Embeddedness of liquid-vapour interfaces in stable equilibrium

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Abstract. We consider a classical (capillary) model for a one-phase liquid in equilibrium. The liquid (e.g., water) is subject to a volume constraint, it does not mix with the surrounding vapour (e.g., air), it may come into contact with solid supports (e.g., a container), and it is subject to the action of an analytic potential field (e.g., gravity). The region occupied by the liquid is described as a set of locally finite perimeter (Caccioppoli set) in \mathbb{R}^3 ; no a priori regularity assumption is made on its boundary. The (twofold) scope in this note is to propose a weakest possible set of mathematical assumptions that sensibly describe a condition of stable equilibrium for the liquid-vapour interface (the capillary surface), and to infer from those that this interface is a smoothly embedded analytic surface. (The liquid-solid-vapour junction, or free boundary, can be present but is not analysed here.) The result relies fundamentally on the recent varifold regularity theory developed by the author and Wickramasekera, and on the identification of a suitable formulation of the stability condition.

1. Introduction

Given a constant-density, incompressible liquid sitting in a container and subject to a potential field, we denote by $\Omega \subset \mathbb{R}^3$ the open set identified with the interior of the container and by $E \subset \Omega$ the region occupied by the liquid, for the moment assuming $\partial E \cap \Omega$ is smooth and embedded up to $\partial\Omega$, and $\partial\Omega$ is sufficiently regular (e.g., C^1). The liquid and the surrounding vapour cannot mix. Following a classical capillary model for onephase liquids (see, e.g., $[14, 19, 21]$ $[14, 19, 21]$ $[14, 19, 21]$ $[14, 19, 21]$ $[14, 19, 21]$), the equilibrium condition is obtained by imposing a volume-constrained stationarity condition with respect to the free energy

$$
\mathcal{F}(E) = \mathcal{H}^2(\partial E \cap \Omega) + \sigma \mathcal{H}^2(\partial E \cap \partial \Omega) + \int_E g \, d\mathcal{L}^3,
$$

where $\sigma \in (-1, 1)$ is the adhesive coefficient between the liquid and the walls of the container, \mathcal{H}^2 is the Hausdorff 2-dimensional measure (the usual surface measure when ∂E

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is a smooth surface), and g is the potential (for example, g can be the gravitational potential in \mathbb{R}^3 given by $g = g_0 \rho x_3$, where ρ is the constant density of the liquid and g_0 is gravity on Earth). The first term encodes the effect of surface tension on the liquid-vapour interface $\partial E \cap \Omega$, usually referred to as the capillary surface.

The formulation in terms of the free energy $\mathcal F$ goes back to the work of Gauss [\[15\]](#page-41-3), where the equilibrium condition for E follows from the virtual work principle as follows: we imagine a continuous deformation of the region E (made so that the deformed region keeps the same volume and stays inside the container), we compute the free energy of the deformed regions, and we impose that $\mathcal F$ does not decrease to first order along the deformation. This stationarity condition recovers Young–Laplace's law $([18, 28])$ $([18, 28])$ $([18, 28])$ $([18, 28])$ $([18, 28])$ – in other words, the following two conditions: (i) the mean curvature of $\partial E \cap \Omega$ (liquidvapour interface) is $(g - \lambda)\nu_E$ for some $\lambda \in \mathbb{R}$ (possibly depending on the connected component of the liquid), where v_E is the unit outer normal on ∂E ; and (ii) $v_E \cdot v_\Omega = \sigma$ at the boundary of $\overline{\partial E \cap \Omega}$ (liquid-vapour-solid junction), where v_{Ω} is the unit outer normal on $\partial\Omega$. In order to reflect physically observable equilibria, one often additionally imposes a second-order condition – namely, the fact that the equilibrium configuration is stable by requiring that $\mathcal F$ does not increase to second order along the deformation, that is, imposing the non-negativity of the second variation of \mathcal{F} .

A more modern formulation of the above problem models the region E occupied by the liquid as a Caccioppoli set, rather than a set with smooth boundary; see $[14, 19, 21]$ $[14, 19, 21]$ $[14, 19, 21]$ $[14, 19, 21]$ $[14, 19, 21]$ (and Appendix [B](#page-37-0) for some reminders). This is partly motivated by the need to pose the variational problem in a class where E has just enough structure to ensure that the energy $\mathcal F$ is well-defined, but no further regularity is assumed. Concretely, this will include in the model all equilibrium configurations, and a priori there may be equilibria for which the liquid-vapour interface lacks smoothness. From a mathematical point of view, in order to answer existence questions it is necessary to work in classes that enjoy good compactness properties at the price of possessing less regularity (for example, to use the direct method of calculus of variation or to use min-max arguments): good compactness properties typically fail for smooth submanifolds, and one is required to work with weaker notions that enjoy them (e.g., reduced boundaries of Caccioppoli sets, currents, varifolds). In the case of Caccioppoli sets that we are interested in, the regularity (smoothness) properties of ∂E (more precisely, of the reduced boundary $\partial^* E$), under suitable variational hypotheses, become then a fundamental issue to address.^{[1](#page-1-0)}

In this note we propose a set of mathematical assumptions on the Caccioppoli set E that reflect a stable equilibrium condition and that can be considered as weak as possible. We will discuss why such assumptions are mathematically necessary and why they can be deemed to sensibly encode, through the virtual work principle, a physically stable

¹The reduced boundary $\partial^* C$ (the measure-theoretic notion of boundary for a Caccioppoli set C) is in general merely a rectifiable set, and as such can be very irregular. Any regularity information must be deduced from the specific variational assumptions.

equilibrium. Some care will be required in stating the variational assumptions via the virtual work principle, since no regularity is assumed on $\partial^* E$. We stress that the stability assumption will involve non-negativity of the second variation (rather than the stronger positivity requirement). Once the assumptions are in place, we will infer from them that, when the potential is analytic, the liquid-vapour interface (i.e., any portion of $\partial^* E$ that does not touch the solid support of the container) is in fact a smoothly embedded (analytic) surface. The aim is thus to justify, under a minimal set of postulates, the description of a one-phase liquid in stable equilibrium by means of a set whose boundary is smoothly embedded (in the interior of the container). The embeddedness conclusion agrees with experimental observation.

We will not be concerned with the free boundary, that is, the liquid-vapour-solid junction given by the boundary of the surface-with-boundary $\overline{\partial E} \cap \overline{\Omega}$; we address only the interior regularity, that is, the regularity of the liquid-vapour interface away from the container. It is then clear that the same results apply to a pendant drop hanging from a syringe, a sessile drop sitting on a desk – or, more generally, to any incompressible liquid with constant density – as long as we stay away from any solid support that may be present. Mathematically, this means that we will only be interested 2 2 in the energy given by the first and third terms of \mathcal{F} .

Our set up is then the following: let C be a Caccioppoli set in \mathbb{R}^3 and let $\Omega \subset \mathbb{R}^3$ be an open set (concretely, we can think of Ω as any open subset of $\mathbb{R}^3 \setminus S$, where S is the closed set representing all solid supports; note that \overline{C} is not necessarily contained in Ω) and let $g : \Omega \to \mathbb{R}$ be smooth. The free energy of C in Ω is

$$
\mathcal{E}_{\Omega}(C) = \operatorname{Per}_{\Omega}(C) + \int_{C \cap \Omega} g \, d\mathcal{L}^3 = ||D\chi_C||(\Omega) + \int_{C \cap \Omega} g \, d\mathcal{L}^3
$$

(here χ_C stands for the characteristic function of C, whose distributional gradient is a Radon measure by definition of Caccioppoli sets; see Appendix [B\)](#page-37-0). Our aim is to prove the next result. For the moment, we use the phrase "physically stationary and stable" to describe the variational assumptions and we summarise these, a bit imprecisely, after the statement. In Section [2](#page-6-0) we will make precise both the variational assumptions (Definitions [1–](#page-7-0)[6\)](#page-16-0) and the statement of the theorem (see Theorem [2.6\)](#page-16-1).

Theorem. Let $\Omega \subset \mathbb{R}^3$ be open, $g : \Omega \to \mathbb{R}$ be analytic, and E a Caccioppoli set in \mathbb{R}^3 . Assume that E is "physically stationary and stable" with respect to ε_{Ω} , for volume*preserving deformations inside* Ω . Then, $\partial^* E \cap \Omega$ *is a smoothly embedded (analytic) surface.*

²The regularity of the solid-liquid-vapour junction is highly interesting and important. The behaviour of this junction is ruled by Young's law; the relevant regularity questions are of free-boundary regularity type. Our focus here is on the liquid-vapour interface, for which the relevant analysis is of (local) interior regularity type.

The notions of "physically stationary and stable" amount to the following requirements:

- (i) the vanishing of the first variation (stationarity) and non-negativity of the second variation (stability) with respect to \mathcal{E}_{Ω} for any 1-parameter family of diffeomorphisms of Ω whose initial speed is in $C_c^1(\Omega; \mathbb{R}^3)$ ("ambient deformations") and such that the 1-parameter family of Caccioppoli sets in Ω obtained by acting with the diffeomorphisms on an arbitrary "connected component" of E has constant volume;
- (ii) that if, in a neighbourhood $U \subset \subset \Omega$, ∂E is given by one of three precisely defined non-embedded structures (that we will denote by (a) , (a') , (b) in Section [2.2;](#page-11-0) see also Figure [1\)](#page-9-0), then E is stationary and stable with respect to specific volumepreserving deformations (that we will call "coalescence" and "break-up"; see Figures [3](#page-20-0) and [4\)](#page-22-0).

The ambient deformations considered in assumption (i) above are customary in the literature on variational problems such as the one we consider. However, assumption (i) alone does not imply the embeddedness conclusion. We identify in assumption (ii) the missing variational hypotheses that lead to it. In addition to why they are mathematically necessary, we will also discuss why the volume-preserving deformations considered in assumptions (i) and (ii) can be deemed admissible, in the sense that they reflect observed deformations of liquids.

The above theorem also recovers the corresponding regularity results available for volume-constrained perimeter-minimisers [\[16,](#page-41-6) [17\]](#page-41-7); see Remark [2.7.](#page-17-0)

As we will see, the proof of the theorem relies heavily on a corollary of [\[3,](#page-40-0) [4\]](#page-40-1) that we recall in Theorem [2.2.](#page-12-0) The more general theory developed in [\[3,](#page-40-0) [4\]](#page-40-1) addresses a class of integral varifolds with prescribed mean curvature that satisfy certain stability conditions. Particular emphasis is given, in $[3, 4]$ $[3, 4]$ $[3, 4]$, to the fact that the hypotheses made are "easily" checkable", particularly in view of applications to problems in differential geometry; a key example of such an application is given with the resolution of the existence problem for prescribed-mean-curvature hypersurfaces in [\[5\]](#page-40-2). In this note, on the other hand, we capitalise on the "checkability" feature in a different sense, when ruling out the stationarity of certain *specific* configurations ((a), (b)) by drawing a parallel with the behaviour of liquids. The optimality of the conclusions in $[3, 4]$ $[3, 4]$ $[3, 4]$ (see Theorem [2.2\)](#page-12-0) then permits us to reduce the embeddedness question to the analysis of a *single* specific configuration ((a')), which we will prove not to be stable (Section 5). It is here that, through somewhat nonstandard computations, we will make key use of the stability condition for "coalescence" and "break-up" deformations (mentioned in assumption (ii) above).

Remark 1.1. While the 3-dimensional setting is natural for the concrete problem, it is mathematically interesting to question the validity of an analogue of Theorem [2.6](#page-16-1) in arbitrary dimensions; similarly, weaker assumptions on g may be investigated. This will be discussed briefly in Appendix [A.](#page-35-0)

We point out an application to the case of droplets that sit in a potential field in the absence of any solid support. This problem was a motivation for [\[7\]](#page-40-3), where the C^2 embeddedness of the boundary of the droplets is an assumption. Combining the above theorem with $[7]$ and with the curvature estimates of $[2]$, we obtain (the precise statement is given in Corollary [6.1\)](#page-34-0):

Corollary. Let $g \in \mathbb{R}^3 \to \mathbb{R}$ be analytic and assume that the Caccioppoli set $E \subset \mathbb{R}^3$ *is bounded, connected, and is "physically stationary and stable" with respect to the energy* $\mathcal{E}_{\mathbb{R}^3}$ *for volume-preserving deformations. If* $|E|$ *is sufficiently small, then* E *is a perturbation of a single sphere, that is,* $\partial E = \partial^* E$ *is given by the graph of a smooth small function on a sphere.*

In other words, droplets tend to remain almost spherical; a configuration where they come into contact and connect to each other by a tiny meniscus is not stable.

Using the results in $[2]$, in Section [6](#page-32-0) we also comment more generally (not only in the case of droplets) on the possible presence of regions of very high curvature in the conclusion of the main theorem.

1.1. Preliminary heuristic discussion

The guiding idea in the choice of stationarity and stability assumptions in the main theorem goes back to the implementation of the virtual work principle. For that, one has to decide which "virtual deformations" of the liquid are *admissible*. Indeed, the virtual work principle requires a comparison argument, through a deformation of a given bulk of liquid, and it seems natural to admit only those deformations of E that can be thought of as concrete movements of a liquid bulk. We therefore wish to call a deformation admissible if it reflects a deformation that can be concretely induced for a liquid. One should keep in mind that $\partial^* E$ is of unknown regularity (for an arbitrary Caccioppoli set E), and therefore, this task may look ill-posed: the configurations that are concretely realised for liquids are all quite regular (at least at the macroscopic level that the model under consideration is concerned with). We begin with a discussion from which we will extrapolate some of our postulates.

On connected components. We start with the case in which ∂E is smoothly embedded. Already here, one does not allow all volume-preserving deformations of E . For example, if E has two connected components E_1 and E_2 , that sit a positive distance apart, then we do not allow instantaneous transfer of liquid from one component to the other; rather, we require the volume-preserving virtual deformations to separately preserve the volumes of E_1 and E_2 . For instance, E_1 and E_2 can be two spherical drops, in the case $g \equiv 0$, that do not touch: this is a stable equilibrium. (If we allowed arbitrary volume-preserving deformations of E, one drop could gain volume and the other lose it. Indeed, if we allowed that, taking initial balls with different radii, one sphere would gain volume until the other one disappears, in order to reach a stationary condition. In the case in which the two initial balls have equal radii, the same effect would be induced in order to evolve towards

a stable equilibrium.) These considerations motivate the necessity of Definition [1](#page-7-0) below, which essentially says that liquid can move only within a "connected component of E " when we perform a virtual deformation.

On coalescence. It is however observed that distinct smooth drops can interact when they are close enough to each other; the small scales at which these interactions are meaningful depend on the characteristics of the liquid and surrounding vapour. An observable effect of such interactions is the fact that, if two drops are brought close to each other in a quasistatic way, once they become sufficiently close, a thin connecting neck (also referred to as a meniscus, or bridge) forms and the two drops coalesce (see, e.g., [\[26,](#page-41-8) Figure 1]). Coalescence begins on a microscopic scale^{[3](#page-5-0)}, possibly with complex dynamics, and then continues with the formation of the meniscus and with motion driven by surface tension (see, e.g., [\[13\]](#page-41-9)), observable on a macroscopic scale.

Our energy \mathcal{E}_{Ω} does not account for the distant interactions^{[4](#page-5-1)}. However, we keep track of these in the "limit case" when the distance between the two drops is 0. Our perspective is to interpret the configuration of two smooth drops E_1 and E_2 that touch tangentially (along a submanifold of dimension ≤ 1) as a situation in which the microscopic merging has taken place. We then encode the interaction effects mathematically by *allowing* virtual deformations in which the touching set may be "smoothed out" into a thicker neck (we will call such a virtual deformation "coalescence"; see Figure [3,](#page-20-0) top row). The virtual work principle for such a deformation will show that surface tension, acting via the perimeter term in ε_Ω , finds the coalescence of tangentially touching drops to be energy-favourable^{[5](#page-5-2)}.

Analogous remarks apply to break-up phenomena, in which a thin meniscus (that connects two bulks of liquid) breaks, leaving the two bulks disconnected (as in the bottom row of Figure [3\)](#page-20-0). Break-up phenomena are complementary to coalescence.

Remark 1.2. With reference to the previous discussion, the microscopic dynamics during coalescence (or break-up) is object of a large body of literature (see, e.g., [\[11](#page-40-5)[–13,](#page-41-9) [22,](#page-41-10) [23,](#page-41-11) [25,](#page-41-12) [26\]](#page-41-8) and references therein). The way in which microscopic merging (or break-up) arises, the factors that influence it (e.g., viscosity properties of the fluids), and quantitative analysis of relevant lengthscales and timescales lie outside the scope of this work. Our analysis here is based on the point of view that coalescence of touching drops (with smooth, or sufficiently regular boundaries) *can* happen and, regardless of the microscopic

³A standard microscopic explanation of this effect is the following: liquid molecules are attracted to each other, and this results primarily in surface tension, since for molecules at the boundary of a drop the attraction is mainly on one side. If two drops are sufficiently close, then the molecules at the boundary also feel the attraction towards the other drop.

⁴However, different models do, such as Allen-Cahn models.

⁵As we will see, if two smooth drops touch at a point, a coalescence-type (volume-preserving) virtual deformation can be constructed that violates the stability condition identified in assumption (ii) above. (Stationarity, on the other hand, is valid in this configuration.) It is worthwhile noting that this coalescencetype deformation happens with bounded initial speed (including at the touching point).

dynamics leading to it, is driven by surface tension after the initial instant. Therefore, we allow it as a virtual deformation (when we state the virtual work principle). An analogous point of view applies to virtual break-up deformations.

Remark 1.3. We have just discussed "virtual coalescence" for distinct *smooth* drops touching, a case in which the deformation can be concretely visualised and thus related to observable behaviour of liquids (and therefore deemed admissible for the virtual work principle). However, we are interested in boundaries of Caccioppoli sets, that are potentially very irregular. What would "touching drops" and "connecting meniscus" mean in that context, and would it be possible to define "coalescence" without knowing what shape we start from? Probably, the answer is: no. As we will see, a key advantage of the "checkability" of the hypotheses in $[3, 4]$ $[3, 4]$ $[3, 4]$ is that we only need to discuss "virtual coalescence" in the case of drops with *regular* shapes that touch in a *regular* fashion.

2. Variational assumptions and main result

2.1. Ambient deformations

Restricting, to begin with, to the classical case in which $\partial E \cap \Omega$ is known to be a smooth embedded surface, the virtual deformations that are used to reach the conclusion that the mean curvature of $\partial E \cap \Omega$ is given by $(g - \lambda)\nu$ (for some $\lambda \in \mathbb{R}$ possibly depending on the connected component, and with ν being the unit outer normal) are those induced by ambient diffeomorphisms that fix E outside an arbitrary open set $U \subset\subset \Omega$ in which $E \cap U$ is connected. This means that for any 1-parameter family ψ_t of ambient diffeomorphisms that keep $\mathbb{R}^3 \setminus U$ fixed (here $t \in (-\varepsilon, \varepsilon)$, $\psi_t(x) = \psi(t, x)$ is C^2 in t, and $\frac{\partial \psi}{\partial t}$ is C^1 in (x, t) , $\psi_t : \mathbb{R}^3 \to \mathbb{R}^3$ is a C^1 diffeomorphism for every t, with $\psi_t = Id$ for $t = 0$ and $\psi_t|_{\mathbb{R}^3 \setminus U} = Id$ for every t) and that preserve the volume of E (i.e., $|\psi_t(E) \cap U| = |E \cap U|$ for all t), we require stationarity with respect to \mathcal{E}_U at $t = 0$ along the deformation, that is,

$$
\frac{d}{dt}\Big|_{t=0} \mathcal{E}_U(\psi_t(E)) = 0.
$$

These deformations reflect the fact that we may slightly perturb the liquid in U "as a whole", respecting the volume constraint. Deformations of the type just considered will be called *ambient deformations* and the stationarity condition just stated leads to the mean curvature characterisation recalled above (see [\[19\]](#page-41-1) or Section [3](#page-17-1) below).

We pass now to the case in which E is only assumed to be a Caccioppoli set. What is an admissible volume-preserving virtual deformation of E ? The notion of admissible virtual deformation implicitly involves questioning whether such a deformation is meaningful for a concrete liquid. At the same time, as we mentioned earlier, all configurations that are experimentally observed are rather regular, and therefore, the task to characterise *all* admissible volume-preserving virtual deformations of E is likely ill-posed (∂E and $\partial^* E$

could a priori be extremely irregular). Fortunately, we do not need to characterise all meaningful deformations, but only sufficiently many types of deformations to allow the regularity conclusion of the main theorem (Theorem [2.6](#page-16-1) below).

Deformations that are natural (and indispensable to infer any amount of regularity) are the ambient ones introduced above. The derivative $\frac{\partial}{\partial t}|_{t=0}\psi_t$ is the initial speed by which E moves in U ; one can think of it as induced by the (short-lasting) action of an external field, that causes a "slight shaking" of the liquid bulk. For such a deformation to make sense we do not need to know anything about the shape of the liquid bulk, because the liquid is perturbed as a whole in the relevant open set. Hence, we admit such virtual deformations in our analysis. We only need some care in implementing the volume constraint. We postulate the following, in accordance with the discussion in Section [1.1:](#page-4-0)

Definition 1. Admissible volume-preserving ambient deformations of E in U are those ambient deformations that separately preserve the volume of each connected component of $\overline{E^L} \cap U$, where E^L is the Lebesgue representative of E and $\overline{E^L}$ denotes its closure.

The choice of the Lebesgue representative (i.e., the set of points at which the density of E with respect to \mathcal{L}^3 is 1) is needed in order to reflect that a virtual deformation allows liquid transfer only through points where there is actually some liquid^{[6](#page-7-1)}. To simplify notation *we will assume that* E *is its own Lebesgue representative*. The stationarity requirement with respect to ambient volume-preserving deformations, that is, the fact that

$$
\left. \frac{d}{dt} \right|_{t=0} \mathcal{E}_U(\psi_t(E)) = 0 \tag{2.1}
$$

for every admissible ambient volume-preserving deformation ψ_t , leads to the condition that (see Section [3\)](#page-17-1), whenever $U \subset \subset \Omega$ is such that $\overline{E} \cap U$ is connected, then $|\partial^* E| \cup U$ has first variation in L^{∞} and generalised mean curvature equal to $g - \lambda$ for some $\lambda \in \mathbb{R}$ (possibly depending on the connected component of $\overline{E} \cap U$). Here $|\partial^* E|$ is the integral varifold obtained by assigning multiplicity 1 almost everywhere on the reduced boundary $\partial^* E$, and $|\partial^* E| \Box U$ denotes its restriction to U. (Integral varifolds are weak notions of submanifolds and the generalised mean curvature coincides with the usual mean curvature in the case in which the integral varifold "is actually a submanifold".) The L^{∞} condition on the first variation is not sufficient^{[7](#page-7-2)} to imply enough local regularity for $\partial^* E$. (If, for

⁶Given two distant Caccioppoli sets E_1 and E_2 in \mathbb{R}^{n+1} , $n \ge 1$, we can always connect them using a curve γ and the set $E_1 \cup E_2 \cup \gamma$ is equivalent, as a set of finite perimeter, to $E_1 \cup E_2$. The curve γ is of course an artificial addition: choosing the Lebesgue representative will remove it.

⁷In the special case $g \equiv 0$ and assuming that E is bounded and $\Omega = \mathbb{R}^{n+1}$, [\[10\]](#page-40-6) strikingly proves that, under only this stationarity condition, E must equal a collection of balls with equal radii; the arguments in [\[10\]](#page-40-6), however, exploit global properties. A *local* regularity result (that goes beyond Allard's theorem) under this stationarity assumption alone does not seem within reach at the moment, and at any rate it would have to allow for non-embedded points, as we will also see below. The local feature is important for us in that it allows the applicability of the result to the interior points of the capillary surface in the presence of solid supports.

example, we had Lipschitz regularity of ∂E , we could bootstrap via elliptic theory to $C^{2,\alpha}$ and higher. The example produced in [\[6\]](#page-40-7) shows that the L^{∞} condition is too weak for this purpose.) Therefore, one is led to introduce more restrictive variational assumptions, as in the case treated there, where the equilibrium is assumed to be stable. This also makes sense from a physical point of view, since experimentally observable configurations are stable. The stability condition for volume-preserving ambient deformations ψ_t amounts to the non-negativity of the second variation of ε_U (note that we do not require its strict positivity):

$$
\left. \frac{d^2}{dt^2} \right|_{t=0} \mathcal{E}_U(\psi_t(E)) \ge 0. \tag{2.2}
$$

Stationarity condition [\(2.1\)](#page-7-3) for volume-preserving ambient deformations has the following equivalent formulation by means of a Lagrange multiplier (see Proposition [3.1](#page-17-2) below): whenever $U \subset \subset \Omega$ is such that $\overline{E} \cap U$ is connected, then there exists $\lambda \in \mathbb{R}$ such that E is stationary with respect to the functional $\mathcal{E}_U(E) - \lambda |E| \cap U$ for arbitrary ambient deformations that fix $\mathbb{R}^3 \setminus U$ (not necessarily volume-preserving ones). In other words, the volume constraint gets encoded in the energy functional. On the contrary, prescribing the non-negativity of the second variation of $\mathcal{E}_U(E) - \lambda |E \cap U|$ for arbitrary ambient deformations is strictly stronger than the stability requirement that we have given in (2.2) (as explained, e.g., in [\[1\]](#page-40-8)); so we will keep the formulation given in (2.2) .^{[8](#page-8-1)}

Having agreed that prescribing the validity of [\(2.1\)](#page-7-3) and [\(2.2\)](#page-8-0) for all volume-preserving ambient deformations is coherent with the description of a stable equilibrium, a natural question is whether these assumptions are sufficient to characterise stable equilibria. However, as we will now describe, certain local structures for ∂E are not ruled out by [\(2.1\)](#page-7-3) and [\(2.2\)](#page-8-0), and such configurations are considered with consensus not to describe stable equilibria of the one-phase liquids under consideration. Here are the three local structures:

- (a) there exists an open set $U \subset\subset \Omega$ such that $\partial E \cap U = D_1 \cup D_2$, where D_1 and D_2 are smooth embedded discs in U ; D_1 and D_2 lie on opposite sides of each other; and $D_1 \cap D_2$ is a smooth 1-dimensional submanifold.
- (a') there exists an open set $U \subset\subset \Omega$ such that $\partial E \cap U = D_1 \cup D_2$, where D_1 and D_2 are smooth embedded discs in U ; D_1 and D_2 lie on opposite sides of each other; and $D_1 \cap D_2$ is a point.
- (b) there exists an open set $U \subset \subset \Omega$ such that $\partial E \cap U = \bigcup_{j=1}^{2N} L_j$, where the L_j 's are surfaces-with-boundary that have a common boundary T ; L_j are smooth away from T; T is of class $C^{1,\alpha}$; all the L_j 's are $C^{1,\alpha}$ up to their boundary T; and at least two of the L_i 's intersect transversely at T.

⁸Stability for $\mathcal{E}_U(E) - \lambda |E \cap U|$ for arbitrary deformations is usually called strong stability; stability under volume-preserving deformations is usually referred to as weak stability and it implies, in particular, that the Morse index of $\mathcal{E}_U(E) - \lambda |E \cap U|$ (for arbitrary ambient deformations) is at most 1.

Figure 1. On the left, the cross section of two half-cylinders of equal radii touching along a line; this is an example of (a). The same cross section can be obtained from two half-spheres of equal radii touching tangentially at a point: this is an example of (a'). On the right, the cylinder over the depicted set is an example of (b). The three wedges depicted are defined by drawing three arcs of circles with equal radii, and the three arcs pass through a common point. All these examples fulfil, with $g \equiv 0$, stationarity and stability conditions [\(2.1\)](#page-7-3) and [\(2.2\)](#page-8-0) for admissible volume-preserving ambient deformations.

The union of two half-cylinders with equal radii and touching tangentially along a line (Figure [1,](#page-9-0) left) provides an example of the local structure (a) and, assuming $g \equiv 0$, this configuration satisfies (2.1) and (2.2) for any volume-preserving ambient deformation whose initial velocity is compactly supported in a neighbourhood U of a point on the touching line. Stationarity condition [\(2.1\)](#page-7-3) is true in view of the fact that cylinders are CMC hypersurfaces with the same mean curvature. Stability condition [\(2.2\)](#page-8-0) follows by a semi-calibration argument, exploiting the fact that each half-cylinder is a graph. We recall the argument in Appendix [C.](#page-37-1)

The union of two half-spheres with equal radii and touching tangentially at a point provides an example of the local structure (a^{*}) and, assuming $g \equiv 0$, this configuration satisfies (2.1) and (2.2) for any ambient deformation whose initial velocity is compactly supported in a neighbourhood U of the touching point. This is again proved by exploiting the fact that each half-sphere is a CMC graph (Appendix [C\)](#page-37-1).

For an example of (b) with $N = 3$, consider the picture in Figure [1](#page-9-0) on the right (more precisely, the product with an interval in \mathbb{R}^3). Assuming $g \equiv 0$, this configuration satisfies (2.1) and (2.2) for any ambient deformation that only acts in a neighbourhood U of the central point. The stationarity condition is true, since the three cylinders employed are CMC surfaces with the same mean curvature (all with respect to the inward pointing normal). The stability condition relies again on the fact that each of the three cylinders is a graph (in a suitable coordinate system); see Appendix [C.](#page-37-1)

Figure 2. Two half-cylinders touching along a line and two half-spheres touching at a point (left picture in Figure [1\)](#page-9-0) are perimeter-minimisers ($g \equiv 0$) among Caccioppoli sets of equal volume that are formed by "two bulks", as the two sets depicted here. (This property is stronger than the fulfilment of (2.1) and (2.2) , since in those two conditions the deformations allowed are only of ambient type; the picture on the left here would be permitted as a deformation, but the picture on the right would not.) To rule out those two configurations, one has to permit deformations in which the two bulks coalesce.

The previous examples show that (a) , (a') , and (b) must be permitted in the conclusion of any regularity result that only assumes (2.1) and (2.2) . As we mentioned, these structures do not reflect observed equilibria, and therefore, one needs to identify extra assumptions (in addition to (2.1) and (2.2)) in order to have a meaningful framework that selects observed equilibria.

We will discuss this in Section [2.2,](#page-11-0) where we introduce volume-preserving deformations of coalescence (or break-up) type. We note explicitly that the argument in Appendix [C](#page-37-1) proves a local minimising property (clearly stronger than the condition of having non-negative second variation) for each of the three examples above. For example, for (a) and (a'), when $E = E_1 \cup E_2$ where E_1 , E_2 are two bulks that bound either two halfcylinders or two half-spheres (and $g \equiv 0$), this minimising property holds among Caccioppoli sets C in Ω , with the same volume as E, that can be defined by $\chi_C = \chi_{C_1} + \chi_{C_2}$, where C_1 , C_2 are Caccioppoli sets in Ω that coincide respectively with E_1 and E_2 outside U, and such that $\text{Per}_U(C_1) + \text{Per}_U(C_2) = \text{Per}_U(C)$. This is a strictly larger class of competitor sets than those allowed in [\(2.2\)](#page-8-0); for example, we can allow C_1 , C_2 to be smooth domains with $\overline{C_1} \cap \overline{C_2} \cap U = \emptyset$ (while any ambient deformation of $E_1 \cup E_2$ would preserve the fact that the closures of the two deformed bulks intersect at a curve); see Figure [2.](#page-10-0) To rule out (a), (a') , we will thus have to allow deformations in which two such bulks coalesce, as in the top row of Figure [3.](#page-20-0) Similar remarks apply to configuration (b) (where, with reference to Appendix [C,](#page-37-1) one has to introduce break-up or coalescence deformations in order to break the constraint $\sum_{j=1}^{3} \chi_{C_j} = 1 + \chi_C$).

Remark 2.1. It is an open problem to understand what amount of regularity can be obtained for ∂E under assumptions [\(2.1\)](#page-7-3) and [\(2.2\)](#page-8-0) alone, and in principle, non-embedded configurations other than (a), (a'), and (b) may be allowed by (2.1) and (2.2) . We only need to consider these three configurations, ultimately thanks to the results in [\[3,](#page-40-0)[4\]](#page-40-1).

2.2. Non-ambient deformations (and major gain in regularity)

To analyse configurations (a), (a^2) , and (b) and give a mathematical explanation of why they are not observed equilibria, we recall the discussion in Section [1.1](#page-4-0) where we pointed out that when distinct drops (with regular shapes) touch tangentially, the touching set should be interpreted as an idealisation of a thin connecting meniscus; hence, we can consider virtual deformations that smooth out the configuration by thickening (or, similarly, breaking off) the meniscus. (These are clearly not ambient deformations, as they alter the topology of \check{E} or of \bar{E} .) Each of the structures (a), (a[']), and (b) is defined by regular enough bulks that touch in a well-defined regular fashion. This key feature makes it possible to define virtual deformations of such structures of "coalescence" or "break-up" type.

For (a) or (b), we will produce a volume-preserving virtual deformation in U of type "coalescence" or "break-up" that decreases the energy $\mathcal{E}_U(E)$ to first order and thus violates stationarity. Now we describe the key idea; formal arguments are given in Section [4.](#page-19-0)

For (a) , denoting by T the curve along which the two disks coincide, we want to consider virtual volume-preserving deformations of E as those depicted in Figure [3.](#page-20-0) From the point of view of computing the first variation, it is irrelevant whether the region between the disks D_1 and D_2 is in the complement of E or in E (one of these two eventualities must occur): both cases are depicted, in the said order, in Figure [3.](#page-20-0) The deformation in question changes the topology around T (so it is not an ambient deformation) and corresponds in the former case to the coalescence of the two bulks of liquid; in the latter case it corresponds to a break-up of the two bulks at T . Such a deformation will act on $\partial E \cap U$ by independently smoothing out the cusps of the two degenerate immersions that describe respectively the portion of $\partial E \cap U$ to the left of T and to the right of T. The mean curvature of these degenerate immersions at T is "infinite", due to the presence of a cusp (roughly, the principal curvature in the direction of T is finite, while the one in the direction orthogonal to T is infinite due to the cusp), and points into the cuspidal domain. As the driving gradient of $\varepsilon_U(\cdot)$ is given by the mean curvature plus a finite term coming from the potential term, "thickening the neck" along T via coalescence or break-up decreases the energy to first order (thus violating stationarity).

Passing to local structure (b), we note that it corresponds to the case in which E is the union of N "wedges" that come together in a $C^{1,\alpha}$ way along a common curve T (at least one wedge has an opening angle at T smaller than π). The non-ambient deformations needed here are those that permit a break-up phenomenon or a coalescence phenomenon at T . This can once again be explained by means of first variation arguments, exploiting that the mean curvature vector of each wedge is "infinite" at T and points inside the wedge, and employing the deformation that pushes a wedge to its interior around T (or that makes two wedges coalesce around T ; see Figure [4\)](#page-22-0).

The previous ideas (partly present in [\[3,](#page-40-0) [4\]](#page-40-1) and detailed in Section [4](#page-19-0) in the context addressed here) will guarantee that, as long as the virtual volume-preserving deformations "coalescence" and "break-up" are allowed in the definition of stationarity, structures (a) and (**b**) are nowhere present in ∂E .

Then, we are in a position to use the below fundamental result (within the proof of our main theorem). Its first assumption is implied by stationarity for volume-preserving ambient deformations, that is, the validity of (2.1) , as recalled in Section [2.1.](#page-6-1) The validity of (2.1) and (2.2) implies immediately the validity of the third assumption. The second assumption is implied by the stationarity condition for virtual volume-preserving deformations "coalescence" and "break-up" discussed above.

Theorem 2.2 ([\[3,](#page-40-0) Section 1.6]; [\[4,](#page-40-1) Section 2.3]). *Let* $\Omega \subset \mathbb{R}^3$ *be an open set and let* g *be an analytic function on* Ω . Let $E \subset \mathbb{R}^3$ *be a Caccioppoli set such that*

- *the first variation of* $|\partial^* E| \Box \Omega$ (the multiplicity-1 *varifold associated to the reduced boundary of* E*) is representable by integration as a vector-valued measure of the type* $h \mathcal{H}^2 \sqcup (\partial^* E \cap \Omega)$, with $h \in L^\infty(\mathcal{H}^2 \sqcup (\partial^* E \cap \Omega); \mathbb{R}^3)$;
- *there exists no open set* $U \subset \subset \Omega$ *such that* $\overline{\partial^* E} \cap U$ *is of the type* (a) *or* (b);
- *for every* $U \subset\subset \Omega$ such that $\overline{\partial^* E} \cap U$ is a C^1 embedded surface, the set E is station*ary with respect to* \mathcal{E}_U *for volume-preserving ambient deformations that fix* $\Omega \setminus U$ *.* For every $U \subset \subset \Omega$ such that $\overline{\partial^* E} \cap U$ is a C^2 embedded surface, the set E is stable *with respect to* \mathcal{E}_U *for volume-preserving ambient deformations that fix* $\Omega \setminus U$ *.*

Then, $\overline{\partial^* E} \cap \Omega$ is smoothly embedded (also analytic) away from a (possibly empty) set of points that are isolated in Ω , that is, for every such point p there exists a neighbour*hood* U_p *contained in* Ω *such that* $(\overline{\partial^* E} \setminus \{p\}) \cap U_p$ *is smoothly embedded. Locally around any such p, the structure of* $\overline{\partial^* E}$ *is the one in* (a').

The above theorem is a special case of the results in $[3, 4]$ $[3, 4]$ $[3, 4]$ (see also Appendix [A\)](#page-35-0) and will be applied, in our case, to every connected component of $\overline{E} \cap \Omega$, where E is the Lebesgue representative of the Caccioppoli set that denotes the region occupied by the liquid. Theorem [2.2](#page-12-0) provides the first (and major) gain in regularity, giving a very precise characterisation of ∂E ; the leftover lack of embeddedness is confined to isolated points, where the only allowed structure is (a') .

Remark 2.3. The difficult conclusion, in Theorem [2.2,](#page-12-0) is the $C²$ embeddedness away from isolated points at which the structure is (a') . From there, higher regularity and analyticity of the surface are immediate by elliptic PDE theory, since g is analytic. A few comments on the proof of Theorem [2.2](#page-12-0) are given in Appendix [A.](#page-35-0)

Structure (a') is also not observed for liquids in stable equilibrium. The expectation should be that, considering again the touching point as the idealisation of a thin connecting neck, the possibility of coalescence provides a virtual deformation that violates stable equilibrium. The fact that a coalescence phenomenon should be energy convenient (when we have a tiny meniscus) is sometimes attributed, in the literature, to the large values of the curvature in the meniscus (along the lines of the explanation given when we ruled out (a)). However, upon close inspection, that turns out not to be completely accurate. It is not a priori clear why the curvature should play a role, since \mathcal{E}_{Ω} selects the mean curvature

(and not the full curvature) as the key quantity that drives towards an equilibrium. The mean curvature of a tiny neck, obtained by a smoothing of two touching spherical caps, may attain any value; in particular, the neck could be part of a Delaunay surface, which is stationary for $g \equiv 0$ (in stark contrast with (a), where it is the mean curvature that becomes very large)^{[9](#page-13-0)}.

It turns out that, allowing virtual volume-preserving deformations "coalescence" and "break-up" does indeed permit us to rule out (a') ; however, for (a) and (b) , it will be the stability assumption – rather than stationarity – that will do so (stationarity alone would not suffice). In fact, we will prove the following proposition in Section [5](#page-23-0) (the formal notions of "coalescence" and "break-up" deformations are given in Definitions [2](#page-14-0)[–4](#page-15-0) and the notions of stationarity and stability for these deformations are given in Definition [5](#page-15-1) below):

Proposition 2.4. *Let* U *and* E *be as in the definition of* (a')*. Assume that* E *is stationary in* U for ambient volume-preserving deformations, with respect to \mathcal{E}_U . Then, E is not stable in U with respect to \mathcal{E}_U for volume-preserving deformations of "coalescence" and *"break-up" type.*

Applying the proposition locally around every point of non-embeddedness in the con-clusion of Theorem [2.2,](#page-12-0) we will complete the proof of the embeddedness of $\partial E \cap \Omega$, and thus of the main theorem (Theorem [2.6\)](#page-16-1).

2.3. Stationarity and stability for "coalescence" and "break-up" virtual deformations: Formal definitions and statement of main result

Having discussed the need for the "coalescence" and "break-up" virtual deformations and their role in achieving the embeddedness conclusion, we will now formally define these deformations. As we saw, we only need to define them for very specific starting configurations – namely, (a), (a'), and (b). We also note that the deformation of $\partial^* E$ is actually the same for "coalescence" and "break-up": we speak of coalescence if (in the neighbourhood in question) distinct connected components of the interior of E merge, and we speak of break-up if that is not the case. Passing to the complement of E , we locally turn "coalescence" into "break-up" and vice-versa (see Figures [3](#page-20-0) and [4\)](#page-22-0).

With reference to the structures (a) , (a') , (b) described in Section [2.2,](#page-11-0) the definition of "coalescence" or "break-up" deformations will be given after choosing a convenient system of coordinates and a sufficiently small neighbourhood. We recall that a map is said to be proper when the inverse image of a compact set is compact.

Configuration (a). Upon choosing coordinates suitably and making U smaller if needed, we assume that $0 \in T$, D_1 and D_2 are graphs over the plane spanned by the first two coordinates, and this plane is tangent to D_1 and D_2 at 0; and that D_1 is below D_2 , T is a

⁹For further comments on bounds on the full curvature, see Section [6.](#page-32-0)

connected curve, and it is a graph over the second coordinate axis. Let $(\gamma_1(s), s, \gamma_3(s))$ be a smooth injective parametrisation of T. Denote the four connected components of $\partial E \cap$ $U \setminus T$ by A_1, A_2, A_3, A_4 , where A_1, A_2 are contained in the top embedded disk and A_3, A_4 in the bottom embedded disk, with A_1 , A_3 defined by the condition $y \in A_1 \cup A_3 \Rightarrow$ $y_1 \lt y_1$ (y_2) (i.e., A_1 , A_3 are "on the left of T") and A_2 , A_4 defined by the condition $y \in A_2 \cup A_4 \Rightarrow y_1 > y_1(y_2)$ (i.e., A_1 , A_3 are "on the right of T"). Then, $A_1 \cup T \cup A_3$ and $A_2 \cup T \cup A_4$ are topologically disks; both fail to be smoothly embedded or immersed exactly at points in T (T is a cusp). We then consider two disks D_L and D_R and a $C¹$ proper map $\psi_{LR} : D_L \cup D_R \to U$ such that its restriction to D_L and D_R has image equal to $A_1 \cup T \cup A_3$ and $A_2 \cup T \cup A_4$, respectively; moreover, ψ_{LR} is a smooth embedding away from the inverse image of T (where the differential becomes degenerate $$ note that $\psi_{LR}^{-1}(T)$ disconnects both D_L and D_R and these are the only points of noninjectivity).

Definition 2 (Coalescence/break-up from (a); degenerate immersions of two disks). We say that $\Psi_{LR}(t, x) : [0, \varepsilon) \times (D_L \cup D_R) \to U$ (with $\varepsilon > 0$) is a "coalescence" or "breakup" deformation in U if it is C^1 as a function of (t, x) , it is C^2 as a function of t, we have $\Psi_{LR}(0,\cdot) = \psi_{LR}(\cdot)$, and if there exists an open non-empty ball $B \subset\subset U$ that contains 0 and such that, writing $B_{LR} = \psi_{LR}^{-1}(B)$ and $\psi_{LR}^t : D_L \cup D_R \to U$ for the map defined by $\psi_{LR}^t(\cdot) = \Psi_{LR}(t,\cdot)$, we have the following: for all $t \in [0,\varepsilon)$, the map ψ_{LR}^t is an embedding when restricted to $B_{LR} \setminus \psi_{LR}^{-1}(T)$; additionally, for all $t \in [0, \varepsilon)$, we have $\psi_{LR}^t = \psi_{LR}$ in $(D_L \cup D_R) \setminus B_{LR}$.

Configuration (a²). Upon choosing coordinates suitably and making U smaller if needed, we assume that $\{0\} = D_1 \cap D_2$, D_1 and D_2 are graphs over the plane spanned by the first two coordinates, and this plane is tangent to D_1 and D_2 at 0. We describe the initial configuration of $\partial E \cap U$ as the image of a C^1 proper map $\psi_C : S^1 \times (-1, 1) \to U$, with^{[10](#page-14-1)} ψ_C an embedding away from $S^1 \times \{0\}$ and with $S^1 \times \{0\}$ mapped to the touching point of the two embedded disks that we assume to be $0 \in \mathbb{R}^3$. The differential of ψ_C is degenerate (and ψ_C becomes non-injective) on $S^1 \times \{0\}$.

Definition 3 (Coalescence/break-up from (a'); degenerate immersion of a cylinder). We say that $\Psi_C(t, x) : [0, \varepsilon) \times (S^1 \times (-1, 1)) \to U$ (with $\varepsilon > 0$) is a "coalescence" or "breakup" deformation in U if it is C^1 as a function of (t, x) , it is C^2 as a function of t, $\Psi_C(0, \cdot) = \psi_C(\cdot)$, and if there exists an open non-empty ball $B \subset\subset U$ that contains 0 and such that, writing $B_C = \psi_C^{-1}(B)$ and $\psi_C^t : S^1 \times (-1, 1) \to U$ for the map defined by $\psi_C^t(\cdot) = \Psi_C(t, \cdot)$, we have the following: for every $t \in [0, \varepsilon)$, ψ_C^t restricted to $S^1 \times$ $((-1, 0) \cup (0, 1))$ is an embedding; additionally, for all $t \in [0, \varepsilon)$, $\psi_C^t = \psi_C$ in $(S^1 \times$ $(-1, 1)$ \ B_C .

¹⁰For example, $(e^{i\theta}, z) \in S^1 \times (-1, 1) \to (z^2 \cos \theta, z^2 \sin \theta, \text{sgn}(z)z^4) \in \mathbb{R}^3$ covers two touching paraboloids.

Configuration (b). We set coordinates so that $0 \in T$ and choose U sufficiently small so that T is connected. We assume that the indexation of L_i is such that L_i and L_{i+1} are adjacent. We then describe $\partial E \cap U = \bigcup_{j=1}^{2N} L_j$ as the image of a C^1 proper map $\psi_{cl} : D_1 \cup \cdots \cup D_N \to U$, where D_i are disks and ψ_{cl} is an embedding away from the inverse image of T (which disconnects each disk D_i), $\psi_{cl}(D_i) = L_{2i-1} \cup L_{2i}$ (i.e., each disk covers two adjacent hypersurfaces-with-boundary) and the differential of ψ_{cl} is noninjective exactly on the inverse image of T .

Definition 4 (Coalescence/break-up from (b) ; degenerate immersion of N disks). We say that $\Psi_{cl}(t, x) : [0, \varepsilon) \times (D_1 \cup \cdots \cup D_N) \to U$ (with $\varepsilon > 0$) is a "coalescence" or "break-up" deformation in U if it is C^1 as a function of (t, x) , it is C^2 as a function of t, $\Psi_{cl}(0,\cdot) = \psi_{cl}(\cdot)$, and if there exists an open non-empty ball $B \subset\subset U$ that contains 0 and such that, writing $B_{cl} = \psi_{cl}^{-1}(B)$ and $\psi_{cl}^t : D_1 \cup \cdots \cup D_N \to U$ for the map defined by $\psi_{cl}^t(\cdot) = \Psi_{cl}(t, \cdot)$, we have the following: for every $t \in [0, \varepsilon)$, ψ_{cl}^t is a smooth embedding when restricted to $B_{c_l} \setminus \psi_{c_l}^{-1}(T)$; additionally, for all $t \in [0, \varepsilon)$ we have $\psi_{c_l}^t = \psi_{c_l}$ in $(D_1 \cup \cdots \cup D_N) \setminus B_{cl}$.

Initial speed. Denoting by ψ^t the deformation in either of the three cases, the initial velocity $\vec{v} := \frac{\partial}{\partial t}|_{t=0^+} \psi^t$ is a C_c^1 vector field on the domain of ψ (i.e., a C_c^1 and \mathbb{R}^3 -valued function on the domain of ψ^0). In particular, we require in all three cases that \vec{v} is bounded (in other words, the virtual deformations happen at bounded speed). We note that \vec{v} fails to be identifiable with an ambient vector field on $\partial E \cap U$ exactly at T, in all three cases.

Volume-preserving constraint for coalescence and break-up virtual deformations. Note that in all three cases above, the image of ψ^t is the (topological) boundary of a Caccioppoli set E_t in U, for all t. In fact, choosing two alternative orientations, it is the boundary of two Caccioppoli sets, one being the complement of the other. In case (a), for example, the interior of $E = E_0$ could be either the portion of U "between" the two embedded disks (that touch each other tangentially at T), or the complement of this region. We do not need to distinguish the two possibilities – we merely need to define E_t coherently with $E_0 = E$, in a way that ensures χ_{E_t} is continuous in $L^1(U)$. Depending on which set is the interior of E, the same deformation ψ^t of ∂E in U could be "coalescence" or "break-up" (see, e.g., Figure [3\)](#page-20-0). We will say that the deformation ψ^t is volume-preserving if $|E_t \cap U|$ is constant in t; note that this does not depend on which set is E and which is $U \setminus E$, since preserving the volume of $E \cap U$ is equivalent to preserving the volume of $U \setminus E$.

Definition 5. Let E be a Caccioppoli set in \mathbb{R}^3 with $\partial E \cap U$ given by one of the three structures (a), (a'), (b). Stationarity of E in U for volume-preserving (one-sided) "coalescence" or "break-up" deformations means that for any ψ^t taken to be either ψ^t_{LR} or ψ^t_C or ψ_{cl}^t of (respectively) Definitions [2,](#page-14-0) [3,](#page-14-2) or [4,](#page-15-0) and with ψ_t volume-preserving in U (and with bounded initial speed), the energy ε_U does not decrease to first order, that is,

$$
\frac{d}{dt}\Big|_{t=0^+} \mathcal{E}_U(E_t) \ge 0.
$$

Similarly, stability of E in U for "coalescence" or "break-up" volume-preserving deformation means that (for the same class of ψ^t) the second variation (at $t = 0^+$) is non-negative if the first variation (at $t = 0^+$) vanishes, that is: for any ψ^t as in Definitions [2–](#page-14-0)[4](#page-15-0) that is volume-preserving and has bounded initial speed, we have

$$
\frac{d}{dt}\Big|_{t=0^+}\mathcal{E}_U(E_t) = 0 \Rightarrow \frac{d^2}{dt^2}\Big|_{t=0^+}\mathcal{E}_U(E_t) \ge 0.
$$

Remark 2.5. The stationarity condition in Definition [5](#page-15-1) is an inequality because the deformations are one-sided $(t \in [0, \varepsilon)$, so the deformation "cannot decrease the energy to first order"). If the (one-sided) first variation is strictly positive, then the non-negativity of the second variation would be an unnatural requirement, hence the formulation of stability given.

We can now summarise and define precisely the hypotheses that we make to describe a condition of stable equilibrium for a liquid that occupies the region E.

Definition 6. Let E be a Caccioppoli set in \mathbb{R}^3 and let $\Omega \subset \mathbb{R}^3$ be an open set. We say that E is stationary and stable in Ω with respect to the energy \mathcal{E}_{Ω} if the following two conditions hold:

- (i) For every admissible (as in Definition [1\)](#page-7-0) volume-preserving ambient deformation ψ_t , with initial speed compactly supported in Ω , [\(2.1\)](#page-7-3) and [\(2.2\)](#page-8-0) hold.
- (ii) Let $U \subset \subset \Omega$ be such that $\partial E \cap U$ is given by one of the three structures (a), (a'), or (b). Then, the stationarity and stability inequalities given in Definition [5](#page-15-1) hold for any choice of "coalescence" or "break-up" volume-preserving deformation in U .

We can now state our main result in precise form.

Theorem 2.6. Let Ω be an open set in \mathbb{R}^3 , $g : \Omega \to \mathbb{R}$ be analytic, and let E be a *set of locally finite perimeter (Caccioppoli set) in* R³ *. Assume that* E *is stationary and* stable in Ω with respect to \mathcal{E}_{Ω} in the sense of Definition [6](#page-16-0). Then, $\partial^* E \cap \Omega$ is a smoothly e mbedded (analytic) surface. (Moreover, the mean curvature vector of $\partial^* E \cap U$ is given *by* $(g - \lambda)v_E$ for some $\lambda \in \mathbb{R}$ *that possibly depends on the connected component of* E, *with* v_E *denoting the unit outer normal to* E *).*

Summary of the proof of Theorem [2.6](#page-16-1)*.* The proof of Theorem [2.6](#page-16-1) (informally outlined in Sections [2.1](#page-6-1) and [2.2\)](#page-11-0) will be given in the next three sections. In Section [3](#page-17-1) we verify the claim that the first variation of $\partial^* E \mid \Box \Omega$ is in L^{∞} . In Section [4](#page-19-0) we show that structures (a) and (b) are prevented by the stationarity assumption in condition (ii) of Definition [6.](#page-16-0) These two facts, together with condition (i) of Definition [6,](#page-16-0) verify the validity of the hypotheses of Theorem [2.2,](#page-12-0) whose conclusion reduces the proof of Theorem [2.6](#page-16-1) to the analysis of structure (a'). Structure (a') will be ruled out in Section [5](#page-23-0) thanks to the stability assumption in condition (ii) of Definition [6.](#page-16-0)

Remark 2.7 (The case of minimisers). The case of energy-minimisers has a long and fruitful history. The local minimising conditions for E in an open set U entails a comparison with Caccioppoli sets that coincide with E in the complement of U and are L^1 -close to E . Such a condition easily implies the assumptions made in Theorem [2.6,](#page-16-1) hence Theorem [2.6](#page-16-1) recovers the regularity conclusions known for minimisers (see, e.g., [\[16,](#page-41-6)[17,](#page-41-7)[19\]](#page-41-1)). We point out that, under a minimising assumption, density estimates analogous to those in $[19,$ Theorem 16.14] play a key role in the regularity theory. The proof of these density estimates, however, makes use of the comparison argument with a "competitor" Caccioppoli set that is L^1 -close to E. The competitor is built by (roughly speaking) cutting off the part of E contained in a small ambient ball (and balancing the volume constraint somewhere else). This operation does not give rise to a deformation that can be visualised as a concrete liquid movement, since $\partial^* E$ is of unknown structure in said ball.

Remark 2.8. In contrast to the case of minimisers, the notions of stationarity and stability put an emphasis on the evaluation of derivatives of a *certain* order (one or two, respectively) along admissible deformations. We note explicitly that, given an admissible deformation with non-zero initial speed, composing with a time-reparametrisation of ible deformation with non-zero initial speed, composing with a time-reparametrisation of infinite initial speed, such as $\sqrt[k]{t}$, changes the order of differentiation to which non-zero derivatives are detected; note that this composition is not in our admissible class (and has infinite initial speed on an open set).

Remark 2.9 (Curvature bounds). In Section [6](#page-32-0) we will discuss boundedness properties of $|A_{\partial E}|$ in the conclusions of Theorem [2.6.](#page-16-1)

Remark 2.10. The variational assumptions of Theorem [2.6](#page-16-1) can be weakened as explained in Appendix [A.](#page-35-0)

3. Volume-constraint as Lagrange multiplier

We prove the claim in Section [2.1](#page-6-1) which states that [\(2.1\)](#page-7-3) leads to the L^{∞} condition on the first variation and to the fact that the generalised mean curvature is $(g - \lambda)\nu$.

Let E be a Caccioppoli set in \mathbb{R}^{n+1} and U be an open set. Recall that (see, e.g., [\[19,](#page-41-1) Theorem 17.5 and Proposition 17.8]), for an ambient deformation ψ_t in U with initial velocity $X \in C_c^1(U; \mathbb{R}^{n+1})$, the first variation of perimeter in U is given by $\int_{\partial^*E} \text{div}_{\partial^*E} X$ and the first variation of $\int_E g$ is given by $\int_{\partial^* E} gX \cdot v$, where v is the outer unit normal to $\partial^* E$. In particular, the first variation of $\int_E 1 = |E|$ is given by $\int_{\partial^* E} X \cdot v$. These first variations are thus independent of the particular deformation; they only depend on the initial velocity. We have the following result:

Proposition 3.1. Let E be a Caccioppoli set in \mathbb{R}^{n+1} and $U \subset \mathbb{R}^{n+1}$ an open set. The *following are equivalent:*

(i) E is stationary in U with respect to the functional $\mathcal{E}_U(\cdot)$ for volume-constrained *ambient deformations in* U*;*

(ii) *there exists* $\lambda \in \mathbb{R}$ *such that* E *is stationary in* U *with respect to the functional* $\mathcal{E}_{U}(\cdot) - \lambda |\cdot \cap U|$ for arbitrary *ambient deformations in* U.

An analogous equivalence is proved in [\[19,](#page-41-1) Theorem 17.20] (in the case $g \equiv 0$; however, the argument extends to arbitrary g) for the more restrictive class of volumeconstrained minimisers "among Caccioppoli sets", or (with the same proof) for volumeconstrained local minimisers, that is, for Caccioppoli sets E that minimise the perimeter among Caccioppoli sets of the same volume that are close to E in the L^1 -topology. Since we are interested in stationarity for ambient deformations (which are more restrictive than deformations with respect to the L^1 -topology), we adapt the arguments of [\[19\]](#page-41-1) in the proof below, adapting also in Step 1 an argument from [\[1,](#page-40-8) Lemma 2.4].

Proof. Step 1. Let $X \in C_c^1(U; \mathbb{R}^{n+1})$ be such that $\int_{\partial^* E} X \cdot \nu = 0$. Then, there exists an ambient deformation ψ_t of E that is volume-preserving in U and has initial velocity $\frac{d\psi_t}{dt}|_{t=0} = X$. To see this, choose any $Y \in C_c^1(U; \mathbb{R}^{n+1})$ such that $\int_{\partial^* E} Y \cdot v \neq 0$. Consider the 2-parameter family of diffeomorphisms $Id + tX + sY$, for $s, t \in (-\varepsilon, \varepsilon)$, with $\varepsilon > 0$ sufficiently small. The function $(t, s) \rightarrow |(Id + tX + sY)(E) \cap U|$ is of class $C^2((-\varepsilon,\varepsilon) \times (-\varepsilon,\varepsilon))$. Indeed, the value of the volume at (t, s) is given by $\int_U \chi_E \circ$ $(Id + tX + sY)^{-1}$, where χ_E is the characteristic function of E; changing variable and computing the Jacobian of the diffeomorphism $x \to x + tX(x) + sY(x)$, we can rewrite the volume at (t, s) as $\int_U \chi_E(1 + t \operatorname{div}X + s \operatorname{div}Y + O(s^2) + O(t^2))$, with $O(s^2)$ and $O(t^2)$ continuous in x and smooth in t, s. This also implies that the partial derivative $\frac{\partial}{\partial s}|_{(t,s)=(0,0)} |(Id + tX + sY)(E) \cap U|$ is $\int_U \chi_E \text{ div } Y = \int_{\partial^* E} Y \cdot \nu \neq 0$ (by definition of $\partial^* E$). By the implicit function theorem, the level set $\{(t,s) : |(Id + tX + sY)(E) \cap U|$ $= |E \cap U|$ is of the form $\{(t, s(t))\}$ for some C^1 function $s(t)$ (in fact, also C^2) defined on a possibly smaller interval $t \in (-\varepsilon_0, \varepsilon_0)$; moreover, $s'(0) = \frac{-\int_{\partial^* E} X \cdot v}{\int_{\partial^* E} Y \cdot v} = 0$. We thus obtain that $\psi_t = Id + tX + s(t)Y$ is a volume-preserving ambient deformation in U with initial velocity $X + s'(0)Y = X$.

Step 2. Let us prove (in Steps 2, 3, and 4) that statement (i) implies statement (ii). Given X as in Step 1, the stationarity assumption on E gives that the first variation of ε_U is 0 along the deformation ψ_t exhibited in Step 1. The expression of the first variation of ε_U agrees with the one computed along any ambient deformation (not necessarily volume-preserving) with initial velocity X , as recalled before the statement of the Proposition. We have therefore proved that, for $X \in C_c^1(U; \mathbb{R}^{n+1})$ such that $\int_{\partial^* E} X \cdot \nu = 0$, the first stationarity condition in the proposition implies that $\int_{\partial^*E} \text{div}_{\partial^*E} X + \overline{\int_{\partial^*E} g X \cdot \nu} = 0$.

Note that this identity is also obtained from the stationarity condition in statement (ii), when employing a deformation with initial speed X, regardless of the choice of λ (because the first variation of $\lambda | \cdot \bigcap U |$ is $\lambda \int_{\partial^* E} X \cdot v$, which vanishes for the given X).

Step 3. We prove the following: Assume that E satisfies the stationarity condition in statement (i). Let $X, Y \in C_c^1(U; \mathbb{R}^{n+1})$ be such that $\int_{\partial^* E} X \cdot \nu \neq 0$, $\int_{\partial^* E} Y \cdot \nu \neq 0$. Then,

$$
\frac{\int_{\partial^* E} \operatorname{div}_{\partial^* E} X + \int_{\partial^* E} gX \cdot \nu}{\int_{\partial^* E} X \cdot \nu} = \frac{\int_{\partial^* E} \operatorname{div}_{\partial^* E} Y + \int_{\partial^* E} gY \cdot \nu}{\int_{\partial^* E} Y \cdot \nu}.
$$

(In particular, all such ratios are equal to a common value $\lambda \in \mathbb{R}$.) To see this, define the vector field

$$
T = X - \frac{\int_{\partial^* E} X \cdot \nu}{\int_{\partial^* E} Y \cdot \nu} Y.
$$

Then, $\int_{\partial^*E} T \cdot \nu = 0$, and $T \in C_c^1(U; \mathbb{R}^{n+1})$. By Step 2, we have $\int_{\partial^*E} \text{div}_{\partial^*E} T +$ $\int_{\partial^* E} gT \cdot \nu = 0$. Substituting for T, the conclusion follows.

Step 4. By Step 3, there exists a scalar $\lambda \in \mathbb{R}$ such that $\int_{\partial^* E} \text{div}_{\partial^* E} X + \int_{\partial^* E} gX \cdot \nu$ $\lambda \int_{\partial^* E} X \cdot \nu = 0$ for every X such that $\int_{\partial^* E} X \cdot \nu \neq 0$. The same identity holds for X with $\int_{\partial^* E} X \cdot \nu = 0$ as well, as proved in Step 2. This amounts to the stationarity of E for any ambient deformations with respect to the functional $\mathcal{E}_U - \lambda |E \cap U|$. We have thus proved that statement (i) implies statement (ii).

Step 5. Given an arbitrary volume preserving ambient deformation ψ_t , its initial velocity $\frac{d}{dt}|_{t=0} \psi_t$ satisfies $\int_{\partial^* E} (\frac{d}{dt}|_{t=0} \psi_t) \cdot \nu = 0$. The stationarity condition in statement (ii) reduces to the one in statement (i) for such a vector field, hence statement (ii) implies statement (i). \blacksquare

As a consequence (see, e.g., [\[19\]](#page-41-1) or [\[3,](#page-40-0) Remark 2.19]), we get the following:

Proposition 3.2. *For* $\lambda \in \mathbb{R}$ *, let E be stationary with respect to* $\mathcal{E}_U(\cdot) - \lambda \cdot \Omega U$ *for arbitrary ambient deformations in* U*. Then, the first variation (in the varifold sense)* ∂f $|\partial^* E| \sqcup U$ *is in* L^{∞} *with respect to* $\mathcal{H}^n \sqcup (\partial^* E \cap U)$ *, and its density* – *that is, the* generalised mean curvature of $\partial^* E$ in U – is given by $(g - \lambda)v$, where v is the measure*theoretic unit outer normal to* E *in* U*.*

4. Ruling out (a) and (b) by first variation

In this section we will show that configurations (a) and (b) are ruled out by the stationarity assumption of Theorem [2.6,](#page-16-1) specifically by the stationarity requirement in Definition [5.](#page-15-1)

In case (a), choosing U and the coordinate system as in Section [2,](#page-6-0) we denote by T the 1-submanifold (connected curve) of coincidence and assume that D_1 , D_2 are graphs of smooth functions $u_1 \le u_2$ over the plane $\{x_3 = 0\}$, that is tangent to both graphs at $0 \in T$, and with $D_1 \cap D_2 = T$. The set E is either (Case 1) the union of the subgraph of u_1 and the supergraph of u_2 (as in the top left picture in Figure [3\)](#page-20-0), or (Case 2) it is the set of points that lies between the two graphs (as in the bottom left picture in Figure [3\)](#page-20-0); in either case, \overline{E} is connected in the neighbourhood U that we are analysing, and therefore (by Proposition [3.1\)](#page-17-2) stationary, for arbitrary ambient deformations, with respect to $\mathcal{E}_U(\cdot)$ – $\lambda \mid \cdot \cap U \mid$. We note that E is stationary in U with respect to Per_U(\cdot) + $\int_{\cap U} g - \lambda \mid \cdot \cap U \mid$ if and only if $\mathbb{R}^3 \setminus E$ is stationary in U with respect to Per_U(\cdot) - $\int_{\Omega} g + \lambda |\cdot \Omega U|$. Therefore, upon redefining λ and g by a change of sign, we can (and do) assume that we are in Case 2.

Figure 3. Top row: virtual deformation "coalescence". Bottom row: virtual deformation "breakup". The boundary is deformed in the same way in both cases. The picture depicts cross sections with starting configuration (a), in which case one should imagine cylinders over the given figures. Alternatively, the same cross sections can be obtained with starting configuration (a') , as in the example of two spherical caps touching at a point.

Stationarity with respect to Per_U(·) + $\int_{\Omega} g - \lambda |\cdot \Omega U|$ for ambient deformations implies that $\partial E \setminus T$ is smooth and has mean curvature $(g - \lambda)\nu$, for a $\lambda \in \mathbb{R}$, where^{[11](#page-20-1)} ν is the outer unit normal to E. Let $\partial E = \Gamma_1 \cup \Gamma_2$ and $E = F_1 \cup F_2$ be the decompositions such that F_1, F_2 are open sets with $\partial F_j = \Gamma_j$ for $j \in \{1, 2\}$ and $F_1 \cap F_2 = \emptyset$, $\overline{F}_1 \cap \overline{F}_2 = T$; here $\Gamma_1 = A_1 \cup A_3 \cup T$ and $\Gamma_2 = A_2 \cup A_4 \cup T$, with notations as in Section [2.](#page-6-0) (With reference to the bottom left picture of Figure [3,](#page-20-0) F_1 and F_2 are the two cuspidal domains on the left and on the right of the touching curve T, respectively.) The set $F_1 \cup F_2$ is stationary for arbitrary ambient deformations with respect to $\text{Per}_U(\cdot) + \int_{\Omega} g - \lambda |\cdot \Omega U|$. We will show however, in a first instance, that neither F_1 nor F_2 is (separately) stationary for volume-preserving ambient deformations, with respect to Per_U(\cdot) + $\int_{\Omega} g$.

The condition that the mean curvature on the smooth parts of Γ_i is $(g - \lambda)\nu$ (where ν is the outer unit normal to F_k) implies already that, for each $k \in \{1, 2\}$, F_k is not stationary for arbitrary ambient deformations with respect to $\text{Per}_U(\cdot) + \int_{\Omega} g - \lambda' |\cdot \Omega U|$ if $\lambda' \neq \lambda$. We therefore only need to prove that, for each $k \in \{1, 2\}$, F_k is not stationary for arbitrary ambient deformations with respect to $Per_U(\cdot) + \int_{\cap U} g - \lambda |\cdot \cap U|$. Then, Proposition [3.1](#page-17-2) will imply that F_k is not stationary, for volume-preserving ambient deformations, with respect to Per_U(·) + $\int_{\Omega} g$.

We analyse the first variation of area for the integral varifold $|\partial^* F_k| = |A_k| + |A_{k+2}|$, for each $k \in \{1, 2\}$. This varifold is given by the sum of (the multiplicity-1 varifolds associated to) two smooth surfaces-with-boundary (the boundary is T for both). The first

¹¹It is easily checked via the maximum principle (see, e.g., [\[4,](#page-40-1) Proposition 3.2]), that the mean curvature vector of ∂E points to the exterior of E in Case 2, in a neighbourhood of T; hence, one must have $\lambda < g$ in a neighbourhood of T – we do need to use this fact.

variation is additive, so we compute it separately for $|A_k|$ and $|A_{k+2}|$ and add up the results. We compute the first variation $\delta(|A_k|)(X)$ (evaluated on a vector field $X \in C_c^1(U)$) by decomposing the vector field into normal and tangential components, then using the divergence theorem for the latter, and [\[24,](#page-41-13) Chapter 2, §9] for the former. We obtain $-\int (g - \lambda)v \cdot X d\mathcal{H}^2 \perp A_k - \int \hat{n} \cdot X d(\mathcal{H}^1 \perp T)$ (interior and boundary terms, respectively), where \hat{n} is the inward conormal at the boundary, that is, the unit vector orthogonal to T, tangent to D_1 and D_2 , pointing into A_k . Adding this to the analogous expression for $\delta(|A_{k+2}|)$, we obtain that the first variation of area $\delta(|\partial^* F_k|)$ is (represented by) the vector-valued Radon measure

$$
-(g-\lambda)\mathcal{H}^2\Box(\Gamma_k\setminus T)v-2(\mathcal{H}^1\Box T)\hat{n}.
$$

With this in mind, we can exhibit an ambient deformation of F_k that decreases the functional Per_U(\cdot) + \int_{Ω} $g - \lambda$ \cdot \cap U| to first order (for k fixed). Let \overline{n} be a smooth extension of \hat{n} to U. Such an extension is possible, by taking the initial U smaller if necessary. Let $\rho \in C_c^1(U)$ with $\rho \ge 0$ and $\rho \equiv 1$ on B, where B is an open ball centred at 0. Define $X \in C_c^1(U; \mathbb{R}^3)$ by $X = \rho \overline{n}$. Then, the first variation with respect to Per_U(·) + \int_{Ω} $g - \lambda |\cdot \Omega U|$ evaluated on X is given by (using the first variation formula [\[19,](#page-41-1) Proposition 17.8] for the potential and volume terms)

$$
\int_{\Gamma_k \backslash T} (\lambda - g) \nu \cdot X - 2 \int_T \hat{n} \cdot X + \int_{\Gamma_k \backslash T} g \nu \cdot X - \int_{\Gamma_k \backslash T} \lambda \nu \cdot X = -2 \int_T \hat{n} \cdot X < 0
$$

by the choice of X (with integration with respect to \mathcal{H}^1 on T and \mathcal{H}^2 on $\Gamma_k \setminus T$).

The above statement implies (through Proposition [3.1\)](#page-17-2) the existence of ambient volume-preserving deformations, separately for F_1 and F_2 , that decrease to first order \mathcal{E}_U . Such volume-preserving deformations can be built with initial velocity still equal to X in a neighbourhood of T . For that, it suffices (for each k) to combine the previous deformation of F_k with another ambient deformation of F_k that only acts inside a compact subset $U \setminus (T \cup B)$ and that balances the volume-constraint (this corresponds to a choice of $Y \in C_c^1(U \setminus (T \cup B))$ in Step 3 of the proof of Proposition [3.1\)](#page-17-2). Let F_1^t and F_2^t be the two volume-preserving deformations obtained, with $t \in [0, \varepsilon)$ and $F_1^0 = F_1$, $F_2^0 = F_2$. By construction $\overline{F}_1^t \cap \overline{F}_2^t \subset T$.

Denote by $\phi(t, x)$, for $t \in [0, \varepsilon)$ and $x \in U$, the 1-parameter family of diffeomorphisms inducing F_1^t , that is, $\phi(t, F_1) = F_1^t$. Recall (in the notation of Section [2\)](#page-6-0) the map ψ_{LR} defined on the disjoint union of discs $D_L \cup D_R$ with image $\psi_{LR}(D_L) = \partial F_1 = \Gamma_1$ and $\psi_{LR}(D_R) = \partial F_2 = \Gamma_2$. We define $\Psi_L : [0, \varepsilon) \times D_L \to U$ by $\Psi_L(t, x) = \phi(t, \psi_{LR}|_{D_L}(x));$ then, $\Psi_L(\{t\} \times D_L) = \partial F_1^t$ and $\Psi_L(\{0\} \times D_L) = \psi_{LR}|_{D_L}$. Similarly, we obtain Ψ_R : $[0, \varepsilon) \times D_R \to U$ with $\Psi_R(\{t\} \times D_R) = \partial F_2^t$ and $\Psi_R(\{0\} \times D_R) = \psi_{LR}|_{D_R}$. Define Ψ_{LR} : $D_L \cup D_R \rightarrow U$ to coincide with Ψ_L on D_L and with Ψ_R on D_R . Then, $\Psi_{LR}(t, \cdot)$ is an embedding away from $\psi_{LR}^{-1}(T)$ (using that $\overline{F}_1^t \cap \overline{F}_2^t \subset T$). Hence, Ψ_{LR} is a deformation of break-up type, as in Definition [2](#page-14-0) (bottom row of Figure [3\)](#page-20-0). (Note also that the initial speed for this deformation is bounded.) By construction, \mathcal{E}_U decreases to first order at $t = 0^+,$ so Ψ_{LR} contradicts the stationarity assumption of Definition [5.](#page-15-1)

Figure 4. Top row: virtual deformation "break-up". Bottom row: virtual deformation "coalescence". The boundary is deformed in the same way in both cases. The starting configuration is (b) (one should consider cylinders over the depicted sets).

Remark 4.1. In Case 1, the sets F_1 and F_2 that we introduced above satisfy the equality $F_1 \cup F_2 = U \setminus \overline{E}$ and the exact same argument leads to a volume-preserving deformation of coalescence type that contradicts stationarity (top row of Figure [3\)](#page-20-0).

Passing to case (b), stationarity for ambient deformations (and the fact that $\overline{E} \cap U$ is connected) implies that there exists $\lambda \in \mathbb{R}$ such that mean curvature is $(g - \lambda)v$ on $(\partial E \setminus T) \cap U$, where v is the outer unit normal. Upon redefining g and λ (by a change of sign) if needed, we assume that each wedge of $E \cap U$ has an angle smaller than π at 0 (in the slice orthogonal to T at 0), where by "wedge" we mean each connected component of the interior of $E \cap U$. This is possible because an angle greater than or equal to π cannot be present simultaneously for E and for $U \setminus E$. We choose the indexation of L_k in the decomposition given in (b) so that each wedge is bounded by $L_k \cup L_{k+1}$ with k odd.

Then, for each fixed odd k, the (open) wedge W bounded by $L_k \cup L_{k+1}$ admits a one-sided ambient deformation ${W^t}_{t \in [0,\varepsilon)}$ that is volume-preserving, has bounded initial speed, and decreases to first order the energy $\text{Per}_U(\cdot) + \int_{\cap U} g$. The initial speed can be chosen to point towards the interior of W along T , therefore we can ensure that the closures of any two (distinct) deformed wedges only intersect at points of T . All of this follows by arguments very similar to those used to treat (a), which essentially come down to the observation that the leading term in the first variation for each single wedge is the boundary contribution at T (of each surface-with-boundary L_i), and it points to the exterior of the wedge thanks to the condition that the opening angle is less than π . (So that pushing a wedge to its interior in a neighbourhood of $0 \in T$ will decrease the energy.) We then produce, by taking the union of the ambient deformations for each wedge, a non-ambient volume-preserving deformation of $E \cap U$, with bounded initial speed, of break-up type (as in Definition [4\)](#page-22-0) that decreases ε_U to first order (top row of Figure 4). If we had passed to the complement of E in the beginning, then this would have been a coalescence-type deformation for E (bottom row of Figure [4\)](#page-22-0).^{[12](#page-23-1)}

In conclusion, we have proved that (a) and (b) cannot be present in Ω under the assumptions of Theorem [2.6,](#page-16-1) specifically under the stationarity condition of Definition [5.](#page-15-1)

5. Ruling out (a') by second variation

In Section [4](#page-19-0) we have proved that under the assumptions of Theorem [2.6,](#page-16-1) configurations (a) and (b) are nowhere present in Ω . This, together with Proposition [3.2,](#page-19-1) ensures that the assumptions of Theorem [2.6](#page-16-1) imply those of Theorem [2.2](#page-12-0) and lets us conclude that $\partial E \cap \Omega$ is smoothly embedded except possibly at isolated points, around which the only possible structure is (a') . To complete the proof of Theorem [2.6,](#page-16-1) we only need to establish Proposition 2.4 – that is, we prove that configuration (a) violates the equilibrium assumptions of Theorem [2.6.](#page-16-1) More precisely, we will show that it violates the stability condition of Definition [5.](#page-15-1)

Assume that in the open set $U \subset\subset \Omega$ we have that $\partial E \cap U$ is as in (a^{*}). Note that both $\overline{E} \cap U$ and $\overline{U \setminus E}$ are connected (regardless of which is $E \cap U$ and which is its complement). By choosing coordinates suitably, we fix U to be the cylinder $B_{3R}^2(0) \times$ $(-R, R) \subset \mathbb{R}^2 \times \mathbb{R}$, for $R > 0$, and $\partial E \cap U = \text{graph}(u) \cup \text{graph}(v)$ with $u \le v, u, v \in$ $C^2(B_{3R})$, $u(0) = v(0) = 0$, $Du(0) = Dv(0) = 0$, $u < v$ on $B_{3R}^2(0) \setminus \{0\}$. We will use Cartesian coordinates (x, y, z) and cylindrical coordinates (r, θ, z) . To lighten notation, we will also write B_s^2 for $B_s^2(0)$. There exists $\lambda \in \mathbb{R}$ for which condition (ii) of Proposition [3.1](#page-17-2) holds; as in Section [4,](#page-19-0) we can make the choice that $E \cap U$ is given by the regions below u and above v, upon changing sign to g and λ if needed. The graphs of u, v then have mean curvatures $(g - \lambda)$ and $-(g - \lambda)$ respectively, with respect to the upward pointing normal.^{[13](#page-23-2)} By choosing R sufficiently small, we ensure that $\sup_{B_s^2} |u|, \sup_{B_s^2} |v| < s$ and that the areas of graph $(u) \cap (B_s^2 \times (-s, s))$ and graph $(v) \cap (B_s^2 \times (-s, s))$ are bounded by $2\pi s^2$ for all $s \leq R$.

¹²If the acute angle condition is valid for all wedges of E and for all wedges of $U \setminus E$, then our proof, repeated for E and for $U \setminus E$, gives both a coalescence and a break-up deformation of E that reduce energy. If the acute angle condition is valid for E but not for $U \setminus E$, then our proof produces only a break-up deformation of E, while if the acute angle condition is valid for $U \setminus E$ but not for E, then our proof produces only a coalescence deformation. In fact, even in the latter two cases, it is possible to decrease energy both by a coalescence and by a break-up deformation, however the proof given needs to be modified: one has to consider the case in which a (single) wedge has opening angle larger than π ; its contribution to the first variation would be dominated by the contribution coming from another wedge that has an acute angle.

¹³The condition on the mean curvature is verified thanks to Proposition [3.2](#page-19-1) at any point \neq 0, since for a smooth surface the classical mean curvature agrees with the generalised mean curvature in the varifold sense; by the smoothness of u, v , and g , the conclusion extends across 0 for each graph. We note that, by the maximum principle, it must hold $\lambda > g(0)$ for this configuration to arise; however, we will not make use of this fact.

Denote by ∂_r the vector field $\frac{(x,y,0)}{\sqrt{x^2+y^2}}$ $\frac{x_1y_10}{x^2+y^2}$ on $U \setminus \{x=y=0\}$. Let χ be a smooth function on $B_{3R}^2(0) \times (-R, R)$, independent of the variable z, with $0 \le \chi \le 1$, and that is identically 1 on $r \le R_0$ and identically 0 on $r \ge 2R_0$, with $R_0 \in (0, R/6)$ to be chosen. We will consider the vector field $\chi \partial_r$ on $U \setminus \{x = y = 0\}$. Let Φ_t , for $t \in (0, R_0/2)$, denote the flow associated to $\chi \partial_r$. This means that $\Phi_t(x) = \gamma(t)$, where γ solves $\gamma'(t) = \chi(\gamma(t))\partial_r$, $\gamma(0) = x \in U \setminus \{x = y = 0\}$ (that is, γ is the flow line of $\gamma \partial_r$ starting at x). Then, $\{\Phi_t\}_{t\in [0,R_0/2)}$ is a one-sided 1-parameter family of diffeomorphisms, with Φ_t mapping $(B_{3R}^2 \setminus \{0\}) \times (-R, R)$ onto $(B_{3R}^2 \setminus B_t^2) \times (-R, R)$. Also note that $\Phi_t \circ \Phi_s = \Phi_{t+s}$, since the vector field is time independent. Moreover, $\Phi_0 = Id$ and, for every $t \in (0, R_0/2)$, $\Phi_t = Id$ on the cylinder $\{r > R\}$. This family of diffeomorphisms induces a one-sided deformation \tilde{M}_t of $M_0 = \text{graph}(u) \setminus \{0\}$, namely $\tilde{M}_t = \Phi_t(M_0)$. Note that the restriction of \tilde{M}_t to the cylinder $\{r \in (t, t + R_0/2]\}$ is the graph of $u(r - t, \theta)$ (in cylindrical coordinates). Roughly speaking, the deformation opens up a hole at 0 and pushes graph $(u) \setminus \{0\}$ radially in the horizontal (x, y) -directions, with no vertical displacement. We will consider \tilde{M}_t as an embedded surface in U. Then, \tilde{M}_t does not intersect the cylinder $\{r < t\}$. The closure $\overline{\widetilde{M}}_t$ is a surface-with-boundary in U; the boundary $\partial\overline{\widetilde{M}}_t$ in U is the circle $\{r = t, z = 0\}$ and $-\partial_r$ is the unit outer conormal (to \widetilde{M}_t) on the boundary.

The idea is to combine the one-sided deformation \tilde{M}_t of graph $(u) \setminus \{0\}$ with an analogous deformation $\widetilde{N}_t = \Phi_t(N_0)$ of $N_0 = \text{graph}(v) \setminus \{0\}$; since $\partial \widetilde{N}_t = \partial \widetilde{M}_t$ this gives rise to a coalescence-type deformation $\overline{\tilde{M}}_t \cup \overline{\tilde{N}}_t$ of $\partial E \cap U$ in U. (Note that $\tilde{M}_t \cap \tilde{N}_t = \emptyset$ for all t.) We denote by \widetilde{E}_t the Caccioppoli set that agrees with E in the complement of U and is given, in U , by

$$
\widetilde{E}_t \cap U = \Phi_t\big((E \cap U) \setminus \big\{(0,0,z) : |z| < R\big\}\big) \cup \big(\overline{B}_t^2(0) \times (-R,R)\big),
$$

noting that the boundary of \widetilde{E}_t in U is given by $\overline{M}_t \cup \overline{\widetilde{N}}_t$. (To see that \widetilde{E}_t is well-defined, recall that $\{r < t\} \times \{|z| > t\}$ is contained in E for all $t \le R_0/2$, by the initial choice of U, and note that $\widetilde{E}_t = E$ in a neighbourhood of ∂U for all $t \leq R_0/2$.) In order to ensure the volume-preserving condition, we will modify this deformation in the cylinder ${2R < r < 3R} \times (-R, R)$, in which $\widetilde{E}_t = E$ for all t.

For this purpose, we analyse the function $\mathbb{V}(t) = |\widetilde{E}_t \cap U|$. The first variation of volume at $t = 0^+$, $\mathbb{V}'(0)$, is not affected by the volume of the cylinder $\{r \le t\} \times (-R, R)$ (which we included in \tilde{E}_t), since this volume is $2\pi Rt^2$, so its rate of change at $t = 0^+$ is 0. Hence, $\mathbb{V}'(0)$ is the same as the first variation of volume for $\Phi_t((E \cap U) \setminus \{(0,0,z)$: $|z| < R$ }) at $t = 0^+$. Recall that Φ_t is a diffeomorphism of $(B_{3R}^2 \setminus \{0\}) \times (-R, R)$ onto $(B_{3R}^2 \setminus B_t^2) \times (-R, R)$. Then, the first variation of volume can be computed as in the proof of [\[19,](#page-41-1) Proposition 17.8] and is equal to $\int_{E \cap (U \setminus \{(0,0,z):|z| < R\})} \text{div}(\chi \partial_r)$. This divergence is bounded by $1/r$ in a neighbourhood of $\{(0, 0)\}\times (-R, R)$, and is thus summable on the given domain. Approximating this integral by $\int_{E\cap (U\setminus\{(r,z):|z| with$ $\rho > 0$, $\rho \rightarrow 0$, we can use the divergence theorem to obtain that the first variation of V is

given by

$$
\mathbb{V}'(0) = \lim_{\rho \to 0} \int_{\partial^* E \cap (U \setminus \{(r,z):|z| < R, r < \rho\})} \nu \cdot (\chi \partial_r) + \lim_{\rho \to 0} \int_{\partial \{(r,z):|z| < R, r < \rho\})} (-\partial_r) \cdot (\chi \partial_r).
$$

Here $(-\partial_r)$ in the second integral and v in the first integral give the unit outer normal to $E \cap (U \setminus \{(r, z) : |z| < R, r < \rho\})$ on the respective boundary portions. The second integral is bounded in absolute value by $4\pi\rho R$, hence the first variation of volume is $\mathbb{V}'(0) = \int_{\text{graph}(u)} \chi \partial_r \cdot \nu + \int_{\text{graph}(v)} \chi \partial_r \cdot \nu$. We note from this expression that $\mathbb{V}'(0)$ tends to 0 as $R_0 \rightarrow 0$.

We will also need to compute $V''(0)$. To that end, we begin by showing that $\mathbb{V}'(t) = \int_{\widetilde{M}_t \cup \widetilde{N}_t} \chi \nu \cdot \partial_r$ for all $t > 0$. This is seen as follows: recall that Φ_s is a diffeomorphism from $(B_{3R}^2 \setminus B_t^2) \times (-R, R)$ onto $(B_{3R}^2 \setminus B_{t+s}^2) \times (-R, R)$ and that $\Phi_t \circ \Phi_s$ Φ_{s+t} . Then, for any $t > 0$ the derivative $\mathbb{V}'(t)$ can be computed as sum of two terms:

$$
\frac{d}{ds}\Big|_{s=0^+}\Big|\Phi_s(\widetilde{E}_t\cap((B_{3R}^2\setminus B_{t+s}^2)\times(-R,R))\Big)|+\frac{d}{ds}\Big|_{s=0^+}|B_{t+s}^2\times(-R,R)|.
$$

The first term (using [\[19,](#page-41-1) Proposition 17.8], with the function g therein replaced by the constant 1), is equal to $\int_{\tilde{E}_t \cap ((B_{3R}^2 \setminus B_t^2) \times (-R,R))} \text{div}(\chi \partial_r)$. We use the divergence theorem on this integral (leading to the first two terms on the right-hand side of the next identity, in which ν and $-\partial_r$ are the outer unit normal on the two respective boundary portions). In conclusion,

$$
\mathbb{V}'(t) = \int_{\partial \widetilde{E}_t \cap ((B_{3R}^2 \setminus B_t^2) \times (-R,R))} \chi \partial_r \cdot \nu + \int_{\partial B_t^2 \times (-R,R)} \chi \partial_r \cdot (-\partial_r) + \int_{\partial B_t^2 \times (-R,R)} 1.
$$

Since $\chi = 1$ on $\partial B_t^2 \times (-R, R)$, the second and third integrals cancel each other; note also that $\partial \tilde{E}_t \cap ((B_{3R}^2 \n\setminus B_t^2) \times (-R, R)) = \partial \tilde{E}_t \cap U = \tilde{M}_t \cup \tilde{N}_t$. Thus, as claimed (with v denoting the outer unit normal to E_t),

$$
\mathbb{V}'(t) = \int_{\widetilde{M}_t} \chi \partial_r \cdot \nu + \int_{\widetilde{N}_t} \chi \partial_r \cdot \nu.
$$

(Also note that $\mathbb{V}'(t) \to \mathbb{V}'(0)$ as $t \to 0^+$, so $\mathbb {V}$ is at least $C^1([0, \frac{R_0}{2})).$)

We now compute $\mathbb{V}''(0)$ by differentiating the expression obtained for $\mathbb{V}'(t)$. We get^{[14](#page-25-0)}, for $t \geq 0$,

$$
\mathbb{V}''(t) = \int_{\widetilde{M}_t \cup \widetilde{N}_t} \chi^2(\nu \cdot \partial_r) (\vec{H}_t \cdot \partial_r) + \int_{\widetilde{M}_t \cup \widetilde{N}_t} \frac{d}{dt} (\chi \nu \cdot \partial_r),
$$

¹⁴With $\widetilde{M}_t = \Phi_t(M_0)$, $\Phi_t(x) = \Phi(t, x)$, and $\Phi_t \Phi_s = \Phi_{t+s}$ as above, let $v : [0, \varepsilon) \times M_t \to \mathbb{R}$ be smooth (in the sense that $v(t, \Phi_t(x))$ is smooth in t and x on M_0). We have the following first variation formula:

$$
\frac{d}{dt} \int_{\tilde{M}_t} v \, d\mathcal{H}^n = -\int_{\tilde{M}_t} v \vec{H}_{\tilde{M}_t} \cdot \vec{V}_t \, d\mathcal{H}^2 + \int_{\partial \tilde{M}_t} v \hat{n} \cdot \vec{V}_t \, d\mathcal{H}^1 + \int_{\tilde{M}_t} \frac{dv}{dt} \, d\mathcal{H}^2, \tag{5.1}
$$

with $\vec{V}_t = \frac{d\Phi}{dt}$, \hat{n} the outward unit conormal at $\partial \tilde{M}_t$, and $\vec{H}_{\tilde{M}_t}$ the mean curvature vector of \tilde{M}_t . The derivative $\frac{dv}{dt}$ at $t = t_0$ is, explicitly, $\frac{d}{ds}|_{s=0}v(t_0 + s, \Phi_{t_0+s}(x))$. The formula for arbitrary t follows once it is proved at $t = 0$, thanks to $\Phi_t \Phi_s = \Phi_{t+s}$. The formula for $t = 0^+$ is obtained by following the proof where \vec{H}_t stands for the (classical) mean curvature vector of $\tilde{M}_t \cup \tilde{N}_t$. In particular, $\mathbb{V} \in C^2([0, \frac{R_0}{2}))$. Moreover, we estimate

$$
|\mathbb{V}''(0)| \leq \int_{M_0 \cup N_0} \chi^2 |\vec{H}| + \int_{M_0 \cup N_0} \left| \frac{d}{dt} \right|_{t=0^+} (\chi \partial_r) + \int_{M_0 \cup N_0} \left| \frac{d\nu}{dt} \right|_{t=0^+} \left| ,
$$

where \vec{H} stands for the (classical) mean curvature vector of $M_0 \cup N_0$. For the last term, the integrand is, explicitly, $\left|\frac{d}{dt}\right|_{t=0^+} v_{\tilde{M}_t}(\Phi_t(x))$ with $x \in M_0$, or $\left|\frac{d}{dt}\right|_{t=0^+} v_{\tilde{N}_t}(\Phi_t(x))$ with $x \in N_0$; here we have temporarily indicated the dependence of ν on t, when using $\nu_{\tilde{M}_t}$, or $v_{\tilde{N}_t}$. We estimate this by direct computation, noting that $v_{\tilde{M}_t}$ is the unit vector orthogonal to the tangent space to $\widetilde{M}_t = \Phi_t(M_0)$ (similarly for $v_{\widetilde{N}_{t_1}}$ and $\widetilde{N}_t = \Phi_t(N_0)$). Denoting by D the derivatives in the space variables x, we have $\frac{d}{dt}D\Phi = D\frac{d}{dt}\Phi = D(\chi \partial_r)$, from which we find $\left|\frac{dv}{dt}\right|_{t=0^+}\right| \leq C|D(\chi \partial_r)|$, for a dimensional constant C. For the second term on the right-hand side, differentiating in t the composition $(\chi \partial_r) \circ \Phi_t(x)$, we similarly obtain $\left|\frac{d}{dt}\right|_{t=0^+} (\chi \partial_r)| \leq |D(\chi \partial_r)|$. Recall now that \vec{H} is bounded, $|D\partial_r| \leq C/r$ is summable, the area of $M_0 \cup N_0$ is bounded by $2\pi R_0^2$ in the set where $\chi \neq 0$, and $\int_{M_0 \cup N_0} |D_\chi|$ tends to 0 as $R_0 \to 0$ (D_χ is bounded by $\frac{2}{R_0}$ on an annulus of area at most $2\pi R_0^2$ and vanishes otherwise). In particular, we see that $\mathbb{V}''(0)$ tends to 0 as $R_0 \to 0$.

Relevant volume-preserving coalescence deformation. Consider the two subdomains U_1 $B_R^2 \times (-R, R)$ and $U_2 = (B_{3R}^2 \setminus \overline{B}_R^2) \times (-R, R)$. By construction, \widetilde{E}_t and E coincide $L_R \wedge (X, K)$ and $C_2 = (B_{3R} \wedge B_R) \wedge (X, K)$. By construction, L_I and L concrete
in U_2 . Let $\zeta_0 \in C_c^1(M_0 \cap U_2)$ be such that $\int_{M_0} \zeta_0 \neq 0$ (this choice is independent of R_0). Set $\zeta = \frac{-\tilde{V}(0)}{\int_{M_0} \zeta_0} \zeta_0$, so that $\int_{M_0} (\zeta \nu) \cdot \nu = -\tilde{V}'(0)$, and extend $\zeta \nu$ to a vector field in U_2 , compactly supported away from $N_0 \cap U_2$. Following the argument in [\[1,](#page-40-8) Lemma 2.4] (also recalled in Step 1 of the proof of Proposition [3.1\)](#page-17-2), we pick another vector field $Y \in C_c^1(U_2 \setminus N_0)$ such that $\int_{M_0} Y \cdot v \neq 0$ (the choice of Y is independent of R_0) and construct, for $t \in (-t_0, t_0)$ for some $t_0 > 0$, an ambient deformation $\Psi_t = Id + t \zeta \nu +$ $s(t)Y$ with $s(0) = 0$ and $s'(0) = 0$, that is, with initial speed ζv , and such that $|\Psi_t(E) \cap$ $|U_2| - |E \cap U_2| = -\mathbb{V}(t) + |E \cap U|$. This follows from the implicit function theorem, by considering the level set $\{f(t, s) = f(0, 0)\}$ for the function $f(t, s) = |(Id + t \zeta v +$

$$
\int_{\widetilde{M}_t} v(t,\Phi_t(x)) \Big(\frac{d}{dt} |J\Psi_t|\Big) d\mathcal{H}^n + \int_{\widetilde{M}_t} \Big(\frac{d}{dt} v(t,\Phi_t(x))\Big) |J\Psi_t| d\mathcal{H}^n.
$$

Evaluating the derivative at $t = 0^+$, the first of these two terms is treated exactly as in the classical proof of the first variation formula [\[24\]](#page-41-13) and gives $-\int_{M_0} v \vec{H}_{M_0} \cdot X_0 d\mathcal{H}^2 + \int_{\partial M_0} v \hat{n} \cdot X_0 d\mathcal{H}^1$. The second term gives $\int_{M_0} \frac{dv}{dt}\big|_{t=0^+} d\mathcal{H}^2$.

In our case, $\vec{V}_t = \chi \partial_r$ (independently of t) and $v = \chi \partial_r \cdot v$, where v is the unit normal to \tilde{M}_t . We have $\partial_r \cdot v = 0$ on $\partial \tilde{M}_t$, hence the second term in the formula vanishes. The computation for \tilde{N}_t

of the usual first variation formula (of area), for the surface-with-boundary $\overline{\widetilde{M}_t}$ in U (see [\[24\]](#page-41-13)) with the following modification: by means of the area formula, $\int_{\tilde{M}_t} v \, d\mathcal{H}^n = \int_{M_0} v(t, \Phi_t(x)) |J\Psi_t| \, d\mathcal{H}^n$, where $\Psi_t = \Phi_t |_{M_0}$. Then, differentiating in t gives

 $s(Y)(E)\cap U_2$ $| + \mathbb{V}(t)$, noting that $\frac{\partial f}{\partial s}(0,0) = \int_{M_0} Y \cdot v \neq 0$. Then, the level set is described by $(t, s(t))$ for $t \in (-t_0, t_0)$; moreover,

$$
s'(0) = \frac{-\frac{\partial f}{\partial t}(0,0)}{\frac{\partial f}{\partial s}(0,0)},
$$

which vanishes because $\frac{\partial f}{\partial t}(0,0) = \mathbb{V}'(0) + \int_{M_0} (\zeta \nu) \cdot \nu = 0$. (In fact, for t_0 sufficiently small, $s(t)$ is C^2 , since f is C^2 in (s, t) .)

We will employ this deformation for $t \in [0, t_0)$ (note that $\Psi_t(M_0)$ remains disjoint from N_0 for all $t \le t_0$). Combining the deformation Ψ_t , which only acts in $\{2R < r <$ $3R\times (-R, R)$, with the deformation \tilde{E}_t introduced above, which only acts in $\{r < R\} \times$ $(-R, R)$, we obtain a deformation E_t of E that is volume preserving in U. The boundary of E in U is given by $\overline{M}_t \cup \overline{n}_t$, where M_t is equal to \widetilde{M}_t in $\{r < 2R\} \times (-R, R)$ and equal to $\Psi_t(M_0)$ in $\{2R \le r < 3R\} \times (-R, R)$, while $N_t = \tilde{N}_t$. Recalling that $\mathbb{V}'(0) \to 0$ as $R_0 \to 0$ (ζ_0 and ν are fixed), we note that $\sup_{U_2} |\zeta \nu|$ and $\sup_{U_2} |D(\zeta \nu)|$ can be made arbitrarily small by choosing R_0 sufficiently small.

The deformation ${E_t}_{t \in [0,t_0)}$ is of coalescence type: $\partial E_t \cap U$ is the image of a C^1 map $\psi_t : S^1 \times (-1, 1) \to U$, of class C^2 in t, whose differential is allowed to vanish (for each t) on $S^1 \times \{0\}$, and that is a smooth embedding away from the image of $S^1 \times \{0\}$ (as required in Definition [3\)](#page-14-2). At $t = 0$ the circle $S^1 \times \{0\}$ is mapped to 0, while for $t > 0$ it is mapped to $\partial M_t = \partial N_t$. The initial speed of the deformation just exhibited is given by $X = \chi \partial_r + \zeta \nu$. This is a well-defined \mathbb{R}^3 -valued map on $S^1 \times (-1, 1)$ (and bounded as in Definition [5\)](#page-15-1). We remark that on $S^1 \times \{0\}$ it fails to be identifiable with an ambient vector field in U; at $(p, 0) \in S^1 \times (-1, 1)$ the vector field is given by $\frac{p}{|p|}$, thinking of $p \in S^1 \subset \mathbb{R}^2 \times \{0\} \subset \mathbb{R}^3$. We stress that the speed of the deformation $\partial E_t \cap U_1$ is equal to $\chi \partial_r$ (as a vector field on $S^1 \times (-1, 1)$), and thus independent of $t \in [0, t_0)$; the speed of $\partial E_t \cap U_2$ is equal to $\zeta v + s(t)Y$, and hence dependent on t (the latter is also well-defined as a vector field on U_2).

The volume-preserving condition implies, arguing as we did for $V'(0)$ (using the approximation argument with $\rho \rightarrow 0$), that

$$
\int_{\text{graph}(u)} X \cdot \nu + \int_{\text{graph}(v)} X \cdot \nu = 0.
$$

In view of forthcoming arguments, we compute also $s''(0)$. Since we have $\frac{\partial f}{\partial t} = 0$ at $(t, s) = (0, 0)$, the implicit function theorem gives

$$
s''(0) = \frac{-\frac{\partial^2 f}{\partial t^2}}{\frac{\partial f}{\partial s}},
$$

with the derivatives on the right-hand side evaluated at $(t, s) = (0, 0)$. In order to compute the quantity $\frac{\partial^2 f}{\partial t^2}$ $\frac{\partial^2 f}{\partial t^2}$ (0, 0), we recall the expansion of the determinant close to the identity; see $[19, (17.11)]$ $[19, (17.11)]$. We then argue as in the proof of $[19,$ Proposition 17.8], with g therein replaced by the constant 1, and also keeping in our computation the terms (of the determinant expansion) that are quadratic in t: we thus obtain that $|(Id + t\zeta v)(E) \cap U_2| - |E \cap E|$ $|U_2| = \int_{E_1 \cap U_2} 1 - \int_{E \cap U_2} 1$ is given by $\int_E t \, \text{div}(\zeta \nu) + \frac{t^2}{2}$ $\frac{t^2}{2}((\text{div}(\zeta \nu))^2 - \text{trace}(D(\zeta \nu))^2)$ $+ o(t^2)$. Hence,

$$
\frac{\partial^2 f}{\partial t^2}\Big|_{(t,s)=(0,0)} = \mathbb{V}''(0) + \int_{E \cap U_2} (\text{div}(\zeta \nu))^2 - \int_{E \cap U_2} (\text{trace}(D(\zeta \nu))^2).
$$

All three terms tend to 0 as $R_0 \rightarrow 0$: for $\mathbb{V}''(0)$, this was shown earlier; for the second and third terms, this follows from the fact (see above) that $\sup_{U_2} |\zeta v|$ and $\sup_{U_2} |D(\zeta v)|$ tend to 0 as $R_0 \to 0$. The denominator $\frac{\partial f}{\partial s}$ is determined by the choice of Y (so independent of R_0). In conclusion, $s''(0) \rightarrow 0$ as $R_0 \rightarrow 0$.

First variation. We will now check that the first variation of the functional $\mathcal{E}_U(E_t)$ = Per_U($\partial^* E_t$) + $\int_{E_t \cap U} g$ at $t = 0^+$ (along the deformation $\{E_t\}_{t \in [0,t_0)}$ just constructed) is

$$
\frac{d}{dt}\Big|_{t=0^+} \mathcal{E}_U(E_t) = -\int_{\text{graph}(u)} \vec{H} \cdot X + \int_{\text{graph}(u)} g v \cdot X - \int_{\text{graph}(v)} \vec{H} \cdot X + \int_{\text{graph}(v)} g v \cdot X,\tag{5.2}
$$

where \vec{H} stands for the mean curvature vector (of graph (u)) and graph (v) , respectively, in the two corresponding integrals). It is convenient to compute the above first variation separately in the two subdomains $U_1 = B_R^2 \times (-R, R)$ and $U_2 = (B_{3R}^2 \setminus \overline{B}_R^2) \times (-R, R)$. (We recall that E_t and E coincide in a neighbourhood of $\partial B_R^2 \times (-R, R)$.) The first variation in U_2 is given by the well-known formulae (see [\[1,](#page-40-8) [19\]](#page-41-1)), since in this domain the deformation is an ambient one, induced by a 1-parameter family of diffeomorphisms whose initial speed is the vector field $\zeta v \in C_c^1(U_2)$. We thus obtain

$$
\frac{d}{dt}\Big|_{t=0} \mathcal{E}_{U_2}(E_t) = -\int_{\text{graph}(u)} \zeta \vec{H} \cdot v + \int_{\text{graph}(u)} g \zeta v \cdot v \n- \int_{\text{graph}(v)} \zeta \vec{H} \cdot v + \int_{\text{graph}(v)} g \zeta v \cdot v.
$$

In U_1 the initial speed $\chi \partial_r$ is not compactly supported in U_1 , and the deformation moves the boundary of M_t and N_t . For future purposes, for U_1 it will be convenient to compute the first variation for an arbitrary t. Recalling that $E_t \cap U_1 = \Phi_t(E \cap U_1) \cup$ $(\overline{B}_t^2 \times (-R, R))$, and using that $\Phi_s \circ \Phi_t = \Phi_{s+t}$, the first variation at $t \in [0, t_0)$ in U_1 is given by (as we will justify below)

$$
\frac{d}{dt}\mathcal{E}_{U_1}(E_t) = -\int_{M_t} \vec{H} \cdot (\chi \partial_r) + \int_{\partial M_t} \vec{n} \cdot (\chi \partial_r) + \int_{M_t} g \nu \cdot (\chi \partial_r) \n- \int_{N_t} \vec{H} \cdot (\chi \partial_r) + \int_{\partial N_t} \vec{n} \cdot (\chi \partial_r) + \int_{N_t} g \nu \cdot (\chi \partial_r),
$$
\n(5.3)

where \vec{H} stands for the mean curvature vector (of M_t and N_t , respectively, in the two corresponding integrals) and \vec{n} is the unit conormal at ∂M_t (for the surface-with-boundary $\overline{M_t} \cap U$) pointing away from M_t , or the unit conormal at ∂N_t , pointing away from N_t . By construction, $\partial M_t = \partial N_t$ is the circle in the (x, y) -plane with centre at 0 and radius t (with $t \le R_0/2$) and \hat{n} is the same for M_t and N_t , namely $\hat{n} = -\partial_r = \chi \partial_r$. Therefore, the second and fifth terms on the right-hand side of [\(5.3\)](#page-28-0) are each equal to $-2\pi t$.

The first, second, fourth, and fifth terms in [\(5.3\)](#page-28-0) arise from the first variation of area of a surface-with-boundary (see $[24]$). The third and sixth terms on the right-hand side of [\(5.3\)](#page-28-0) arise from the first variation of $\int_{E_t\cap U_1} g$. For $t > 0$, the latter claim follows by splitting the domain $E_t \cap U_1$ into the two subdomains $(E_t \cap U_1) \setminus (B_t \times (-R, R))$ and $B_t \times (-R, R)$. The contribution coming from the first subdomain is computed as in the proof of [\[19,](#page-41-1) Proposition 17.8], using that Φ_s is a diffeomorphism from $(B_{3R} \setminus B_t) \times$ $(-R, R)$ onto $(B_{3R} \setminus B_{t+s}) \times (-R, R)$, and gives $\int_{E \cap ((B_{3R} \setminus B_t) \times (-R, R))} \text{div}(g \chi \partial_r)$. Using the divergence theorem, we obtain the third and sixth terms of (5.3) and an additional summand $\int_{\partial B_t^2 \times (-R,R)} g \chi \partial_r \cdot (-\partial_r)$. The contribution from the second subdomain gives the term $\int_{\partial B_t^2 \times (-R,R)} g$. These two last integrals on the surface $\partial B_t^2 \times (-R, R)$ cancel each other (since $\chi = 1$ on the surface of integration); this concludes the case $t > 0$. In the case $t = 0$ we argue as we did earlier for $V'(0)$ (using the approximation argument with $\rho \rightarrow 0$) to reach the same conclusion.^{[15](#page-29-0)}

Taking $t = 0^+$ in [\(5.3\)](#page-28-0) and adding $\frac{d}{dt}|_{t=0^+} \mathcal{E}_{U_1}(E_t) + \frac{d}{dt}|_{t=0} \mathcal{E}_{U_2}(E_t)$, we obtain equation [\(5.2\)](#page-28-1). Substituting $\vec{H} = (g - \lambda)\vec{v}$ in (5.2) for the $\lambda \in \mathbb{R}$ found in the beginning of this section, and recalling $\int_{\text{graph}(u)} X \cdot v + \int_{\text{graph}(v)} X \cdot v = 0$, we get that the first variation at $t = 0^+$ vanishes:

$$
\frac{d}{dt}\Big|_{t=0^+}\mathcal{E}_U(E_t)=0.
$$

Second variation. We now show that the second variation of the functional $\mathcal{E}_U(E_t)$ = Per_U($\partial^* E_t$) + $\int_{E_t \cap U} g$ at $t = 0^+$ (for the same deformation E_t) is strictly negative, contrary to the assumption (we checked that we have vanishing one-sided first variation; see the implication in Definition [5\)](#page-15-1).

Again, the computation is conveniently carried out separately in the subdomains U_1 and U_2 . For U_2 , we rewrite $\mathcal{E}_{U_2}(C) = \text{Per}_{U_2}(C) + \int_{C \cap U_2} (g - \lambda) + \lambda |C \cap U_2|$ (for the λ identified in the beginning of the section). The well-known formula ([\[1,](#page-40-8) Appendix], [\[4,](#page-40-1) Section 2.2]) for the second variation of $Per_{U_2}(C) + \int_{C \cap U_2}(g - \lambda)$ for the set E (that is stationary with respect to this functional in U_2 , i.e., ∂E has mean curvature $(g - \lambda)v$

¹⁵For $t_0 > 0$, one can give an alternative argument as follows: the deformation of E_{t_0} that we are considering can be equivalently induced by the 1-parameter family of diffeomorphisms $Id + s\tilde{X}_s$, where $\tilde{X}_s = \psi(\chi\partial_r)$ and ψ is a smooth function that only depends only on r and is equal to 1 for $r \ge t_0/2$ and equal to 0 for $r \le t_0/4$. This is well-defined as a vector field in U, so the usual formula for the first variation of volume applies.

yields

$$
\frac{d^2}{dt^2}\Big|_{t=0}\mathcal{E}_{U_2}(E_t) = \Big(\int_{\partial E \cap U_2} (D_\nu g - |A_{\partial E}|^2)\zeta^2 + |\nabla \zeta|^2\Big) + \lambda \frac{d^2}{dt^2}\Big|_{t=0} |E_t \cap U_2|,
$$

where D_v is the derivative in the direction v, ∇ is the gradient on the surface, and $A_{\partial F}$ is the second fundamental form of ∂E . For the second term on the right-hand side, we follow the proof of [\[19,](#page-41-1) Proposition 17.8] using the second- (rather than first-) order expansion in t of the Jacobian. Expanding the diffeomorphism as $Id + t(\zeta \nu) + \frac{t^2}{2}Z + o(t^2)$, where $Z = s''(0)Y$ by construction, and using ([\[19,](#page-41-1) (17.11)]) we have det $(I + tA + \frac{t^2}{2}B)$ = $1 + t \, \text{trace}(A) + \frac{t^2}{2}$ $\frac{e^{2}}{2}$ (trace(*B*) + (trace(*A*))² – trace(*A*²)) + $o(t^{2})$, we get

$$
\frac{d^2}{dt^2}\Big|_{t=0} |E_t \cap U_2| = \int_{E \cap U_2} \text{div} Z + \int_{E \cap U_2} (\text{div}(\zeta \nu))^2 - \int_{E \cap U_2} \text{trace}((D(\zeta \nu))^2) \n= \int_{\partial E \cap U_2} Z \cdot \nu + \int_{E \cap U_2} (\text{div}(\zeta \nu))^2 - \int_{E \cap U_2} \text{trace}((D(\zeta \nu))^2).
$$

The last two integrals tend to 0 as $R_0 \to 0$, since $\sup_{U_2} |D(\zeta \nu)|$ does. For the first integral, recall that $s''(0) \to 0$ as $R_0 \to 0$, while Y is fixed independently of R_0 , so this term also tends to 0 as $R_0 \rightarrow 0$; we conclude that

$$
\frac{d^2}{dt^2}\Big|_{t=0} |E_t \cap U_2| \to 0 \quad \text{as} \quad R_0 \to 0.
$$

For U_1 , instead, we compute the derivative at $t = 0^+$ of [\(5.3\)](#page-28-0). The derivatives of the terms $\int_{\partial M_t} \vec{n} \cdot (\chi \partial_r) = -2\pi t$ and $\int_{\partial N_t} \vec{n} \cdot (\chi \partial_r) = -2\pi t$ at $t = 0^+$ are each equal to -2π . This is independent of the choice of R_0 . (These will be the dominant terms in the end.)

We write H for the scalar curvature, so that $\vec{H} = Hv$. The term $-\int_{M_t} \vec{H} \cdot (\chi \partial_r)$ has derivative at $t = 0^+$ given by (using [\(5.1\)](#page-25-1))

$$
\int_{M_0} (\vec{H} \cdot (\chi \partial_r))^2 - \int_{M_0} \frac{\partial H}{\partial t} \Big|_{t=0^+} \nu \cdot (\chi \partial_r) - \int_{M_0} H \frac{\partial \nu}{\partial t} \Big|_{t=0^+} \cdot (\chi \partial_r). \tag{5.4}
$$

(There is no boundary term, since \vec{H} and $(\gamma \partial_r)$ are bounded on $\overline{M_0}$ and ∂M_0 is reduced to a point; in fact, one also has that $\vec{H} \cdot (\gamma \partial_r)$ tends to 0 as we approach ∂M_0 .) For the second summand in [\(5.4\)](#page-30-0), we follow [\[1,](#page-40-8) Appendix] to compute $\frac{\partial H}{\partial t}|_{t=0^+}$, noting that those computations are local and can be repeated^{[16](#page-30-1)} until we reach the formula in [\[1,](#page-40-8) p. 353].

¹⁶In our case, unlike in [\[1\]](#page-40-8), the deformation of M_0 is not performed at fixed boundary, but M_t moves so that the speed is orthogonal to the normal to M_t at ∂M_t . The contribution of the moving boundary to the first (and second) variation of area has been isolated in the term $\int_{\partial M_t} \vec{n} \cdot (\chi \partial_r)$ of [\(5.3\)](#page-28-0). The remaining terms are treated as in [\[1\]](#page-40-8), since those computations are pointwise and do not use the fixed boundary condition until after the formula in [\[1,](#page-40-8) p. 353]. We point out that f in [1, p. 353] corresponds to $v \cdot (\gamma \partial_r)$ in our case, and ξ in [\[1,](#page-40-8) p. 353] corresponds to $\chi \partial_r$. Also note that the convention in [\[1\]](#page-40-8) is to have the mean curvature equal to the average of the principal curvatures (while we take the sum), so nH therein corresponds to H in our case. We write A for the second fundamental form, while $[1]$ uses B .

The only difference is given by the fact that, instead of the constant nH_0 therein, the third summand on the right-hand side of the formula in $[1, p. 353]$ $[1, p. 353]$ will have (in the integral) the mean curvature function $(\lambda - g)$. We thus find

$$
\int_{M_0} \frac{\partial H}{\partial t} \Big|_{t=0^+} \nu \cdot (\chi \partial_r) = - \int_{M_0} ((\chi \partial_r) \cdot \nu)(\Delta_{M_0}((\chi \partial_r) \cdot \nu)) - \int_{M_0} |A_{M_0}|^2 ((\chi \partial_r) \cdot \nu)^2
$$

$$
+ \int_{M_0} \nabla ((\chi \partial_r) \cdot \nu) \cdot G,
$$

where ∇ is the gradient on the surface. The (vector-valued) function G has modulus bounded above by a constant that only depends on $\sup_{M_0} |A_{M_0}|$, $\sup_U |Dg|$, $||u||_{C^1(B_{3R}^2)}$. This comes from crude bounds on the last three terms of the formula in [\[1,](#page-40-8) p. 353] (in which, again, the third summand on the right-hand side has been modified to account for our mean curvature $(\lambda - g)$). Recall, then, the following facts: the second fundamental form A_{M_0} (and similarly, the mean curvature \vec{H}) is bounded in U, since $M_0 \subset D_1$ and D_1 is a smooth graph; and the area of M_0 grows at a quadratic rate around 0. The following bounds thus follow: firstly,

$$
\int_{M_0} \chi \quad \text{and} \quad \int_{M_0} ((\chi \partial_r) \cdot \nu)^2 \le \int_{M_0} \chi^2
$$

can be made as small as we wish by taking R_0 sufficiently small. Moreover (using that v is normal to the surface),

$$
|\nabla((\chi\partial_r)\cdot\nu)|\leq |A_{M_0}|\chi.
$$

Then, for the first two terms in (5.4) , we have that

$$
\int_{M_0} (\vec{H} \cdot (\chi \partial_r))^2 = \int_{M_0} |\vec{H}|^2 ((\chi \partial_r) \cdot \nu)^2
$$

and

$$
\int_{M_0} \frac{\partial H}{\partial t} \Big|_{t=0^+} v \cdot (\chi \partial_r) = \int_{M_0} \left| \nabla_{M_0} ((\chi \partial_r) \cdot v) \right|^2 - \int_{M_0} |A_{M_0}|^2 ((\chi \partial_r) \cdot v)^2 + \int_{M_0} \nabla ((\chi \partial_r) \cdot v) \cdot G
$$

can both be made as small as we wish (in module) by choosing R_0 suitably small. For the remaining term in [\(5.4\)](#page-30-0), recalling that $\Big|$ $\frac{\partial v}{\partial t}\Big|_{t=0^+}$ $\left| \leq C |D(\chi \partial_r)|$ (see earlier in this section), we find that

$$
\left|\int_{M_0} H \frac{\partial v}{\partial t}\right|_{t=0^+} \cdot (\chi \partial_r)\right| \leq C \int_{M_0} |\vec{H}| |D\chi||\chi| + C \int_{M_0} \chi^2 |\vec{H}| |D(\partial_r)|;
$$

this can be made as small as we wish by taking R_0 sufficiently small, since $|D(\partial_r)| \leq C/r$

is summable on M_0 and $\int_{M_0} |D\chi| \leq CR_0$ (where C denotes a dimensional constant). This concludes the proof that, with reference to equation [\(5.3\)](#page-28-0), by choosing a small enough R_0 we can make $\left| \frac{d}{dt} \right|_{t=0^+} (\int_{M_t} -\vec{H} \cdot X)$ as small as we wish.

We now consider the derivative of the third term in [\(5.3\)](#page-28-0) – namely, $\int_{M_t} g v \cdot (\chi \partial_r)$, at $t = 0^+$. This derivative is given by (again using [\(5.1\)](#page-25-1))

$$
-\int_{M_0} g(\nu\cdot(\chi\partial_r))(\vec{H}\cdot(\chi\partial_r)) + \int_{M_0} \frac{d}{dt}\Big|_{t=0^+} (g\chi\!\cdot\!\cdot\!\partial_r).
$$

Using again that $\left|\frac{d}{dt}\right|_{t=0^+} v \leq C |D(\chi \partial_r)|$, we can bound the modulus of the previous expression by

$$
C \sup_{U} (|g| + |Dg|) \Big(\int_{M_0} \chi |\vec{H}| + \int_{M_0} |\chi| + \int_{M_0} |D\chi| + \int_{M_0} \chi |D(\partial_r)| \Big).
$$

This term can also be made as small as we wish, as above, taking R_0 small.

We repeat identical considerations for N_0 to handle the fourth and sixth terms in [\(5.3\)](#page-28-0), showing that a sufficiently small R_0 will make them in modulus as small as we wish. In conclusion, the second variation with respect to ε_U along E_t at $t = 0^+$ is given by -4π (the derivative at $t = 0^+$ of the second and fifth summands in [\(5.3\)](#page-28-0)) plus the other four terms that can be made small in module, say smaller than $\frac{\pi}{2}$, by a suitable initial choice of R_0 . Hence, we have a strictly negative second variation – this is a contradiction. Structure (a²) then cannot be anywhere present in Ω . The embeddedness of $\partial^* E \cap \Omega$ claimed in Theorem [2.6](#page-16-1) is proved. It follows immediately that $\partial^* E_0 \cap \Omega = \partial E_0 \cap \Omega$ (*E* is its Lebesgue representative) for each connected component E_0 of $\overline{E} \cap \Omega$ and (using Pro-positions [3.1](#page-17-2) and [3.2\)](#page-19-1) that the mean curvature is given by $(\lambda_{E_0} - g)\nu_{E_0}$, for $\lambda_{E_0} \in \mathbb{R}$ depending on the connected component E_0 . This finishes the proof of Theorem [2.6.](#page-16-1)

6. Curvature bounds and droplets

An additional question, in fact related to the ruling out of configuration (a') in The-orem [2.6,](#page-16-1) is whether it is possible to have regions in which ∂E is smoothly embedded, but with "very high curvature". Ruling out (a') in Section [5](#page-23-0) amounts to a negative answer in the "limit case" in which a connecting neck between two bulks of liquid is reduced to a point ("infinite curvature"). However, in the conclusion of Theorem [2.6](#page-16-1) there is no quantitative control on how large the curvature can be. We will now give some further remarks in this direction.

On one hand, as we are allowing in Theorem [2.6](#page-16-1) multiple connected components of $E \cap \Omega$, it is possible, say with $g \equiv 0$, for E to be the union of countably many balls B_n with pairwise disjoint closures and with the radius of B_n tending to 0 sufficiently fast as $n \to \infty$. (Note that balls are minimisers of the perimeter for constrained volume, and hence are stable.) Therefore, it is possible to have $|A_{\partial E}|$ unbounded in the conclusion of Theorem [2.6,](#page-16-1) even within a single configuration E .

On the other hand, if we restrict to a connected E (or to a single connected component of E) it may be possible to obtain a priori bounds on $|A_{\theta^*E}|$ in the interior of Ω , that is in $W \subset \subset \Omega$, in terms of a quantity depending only on $||g||_{C^1}$, W, and on $\frac{|E \cap \Omega|}{|\Omega|}$. In support of such a possibility, we note the following: For $j \in \mathbb{N}$, let E_j be a Caccioppoli set in Ω and g_i a function on Ω that verify the hypotheses of Theorem [2.6](#page-16-1) with E_j in place of E and g_j in place of g, and with $\overline{E_j} \cap \Omega$ connected. By the conclusion of Theorem [2.6,](#page-16-1) $\partial^* E_j = \partial E_j$ is smoothly embedded with scalar mean curvature $g_j - \lambda_j$, with $\lambda_j \in \mathbb{R}$. With $W \subset \subset \Omega$ fixed, assume that there exists $y_j \in \partial E_j \cap W$ such that $|A_{\partial E_j}(y_j)| \to \infty$ (which is what one would have in the absence of 'a priori curvature bounds'). If, *additionally*, there exists a uniform bound for $|\lambda_i|$, then we can select $R > 0$ and $K > 0$ such that $B_R^3(y_j) \subset \Omega$ for all j and $\mathcal{H}^2(\partial E_0 \cap B_R^3(y_j)) \leq K$ for all j. Then, the surfaces $(\partial E_j \cap B_R^3(y_j))$ $B_R^3(y_j)$ – y_j (translating by the vector y_n so as to have surfaces in the fixed ball $B_R(0)$) would have uniform area and mean curvature bounds, and be stationary and stable under volume-preserving deformations: they would thus satisfy the curvature estimates in [\[2,](#page-40-4) Theorem 1] (more precisely, the easy generalisation to the case of non-constant mean curvature discussed in [\[2,](#page-40-4) Remark 4]), which give an a priori bound on the curvature, contradicting that $|A_{\partial E_j}(y_j)| \to \infty$. In other words, the missing ingredient for "a priori curvature bounds" appears to be an estimate on the magnitude of λ (in the conclusions of Theorem [2.6\)](#page-16-1) in terms of given quantitative properties of E and g (e.g., $a, b \in (0, 1)$ and $G > 0$ such that $\frac{|E \cap \Omega|}{|\Omega|} \in (a, b)$ and $||g||_{C^1} \leq G$.

In the previous discussion, it appears to be necessary to restrict to an open set W with closure compactly contained in Ω . For otherwise we may consider, with $g \equiv 0$ and $\Omega = \{(x, y, z): |x| < 1, |y| < 1, z > 0\}$, a sequence of surfaces S_n where each surface S_n is a portion of a Delaunay CMC unduloid, with mean curvature independent of n , as follows: the rotational axis of the unduloid is the line $\{(0, y, 0)\}$, and the unduloids degenerate towards a union of tangential spheres as $n \to \infty$; the surface S_n is the portion of the unduloid that is in Ω . (Recall that the Delaunay family of unduloids depends continuously on a parameter and it interpolates between a cylinder and a union of tangential spheres, keeping the same value for the mean curvature.) Then, the maximum of the curvature of S_n in Ω tends to ∞ as $n \to \infty$, and this maximum is achieved at a point $x_n \in S_n$ such that the x_n accumulate on $\partial\Omega$ as $n \to \infty$. (These points x_n are on the necks of the unduloids.) Note that S_n are graphs over the (x, y) -plane, and hence are stable.

It also appears necessary to restrict the range of $\frac{|E \cap \Omega|}{|\Omega|}$. Otherwise, we could consider a ball B with \overline{B} contained in the interior of W, and with radius arbitrarily small. (This explains the need for a lower volume bound; passing to the complement, an upper volume bound is similarly justified).

It may be possible to exploit the stability condition (and the resulting stability inequality) in order to obtain uniform bounds on the L^2 norm of the second fundamental form of the surface, which implies a control on the $L²$ norm of the mean curvature and thus an estimate on λ .

In the small volume regime for E one speaks of "droplets". We assume that in The-orem [2.6](#page-16-1) we have no solid supports and that E is bounded and with connected closure. The analysis in [\[7,](#page-40-3) Section 1.2] implies that (from stationarity for volume-preserving ambient deformations with respect to $\mathcal{E}_{\mathbb{R}^3}$ the so-called Alexandrov deficit tends to 0 when the volume $|E| \rightarrow 0$. Therefore, for droplets (i.e., for sufficiently small $|E|$), the Alexandrov deficit is small and, in view of [\[7,](#page-40-3) Theorem 1.1 (i)], the surface ∂E has to be given by a perturbation of a collection of spheres. (The C^2 embeddedness of ∂E is an assumption in [\[7\]](#page-40-3), while it was a conclusion in our Theorem [2.6.](#page-16-1) On the other hand, [\[7,](#page-40-3) Theorem 1.1 (i)] makes use only of stationarity.) The perturbation, given quantitatively in [\[7\]](#page-40-3), can be qualitatively described as follows: a large portion of ∂E is graphical over the spheres, the remaining part of ∂E is made of small connecting necks between distinct spheres. The Alexandrov deficit is scale invariant, so this description of ∂E is given in a normalised way, setting the spheres to have unit radius. In this normalised sense, the length of the connecting necks tends to 0 as the Alexandrov deficit tends to 0, and in the limit, as the deficit tends to 0, one obtains a collection of spheres with equal radii touching tangentially.

We have the following corollary, which follows immediately from Theorem [2.6,](#page-16-1) and from the results in $[2, 7]$ $[2, 7]$ $[2, 7]$:

Corollary 6.1. Let $E \subset \mathbb{R}^3$ be (the Lebesgue representative of) a Caccioppoli set, with $\overline{\partial^* E} \subset B$ *for some open ball* B, \overline{E} *connected, and let* $g : B \to \mathbb{R}$ *be analytic. Assume that* E *is stationary and stable with respect to* ε_B *in the sense of Definition* [6](#page-16-0)*. There exists a constant* $m_0 > 0$ *such that if* $|E| < m_0$ *, then* $\partial E = \partial^* E$ *is the graph of a function over a* single sphere, with gradient bounded in the sup norm by $C\|g\|_{C^1} |E|^\beta$, for (dimensional) *constants* C *and* β *.*

Proof. Theorem [2.6](#page-16-1) gives the fact that $\partial^* E = \partial E$ is smoothly embedded, which permits the use of [\[7,](#page-40-3) Theorem 1.1 (i)] to conclude that ∂E is given by a perturbation of a finite collection of spheres, as described above. As $|E|$ tends to 0, the Alexandrov deficit tends to 0 ([\[7,](#page-40-3) Section 1.2]). The Alexandrov deficit is scale invariant and as $|E| \rightarrow 0$, the normalised spheres get closer and closer. This implies that, if a configuration with two or more spheres is possible, then the curvature of the normalised boundary, that we denote by $\partial \vec{E}$, blows up as |E| tends to 0, while the mean curvature of $\partial \hat{E}$ remains bounded. On the other hand, [\[2,](#page-40-4) Theorem 1] (see also [\[2,](#page-40-4) Remark 3]) provides a priori pointwise curvature bounds under a condition of stability for volume-preserving deformations, thus ruling out the possibility of two or more spheres. (The mean curvature bound required by [\[2\]](#page-40-4) is true by the normalisation procedure that leads to \hat{E} ; the mass bound required by [\[2\]](#page-40-4) is true in view of the fact that we have local convergence of $\partial \hat{E}$ to two spherical caps with unit multiplicity, as $|E| \rightarrow 0$.) We thus find that under the assumptions of Corollary [6.1,](#page-34-0) there exists a sufficiently small volume regime in which there can only be a single sphere in the conclusion of $[7,$ Theorem 1.1 (i)]. We refer to $[7]$ for the quantitative estimates on the function whose graph gives ∂E . п

Remark 6.2. In the more restrictive case of E being a minimiser, the closeness conclusion to a single sphere (as in Corollary [6.1\)](#page-34-0) follows from $[20]^{17}$ $[20]^{17}$ $[20]^{17}$ $[20]^{17}$. In fact, in $[20]$ droplets are also allowed to touch a container (and the potential is assumed to be just continuous), in which case the conclusion of $[20]$ is a quantivative closeness to a single spherical cap.

An interesting question, not addressed here, is to quantify the smallness condition on the volume that ensures closeness to a single sphere in Corollary [6.1.](#page-34-0)

A. Remarks on the assumptions of Theorem [2.6](#page-16-1)

Weaker variational assumptions. It is possible to weaken the assumptions in Theorem [2.6](#page-16-1) as follows: In part (i) of Definition [6](#page-16-0) it suffices to require [\(2.2\)](#page-8-0) for volume-preserving ambient deformations with initial velocity given by a C_c^1 vector field whose support is contained in an open set W such that $\partial^* E \cap W$ is a smoothly embedded surface. This set cannot be a priori characterised (hence, the weaker assumption may be of interest only for more abstract purposes); however, it follows from [\(2.1\)](#page-7-3), from Allard's theorem, and from standard elliptic PDE theory that this set is not empty. The fact that this assumption suffices is due to the fact that it is also a sufficient assumption in Theorem [2.2](#page-12-0) (see the third hypothesis). In part (ii) of Definition [6,](#page-16-0) when the starting configuration is (a) or (b), it suffices to require stationarity for coalescence and break-up deformations. The stability condition in part (ii) of Definition [6](#page-16-0) is only used to handle (a').

Analyticity of the potential. The fact that g is analytic is only used in deducing The-orem [2.2](#page-12-0) from the more general results in $[3, 4]$ $[3, 4]$ $[3, 4]$ – namely, to conclude that whenever two (non-identically coinciding) smooth embedded 2-dimensional disks D_1 , D_2 of mean curvature g intersect only tangentially, then the coincidence set is an analytic set and therefore admits a stratification as the union of analytic submanifolds of dimensions $\in \{0, 1\}$. A 1-dimensional coincidence set forces the existence of the local structure (a), which is however ruled out by assumption in Theorem [2.2.](#page-12-0) It then follows that when D_1 and D_2 are separately smooth and stationary, $D_1 \cap D_2$ can only contain isolated points. This dimensional estimate allows the extension of the stability inequality, which is valid on the embedded parts of $D_1 \cup D_2$ thanks to the stability for ambient deformations, across those points (by a standard capacity argument). This extended inequality gives the hypothesis stated in [\[3,](#page-40-0)[4\]](#page-40-1), that is, a stability condition for the C^2 -immersed portion of spt ||V||. The analysis of the coincidence set of two C^2 disks with mean curvature $\pm(\lambda - g)$ is the only step in which the analyticity of g is used in the proof of Theorem [2.6.](#page-16-1) If D_1 and D_2 are only assumed to be $C²$, then the coincidence set may be in principle more complicated. Understanding its structure is certainly an interesting problem that would likely require PDE tools to be tackled.

 17 If E is a priori assumed to have smooth embedded boundary and to be a local minimiser, then the conclusion follows also from [\[7,](#page-40-3) Theorem 1.1 (ii)], by means of density estimates for minimisers.

Dimensional restriction. We have worked in \mathbb{R}^3 , which is the concretely relevant case to describe liquids. It is mathematically interesting to address the problem in arbitrary dimension. Many things remain unchanged, with the following exceptions:

A higher-dimensional analogue of Theorem [2.6](#page-16-1) would have to allow for a singular set of dimension $\leq n - 7$ (see [\[3,](#page-40-0)[4\]](#page-40-1)). This is well known already in the minimising case. The higher-dimensional analogue of Theorem [2.2](#page-12-0) replaces (a) and (b) with the corresponding structures in which surfaces(-with-boundary) are replaced by hypersurfaces(-withboundary) and T has dimension $n - 1$; this theorem then permits, in the conclusion, a singular set of dimension $\leq n - 7$, where $\overline{\partial^* E}$ is locally neither an embedding nor an immersion (at these points one has tangent cones but not tangent planes); moreover, there may be a set of immersed but non-embedded points of dimension $\leq n-2$, where $\frac{\partial^* E}{\partial x^*}$ is locally given by two embedded disks that intersect tangentially. Then, for a higherdimensional analogue of Theorem [2.6,](#page-16-1) one would need to exclude more configurations (depending on the dimension of this intersection), rather than the single configuration (a') . This is likely possible, although it probably requires a slight revision of the stability assumption in Definition [5,](#page-15-1) by allowing the initial speed of the one-sided deformation to be unbounded (and belong to a suitable Sobolev space), or, by prescribing lower regularity in (t, x) for the coalescence deformations. In \mathbb{R}^3 we required bounded initial speed for any virtual deformation allowed (since we wanted deformations that can be considered admissible for a concrete liquid).

We also point out that a higher-dimensional extension of Theorem [2.6](#page-16-1) would also lead to a higher-dimensional version of Corollary [6.1,](#page-34-0) since neither [\[7\]](#page-40-3) nor [\[2\]](#page-40-4) require the dimensional restriction (in the case of [\[2\]](#page-40-4), for $n > 7$ one would use [\[2,](#page-40-4) Theorem 2] rather than [\[2,](#page-40-4) Theorem 1]).

On the proof of Theorem [2.2](#page-12-0)*.* The proof in [\[3,](#page-40-0) [4\]](#page-40-1) contains three building blocks, proved by simultaneous induction (on the multiplicity). The first is a "sheeting theorem" ([\[3,](#page-40-0) Section 5] and [\[4,](#page-40-1) Theorem 6.2]; see also [\[27\]](#page-41-15)), which says that the structure of the integral varifold $(|\partial^* E|)$ in our case) in regions where it is "very flat" is given by a union of $C^{1,\alpha}$ graphs. The second is a "minimum distance theorem" ([\[3,](#page-40-0) Section 6] and [\[4,](#page-40-1) Theorem 6.3]; see also [\[27\]](#page-41-15))), which guarantees that the integral varifold cannot be too close to a classical singularity. The third is a "higher regularity theorem" ([\[3,](#page-40-0) Section 7] and [\[4,](#page-40-1) Theorem 6.4]), that amounts to bootstrapping the $C^{1,\alpha}$ conclusion of the sheeting theorem to a $C²$ conclusion (also restricting the number of graphs in the local decomposition to at most two). (The sheeting theorem is ultimately based on a codimension-1 Allardtype result for high multiplicities; see [\[4,](#page-40-1) Theorem 9.1], or [\[5,](#page-40-2) Theorem 3.2], in which the specific variational assumptions are not even needed – an L^p -condition on the mean curvature is the only variational piece of information required.) It is certainly possible to follow [\[3,](#page-40-0) [4\]](#page-40-1) and exploit the more restrictive assumptions of Theorem [2.2](#page-12-0) to make some slight simplifications in the proof. Whether a substantially different (and much simpler) proof of Theorem [2.2](#page-12-0) can be obtained, in the 2-dimensional case relevant to Theorem [2.6,](#page-16-1) is an interesting question that lies beyond the scope of this note.

B. Reminders on Caccioppoli sets

A Caccioppoli set in \mathbb{R}^{n+1} – or a set with locally finite perimeter – is a set $C \subset \mathbb{R}^{n+1}$ whose characteristic function χ_C is BV_{loc}, that is, the distributional gradient $D\chi_C$ is a Radon measure (regular and finite on compact sets). The perimeter of C in a bounded open set U is given by

$$
\operatorname{Per}_U(C) = \int_U \|D\chi_C\| = \sup \Bigl\{ \int_C \operatorname{div} T : T \in C_c^1(U; \mathbb{R}^{n+1}), \sup |T| \le 1 \Bigr\}.
$$

If C has C^2 boundary, this agrees with the usual perimeter $\mathcal{H}^n(\partial C \cap U)$. This follows by observing firstly that, using sup $|T| \leq 1$ and the divergence theorem, for any allowed T, we have $| \int_C \text{div} T | \leq \mathcal{H}^n(\partial C \cap U)$; secondly, that by choosing T to be a C^1 extension of the outer unit normal to C , suitably cut-off inside U , one gets as close as one wants to the value $\mathcal{H}^n(\partial C \cap U)$. If $\overline{C} \subset\subset U$ and ∂C is C^2 , then a smooth extension of the unit outer normal used in place of T gives exactly the full perimeter $\mathcal{H}^n(\partial C)$.

The "correct" notion of boundary for a Caccioppoli set $C \subset \mathbb{R}^{n+1}$ is the so-called reduced boundary $\partial^* C$, introduced by De Giorgi [\[8,](#page-40-9)[9\]](#page-40-10). A Caccioppoli set is defined up to 0-measure sets, and the topological boundary changes with the representative. Moreover, it is seen by means of elementary examples that the topological boundary ∂C may be even the whole space. The reduced boundary $\partial^* C$ is a measure-theoretic notion and it is invariant under the choice of representative. It is characterised by the existence of a welldefined measure-theoretic unit normal. De Giorgi's fundamental theorem guarantees the *n*-rectifiability of $\partial^* C$, that is, the fact that $\partial^* C$ is, up to a set of vanishing *n*-dimensional measure, a countable union of Lipschitz images of Borel subsets of \mathbb{R}^n . The perimeter measure $-D\chi_C$ can be written as $(\mathcal{H}^n \Box \partial^* C)\nu$, where ν is the measure-theoretic outer unit normal on $\partial^* C$. If C has C^2 boundary, then $\partial^* C = \partial C$ and ν is the usual normal.

C. A minimising property (and stability under ambient deformations) for instances of (a) , (a') , and (b)

We review the examples in Section [2.1](#page-6-1) of structures (a), (a^2) , and (b) and explain why they are stable for volume-preserving ambient deformations. In all examples we take $g \equiv 0$, so that the relevant energy is the standard perimeter.

We begin with two half-cylinders with equal radii intersecting tangentially along a line. We set the following notation: $E \cap \Omega = E_1 \cup E_2$, with $\partial E_1 \cap \Omega = D_1$, $\partial E_2 \cap \Omega = D_2$ being two half-cylinders that intersect tangentially along a line ℓ , with $\overline{E_1} \cap \overline{E_2} = \ell$. Let $U \subset \subset \Omega$ be open with $U \cap \ell \neq \emptyset$. We consider any Caccioppoli set C of the form $C = C_1 \cup C_2$ where C_1 and C_2 are Caccioppoli sets with the constraints $C_j = E_j$ in $\Omega \setminus U, j \in \{1, 2\}, \mathcal{L}^3((C_1 \cup C_2) \cap U) = \mathcal{L}^3((E_1 \cup E_2) \cap U), \mathcal{L}^3(C_1 \cap C_2 \cap U) = 0$ and $\text{Per}_{\Omega}(C) = \text{Per}_{\Omega}(C_1) + \text{Per}_{\Omega}(C_2)$. Note that any Caccioppoli set obtained by a volumepreserving ambient deformation of E in U is necessarily of the type $C_1 \cup C_2$ described. (In fact, it will additionally be forced to satisfy that ∂C_1 and ∂C_2 are smooth, and $\overline{C_1} \cap$ $\overline{C_2} \cap U$ is a curve.)

The graphical nature of each D_i allows the following well-known calibration-type argument, that leads to a minimising property (see, e.g., [\[3,](#page-40-0) Appendix B]): We write D_1 as a graph on an open set $A \subset \mathbb{R}^2$ of a smooth function $u : A \to \mathbb{R}$, with E_1 that coincides with the subgraph of u in Ω . Letting v_{E_1} denote the inward unit normal to E_1 , we have that v_{E_1} agrees with the downward determination of unit normal for the graph, that is, $\frac{(\nabla u, -1)}{u}$ $\frac{\nabla u_1 - 1}{1 + |\nabla u|^2}$. The mean curvature of D_1 is given by cv_{E_1} for $c \in \mathbb{R}$ (in fact, $c > 0$ in this example). Next, we extend v_{E_1} to a smooth vector field v_1 in $A \times \mathbb{R}$ by setting $v_1(x, y) = v_{E_1}(x, u(x))$. Then, div_{Rn+1} v₁ is (at (x, y)) equal to the mean curvature $div_A(\frac{\nabla u}{\sqrt{1+|\nabla u|}})$ $\frac{\nu u}{1+|\nabla u|^2}$) of D_1 (at $(x, u(x))$) with respect to the chosen (inward pointing) normal, and hence, $div_{\mathbb{R}^{n+1}} v_1 = c$ in $A \times \mathbb{R}$. We will compare the perimeters of C_1 and E_1 in Ω . (When C is obtained by ambient deformation, the below computation can be carried out by using the fact that all the domains involved have piecewise smooth boundary, using the classical divergence theorem.) Writing v_{C_1} for the inward pointing unit normal to C_1 , we have (by definition of Caccioppoli sets, and using $\chi_{E_1} \equiv \chi_{C_1}$ in the complement of U):

$$
\int_{\partial^* C_1 \cap \Omega} v_{C_1} \cdot v_1 \, d\mathcal{H}^2 - \int_{\partial^* E_1 \cap \Omega} v_{E_1} \cdot v_1 \, d\mathcal{H}^2
$$
\n
$$
= \int_{\Omega} D\chi_{C_1} \cdot v_1 - \int_{\Omega} D\chi_{E_1} \cdot v_1 = \int_{\Omega} D(\chi_{C_1} - \chi_{E_1}) \cdot v_1
$$
\n
$$
= -\int_{\Omega} (\chi_{C_1} - \chi_{E_1}) \operatorname{div}_{\mathbb{R}^{n+1}} v_1 = -c \int (\chi_{C_1} - \chi_{E_1}).
$$

Similarly, using the fact that D_2 is a graph (and that the two half-cylinders both have mean curvature c) we obtain a unit smooth vector field v_2 such that $div_{\mathbb{R}^{n+1}} v_2 = c$ (here v_c) and v_{E_2} are the inward unit normals to C_2 and E_2 , respectively), so that

$$
\int_{\partial^* C_2 \cap \Omega} \nu_2 \cdot \nu_{C_2} d\mathcal{H}^2 - \int_{\partial^* E_2 \cap \Omega} \nu_2 \cdot \nu_{E_2} d\mathcal{H}^2 = -c \int (\chi_{C_2} - \chi_{E_2}).
$$

We add these two equalities (side by side). The volume-preserving condition amounts to $\int (\chi_{C_1} - \chi_{E_1} + \chi_{C_2} - \chi_{E_2}) = 0$, therefore,

$$
\int_{\partial^* C_1 \cap \Omega} v_{C_1} \cdot v_1 \, d\mathcal{H}^2 + \int_{\partial^* C_2 \cap \Omega} v_2 \cdot v_{C_2} \, d\mathcal{H}^2
$$
\n
$$
= \int_{\partial^* E_2 \cap \Omega} v_2 \cdot v_{E_2} \, d\mathcal{H}^2 + \int_{\partial^* E_1 \cap \Omega} v_{E_1} \cdot v_1 \, d\mathcal{H}^2.
$$

We have $\int_{\partial C_j \cap \Omega} v_j \cdot v_{C_j} d\mathcal{H}^2 \leq \text{Per}_{\Omega}(C_j)$ for $j \in \{1, 2\}$ (since the vectors v_j , v_{C_j} are unit). For E_j , on the other hand, we have the equalities $\text{Per}_\Omega(E_j) = \int_{\partial E_j \cap \Omega} v_j \cdot v_{E_j} d\mathcal{H}^2$, by construction. Since the equalities $\text{Per}_{\Omega}(C) = \text{Per}_{\Omega}(C_1) + \text{Per}_{\Omega}(C_2)$ and $\text{Per}_{\Omega}(E) =$ $\text{Per}_{\Omega}(E_1) + \text{Per}_{\Omega}(E_2)$ hold (by the hypotheses made), we conclude that

$$
\operatorname{Per}_{\Omega}(E) \leq \operatorname{Per}_{\Omega}(C).
$$

This minimising property implies, in particular, stability condition [\(2.2\)](#page-8-0) for all ambient deformations.

The same argument can be repeated verbatim when D_1 and D_2 are two hemispheres intersecting tangentially at a point (example of structure (a')), with E_1, E_2 two half-balls of equal radii and $\partial E_j = D_j$ for $j \in \{1, 2\}.$

Remark C.1. Having graphs in these examples is crucial for the calibration-type argument. We also note the following: two (full) spheres of equal radii touching at a point is not a stable configuration for the problem (with $g \equiv 0$). The configuration is stationary (with respect to the perimeter, for volume-preserving ambient deformations); however, the following deformation, which can be induced by ambient diffeomorphisms, gives negative second variation: we keep the touching point still, letting one sphere reduce in volume while the other increases (so that the total volume remains the same and so that the two spheres remain tangent to the same plane that they were tangent to in the initial configuration). It is easy to compute explicitly the second variation and check that it is negative. The minimising property proved above shows that it is not possible to "localise" the deformation just exhibited to a neighbourhood of the touching point (preserving the negativity of the second variation).

For the example of configuration (b) given in Section [2.1](#page-6-1) (right picture in Figure [1\)](#page-9-0), let E_1, E_2, E_3 be three Caccioppoli sets such that $\partial E_i = D_i$ is a portion of a half-cylinder (the cross product of an arc smaller than a half-circle with an interval), with all cylinders having the same radius (and thus, all CMC with equal mean curvatures) and with D_i intersecting transversely at a common segment (that is, with the three coplanar arcs intersecting at a common point). The mean curvature vector of D_i points into E_i for each $j \in \{1, 2, 3\}$. The relevant set E is defined by $\chi_E = \chi_{E_1} \chi_{E_2} + \chi_{E_1} \chi_{E_3} + \chi_{E_2} \chi_{E_3}$. (Informally, the union of three wedges.) We note that $\sum_{j=1}^{3} \chi_{E_j} = 1 + \chi_E$ is valid in Ω for the chosen configuration. We compare E to any Caccioppoli set C that has the same volume as E in U , and whose characteristic function can be written as $\chi_C = \chi_{C_1}\chi_{C_2} + \chi_{C_1}\chi_{C_3} + \chi_{C_2}\chi_{C_3}$, where C_j are Caccioppoli sets with $C_j = E_j$ in the complement of U for each $j \in \{1, 2, 3\}$, and such that we have

$$
\sum_{j=1}^{3} \chi_{C_j} = 1 + \chi_C
$$

in Ω . These conditions are verified for any C that is obtained by an ambient volumepreserving deformation of E in U. By the relation between χ_{C_j} and χ_C , the volume constraint on C is equivalent to the fact that $\sum_{j=1}^{3} \int \chi_{C_j} = \sum_{j=1}^{3} \int \chi_{E_j}$. This permits to repeat (three times) the argument given above in the case of a half-cylinder, and obtain that E is a perimeter minimiser within the class of Caccioppoli sets C of the type considered (in particular, stability condition [\(2.2\)](#page-8-0) is valid for all volume-preserving ambient deformations).

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