m) \in \mathbb{N}^m : \sum_{i=1}^m k_i^2 < \pi^{-2} \epsilon^2 \lambda \right\}
$$
  
\n
$$
\geq \frac{\omega_m}{2^m} (\pi^{-1} \epsilon \lambda^{1/2} - m^{1/2})_+^m
$$
  
\n
$$
\geq \frac{\omega_m}{(2\pi)^m} \epsilon^m \lambda^{m/2} \left( 1 - \frac{\pi m^{3/2}}{\epsilon \lambda^{1/2}} \right),
$$
 (11)

where  $+$  denotes the positive part. By [\(10\)](#page-3-1) and [\(11\)](#page-3-2),

<span id="page-3-3"></span>
$$
N_{\Omega}(\lambda) \geq M_{\Omega}(\epsilon) N_{C_{\epsilon}}(\lambda)
$$
  
\n
$$
\geq M_{\Omega}(\epsilon) \frac{\omega_m}{(2\pi)^m} \epsilon^m \lambda^{m/2} - M_{\Omega}(\epsilon) \frac{\omega_m}{(2\pi)^m} \pi m^{3/2} \epsilon^{m-1} \lambda^{(m-1)/2}
$$
  
\n
$$
= \frac{\omega_m}{(2\pi)^m} |\Omega| \lambda^{m/2} - (|\Omega| - M_{\Omega}(\epsilon) \epsilon^m) \frac{\omega_m}{(2\pi)^m} \lambda^{m/2}
$$
  
\n
$$
- M_{\Omega}(\epsilon) \frac{\omega_m}{(2\pi)^m} \pi m^{3/2} \epsilon^{m-1} \lambda^{(m-1)/2}.
$$
 (12)

We bound the second and third terms in the right hand-side of  $(12)$ , using  $(9)$ and  $(8)$  respectively. This then gives, by  $(7)$ , that

<span id="page-4-0"></span>
$$
R_{\Omega}(\lambda) \le \frac{\omega_m}{(2\pi)^m} \mu_{\Omega}(m^{1/2}\epsilon) \lambda^{m/2} + \frac{\pi m^{3/2} \omega_m}{(2\pi)^m} \frac{|\Omega|\lambda^{(m-1)/2}}{\epsilon}.
$$
 (13)

By [\(6\)](#page-2-2) and [\(13\)](#page-4-0) we have that if  $\lambda_n(\Omega)$  is Courant-sharp, then

$$
\frac{\omega_m}{(2\pi)^m} (1 - \gamma_m) |\Omega| (\lambda_n(\Omega))^{m/2} \le \frac{\omega_m}{(2\pi)^m} \mu_\Omega(m^{1/2} \epsilon) (\lambda_n(\Omega))^{m/2} + \frac{\pi m^{3/2} \omega_m}{(2\pi)^m} \frac{|\Omega| (\lambda_n(\Omega))^{(m-1)/2}}{\epsilon}.
$$
 (14)

We now choose  $\epsilon$  such that the second term in the right hand-side of [\(14\)](#page-4-1) equals half of the left hand-side of  $(14)$ . That is

<span id="page-4-2"></span>
$$
\epsilon = 2\pi m^{3/2} (1 - \gamma_m)^{-1} (\lambda_n(\Omega))^{-1/2}.
$$
 (15)

By [\(14\)](#page-4-1) and the choice of  $\epsilon$  in [\(15\)](#page-4-2) we have that if  $\lambda_n(\Omega)$  is Courant-sharp, then

<span id="page-4-3"></span>
$$
2^{-1}(1 - \gamma_m)|\Omega| \le \mu_{\Omega}(2\pi m^2 (1 - \gamma_m)^{-1} (\lambda_n(\Omega))^{-1/2}). \tag{16}
$$

Since  $\epsilon \mapsto \mu_{\Omega}(\epsilon)$  is continuous and onto [0,  $|\Omega|$ ], the infimum in [\(3\)](#page-1-1) is over a non-empty set which is bounded from below and therefore exists. So if  $\lambda_n(\Omega)$ is Courant-sharp, then, by [\(3\)](#page-1-1) and [\(16\)](#page-4-3),  $\frac{2\pi m^2}{(1-\gamma_m)(\lambda_n(\Omega))^{1/2}} \ge \epsilon(\Omega)$ . This proves Theorem [1\(](#page-1-0)i).

By [\[11\]](#page-10-9), we also have that

<span id="page-4-4"></span>
$$
\lambda_n(\Omega) \ge \frac{m}{m+2} \frac{(2\pi)^2}{\omega_m^{2/m}} \left(\frac{n}{|\Omega|}\right)^{2/m}.\tag{17}
$$

This, together with  $(4)$ , implies  $(5)$  and proves Theorem  $1$ (ii).

To prove Theorem [1\(](#page-1-0)iii) we just note that by  $(17)$ ,

$$
\max\left\{n\in\mathbb{N}:\lambda_n(\Omega)\leq\left(\frac{2\pi m^2}{(1-\gamma_m)\epsilon(\Omega)}\right)^2\right\}\leq\frac{\omega_m}{(1-\gamma_m)^m}(m^3(m+2))^{m/2}\frac{|\Omega|}{\epsilon(\Omega)^m}.
$$

We note that if we were to use the lower bounds for the counting function from Section 2 in [\[6\]](#page-9-3), then we would have to assume a weak integrability condition on  $\mu_{\Omega}$  of the form  $\int \epsilon^{-1} d\mu_{\Omega}(\epsilon) < \infty$ . Such an integrability condition may fail if the interior Minkowski dimension of  $\partial\Omega$  is equal to m. The procedure above avoids this integrability condition.

<span id="page-4-1"></span>

### **3. Examples**

In this section we analyse three examples where explicit computations seem out of reach.

**Example 1.** Let  $\Omega$  be an open, bounded, convex set in  $\mathbb{R}^m$ . Let  $\mathcal{H}^{m-1}(\partial \Omega)$  denote the  $(m - 1)$ -dimensional Hausdorff measure of  $\partial \Omega$ . Then

<span id="page-5-1"></span>
$$
\mathfrak{C}(\Omega) \le \frac{\omega_m}{(1 - \gamma_m)^{2m}} (4m^3(m+2))^{m/2} \frac{(\mathfrak{H}^{m-1}(\partial \Omega))^m}{|\Omega|^{m-1}}.
$$
 (18)

*Proof.* By convexity of  $\Omega$ , we have that

$$
\mu_{\Omega}(\epsilon) \leq \mathfrak{H}^{m-1}(\partial \Omega)\epsilon.
$$

By  $(3)$ ,

<span id="page-5-2"></span>
$$
\epsilon(\Omega) \ge 2^{-1} (1 - \gamma_m) \frac{|\Omega|}{\mathcal{H}^{m-1}(\partial \Omega)},
$$
\n(19)

and [\(18\)](#page-5-1) follows from Theorem [1](#page-1-0) and [\(19\)](#page-5-2).  $\Box$ 

It was shown in  $[10]$  that only the first, second and fourth Dirichlet eigenvalues for  $B_2$  are Courant-sharp. Hence  $\mathfrak{C}(B_2) = 3$ , and the largest Courant-sharp eigenvalue for  $\mathcal{B}_2$  is equal to  $j_{0,2}^2$ . Here  $j_{0,2} \times 5.520$ . is the second positive zero of the Bessel function  $J_0$ . A straightforward computation using [\(4\)](#page-2-3) and [\(19\)](#page-5-2) shows that the largest Courant-sharp eigenvalue of  $B_2$  is strictly less than 1.2 $\cdot$ 10<sup>6</sup>. This compares well with the bound 7.1 $\cdot$ 10<sup>6</sup> obtained in [\[1\]](#page-9-4). For the unit square  $\mathcal{C}_2$  it is known ( $\left[\frac{13}{13}\right]$  and  $\left[\frac{2}{1}\right]$ ) that only the first, second and fourth Dirichlet eigenvalues are Courant-sharp. Hence  $\mathfrak{C}(\mathfrak{C}_2) = 3$ , and the largest Courant-sharp eigenvalue for  $\mathcal{C}_2$  is equal to  $8\pi^2$ . Using [\(4\)](#page-2-3) and [\(19\)](#page-5-2), we have that the largest Courant-sharp eigenvalue of the unit square is strictly less than  $4.5 \cdot 10^6$ , whereas [\[1\]](#page-9-4) gives a bound  $5.9 \cdot 10^6$  $5.9 \cdot 10^6$  $5.9 \cdot 10^6$ . These examples illustrate that the bounds obtained in Theorem 1 are very crude.

The second example is a von Koch snowflake K with similarity ratio  $\frac{1}{3}$ . We recall its construction. Let the basic square (generation  $0$ ) in K have sidelength 1. The first generation consists of 4 squares with side-length  $\frac{1}{3}$  each attached symmetrically to the basic square. Proceeding inductively we have that the *j*'th generation in K,  $j \in \mathbb{N}$ , consists of  $4 \cdot 5^{j-1}$  squares with side-length  $3^{-j}$ . We let  $K$  be the interior of its closure. Then  $K$  is connected, has Lebesgue measure  $|K| = 2$ , and both the Hausdorff dimension of  $\partial K$  and the interior Minkowski dimension of  $\partial K$  are equal to log 5/log 3. See Figure [1,](#page-6-0) and [\[4\]](#page-9-6) for further details.

<span id="page-5-0"></span>

<span id="page-6-0"></span>

Figure 1. The first two generations of  $K$ 

**Example 2.** Let  $K$  be the von Koch snowflake generated by the unit square and similarity ratio  $\frac{1}{3}$ . Then

<span id="page-6-1"></span>
$$
\mathfrak{C}(K) \le 15 \cdot 10^7. \tag{20}
$$

*Proof.* By Theorem [1,](#page-1-0) [\(2\)](#page-1-2), and  $|K| = 2$ , we find that

<span id="page-6-2"></span>
$$
\mathfrak{C}(K) \le \frac{64\pi j_0^4}{(j_0^2 - 4)^2} \epsilon(K)^{-2},\tag{21}
$$

where we have used that

$$
\lambda_1(\mathcal{B}_2)=j_0^2,
$$

where  $j_0 = 2.405...$  is the first positive zero of the Bessel function  $J_0$ . It remains to find a lower bound for  $\epsilon(K)$ . We obtain an upper bound for  $\mu_{\Omega}(\epsilon)$  by adding all edges between squares of different generations. This gives a disjoint union of 1 unit square and  $4 \cdot 5^{j-1}$  squares with side-lengths  $3^{-j}$ ,  $j \in \mathbb{N}$ . Let  $\epsilon < \frac{1}{18}$ , and let  $J \in \mathbb{N}$  be such that

$$
J < \frac{\log\left(\frac{1}{2\epsilon}\right)}{\log 3} \le J + 1.
$$

Then  $J \geq 2$ . The contribution to the upper bound for  $\mu_{\Omega}(\epsilon)$  from the squares in generations  $1, \ldots, J-1$  is bounded from above by

<span id="page-7-0"></span>
$$
\left(4 + 16\sum_{j=1}^{J-1} 5^{j-1} 3^{-j}\right)\epsilon \le \frac{24\epsilon}{5} \left(\frac{5}{3}\right)^J \le \frac{48}{5} 2^{-\frac{\log 5}{\log 3}} \epsilon^{2 - \frac{\log 5}{\log 3}}.\tag{22}
$$

The first term in the left-hand side above is the contribution from the unit square. The contribution to the upper bound for  $\mu_{\Omega}(\epsilon)$  from the squares in generations  $J, J + 1, \ldots$  is bounded from above by

<span id="page-7-1"></span>
$$
\sum_{j\geq J} 4 \cdot 5^{j-1} 9^{-j} = \left(\frac{5}{9}\right)^{J-1} \leq \frac{36}{5} 2^{-\frac{\log 5}{\log 3}} \epsilon^{2-\frac{\log 5}{\log 3}}.
$$
 (23)

We recognise the interior Minkowski dimension  $\frac{\log 5}{\log 3}$  of  $\partial K$ . By [\(22\)](#page-7-0) and [\(23\)](#page-7-1), we have that

$$
\mu_{\Omega}(\epsilon) \leq \frac{84}{5} 2^{-\frac{\log 5}{\log 3}} \epsilon^{2-\frac{\log 5}{\log 3}}, \quad 0 < \epsilon < \frac{1}{18}.
$$

Solving the equation

$$
\frac{84}{5}2^{-\frac{\log 5}{\log 3}}\epsilon^{2-\frac{\log 5}{\log 3}} = 1 - \frac{4}{j_0^2}
$$

gives that

<span id="page-7-2"></span>
$$
\epsilon(K) \ge 0.00379. \tag{24}
$$

The bound of [\(20\)](#page-6-1) follows by [\(21\)](#page-6-2) and [\(24\)](#page-7-2).

Below we construct an open set  $D_s \subset \mathbb{R}^3$ . Let  $Q_0 \subset \mathbb{R}^3$  be an open cube of side-length 1. Let  $0 < s \leq \sqrt{2} - 1$ . Attach a regular open cube  $Q_{1,i}$  of sidelength s to the centre  $c_{1,i}$ ,  $i = 1, ..., 6$ , of each face of  $\partial Q_0$ , and such that all the faces are pairwise-parallel. Now proceed by induction. For  $j = 2, 3, \ldots$ , attach  $N(j) = 6 \cdot 5^{j-1}$  open cubes  $Q_{j,1}, \ldots, Q_{j,N(j)}$ , of side-length  $s^j$  to the centres of the boundary faces of the cubes  $Q_{j-1,1}, \ldots, Q_{j-1,N(j-1)}$ , again with pairwiseparallel faces. We define the polyhedron  $D_s$  as

$$
D_s = \text{interior} \Big\{ Q_0 \cup \Big[ \bigcup_{j \geq 1} \bigcup_{1 \leq i \leq N(j)} Q_{j,i} \Big] \Big\}.
$$

See Figure [2.](#page-8-0) We note that for  $0 < s \leq \sqrt{2} - 1$  no cubes in the construction of  $D_s$ overlap.

The asymptotic behaviour of the heat content of  $D_s$  in  $\mathbb{R}^3$  for small time was analysed in [\[5\]](#page-9-7). Here we have the following.

<span id="page-8-0"></span>

Figure 2. The first two generations of  $D_s$  with  $s = \frac{1}{3}$ .

**Example 3.** Let  $s \in (0, \sqrt{2} - 1]$ , and let  $D_s$  be the polyhedron in  $\mathbb{R}^3$  defined above. Then

<span id="page-8-3"></span>
$$
\mathfrak{C}(D_s) \le 25 \cdot 10^{10}.\tag{25}
$$

*Proof.* We have that

$$
|D_s| = \frac{1+s^3}{1-5s^3},
$$

and that the two-dimensional Hausdorff measure of the boundary is given by

$$
\mathcal{H}^2(\partial D_s) = 6\Big(\frac{1-s^2}{1-5s^2}\Big).
$$

By Theorem [1,](#page-1-0) we have that

<span id="page-8-2"></span>
$$
\mathfrak{C}(D_s) \le 36(15)^{3/2}\pi \left(1 - \frac{9}{2\pi^2}\right)^{-3} \frac{|D_s|}{\epsilon(D_s)^3},\tag{26}
$$

where we have used that

$$
\lambda_1(\mathcal{B}_3) = j_{1/2}^2 = \pi^2,
$$

where  $j_{1/2} = \pi$  is the first positive zero of the Bessel function  $J_{1/2}$ . We obtain an upper bound for  $\mu_{\Omega}(\epsilon)$  by adding all faces between cubes of different generations. This gives a disjoint union of 1 unit cube and  $6 \cdot 5^{j-1}$  cubes of side-length  $s^j$ ,  $j \in \mathbb{N}$ . Hence

<span id="page-8-1"></span>
$$
\mu_{\Omega}(\epsilon) \le \left(6 + 36 \sum_{j=1}^{\infty} 5^{j-1} s^{2j}\right) \epsilon = \frac{6(1+s^2)}{1-5s^2} \epsilon.
$$
 (27)

By  $(3)$  and  $(27)$ , we have that

<span id="page-9-8"></span>
$$
\epsilon(D_s) \ge \frac{1}{12} \left( 1 - \frac{9}{2\pi^2} \right) \frac{1 - 5s^2}{1 + s^2} |D_s|.
$$
 (28)

Finally by [\(26\)](#page-8-2), [\(28\)](#page-9-8), the fact that  $0 < s \leq \sqrt{2} - 1$ , and  $|D_s| \geq 1$ , we obtain that

$$
\mathfrak{C}(D_s) \leq 6(12)^4 (15)^{3/2} (140 + 99\sqrt{2}) \pi \left(1 - \frac{9}{2\pi^2}\right)^{-6}.
$$

This implies [\(25\)](#page-8-3).

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