

## Efficiency and localisation for the first Dirichlet eigenfunction

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**Abstract.** Bounds are obtained for the efficiency or mean to max ratio  $E(\Omega)$  for the first Dirichlet eigenfunction (positive) for open, connected sets  $\Omega$  with finite measure in Euclidean space  $\mathbb{R}^m$ . It is shown that (i) localisation implies vanishing efficiency, (ii) a vanishing upper bound for the efficiency implies localisation, (iii) localisation occurs for the first Dirichlet eigenfunctions for a wide class of elongating bounded, open, convex and planar sets, (iv) if  $\Omega_n$  is any quadrilateral with perpendicular diagonals of lengths 1 and  $n$  respectively, then the sequence of first Dirichlet eigenfunctions localises and  $E(\Omega_n) = O(n^{-2/3} \log n)$ . This disproves some claims in the literature. A key technical tool is the Feynman–Kac formula.

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### 1. Introduction

Let  $\Omega$  be a non-empty open set in Euclidean space  $\mathbb{R}^m$ ,  $m \geq 2$ , with boundary  $\partial\Omega$  and finite measure  $|\Omega|$ . It is well known that the spectrum of the Dirichlet Laplacian acting in  $L^2(\Omega)$  is discrete and consists of an increasing sequence of eigenvalues

$$\lambda_1(\Omega) \leq \lambda_2(\Omega) \leq \dots,$$

accumulating at infinity. We denote a corresponding orthonormal basis of eigenfunctions by  $\{u_{j,\Omega}, j \in \mathbb{N}\}$ ,

$$-\Delta u_{j,\Omega} = \lambda_j(\Omega)u_{j,\Omega}, u_{j,\Omega} \in H_0^1(\Omega).$$

If  $\lambda(\Omega) := \lambda_1(\Omega)$  has multiplicity 1, then  $u_{1,\Omega}$  is uniquely defined up to a sign. This is the case if  $\Omega$  is connected, for example. We then write and choose,  $u_\Omega := u_{1,\Omega} > 0$ .

The Rayleigh–Ritz variational principle asserts that

$$\lambda(\Omega) = \inf_{\varphi \in H_0^1(\Omega) \setminus \{0\}} \frac{\int_{\Omega} |\nabla \varphi|^2}{\int_{\Omega} \varphi^2}. \quad (1)$$

The *efficiency* or *mean to max ratio* of  $u_{\Omega}$  is defined by

$$E(\Omega) = \frac{\|u_{\Omega}\|_1}{|\Omega| \|u_{\Omega}\|_{\infty}}, \quad (2)$$

where  $\|\cdot\|_p$ ,  $1 \leq p \leq \infty$  denotes the standard  $L^p(\Omega)$  norm.

The study of  $E(\Omega)$  goes back to the pioneering results of [16, 19]. In Theorem 3 of [16], it was shown that if  $\Omega$  is bounded and convex then

$$E(\Omega) \leq \frac{2}{\pi}, \quad (3)$$

with equality in (3) if  $\Omega$  is a bounded interval in  $\mathbb{R}$ . A non-linear version has been proved in [9] for the  $p$ -Laplacian with  $1 < p < \infty$ . More general results have been obtained in [6]. It follows from inequality (3) and the main theorem in that paper that if  $\Omega$  is a bounded region in  $\mathbb{R}^m$ , then

$$E(\Omega) \geq E(B) \frac{|B|}{|\Omega|} \left( \frac{\lambda(B)}{\lambda(\Omega)} \right)^{m/2},$$

where  $B$  is a ball in  $\mathbb{R}^m$ .

Moreover, it was asserted in Table 1 in [16] that  $\frac{2}{\pi}$  is the limit of the efficiency of a thinning annulus in  $\mathbb{R}^m$ . The proof of this assertion (Theorem 11) will be given in Section 4 below. There we will also compute the efficiency for the equilateral triangle, the square, and the disc. These data support the conjectures that (i) the efficiency of a bounded, convex planar set is maximised by the disc, (ii) if  $P_n \subset \mathbb{R}^2$  is a regular  $n$ -gon then  $n \mapsto E(P_n)$  is increasing. We note that the efficiency for an arbitrarily long rectangle is  $(2/\pi)^2 \approx 0.4053$ , whereas the efficiency of a disc is approximately 0.4317.

Recently a connection has been established between localisation of eigenfunctions and an effective potential such as the inverse of the torsion function (see [1]). In a similar spirit, it has been shown in certain special cases, such as a bounded interval in  $\mathbb{R}$  or a square in  $\mathbb{R}^2$ , that the eigenfunctions of the Schrödinger operator of Anderson type localise (see [2] and [8]).

The first part of the definition below is very similar to the one in [11] (formula (7.1) for  $p = 1$ ).

**Definition 1.** Let  $(\Omega_n)$  be a sequence of non-empty open sets in  $\mathbb{R}^m$  with  $|\Omega_n| < \infty$ .

- (i) We say that a sequence  $(f_n)$  with  $f_n \in L^2(\Omega_n)$ ,  $n \in \mathbb{N}$  and  $\|f_n\|_2 = 1$  localises if there exists a sequence of measurable sets  $A_n \subset \Omega_n$  such that

$$\lim_{n \rightarrow \infty} \frac{|A_n|}{|\Omega_n|} = 0, \quad \lim_{n \rightarrow \infty} \int_{A_n} f_n^2 = 1. \tag{4}$$

- (ii) We say that a sequence  $(f_n)$  with  $f_n \in L^\infty(\Omega_n)$ ,  $f_n \geq 0$ ,  $\|f_n\|_\infty > 0$ ,  $n \in \mathbb{N}$  has vanishing efficiency if

$$\lim_{n \rightarrow \infty} \frac{\|f_n\|_1}{|\Omega_n| \|f_n\|_\infty} = 0.$$

We have the following elementary observations.

**Lemma 2.** *If  $\Omega$  is a non-empty open set with finite Lebesgue measure and if  $\|f\|_2 = 1$ ,  $0 < \|f\|_\infty < \infty$ , with  $f \geq 0$ , then*

(i) 
$$|\Omega|^{-1} \|f\|_\infty^{-2} \leq \frac{\|f\|_1}{|\Omega| \|f\|_\infty} \leq |\Omega|^{-1/2} \|f\|_\infty^{-1}, \tag{5}$$

(ii) 
$$\frac{\|f\|_1}{|\Omega| \|f\|_\infty} \leq |\Omega|^{-1} \|f\|_1^2. \tag{6}$$

The proofs of (5) and (6) are immediate, since by Cauchy–Schwarz,

$$1 = \|f\|_2 \leq \|f\|_\infty \|f\|_1 \leq \|f\|_\infty |\Omega|^{1/2}.$$

**Lemma 3.** *For  $n \in \mathbb{N}$ , let  $f_n \in L^2(\Omega_n)$  with  $\|f_n\|_2 = 1$ ,  $f_n \geq 0$ , and  $|\Omega_n| < \infty$ . Then  $(f_n)$  localises if and only if*

$$\lim_{n \rightarrow \infty} \frac{1}{|\Omega_n|} \|f_n\|_1^2 = 0. \tag{7}$$

By (6) we have that if  $(f_n)$  is localising then the mean to max ratio of  $f_n$  is vanishing as  $n \rightarrow \infty$ . We were unable to prove that if  $(u_{\Omega_n})$  has vanishing efficiency then  $(u_{\Omega_n})$  localises.

Denote by  $\rho(\Omega) = \sup\{\min\{|x - y| : y \in \partial\Omega\} : x \in \Omega\}$  the inradius of  $\Omega$ , by  $\text{diam}(\Omega) = \sup\{|x - y| : x \in \Omega, y \in \Omega\}$  the diameter of  $\Omega$ , and by  $w(\Omega)$  the width of  $\Omega$ . For a measurable set  $A$  in  $\mathbb{R}^k$  with  $k < m$  we denote its  $k$ -dimensional Lebesgue measure by  $|A|_k$ . The indicator function of a set  $A$  is denoted by  $\mathbf{1}_A$ . We define for  $\nu \geq 0$ ,  $j_\nu$  to be the first positive zero of the Bessel function  $J_\nu$ .

Below we show that sets with small  $E(\Omega)$  have small inradius and large diameter.

**Theorem 4.** For all open, connected  $\Omega \subset \mathbb{R}^m$  with  $0 < |\Omega| < \infty$ ,

$$\frac{\rho(\Omega)}{|\Omega|^{1/m}} \leq \left( \frac{e^{j^2(m-2)/2}}{2\pi m} \right)^{1/2} E(\Omega)^{1/m}. \tag{8}$$

If  $\Omega$  is open, planar, bounded, and convex, then

$$\frac{\text{diam}(\Omega)}{|\Omega|^{1/2}} \geq \left( \frac{\pi}{e^{j_0^2}} \right)^{1/2} E(\Omega)^{-1/2}. \tag{9}$$

It is straightforward to construct sequences  $(\Omega_n)$  for which  $(u_{\Omega_n})$  is localising and, as a consequence of Lemma 3 and (6), have vanishing efficiency. For example, let  $\Omega_n$  be the disjoint union of one disc  $B$  with radius 1 and  $4n$  discs with radii  $1/2$ . All of the  $L^2$  mass of the first eigenfunction of  $\Omega_n$  is supported on  $B$ , with  $|B|/|\Omega_n| = \frac{1}{n+1}$ , which tends to 0 as  $n \rightarrow \infty$ .

Theorem 6 below together with Lemmas 2 and 3, imply localisation for a wide class of sequences  $(u_{\Omega_n})$ . We first introduce the necessary notation.

**Definition 5.** Points in  $\mathbb{R}^m$  will be denoted by a Cartesian pair  $(x_1, x')$  with  $x_1 \in \mathbb{R}$ ,  $x' \in \mathbb{R}^{m-1}$ . If  $\Omega$  is an open set in  $\mathbb{R}^m$ , then we define

$$\Omega(x_1) = \{x' \in \mathbb{R}^{m-1} : (x_1, x') \in \Omega\}.$$

If  $\Omega(x_1)$  is open, bounded, and non-empty in  $\mathbb{R}^{m-1}$ , then we denote its first  $(m - 1)$ -dimensional Dirichlet eigenvalue by  $\mu(\Omega(x_1))$ . We also put

$$\Omega' = \bigcup_{x_1 \in \mathbb{R}} \Omega(x_1).$$

A set  $\Omega \subset \mathbb{R}^m$  is *horn-shaped* if it is open, connected,  $x_1 > x_2 > 0$  implies  $\Omega(x_1) \subset \Omega(x_2)$ , and  $x_1 < x_2 < 0$  implies  $\Omega(x_1) \subset \Omega(x_2)$ .

**Theorem 6.** Let  $\Omega \subset \mathbb{R}^m$  be horn-shaped with  $|\Omega| < \infty$  and  $|\Omega'|_{m-1} < \infty$ . If  $\lambda \geq \lambda(\Omega)$ ,

$$\mu(\Omega') \geq (m - 1)(\lambda - \mu(\Omega')), \tag{10}$$

and if

$$\varepsilon \in (0, |\Omega| \mu(\Omega')^{m/2}], \tag{11}$$

then

$$\begin{aligned} \frac{1}{|\Omega|} \|u_\Omega\|_1^2 &\leq 2\varepsilon + \frac{2|\Omega'|^{m-1}}{|\Omega|} \left| \left\{ x_1 \in \mathbb{R}: \frac{\mu(\Omega(x_1/2)) - \mu(\Omega')}{2(\lambda - \mu(\Omega'))} \right. \right. \\ &\quad \left. \left. \leq \log(\varepsilon^{-1}|\Omega|\mu(\Omega(x_1/2))^{m/2}) \right\} \right|_1 \\ &\quad + \frac{2^{5/2}|\Omega'|^{m-1}}{|\Omega|} (\lambda - \mu(\Omega'))^{-1/2} (\log(\varepsilon^{-1}|\Omega|\mu(\Omega')^{m/2}))^{1/2}. \end{aligned} \tag{12}$$

If  $\Omega \subset \mathbb{R}^2$  is open, bounded and convex, then it is always possible to find an isometry of  $\Omega$  such that this isometric set is horn-shaped: let  $p$  and  $q$  be points on  $\partial\Omega$  such that  $|p - q| = w(\Omega)$ , and  $p - q$  is perpendicular to the pair of straight parallel lines tangent to  $\partial\Omega$  at both  $p$  and  $q$  which define the width  $w(\Omega)$ . That such a pair  $p, q$  exists was shown for example in Theorem 1.5 in [5]. Let  $T_{p,q}(\Omega) = \{x - \frac{1}{2}(p + q): x \in \Omega\}$  be the translation of  $\Omega$  which translates the midpoint of  $p$  and  $q$  to the origin. Let  $\varphi$  be the angle between the positive  $x_1$  axis and the unit vector  $(p - q)/|p - q|$  and let  $R_\varphi$  be rotation over an angle  $\frac{\pi}{2} - \varphi$ . Then  $R_\varphi T_{p,q}(\Omega)$  is isometric with  $\Omega$ , horn-shaped,

$$R_\varphi T_{p,q}(\Omega)' = (-|p - q|/2, |p - q|/2),$$

and

$$|R_\varphi T_{p,q}(\Omega)'|_1 = w(\Omega). \tag{13}$$

The points  $p$  and  $q$  need not be unique, and so this isometry need not be unique. However, the construction above always gives (13). If  $\Upsilon$  is an ellipse with semi axes  $a_1$  and  $a_2$  with  $a_1 > a_2$  then  $R_\varphi T_{p,q}(\Upsilon) = \{(x_1, x_2): (\frac{x_1}{a_1})^2 + (\frac{x_2}{a_2})^2 < 1\}$  and  $|R_\varphi T_{p,q}(\Upsilon)'|_1 = w(\Upsilon)$ . However, the ellipse  $\tilde{\Upsilon} = \{(x_1, x_2): (\frac{x_1}{a_2})^2 + (\frac{x_2}{a_1})^2 < 1\}$  is a horn-shaped isometry of  $\Upsilon$  with  $|\tilde{\Upsilon}'|_1 > w(\Upsilon)$ .

**Corollary 7.** *Let  $\Omega \subset \mathbb{R}^2$  be a convex horn-shaped set. If  $\lambda \geq \lambda(\Omega)$  and  $\mu(\Omega') \geq \frac{1}{2}\lambda$ , then for  $\varepsilon \in (0, |\Omega|\mu(\Omega'))$ ,*

$$\begin{aligned} \frac{1}{|\Omega|} \|u_\Omega\|_1^2 &\leq 2\varepsilon + \frac{2|\Omega'|_1}{|\Omega|} \left| \left\{ x_1 \in \mathbb{R}: \frac{|\Omega'|_1^2 \mu(\Omega(x_1/2)) - \pi^2}{2(|\Omega'|_1^2 \lambda - \pi^2)} \right. \right. \\ &\quad \left. \left. \leq \log(4\pi^2 \varepsilon^{-1} |\Omega'|_1^{-2} |\Omega|) \right\} \right|_1 \\ &\quad + \frac{2^{5/2}|\Omega'|_1^2}{|\Omega|} (|\Omega'|_1^2 \lambda - \pi^2)^{-1/2} (\log(\pi^2 \varepsilon^{-1} |\Omega'|_1^{-2} |\Omega|))^{1/2}. \end{aligned} \tag{14}$$

**Example 8.** If  $(a_n), (b_n), n \in \mathbb{N}$  are sequences in  $\mathbb{R}$  satisfying  $a_n \in [0, 1], b_n \in [0, n]$ , and if  $\Omega_n$  is the quadrilateral with vertices

$$(0, a_n), \quad (0, -1 + a_n), \quad (b_n, 0), \quad (-n + b_n, 0),$$

then

$$\frac{1}{|\Omega_n|} \|u_{\Omega_n}\|_1^2 = O(n^{-2/3} \log n), \quad n \rightarrow \infty, \tag{15}$$

and  $(u_{\Omega_n})$  is localising.

**Example 9.** Let  $R_n \subset \mathbb{R}^2$  be the rhombus with vertices

$$\left(\frac{n}{2}, 0\right), \quad \left(-\frac{n}{2}, 0\right), \quad \left(0, \frac{1}{2}\right), \quad \left(0, -\frac{1}{2}\right),$$

and let  $\Omega_n$  be an open subset of  $R_n$  which contains the open triangle  $T_n$  with vertices

$$\left(\frac{n}{2}, 0\right), \quad \left(0, \frac{1}{2}\right), \quad \left(0, -\frac{1}{2}\right).$$

Then  $\Omega_n$  satisfies (15) and  $(u_{\Omega_n})$  is localising.

It follows by scaling properties of both  $u_\Omega$  and  $|\Omega|$  that if  $\Omega$  is open and connected with  $|\Omega| < \infty$  and if  $\alpha > 0$ , then

$$E(\alpha\Omega) = E(\Omega),$$

where  $\alpha\Omega$  is a homothety of  $\Omega$  by a factor  $\alpha$ . Similarly,

$$\frac{1}{|\alpha\Omega_n|} \|u_{\alpha\Omega_n}\|_1^2 = \frac{1}{|\Omega_n|} \|u_{\Omega_n}\|_1^2.$$

Example 9 then implies that a sequence of suitable translations, rotations and homotheties of sectors  $(S_n(r))$ , with

$$S_n(r) := \{(\rho, \theta) : 0 < \rho < r, 0 < \theta < \pi/n\}$$

satisfies

$$\frac{1}{|S_n(r)|} \|u_{S_n(r)}\|_1^2 = O(n^{-2/3} \log n), \quad n \rightarrow \infty,$$

and  $(u_{S_n(r)})$  localises as  $n \rightarrow \infty$ . This could have been obtained directly using separation of variables, Kapteyn’s inequality, and extensive computations involving Bessel functions. See [14] for similar computations.

**Example 10.** If  $1 \leq \alpha < \infty$ ,  $m = 2, 3, \dots$  and

$$\Omega_{n,\alpha} = \{(x_1, x') \in \mathbb{R}^m: (2n^{-1}|x_1|)^\alpha + |x'|^\alpha < 1\}, \quad n \in \mathbb{N},$$

then

$$\frac{1}{|\Omega_{n,\alpha}|} \|u_{\Omega_{n,\alpha}}\|_1^2 = O(n^{-2/(\alpha+2)} (\log n)^{\max\{1/\alpha, 1/2\}}), \quad n \rightarrow \infty, \quad (16)$$

and  $(u_{\Omega_{n,\alpha}})$  is localising.

**Theorem 11.** If  $R > 0$ ,  $\varepsilon > 0$  and

$$\Omega_{R,R+\varepsilon} = \{x \in \mathbb{R}^m: R < |x| < R + \varepsilon\},$$

then

$$\lim_{\varepsilon \downarrow 0} \varepsilon^2 \lambda(\Omega_{R,R+\varepsilon}) = \pi^2, \quad (17)$$

and

$$\lim_{\varepsilon \downarrow 0} E(\Omega_{R,R+\varepsilon}) = \frac{2}{\pi}. \quad (18)$$

If  $\Delta \subset \mathbb{R}^2$  is an equilateral triangle, then

$$E(\Delta) = \frac{2}{\pi \sqrt{3}}. \quad (19)$$

If  $\square \subset \mathbb{R}^2$  is a rectangle, then

$$E(\square) = \frac{4}{\pi^2}. \quad (20)$$

If  $B \subset \mathbb{R}^2$  is a disc, then

$$E(B) \approx 0.6782 \frac{2}{\pi}. \quad (21)$$

Inequalities (6.9) in [11] and (4.7) in [15] state that for  $\Omega$  open, bounded, planar, and convex,

$$u_\Omega(x) \leq \min\{|x - y|: y \in \partial\Omega\} \frac{\lambda(\Omega)^{1/2}}{|\Omega|} \|u_\Omega\|_1, \quad (22)$$

and both papers refer to [16] for details. However, no such inequality can be found in [16]. Inequality (22) would, by first maximising its right-hand side over all  $x \in \Omega$ , and subsequently its left-hand side over all  $x \in \Omega$ , imply that

$$\|u_\Omega\|_\infty \leq \rho(\Omega) \frac{\lambda(\Omega)^{1/2}}{|\Omega|} \|u_\Omega\|_1. \quad (23)$$

Since the Dirichlet eigenvalues are monotone in the domain and  $\Omega$  contains a disc of radius  $\rho(\Omega)$ ,

$$\lambda(\Omega) \leq \frac{j_0^2}{\rho(\Omega)^2}.$$

This, by (2) and (23), implies that for a bounded, planar convex set  $\Omega$ ,

$$E(\Omega) \geq j_0^{-1}. \tag{24}$$

Inequality (23) was also quoted in formula (2.24) in [10]. However, (23) and (24) cannot hold true. Example 8 above implies that  $\lim_{n \rightarrow \infty} E(\Omega_n) = 0$  for a collection of sequences of convex quadrilaterals  $(\Omega_n)$ . This collection includes a sequence of rhombi with vertices  $(\frac{n}{2}, 0), (-\frac{n}{2}, 0), (0, \frac{1}{2}), (0, -\frac{1}{2})$ . This contradicts (24).

This paper is organised as follows. The proofs of Lemma 3 and Theorem 4 are deferred to Section 2 below. The proofs of Theorem 6, Corollary 7, and Examples 8, 9, and 10 will be given in Section 3. The proof of Theorem 11 will be given in Section 4.

## 2. Proofs of Lemma 3 and Theorem 4

*Proof of Lemma 3.* First suppose (7) holds. That is if

$$a_n = \frac{1}{|\Omega_n|} \|f_n\|_1^2, \tag{25}$$

then

$$\lim_{n \rightarrow \infty} a_n = 0. \tag{26}$$

Let  $\alpha > 0$  and define

$$B_{n,\alpha} = \{x \in \Omega_n : f_n(x) > \alpha\}.$$

It follows that

$$\int_{\Omega_n \setminus B_{n,\alpha}} f_n^2 \leq \alpha^2 |\Omega_n \setminus B_{n,\alpha}|,$$

and

$$\int_{B_{n,\alpha}} f_n^2 \geq 1 - \alpha^2 |\Omega_n \setminus B_{n,\alpha}| \geq 1 - \alpha^2 |\Omega_n|.$$

Furthermore,

$$\int_{B_{n,\alpha}} f_n \geq \alpha |B_{n,\alpha}|. \tag{27}$$



It follows by (25) and (27) that

$$|B_{n,\alpha}| \leq \alpha^{-1} \int_{B_{n,\alpha}} f_n \leq \alpha^{-1} \int_{\Omega_n} f_n \leq \alpha^{-1} a_n^{1/2} |\Omega_n|^{1/2}.$$

We now choose

$$\alpha = a_n^{1/4} |\Omega_n|^{-1/2},$$

and conclude that

$$\int_{B_{n,a_n^{1/4}|\Omega_n|^{-1/2}}} f_n^2 \geq 1 - a_n^{1/2}, \quad \frac{|B_{n,a_n^{1/4}|\Omega_n|^{-1/2}}|}{|\Omega_n|} \leq a_n^{1/4}.$$

Set  $A_n = B_{n,a_n^{1/4}|\Omega_n|^{-1/2}}$ . Then  $A_n$  satisfies (4) by (26).

Next suppose (4) holds. Let  $\varepsilon \in (0, 1)$  be arbitrary. There exists  $N_\varepsilon \in \mathbb{N}$  such that both

$$\int_{\Omega_n \setminus A_n} f_n^2 < \varepsilon,$$

and  $|A_n|/|\Omega_n| < \varepsilon$ . So for  $n \geq N_\varepsilon$ ,

$$\begin{aligned} \frac{1}{|\Omega_n|} \|f_n\|_1^2 &= \frac{1}{|\Omega_n|} \left( \int_{A_n} f_n + \int_{\Omega_n \setminus A_n} f_n \right)^2 \\ &\leq \frac{2}{|\Omega_n|} \left( \left( \int_{A_n} f_n \right)^2 + \left( \int_{\Omega_n \setminus A_n} f_n \right)^2 \right) \\ &\leq \frac{2}{|\Omega_n|} \left( |A_n| + |\Omega_n \setminus A_n| \int_{\Omega_n \setminus A_n} f_n^2 \right) \\ &\leq 2 \left( \frac{|A_n|}{|\Omega_n|} + \varepsilon \right) \\ &\leq 4\varepsilon. \end{aligned}$$

This concludes the proof since  $\varepsilon \in (0, 1)$  was arbitrary. □

*Proof of Theorem 4.* By Lemma 3.1 in [7] we have, taking into account that the estimates there are for the Dirichlet Laplacian with an extra factor  $\frac{1}{2}$ , that

$$\|u_\Omega\|_\infty^2 \leq \left( \frac{e}{2\pi m} \right)^{m/2} \lambda(\Omega)^{m/2}. \tag{28}$$

Since  $\Omega$  contains a ball with inradius  $\rho(\Omega)$ , we have by domain monotonicity

$$\lambda(\Omega) \leq \frac{j_{(m-2)/2}^2}{\rho(\Omega)^2}. \tag{29}$$

By (28) and (29),

$$\|u_\Omega\|_\infty^{-2} \geq \left(\frac{2\pi m}{e j_{(m-2)/2}^2}\right)^{m/2} \rho(\Omega)^m,$$

and (8) follows by (5). By [13] we have that for planar convex sets,  $|\Omega| \leq 2 \operatorname{diam}(\Omega)\rho(\Omega)$ . This, together with (8), implies (9).  $\square$

### 3. Proofs of Theorem 6, Corollary 7, and Examples 8, 9, 10

To prove Theorem 6 we proceed via a number of lemmas.

**Lemma 12.** *If  $\Omega$  is an open set with  $|\Omega| < \infty$  and if  $\|u_\Omega\|_2 = 1$ , then for any  $\varepsilon > 0$ ,*

$$\frac{1}{|\Omega|} \|u_\Omega\|_1^2 \leq 2\varepsilon^2 |\Omega| + \frac{2}{|\Omega|} |\{x \in \Omega : u_\Omega(x) > \varepsilon\}|. \tag{30}$$

*Proof.* Let

$$\Omega^\varepsilon = \{x \in \Omega : u_\Omega \leq \varepsilon\}.$$

We have by Cauchy–Schwarz that

$$\begin{aligned} \frac{1}{|\Omega|} \|u_\Omega\|_1^2 &= \frac{1}{|\Omega|} \left( \int_{\Omega^\varepsilon} u_\Omega + \int_{\Omega \setminus \Omega^\varepsilon} u_\Omega \right)^2 \\ &\leq \frac{2}{|\Omega|} \left( \left( \int_{\Omega^\varepsilon} u_\Omega \right)^2 + \left( \int_{\Omega \setminus \Omega^\varepsilon} u_\Omega \right)^2 \right) \\ &\leq \frac{2}{|\Omega|} \left( \varepsilon^2 |\Omega^\varepsilon|^2 + |\Omega \setminus \Omega^\varepsilon| \int_{\Omega \setminus \Omega^\varepsilon} u_\Omega^2 \right) \\ &\leq 2\varepsilon^2 |\Omega| + \frac{2}{|\Omega|} |\{x \in \Omega : u_\Omega(x) > \varepsilon\}|. \quad \square \end{aligned}$$

For a non-empty open set  $\Omega \subset \mathbb{R}^m$ , we denote by  $p_\Omega(x, y; t)$ ,  $x \in \Omega, y \in \Omega, t > 0$  its Dirichlet heat kernel.

**Lemma 13.** *If  $\Omega$  is an open set in  $\mathbb{R}^m$  with  $0 < |\Omega| < \infty$ , then*

$$p_\Omega(x, x; t) \leq \left(\frac{e}{2\pi m}\right)^{m/2} \lambda(\Omega)^{m/2} e^{-t\lambda(\Omega)}, \quad t \geq \frac{m}{2\lambda(\Omega)}. \tag{31}$$

*Proof.* Since  $|\Omega| < \infty$ ,  $p_\Omega(x, y; t)$  has an  $L^2(\Omega)$  eigenfunction expansion given by

$$\sum_{j=1}^{\infty} e^{-t\lambda_j(\Omega)} u_{j,\Omega}^2(x) = p_\Omega(x, x; t). \tag{32}$$

It follows from (32) that for  $\alpha \in [0, 1)$ ,

$$\begin{aligned} p_\Omega(x, x; t) &= \sum_{j=1}^{\infty} e^{-(\alpha+1-\alpha)t\lambda_j(\Omega)} u_{j,\Omega}^2(x) \\ &\leq e^{-\alpha t\lambda(\Omega)} \sum_{j=1}^{\infty} e^{-(1-\alpha)t\lambda_j(\Omega)} u_{j,\Omega}^2(x) \\ &= e^{-\alpha t\lambda(\Omega)} p_\Omega(x, x; (1-\alpha)t) \\ &\leq e^{-\alpha t\lambda(\Omega)} p_{\mathbb{R}^m}(x, x; (1-\alpha)t) \\ &= e^{-\alpha t\lambda(\Omega)} (4\pi(1-\alpha)t)^{-m/2}, \end{aligned} \tag{33}$$

where we have used monotonicity of the Dirichlet heat kernel. For  $t \geq m/(2\lambda(\Omega))$  we choose  $\alpha$  as to optimise the right-hand side of (33). This yields,

$$\alpha = 1 - \frac{m}{2t\lambda(\Omega)},$$

which in turn gives (31). □

The main idea in the proof of Theorem 6 is to use Brownian motion techniques to achieve an efficient way of separation of variables for horn-shaped domains. These have been used extensively elsewhere. See for example [3] and Lemma 7 in [4]. If  $\Omega(x_1)$  is open and non-empty then, following Definition 5, we denote corresponding Dirichlet heat kernel by  $\pi_{\Omega(x_1)}(x', y'; t)$ ,  $x' \in \Omega(x_1)$ ,  $y' \in \Omega(x_1)$ ,  $t > 0$ . We also put  $\mu(\emptyset) = \infty$ ,  $\pi_\emptyset(x', y'; t) = 0$ .

**Lemma 14.** *Let  $\Omega$  be a horn-shaped set in  $\mathbb{R}^m$ . If  $x_1 \in \mathbb{R}$ ,  $x' \in \Omega(x_1)$ , then*

$$p_\Omega(x, x; t) \leq (4\pi t)^{-1/2} \pi_{\Omega(x_1/2)}(x', x'; t) + (4\pi t)^{-1/2} e^{-x_1^2/(4t)} \pi_{\Omega'}(x', x'; t). \tag{34}$$

*Proof.* The proof relies on the Feynman–Kac formula ([17]). We have that for any non-empty open set  $\Omega$  in  $\mathbb{R}^m$ ,

$$p_\Omega(x, y; t) = (4\pi t)^{-m/2} e^{-|x-y|^2/(4t)} \mathbb{P}\left(\bigcup_{0 \leq \tau \leq t} x(\tau) \subset \Omega: x(0) = x, x(t) = y\right), \tag{35}$$

where  $\{x(\tau), 0 \leq \tau \leq t\}$  is a Brownian bridge on  $\mathbb{R}^m$ . The term

$$\mathbb{P}\left(\bigcup_{0 \leq \tau \leq t} x(\tau) \subset \Omega: x(0) = x, x(t) = y\right)$$

in (35) is the conditional probability that the Brownian bridge stays in  $\Omega$ , conditioned with  $x(0) = x, x(t) = y$ . We write  $x(\tau) = (x_1(\tau), x'(\tau))$  with  $x_1(0) = x_1, x_1(t) = y_1, x'(0) = x', x'(t) = y'$ , where  $\{x_1(\tau), 0 \leq \tau \leq t\}$ , and  $\{x'(\tau), 0 \leq \tau \leq t\}$  are independent Brownian bridges.

For  $\xi > 0$  and  $x_1 < \xi, y_1 < \xi$ , we have by the reflection principle,

$$p_{(-\infty, \xi)}(x_1, y_1; t) = \frac{1}{(4\pi t)^{1/2}} (e^{-(x_1 - y_1)^2 / (4t)} - e^{-(2\xi - x_1 - y_1)^2 / (4t)}).$$

By (35), for  $x_1 < \xi, y_1 < \xi$ ,

$$\mathbb{P}(\max_{0 \leq \tau \leq t} x_1(\tau) \leq \xi: x_1(0) = x_1, x_1(t) = y_1) = 1 - e^{-(\xi - x_1)(\xi - y_1) / t}.$$

For  $x_1 = y_1 = 0, \xi > 0$ , we have

$$\mathbb{P}(\max_{0 \leq \tau \leq t} x_1(\tau) \leq \xi: x_1(0) = x_1(t) = 0) = 1 - e^{-\xi^2 / t}.$$

We arrive at the well-known formula for the density of the maximum of a one-dimensional Brownian bridge,

$$\mathbb{P}(\max_{0 \leq \tau \leq t} x_1(\tau) \in d\xi: x_1(0) = x_1(t) = 0) = \frac{2\xi}{t} e^{-\xi^2 / t} \mathbf{1}_{[0, \infty)}(\xi) d\xi. \tag{36}$$

We first consider the case  $x_1 > 0$ . By (35) and (36),

$$\begin{aligned} p_{\Omega}(x, x; t) &= (4\pi t)^{-m/2} \mathbb{P}\left(\bigcup_{0 \leq \tau \leq t} x(\tau) \subset \Omega: x(0) = x(t) = x\right) \\ &\leq (4\pi t)^{-m/2} \int_0^{x_1/2} d\xi \frac{2\xi}{t} e^{-\xi^2 / t} \mathbb{P}\left(\bigcup_{0 \leq \tau \leq t} x'(\tau) \subset \Omega(x_1 - \xi): \right. \\ &\qquad \qquad \qquad \left. x'(0) = x'(t) = x'\right) \\ &\quad + (4\pi t)^{-m/2} \int_{x_1/2}^{\infty} d\xi \frac{2\xi}{t} e^{-\xi^2 / t} \mathbb{P}\left(\bigcup_{0 \leq \tau \leq t} x'(\tau) \subset \Omega': \right. \\ &\qquad \qquad \qquad \left. x'(0) = x'(t) = x'\right) \end{aligned}$$

$$\begin{aligned}
 &\leq (4\pi t)^{-1/2} \int_0^{x_1/2} d\xi \frac{2\xi}{t} e^{-\xi^2/t} \pi_{\Omega(x_1/2)}(x', x'; t) \\
 &\quad + (4\pi t)^{-1/2} \int_{x_1/2}^{\infty} d\xi \frac{2\xi}{t} e^{-\xi^2/t} \pi_{\Omega'}(x', x'; t) \\
 &\leq (4\pi t)^{-1/2} \pi_{\Omega(x_1/2)}(x', x'; t) + (4\pi t)^{-1/2} e^{-x_1^2/(4t)} \pi_{\Omega'}(x', x'; t),
 \end{aligned} \tag{37}$$

where we have used that  $\Omega(x_1 - \xi) \subset \Omega'$  for  $\xi \geq x_1/2$  in the third line, and that  $\Omega(x_1 - \xi) \subset \Omega(x_1/2)$  for  $\xi \in [0, x_1/2)$  in the fourth line. We next consider the case  $x_1 < 0$ . By (35) and (36),

$$\begin{aligned}
 p_{\Omega}(x, x; t) &= (4\pi t)^{-m/2} \mathbb{P}\left(\bigcup_{0 \leq \tau \leq t} x(\tau) \subset \Omega: x(0) = x(t) = x\right) \\
 &\leq (4\pi t)^{-m/2} \int_0^{|x_1|/2} d\xi \frac{2\xi}{t} e^{-\xi^2/t} \mathbb{P}\left(\bigcup_{0 \leq \tau \leq t} x'(\tau) \subset \Omega(x_1 + \xi): \right. \\
 &\quad \left. x'(0) = x'(t) = x'\right) \\
 &\quad + (4\pi t)^{-m/2} \int_{|x_1|/2}^{\infty} d\xi \frac{2\xi}{t} e^{-\xi^2/t} \mathbb{P}\left(\bigcup_{0 \leq \tau \leq t} x'(\tau) \subset \Omega': \right. \\
 &\quad \left. x'(0) = x'(t) = x'\right) \\
 &\leq (4\pi t)^{-1/2} \int_0^{|x_1|/2} d\xi \frac{2\xi}{t} e^{-\xi^2/t} \pi_{\Omega(x_1/2)}(x', x'; t) \\
 &\quad + (4\pi t)^{-1/2} \int_{|x_1|/2}^{\infty} d\xi \frac{2\xi}{t} e^{-\xi^2/t} \pi_{\Omega'}(x', x'; t) \\
 &\leq (4\pi t)^{-1/2} \pi_{\Omega(x_1/2)}(x', x'; t) + (4\pi t)^{-1/2} e^{-x_1^2/(4t)} \pi_{\Omega'}(x', x'; t),
 \end{aligned} \tag{38}$$

where we have used that  $\Omega(x_1 + \xi) \subset \Omega'$  for  $\xi \geq |x_1|/2$  in the third line, and that  $\Omega(x_1 + \xi) \subset \Omega(x_1/2)$  for  $\xi \in [0, |x_1|/2)$  in the fourth line. Combining (37) and (38) gives (34).  $\square$

*Proof of Theorem 6.* We apply Lemma 13 to the  $(m - 1)$ -dimensional heat kernels  $\pi_{\Omega(x_1/2)}$  and  $\pi_{\Omega'}$  respectively, and obtain that for

$$t \geq \frac{m - 1}{2\mu(\Omega')} \tag{39}$$

both

$$\pi_{\Omega(x_1/2)}(x', x'; t) \leq \left(\frac{e}{2\pi(m - 1)}\right)^{(m-1)/2} \mu(\Omega(x_1/2))^{(m-1)/2} e^{-t\mu(\Omega(x_1/2))}, \tag{40}$$

and

$$\pi_{\Omega'}(x'x'; t) \leq \left(\frac{e}{2\pi(m - 1)}\right)^{(m-1)/2} \mu(\Omega')^{(m-1)/2} e^{-t\mu(\Omega')}. \tag{41}$$

Indeed, (39) implies

$$t \geq \frac{m - 1}{2\mu(\Omega(x_1/2))}$$

by domain monotonicity. For  $t$  satisfying (39),

$$(4\pi t)^{-1/2} \leq (\mu(\Omega')/(2\pi(m - 1)))^{1/2}, \tag{42}$$

and we obtain, by Lemma 14, (40), (41), and (42), that for  $t$  satisfying (39),

$$p_{\Omega}(x, x; t) \leq e^{-1/2} \left(\frac{e}{2\pi(m - 1)}\right)^{m/2} (\mu(\Omega(x_1/2)))^{m/2} e^{-t\mu(\Omega(x_1/2))} + \mu(\Omega')^{m/2} e^{-x_1^2/(4t) - t\mu(\Omega')}. \tag{43}$$

Bounding the left-hand side of (32) from below by  $e^{-t\lambda} u_{\Omega}(x)^2$  we find by (43) that if (39) holds, then

$$u_{\Omega}(x)^2 \leq e^{-1/2} \left(\frac{e}{2\pi(m - 1)}\right)^{m/2} (\mu(\Omega(x_1/2)))^{m/2} e^{-t(\mu(\Omega(x_1/2)) - \lambda)} + \mu(\Omega')^{m/2} e^{-x_1^2/(4t) - t(\mu(\Omega') - \lambda)}.$$

It follows that if (39) holds, then

$$\begin{aligned} & \{u_{\Omega}^2(x) \geq \varepsilon^2\} \\ & \subset \left\{x \in \Omega: e^{-1/2} \left(\frac{e}{2\pi(m - 1)}\right)^{m/2} \mu(\Omega(x_1/2))^{m/2} e^{-t(\mu(\Omega(x_1/2)) - \lambda)} \geq \frac{\varepsilon^2}{2}\right\} \\ & \cup \left\{x \in \Omega: e^{-1/2} \left(\frac{e}{2\pi(m - 1)}\right)^{m/2} \mu(\Omega')^{m/2} e^{-x_1^2/(4t) - t(\mu(\Omega') - \lambda)} \geq \frac{\varepsilon^2}{2}\right\} \end{aligned}$$

$$\begin{aligned}
 &= \left\{ x \in \Omega: 2^{1/2} e^{-1/4} \left( \frac{e}{2\pi(m-1)} \right)^{m/4} \mu(\Omega(x_1/2))^{m/4} e^{-t(\mu(\Omega(x_1/2))-\lambda)/2} \geq \varepsilon \right\} \\
 &\cup \left\{ x \in \Omega: 2^{1/2} e^{-1/4} \left( \frac{e}{2\pi(m-1)} \right)^{m/4} \mu(\Omega')^{m/4} e^{-x_1^2/(8t)-t(\mu(\Omega')-\lambda)/2} \geq \varepsilon \right\} \\
 &:= A_1 \cup A_2,
 \end{aligned} \tag{44}$$

with obvious notation. We choose

$$t = (2(\lambda - \mu(\Omega')))^{-1},$$

and let

$$\varepsilon \in (0, \mu(\Omega')^{m/4}].$$

Then the constraint on  $t$  in (39) is satisfied for all  $\Omega$  satisfying (10). For the above choice of  $t$  we have

$$\begin{aligned}
 A_1 &\subset \left\{ x \in \Omega: \frac{\mu(\Omega(x_1/2)) - \mu(\Omega')}{4(\lambda - \mu(\Omega'))} < \log(\varepsilon^{-1} \mu(\Omega(x_1/2))^{m/4}) \right\}, \\
 |A_1| &\leq |\Omega'|_{m-1} \left| \left\{ x_1 \in \mathbb{R}: \frac{\mu(\Omega(x_1/2)) - \mu(\Omega')}{4(\lambda - \mu(\Omega'))} < \log(\varepsilon^{-1} \mu(\Omega(x_1/2))^{m/4}) \right\} \right|_1,
 \end{aligned} \tag{45}$$

$$A_2 \subset \{x \in \Omega: x_1^2(\lambda - \mu(\Omega')) < 4 \log(\varepsilon^{-1} \mu(\Omega')^{m/4})\},$$

and

$$|A_2| \leq 4|\Omega'|_{m-1}(\lambda - \mu(\Omega'))^{-1/2}(\log(\varepsilon^{-1} \mu(\Omega')^{m/4}))^{1/2}. \tag{46}$$

By (30), (44), (45), and (46), we obtain

$$\begin{aligned}
 \frac{1}{|\Omega|} \|u_\Omega\|_1^2 &\leq 2\varepsilon^2 |\Omega| + \frac{2|\Omega'|_{m-1}}{|\Omega|} \left| \left\{ x_1 \in \mathbb{R}: \frac{\mu(\Omega(x_1/2)) - \mu(\Omega')}{4(\lambda - \mu(\Omega'))} \right. \right. \\
 &\quad \left. \left. < \log(\varepsilon^{-1} \mu(\Omega(x_1/2))^{m/4}) \right\} \right|_1 \\
 &\quad + \frac{8|\Omega'|_{m-1}}{|\Omega|} (\lambda - \mu(\Omega'))^{-1/2} (\log(\varepsilon^{-1} \mu(\Omega')^{m/4}))^{1/2}.
 \end{aligned}$$

Substitution of  $\varepsilon^2 |\Omega| = \varepsilon'$  and deleting the ' yields (12) for all  $\varepsilon$  satisfying (11). □

*Proof of Corollary 7.* Let

$$x_1(\Omega)^+ := \sup\{x_1: \Omega(x_1) \neq \emptyset\} < \infty, \quad x_1(\Omega)^- := \inf\{x_1: \Omega(x_1) \neq \emptyset\} > -\infty.$$

Let  $x_{\Omega}^+, x_{\Omega}^-$  be points of  $\partial\Omega$  with  $x_1$  coordinates  $x_1(\Omega)^+$  and  $x_1(\Omega)^-$  respectively. By convexity  $\Omega$  contains triangles with bases  $\Omega'$  and vertices  $x_{\Omega}^+$  and  $x_{\Omega}^-$  respectively. Hence for any  $x = (x_1, x') \in \Omega$ ,  $\frac{1}{2}x_1(\Omega)^- \leq x_1/2 \leq \frac{1}{2}x_1(\Omega)^+$ , and  $\Omega(x_1/2)$  contains a line segment with length at least  $\frac{1}{2}|\Omega'|_1$ . So

$$\mu(\Omega(x_1/2)) \leq 4\mu(\Omega') = \frac{4\pi^2}{|\Omega'|_1^2}.$$

This, together with (12) for  $m = 2$ , proves (14). □

P. Kröger observed that one can get upper bounds for the first Dirichlet eigenvalue of the circular sector  $S_n(r)$  with radius  $r$  and opening angle  $\pi/n$ , which have the correct leading term by choosing an optimal rectangle inside the sector [14]. Similar observations were used in the proof of Theorem 1.5 in [5] and also in the proof of Theorem 1.3 in [12].

*Proof of Example 8.* Theorem 1.5 in [5] implies the existence of a constant  $c_1 < \infty$  such that

$$\lambda(\Omega_n) \leq \pi^2 + c_1 n^{-2/3}, \quad n \in \mathbb{N}. \tag{47}$$

We note that  $\Omega_n$  is horn-shaped with respect to the coordinate system which defines it in Example 8. Note that  $|\Omega'_n|_1 = 1$ . Straightforward computations show,

$$\mu(\Omega_n(x_1)) = \pi^2 \left(1 - \frac{x_1}{b_n}\right)^{-2}, \quad 0 < x_1 < b_n,$$

$$\mu(\Omega_n(x_1)) = \pi^2 \left(1 - \frac{|x_1|}{n - b_n}\right)^{-2}, \quad b_n - n < x_1 < 0,$$

$$\mu(\Omega_n(x_1/2)) \geq \pi^2 \left(1 + \frac{x_1}{b_n}\right), \quad 0 < x_1 < b_n, \tag{48}$$

$$\mu(\Omega_n(x_1/2)) \geq \pi^2 \left(1 + \frac{|x_1|}{n - b_n}\right), \quad b_n - n < x_1 < 0, \tag{49}$$

and

$$|\Omega_n| = \frac{n}{2}. \tag{50}$$

By (47) we see that (10) holds for all

$$n \geq N_{\Omega} := \min\{n \in \mathbb{N} : n^{2/3} \geq \pi^{-2} c_1\}.$$

We obtain by Corollary 7 and (47)–(50) that for

$$\lambda = \pi^2 + c_1 n^{-2/3}, \tag{51}$$



$$\frac{2|\Omega'_n|_1}{|\Omega_n|} \left| \left\{ x_1 \in \mathbb{R}: \frac{|\Omega'_n|_1^2 \mu(\Omega_n(x_1/2)) - \pi^2}{2(|\Omega'_n|_1^2 \lambda - \pi^2)} \leq \log(4\pi^2 \varepsilon^{-1} |\Omega'_n|_1^{-2} |\Omega_n|) \right\} \right|_1 \quad (52)$$

$$\leq 8\pi^{-2} c_1 n^{-2/3} \log(2\pi^2 \varepsilon^{-1} n).$$

The third term in the right-hand side of (12) equals by (51),

$$\frac{2^{7/2}}{n^{2/3}} c_1^{-1/2} (\log(2^{-1} \pi^2 \varepsilon^{-1} n))^{1/2}. \quad (53)$$

We find for  $n \geq N_\Omega$  and  $\varepsilon \in (0, 2^{-1} \pi^2 n]$ , by (52), (53), and (12),

$$\frac{1}{|\Omega_n|} \|u_{\Omega_n}\|_1^2 \leq 2\varepsilon + 8\pi^{-2} c_1 n^{-2/3} \log(2\pi^2 \varepsilon^{-1} n) \quad (54)$$

$$+ 2^{7/2} c_1^{-1/2} n^{-2/3} (\log(2^{-1} \pi^2 \varepsilon^{-1} n))^{1/2}.$$

Choosing  $\varepsilon = n^{-2/3}$  gives that the right-hand side of (54) is  $O(n^{-2/3} \log n)$ . This implies localisation by Lemma 3, and (15) follows by (6) and (54) for that choice of  $\varepsilon$ .  $\square$

*Proof of Example 9.* By choosing an optimal rectangle in  $T_n$  one shows, similarly to (47), the existence of  $c_3 < \infty$  such that  $\lambda(T_n) \leq \pi^2 + c_3 n^{-2/3}$ . By domain monotonicity of the Dirichlet eigenvalues and (51),

$$\lambda(R_n) \leq \lambda(\Omega_n) \leq \lambda(T_n) \leq \pi^2 + c_3 n^{-2/3}. \quad (55)$$

Furthermore,

$$\frac{n}{4} = |T_n| \leq |\Omega_n| \leq |R_n| = \frac{n}{2}, \quad \mu(R'_n) = \pi^2, \quad |R'_n|_1 = 1.$$

By domain monotonicity of the Dirichlet heat kernels, we have for  $\lambda \geq \lambda(\Omega_n)$ ,

$$e^{-t\lambda} u_{\Omega_n}(x)^2 \leq e^{-t\lambda(\Omega_n)} u_{\Omega_n}(x)^2$$

$$\leq p_{\Omega_n}(x, x; t)$$

$$\leq p_{R_n}(x, x; t)$$

$$\leq (4\pi t)^{-1/2} \pi_{R_n(x_1/2)}(x', x'; t)$$

$$+ (4\pi t)^{-1/2} e^{-x_1^2/(4t)} \pi_{R'_n}(x', x'; t).$$

Adapting the proof of Theorem 6 from (40) onwards, and adapting Corollary 7, gives for all  $n$  sufficiently large,  $\lambda \geq \lambda(\Omega_n)$ , and  $\varepsilon \leq \frac{\pi^2 n}{4}$ ,

$$\frac{1}{|\Omega_n|} \|u_{\Omega_n}\|_1^2 \leq 2\varepsilon + \frac{2|R'_n|_1}{|\Omega_n|} \left| \left\{ x_1 \in \mathbb{R}: \frac{|R'_n|_1^2 \mu(R_n(x_1/2)) - \pi^2}{2(|R'_n|_1^2 \lambda - \pi^2)} \leq \log(4\pi^2 \varepsilon^{-1} |R'_n|_1^{-2} |\Omega_n|) \right\} \right|_1$$

$$+ \frac{2^{5/2} |R'_n|_1^2}{|\Omega_n|} (|R'_n|_1^2 \lambda - \pi^2)^{-1/2} (\log(\pi^2 \varepsilon^{-1} |R'_n|_1^{-2} |\Omega_n|))^{1/2}$$

$$\begin{aligned} &\leq 2\varepsilon + \frac{8}{n} \left| \left\{ x_1 \in \mathbb{R}: \frac{\mu(R'_n(x_1/2)) - \pi^2}{2(\lambda - \pi^2)} \leq \log(2\pi^2\varepsilon^{-1}n) \right\} \right|_1 \\ &\quad + \frac{2^{9/2}}{n} (\lambda - \pi^2)^{-1/2} (\log(2^{-1}\pi^2\varepsilon^{-1}n))^{1/2}, \end{aligned}$$

where we have used (55). We now choose  $\lambda = \pi^2 + c_3n^{-2/3}$  and use (48) and (49) with  $b_n = \frac{n}{2}$ . This gives

$$\begin{aligned} \frac{1}{|\Omega_n|} \|u_{\Omega_n}\|_1^2 &\leq 2\varepsilon + 16\pi^{-2}c_3n^{-2/3} \log(2\pi^2\varepsilon^{-1}n) \\ &\quad + 2^{9/2}c_3^{-1/2}n^{-2/3} (\log(2^{-1}\pi^2\varepsilon^{-1}n))^{1/2}. \end{aligned}$$

We choose  $\varepsilon = n^{-2/3}$  which gives (15). This proves localisation by Lemma 3.  $\square$

*Proof of Example 10.* Theorem 1.5 in [5] implies the existence of a constant  $c(\alpha) \in (1, \infty)$  such that

$$\lambda(\Omega_{n,\alpha}) \leq j_{(m-2)/2}^2 + c(\alpha)n^{-2\alpha/(\alpha+2)}, \quad n \in \mathbb{N}, \tag{56}$$

where  $\mu(\{x' \in \mathbb{R}^{m-1}: |x'| < 1\}) = j_{(m-2)/2}^2$ . For  $-\frac{n}{2} < x_1 < \frac{n}{2}$ ,  $\Omega(x_1)$  is an  $(m - 1)$ -dimensional disc with radius  $(1 - (2|x_1|/n)^\alpha)^{1/\alpha}$ . Hence,

$$\begin{aligned} \mu(\Omega(x_1/2)) &= j_{(m-3)/2}^2 (1 - (n^{-1}|x_1|)^\alpha)^{-2/\alpha} \\ &\geq j_{(m-3)/2}^2 (1 + 2\alpha^{-1}(n^{-1}|x_1|)^\alpha), \end{aligned} \tag{57}$$

and

$$|\Omega'_{n,\alpha}|_1 = |\{x' \in \mathbb{R}^{m-1}: |x'| < 1\}|_{m-1} = \omega_{m-1}, \quad |\Omega_{n,\alpha}| = \omega_m n / 2, \tag{58}$$

and  $\omega_m$  is the measure of the ball with radius 1 in  $\mathbb{R}^m$ . For  $\varepsilon \in (0, 2^{-1}\omega_m j_{(m-3)/2}^m n]$ ,  $n$  sufficiently large, and  $\lambda = j_{(m-2)/2}^2 + c(\alpha)n^{-2\alpha/(\alpha+2)} \geq \lambda(\Omega_{n,\alpha})$ , we have

$$\begin{aligned} &4 \frac{\omega_{m-1}}{\omega_m n} \left| \left\{ x_1 \in \mathbb{R}: \frac{\mu(\Omega_{n,\alpha}(x_1/2)) - j_{(m-3)/2}^2}{2(\lambda - j_{(m-3)/2}^2)} \leq \log(2j_{(m-3)/2}^m \omega_m \varepsilon^{-1}n) \right\} \right|_1 \\ &\leq \frac{4\omega_{m-1}}{\omega_m} (\alpha c(\alpha) / j_{(m-3)/2}^2)^{1/\alpha} n^{-2/(\alpha+2)} (\log(2j_{(m-3)/2}^m \omega_m \varepsilon^{-1}n))^{1/\alpha}. \end{aligned} \tag{59}$$

Similarly we find for  $\varepsilon \in (0, 2^{-1}\omega_m j_{(m-3)/2}^m n]$  and all  $n$  sufficiently large,

$$\begin{aligned} &2^{7/2} \frac{\omega_{m-1}}{\omega_m n} (\lambda - j_{(m-3)/2}^2)^{-1/2} (\log(\pi^2\varepsilon^{-1}n))^{1/2} \\ &\leq 2^{7/2} c(\alpha)^{-1/2} n^{-2/(\alpha+2)} (\log(j_{(m-3)/2}^m \omega_m \varepsilon^{-1}n/2))^{1/2}. \end{aligned} \tag{60}$$

Choosing  $\varepsilon = n^{-2/(\alpha+2)}$  gives (16) by Corollary 7, and (56)–(60). Lemma 3 and (16) imply localisation.  $\square$

**4. Proof of Theorem 11**

*Proof of Theorem 11.* Choosing  $\varphi(x) = \sin(\pi(|x| - R)/\varepsilon)$  as a test function in (1), we have that

$$\begin{aligned} \lambda(\Omega_{R,R+\varepsilon}) &\leq \frac{\pi^2 \int_R^{R+\varepsilon} \cos^2(\pi(r - R)/\varepsilon) r^{m-1} dr}{\varepsilon^2 \int_R^{R+\varepsilon} \sin^2(\pi(r - R)/\varepsilon) r^{m-1} dr} \\ &\leq \frac{\pi^2}{\varepsilon^2} \left(\frac{R + \varepsilon}{R}\right)^{m-1} \frac{\int_R^{R+\varepsilon} \cos^2(\pi(r - R)/\varepsilon) dr}{\int_R^{R+\varepsilon} \sin^2(\pi(r - R)/\varepsilon) dr} \\ &= \frac{\pi^2}{\varepsilon^2} \left(\frac{R + \varepsilon}{R}\right)^{m-1}. \end{aligned} \tag{61}$$

On the other hand, since the first Dirichlet eigenfunction of  $\Omega_{R,R+\varepsilon}$  is radial,  $u_{\Omega_{R,R+\varepsilon}}(x) := u(r)$ , we have

$$\begin{aligned} \lambda(\Omega_{R,R+\varepsilon}) &= \frac{\int_R^{R+\varepsilon} u'(r)^2 r^{m-1} dr}{\int_R^{R+\varepsilon} u(r)^2 r^{m-1} dr} \\ &\geq \left(\frac{R}{R + \varepsilon}\right)^{m-1} \frac{\int_R^{R+\varepsilon} u'(r)^2 dr}{\int_R^{R+\varepsilon} u(r)^2 dr} \\ &\geq \left(\frac{R}{R + \varepsilon}\right)^{m-1} \min_{v \in H_0^1(R,R+\varepsilon) \setminus \{0\}} \frac{\int_R^{R+\varepsilon} v'(r)^2 dr}{\int_R^{R+\varepsilon} v(r)^2 dr} \\ &= \frac{\pi^2}{\varepsilon^2} \left(\frac{R}{R + \varepsilon}\right)^{m-1}, \end{aligned} \tag{62}$$

and (17) follows from (61) and (62).

To prove (18) we consider the radial solution  $\psi_\varepsilon(|x|) = u_\varepsilon(x)$  of

$$-\Delta u_{\Omega_{R,R+\varepsilon}} = \lambda(\Omega_{R,R+\varepsilon}) u_{\Omega_{R,R+\varepsilon}},$$

with zero boundary condition and  $\|\psi_\varepsilon\|_\infty = 1$ . The function  $\psi_\varepsilon$  satisfies

$$\psi_\varepsilon'' + \frac{m-1}{r} \psi_\varepsilon' + \lambda_\varepsilon \psi_\varepsilon = 0 \quad \text{in } (R, R + \varepsilon),$$

with boundary condition  $\psi_\varepsilon(R) = \psi_\varepsilon(R + \varepsilon) = 0$  and normalisation  $\|\psi_\varepsilon\|_\infty = 1$ , where  $\lambda_\varepsilon = \lambda(\Omega_{R,R+\varepsilon})$ . Define

$$\phi_\varepsilon(t) = \psi_\varepsilon(R + \varepsilon t), \quad t \in (0, 1).$$

Then  $\phi_\varepsilon$  satisfies

$$\begin{cases} \phi_\varepsilon'' + \frac{(m-1)\varepsilon}{R+\varepsilon t} \phi_\varepsilon' + \varepsilon^2 \lambda_\varepsilon \phi_\varepsilon = 0 & \text{in } (0, 1), \\ \phi_\varepsilon(0) = \phi_\varepsilon(1) = 0, \\ \|\phi_\varepsilon\|_\infty = 1. \end{cases} \tag{63}$$

Integrating between the maximum point  $t_m$  of  $\phi$  and  $t \in (0, 1)$ , we get that

$$|\phi_\varepsilon'(t)| = \left| \int_{t_m}^t \left( \frac{(m-1)\varepsilon \phi_\varepsilon'(t)}{R+\varepsilon t} + \varepsilon^2 \lambda_\varepsilon \phi_\varepsilon(t) \right) dt \right| \leq (m-1) \left( \frac{2\varepsilon}{R} + \varepsilon^2 \lambda_\varepsilon \right). \tag{64}$$

Hence  $\phi_\varepsilon, \phi_\varepsilon'$  are equibounded in  $(0, 1)$  and, by the Arzelà–Ascoli theorem,  $\phi_\varepsilon$  converges uniformly, as  $\varepsilon \rightarrow 0^+$ , to a continuous function  $\phi(t)$  in  $(0, 1)$ . From (63) and (64), we also obtain equiboundedness of the second derivatives  $\phi_\varepsilon''$ . Hence  $\phi_\varepsilon$  converges uniformly to  $\phi$  in  $C^1$ . Moreover, we obtain uniform convergence of the second derivatives  $\phi_\varepsilon''$ . Passing to the limit in the equation, we infer that  $\phi$  satisfies

$$\begin{cases} \phi'' + \pi^2 \phi = 0 & \text{in } (0, 1), \\ \phi(0) = \phi(1) = 0, \\ \|\phi\|_\infty = 1. \end{cases}$$

Hence  $\phi(t) = \sin(\pi t)$  and

$$\lim_{\varepsilon \downarrow 0} \int_{[0,1]} \phi_\varepsilon(t) dt = \int_{[0,1]} \phi(t) dt = \frac{2}{\pi}. \tag{65}$$

So we obtain

$$E(\Omega_{R,R+\varepsilon}) = |\Omega_{R,R+\varepsilon}|^{-1} \int_{\Omega_{R,R+\varepsilon}} \psi_\varepsilon \geq \left( \frac{R}{R+\varepsilon} \right)^{m-1} \int_{[0,1]} \phi_\varepsilon(t) dt,$$

and, by (65),

$$\liminf_{\varepsilon \downarrow 0} E(\Omega_{R,R+\varepsilon}) \geq \frac{2}{\pi}.$$

Similarly we have

$$E(\Omega_{R,R+\varepsilon}) \leq \left( \frac{R+\varepsilon}{R} \right)^{m-1} \int_{[0,1]} \phi_\varepsilon(t) dt,$$

and, by (65),

$$\limsup_{\varepsilon \downarrow 0} E(\Omega_{R,R+\varepsilon}) \leq \frac{2}{\pi}.$$

To prove (19) we consider an equilateral triangle  $\Delta$  with vertices at

$$(0, 0), \quad (1, 0), \quad \left(\frac{1}{2}, \frac{1}{2}\sqrt{3}\right).$$

The first Dirichlet eigenfunction is given by (formula (2.1) in [18]),

$$u_{\Delta}(x_1, x_2) = \sin\left(\frac{4\pi x_2}{\sqrt{3}}\right) - \sin\left(2\pi\left(x_1 + \frac{x_2}{\sqrt{3}}\right)\right) + \sin\left(2\pi\left(x_1 - \frac{x_2}{\sqrt{3}}\right)\right).$$

We find that  $|\Delta| = \frac{\sqrt{3}}{4}$ ,

$$\|u_{\Delta}\|_{\infty} = u(1/2, \sqrt{3}/6) = \frac{3\sqrt{3}}{2},$$

and

$$\|u_{\Delta}\|_1 = \int_{\Delta} u(x_1, x_2) dx_1 dx_2 = \frac{9}{4\pi\sqrt{3}}.$$

This proves (19).

The efficiency of an interval is given by  $\frac{2}{\pi}$ . Formula (20) follows by separation of variables. More generally if  $\Omega_1$  and  $\Omega_2$  are open and connected sets in  $\mathbb{R}^{m_1}$  and  $\mathbb{R}^{m_2}$ , respectively, and with finite measures  $|\Omega_1|_{m_1}$  and  $|\Omega_2|_{m_2}$  respectively, then

$$E(\Omega_1 \times \Omega_2) = E(\Omega_1)E(\Omega_2),$$

where  $\Omega_1 \times \Omega_2$  is the Cartesian product in  $\mathbb{R}^{m_1+m_2}$ .

To prove (21) we let  $B = \{x \in \mathbb{R}^2: |x| < 1\}$ . Then

$$u_B(r, \theta) = J_0(j_0 r), 0 \leq r < 1, 0 < \theta \leq 2\pi,$$

and

$$\|u_B\|_1 = \int_{[0,1]} dr r \int_{[0,2\pi)} d\theta J_0(j_0 r) \approx 0.215882(2\pi).$$

Since  $\|u_B\|_{\infty} = J_0(0) = 1$ , we have that

$$E(B) \approx 0.6782 \frac{2}{\pi}. \quad \square$$

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