J. Fractal Geom. 2 (2015), 389–401 DOI 10.4171/JFG/26 **Journal of Fractal Geometry** © European Mathematical Society

On the packing measure of slices of self-similar sets

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Abstract. Let $K \subset \mathbb{R}^2$ be a rotation and reflection free self-similar set satisfying the strong separation condition, with dimension dim K = s > 1. Intersecting K with translates of a fixed line, one can study the (s - 1)-dimensional Hausdorff and packing measures of the generic non-empty line sections. In a recent article, T. Kempton gave a necessary and sufficient condition for the Hausdorff measures of the sections to be positive. In this paper, I consider the packing measures: it turns out that the generic section has infinite (s - 1)-dimensional packing measure under relatively mild assumptions.

Mathematics Subject Classification (2010). Primary: 28A80; Secondary: 28A78, 37C45.

Keywords. Self-similar sets, slicing, packing measures.

1. Introduction

The main motivation for this paper is the article [4] by T. Kempton, where the following question is considered. Let s > 1, and fix an *s*-dimensional self-similar set $K \subset \mathbb{R}^d$, satisfying the open set condition and containing no rotations or reflections. Then, pick a one-dimensional subspace $L \subset \mathbb{R}^d$, and slice K with the (d-1)-planes $V_t := \pi_L^{-1}{t}$, where π_L stands for the orthogonal projection onto L. Under what conditions do many of the slices $K_{L,t} := K \cap V_t$ have positive (s-1)-dimensional Hausdorff measure? The answer turns out to be closely connected with the behaviour of the projection of the measure $\mathcal{H}^s|_K$ into the line L, denoted by $\pi_{L\sharp}(\mathcal{H}^s|_K)$. Under a mild geometric condition on the set K – implied by the strong separation condition – Kempton proves that $\mathcal{H}^{s-1}(K_{L,t}) > 0$

¹ The research was partially supported by the Academy of Finland, grant 133264 "Stochastic and harmonic analysis, interactions and applications".

for $\pi_{L\sharp}(\mathcal{H}^s|_K)$ almost all $t \in L$, if and only if $\pi_{L\sharp}(\mathcal{H}^s|_K) \ll \mathcal{H}^1$ with bounded density.

By Marstrand's projection theorem, the condition s > 1 alone implies that $\pi_{L\sharp}(\mathcal{H}^s|_K) \ll \mathcal{H}^1$ for almost all one-dimensional subspaces L. But in most practical instances – especially when d = 2 – current methods do not shed much light on the question of whether or not $\pi_{L\sharp}(\mathcal{H}^s|_K)$ has bounded density. So, it seems desirable to obtain some information about the slices $K_{L,t}$ under weaker assumptions on $\pi_{L\sharp}(\mathcal{H}^s|_K)$. Since Kempton's result is a characterisation, however, such assumptions simply cannot yield information about Hausdorff measure.

In this paper, I study the *packing measure* of the sets $K_{L,t}$. I restrict attention to the case d = 2, and, like Kempton, I only consider rotation and reflection free self-similar sets K (RRFSSS in short). The main result in this setting is the following:

Theorem 1.1. Let $K \subset \mathbb{R}^2$ be a RRFSSS satisfying the strong separation condition, with dim K = s > 1. Let π be the orthogonal projection onto some onedimensional subspace. Assume that the following conditions are met:

- (A) $\pi_{\sharp}(\mathcal{H}^{s}|_{K}) \ll \mathcal{H}^{1};$
- (B) the self-similar set $\pi(K)$ has no fixed point coincidence.

Then $\dim_p[K \cap \pi^{-1}{t}] = s - 1$ and $\mathbb{P}^{s-1}(K \cap \pi^{-1}{t}) = \infty$ for almost every $t \in \pi(K)$, where \dim_p and \mathbb{P}^{s-1} stand for packing dimension and (s-1)-dimensional packing measure, respectively.

In fact, (B) can even be replaced by a slightly weaker condition, see Section 4.

To conclude the introduction, I mention another motivation for the paper, which has little to do with self-similar sets to begin with. If $K \subset \mathbb{R}^d$ is a general (Borel) set with $\mathcal{H}^s(K) < \infty$ for some s > 1, it is well-known, see [5, Theorem 7.7], that $\mathcal{H}^{s-1}(K_{L,t}) < \infty$ for almost all $t \in L$, and for every line *L*.

For packing dimension, the closest known analogue is the following result by K. Falconer [2, Lemma 5]: if $\dim_p K \leq s$ for some s > 1, then almost all of the slices have $\dim_p K_{L,t} \leq s - 1$ (in particular, the conclusion that $\dim_p[K \cap \pi^{-1}{t}] \leq s - 1$ for almost all $t \in \pi(K)$ in Theorem 1.1 is a corollary of this result). What Falconer's lemma does not reveal, however, is whether $\mathbb{P}^s(K) < \infty$ implies finite (s - 1)-dimensional packing measure for almost all slices – in analogue with the situation for Hausdorff measures. Since the sets *K* appearing in Theorem 1.1 have $\mathbb{P}^s(K) < \infty$, the conclusion is that the answer is definitely negative: curiously, one can find an abundance of counterexamples even in sets as regular as RRFSSS's. **Corollary 1.2.** Let $K \subset \mathbb{R}^2$ be a RRFSSS satisfying the strong separation condition with dim K = s > 1. Then, for almost all one-dimensional subspaces L, one has $\mathcal{P}^{s-1}(K_{L,t}) = \infty$ for almost all $t \in \pi_L(K)$.

2. Acknowledgements

I wish to thank Tom Kempton for suggesting the problem, Katrin Fässler for fruitful discussions, and the anonymous referees for numerous good comments. In particular, an earlier version of Theorem 1.1 assumed that the similitudes generating K are equicontractive, but then one of the reviewers generously supplied an argument to remove the extra hypothesis.

3. Notation and initial reductions

Notation 3.1. The Hausdorff and packing dimensions of a set $B \subset \mathbb{R}^d$ are denoted by dim B and dim_p B, respectively. The *s*-dimensional Hausdorff and packing measures are denoted by \mathcal{H}^s and \mathcal{P}^s . The definition of \mathcal{P}^s , see [5, §5.10], involves the concept of the *s*-dimensional packing premeasure, P^s , along with its δ -approximates P^s_{δ} . The restriction of any measure μ on \mathbb{R}^2 to a μ -measurable subset B is denoted by $\mu|_B$. If $f : \mathbb{R}^2 \to \mathbb{R}$ is a continuous function, the *image measure* $f_{\sharp}\mu$ is a measure on \mathbb{R} defined by $f_{\sharp}\mu(B) = \mu(f^{-1}(B)), B \subset \mathbb{R}$.

Given A, B > 0, I write $A \leq B$, if there exists an absolute constant $C \geq 1$ such that $A \leq CB$. By $A \gtrsim B$ I mean that $B \leq A$. The notation $A \sim B$ is used, if both $A \leq B$ and $A \gtrsim B$. If any of the symbols \leq, \geq or \sim carry a parameter in the subindex, for instance $A \sim_p B$, then the implied constant *C* is allowed to depend on this parameter – and nothing else.

3.1. Self-similar sets. A non-empty compact set $K \subset \mathbb{R}^d$ is called *self-similar*, if it satisfies the functional equation

$$K = \bigcup_{j=1}^{q} \psi_j(K), \qquad (3.2)$$

where the mappings ψ_i are contracting similitudes. This means that

$$|\psi_j(x) - \psi_j(y)| = \rho_j |x - y|, \quad x, y \in \mathbb{R}^d,$$

where $\rho_j \in (0, 1)$ is the *contraction ratio* of the similitude ψ_j . A foundational result of Hutchinson [3] states that to every finite family $\{\psi_1, \ldots, \psi_q\}$ of contractive similitudes, there exists one and only one non-empty compact set *K* satisfying (3.2). One often says that *K* is *generated* by the family $\{\psi_1, \ldots, \psi_q\}$. In this note, I only consider *rotation and reflection free* self-similar sets *K* (RRFSSS in short). These words mean that *K* is generated by a family of similitudes $\{\psi_1, \ldots, \psi_q\}$ of the form $\psi_j(x) = \rho_j x + w_j$, where $\rho_j \in (0, 1)$ and $w_j \in \mathbb{R}^2$.

3.2. Reduction from \mathcal{P}^{s-1} to P^{s-1} . The first step in the proof of Theorem 1.1 is to reduce matters from the packing measure \mathcal{P}^{s-1} to the packing premeasure P^{s-1} , which is a larger quantity and thus easier to estimate from below. This reduction is the content of the next lemma. Before stating the lemma, let me note that in all that follows one may assume that the projection π is the *vertical projection* $\pi(x, y) = x$, and that $\pi(K) \subset [0, 1]$. If $B \subset \mathbb{R}^2$ and $t \in \mathbb{R}$, I write

$$B_t := B \cap \pi_t^{-1}\{t\}.$$

Lemma 3.1. Let $K \subset \mathbb{R}^2$ be a RRFSSS generated by a family of similitudes $\{\psi_1, \ldots, \psi_q\}$. Assume that $P^{s-1}(K_t) = \infty$ for a.e $t \in \pi(K)$. Then

$$\mathcal{P}^{s-1}(K_t) = \infty \quad \text{for a.e. } t \in \pi(K).$$

Proof. Assume that $\mathcal{H}^1(\pi(K)) > 0$ (otherwise the statement is vacuous). Then, let K^0, K^1, K^2, \ldots be an enumeration of all sets of the form

$$\psi_{\omega_1} \circ \psi_{\omega_2} \circ \cdots \circ \psi_{\omega_m}(K)$$

with $m \ge 0$ and $(\omega_1, \ldots, \omega_m) \in \{1, \ldots, q\}^m$. Associate to each K^j the set

$$E^j := \{t \in \pi(K^j) : P^{s-1}(K^j_t) < \infty\} \subset \pi(K^j)$$

By self-similarity, $\mathcal{H}^1(E^j) = 0$ for all $j \ge 0$. Thus, also the union

$$E := \bigcup_{j} E^{j} \subset \pi(K)$$

has zero length. Pick $t \in \pi(K) \setminus E$. The aim is to show that $\mathcal{P}^{s-1}(K_t) = \infty$.

To achieve this, express K_t as the countable union

$$K_t = \bigcup_i S_i$$

of closed sets $S_i \subset \pi^{-1}{t}$. The set K_t is compact and non-empty (as it has infinite P^{s-1} -measure), so Baire's theorem states that it cannot be expressed as the countable union of closed sets without interior in the relative topology of K_t . Let $S = S_i$ be a set with non-empty K_t -interior. Since $K_t \subset K$, the relative topology of K_t is inherited from K. A basis for the topology of K is formed by the sets K^j , $j \ge 0$, so for any interior point $x \in S$ one may find a set K^j such that $x \in K^j \cap K_t \subset S$. Fix such x and j. Now, $P^{s-1}(S) \ge P^{s-1}(K^j \cap K_t) =$ $P^{s-1}(K_t^j)$. The last quantity here is ∞ , because $t = \pi(x) \in \pi(K^j) \setminus E^j$. So, $P^{s-1}(S) = \infty$, and this means that $\mathbb{P}^{s-1}(K_t) = \infty$.

4. Main proofs

Fix the self-similar set *K*, generated by the rotation and reflection free family of similitudes $\{\psi_1, \ldots, \psi_q\}$. I will abbreviate $\leq_{K,\pi}, \geq_{K,\pi}$ and $\sim_{K,\pi}$ to \leq, \geq and \sim . A slightly stronger version of Theorem 1.1 reads as follows.

Theorem 4.1. *The conclusion of Theorem* 1.1 *remains valid, if the hypothesis* (B) *is replaced by the weaker assumption*

(B') Write $a = \min \pi(K)$ and $b = \max \pi(K)$. Assume that either $\pi^{-1}\{a\}$ or $\pi^{-1}\{b\}$ meets only one of the sets $\psi_i(K)$.

To see that condition (B') is weaker than (B), first observe that $\pi(K)$ is generated by the similitudes $\psi'_j(t) = \rho_j t + \pi(w_j)$. Then, it is easy the check that if, say, $\pi^{-1}\{\min \pi(K)\}$ meets $\psi_i(K)$ and $\psi_j(K)$, then $\min \pi(K)$ is a fixed point of both ψ'_i and ψ'_i , and this forces i = j by (B).

The proof of Theorem 4.1 occupies the rest of the paper. Write

$$\mu := \mathcal{H}^s|_K.$$

Then μ is a constant multiple of the the natural self-similar probability measure on *K*. In other words, μ satisfies

$$\mu = \sum_{j=1}^{q} \rho_j^s \cdot \psi_{j\sharp} \mu.$$

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The main technical lemma of the paper, below, states that under the hypotheses (A) and (B'), μ almost all of the set *K* can be covered with arbitrarily tall and narrow upright rectangles with the useful property that the part of *K* inside each rectangle is contained relatively near its midpoint:

Lemma 4.2. Let $K \subset \mathbb{R}^2$ be a RRFSSS, and fix $C \ge 1$. Assuming (A) and (B'), the following holds for μ -a.e. $x \in K$. For any $\delta > 0$, there exist concentric axesparallel rectangles $R_1 \subset R_2 \subset \mathbb{R}^2$ with the following properties:

- (i) $x \in R_1$, and $d(R_2) < \delta$;
- (ii) $h(R_1) \sim w(R_1) = w(R_2) \sim h(R_2)/C$;
- (iii) $K \cap R_2 \subset R_1$;
- (iv) $\mathcal{H}^1(\pi(K \cap R_2)) \ge \eta w(R_2)$ for some constant $\eta = \eta_K \in (0, 1)$;

(v)
$$\mu(R_2) \sim w(R_2)^s$$
.

Here d, h and w refer to diameter, height and width, respectively. The constants implicit in "~" depend only on K, and **not** on C or δ .

Proof. Write

$$K_{\omega_1\cdots\omega_m} := \psi_{\omega_1} \circ \cdots \circ \psi_{\omega_m}(K), \quad (\omega_1,\ldots,\omega_m) \in \{1,\ldots,q\}^m.$$

Then $K_{\omega_1\cdots\omega_m}$ is the subset of $K_{\omega_1\cdots\omega_{m-1}}$, which corresponds to 'using the ω_m^{th} rule inside $K_{\omega_1\cdots\omega_{m-1}}$.' A set of the form $K_{\omega_1\cdots\omega_m}$ will be called a *generation* m set, and it is one of the *q* children of the set $K_{\omega_1\cdots\omega_{m-1}}$. Grandchildren, grand grandchildren and so forth will be referred to as descendants.

Let Σ^* stand for the set of finite words over the alphabet $\{1, \ldots, q\}$, and, for r > 0, write

$$\Delta_r := \{ (\omega_1, \ldots, \omega_n) \in \Sigma^* : \rho_{\omega_1 \cdots \omega_n} \le r < \rho_{\omega_1 \cdots \omega_{n-1}} \},\$$

where

$$\rho_{\omega_1\cdots\omega_m} := \rho_{\omega_1}\cdots\rho_{\omega_m}$$

is the contraction ratio of $\psi_{\omega_1} \circ \cdots \circ \psi_{\omega_m}$.

Suppose for instance that (B') holds in the form that $\pi^{-1}\{a\}$ meets only one of the first generation sets K_j , say $K_l = \rho_l K + w_l$, $l \in \{1, ..., q\}$ (where *l* stands for 'left'). Also, assume without loss of generality that $a = \min \pi(K) = 0$. Then, there exists a number $\kappa > 0$ such that $\pi^{-1}[0, \kappa]$ meets no first generation sets besides K_l , see Figure 1. By self-similarity, $\pi^{-1}[0, \rho_l \kappa]$ meets exactly one of the second generation sets, namely K_{ll} . In general, $\pi^{-1}[0, \rho_l^{k-1}\kappa]$ meets only one of the generation k sets, namely K_{lk} (where l^k is shorthand for $l \cdots l$). On the other hand, $\pi^{-1}[0, \kappa]$ contains K_{lN} for some $N \in \mathbb{N}$, so $\pi^{-1}[0, \rho_l^{k-1}\kappa]$ contains K_{lN+k-1} . The conclusions of this paragraph can be combined by writing

$$K_{l^{N+k-1}} \subset \pi^{-1}[0, \rho_l^{k-1}\kappa] \cap K \subset K_{l^k}.$$
(4.1)

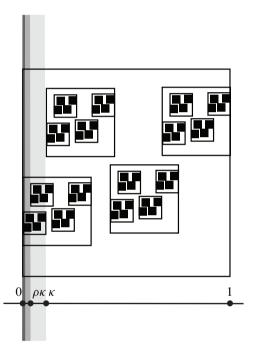


Figure 1. The set K and the tubes $\pi^{-1}[0,\kappa]$, $\pi^{-1}[0,\rho_l\kappa]$ and $\pi^{-1}[0,\rho_l^2\kappa]$.

Now suppose that

$$x = (t, y) \in K_{\omega_1 \cdots \omega_m l^{N+k-1}}.$$
(4.2)

Here *N* is the same number as above, and depends only on *K*. The parameter $k = k_C \in \mathbb{N}$ will be chosen large enough depending only on *C*. For fixed $k, N \in \mathbb{N}$, it follows by elementary probability theory that μ almost every point $x \in K$ is contained in infinitely many sets of the form (4.2), that is, for arbitrarily long sequences $\omega_1 \cdots \omega_m$. Thus, the proof is completed by showing that the rectangles R_1, R_2 containing *x* and satisfying (i)–(iv) can be found, whenever (4.2) holds.

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First, observe that

$$x \in K_{\omega_1 \cdots \omega_m l^{N+k-1}} \subset \pi^{-1}[d, d + \rho_{\omega_1 \cdots \omega_m} \rho_l^{k-1} \kappa], \tag{4.3}$$

by self-similarity and (4.1), where $d = \min \pi(K_{\omega_1 \cdots \omega_m})$. Also, for the same reasons,

$$\pi^{-1}[d, d + \rho_{\omega_1 \cdots \omega_m} \rho_l^{k-1} \kappa] \cap K_{\omega_1 \cdots \omega_m} \subset K_{\omega_1 \cdots \omega_m l^k}.$$
(4.4)

Now, define

$$R_2 = [d, d + \rho_{\omega_1 \cdots \omega_m} \rho_l^{k-1} \kappa] \times [y - c\rho_{\omega_1 \cdots \omega_m}, y + c\rho_{\omega_1 \cdots \omega_m}],$$

where c > 0 depends only on $\rho_{\min} := \min\{\rho_j : 1 \le j \le q\} > 0$ and will be specified soon. Note that $K_{\omega_1 \cdots \omega_m} \cap R_2 \subset K_{\omega_1 \cdots \omega_m l^k}$ by (4.4), but we need something better: the next step is to verify that

$$K \cap R_2 \subset K_{\omega_1 \cdots \omega_m l^k}. \tag{4.5}$$

Assume that this is not the case, and find a point $z \in (K \cap R_2) \setminus K_{\omega_1 \cdots \omega_m l^k}$. Let $\mathbf{i} \in \Sigma^*$ be the unique finite word in $\Delta_{\rho\omega_1 \cdots \omega_m}$ such that $z \in K_\mathbf{i}$ (observe that the sets $K_\mathbf{i}, \mathbf{i} \in \Delta_r$, form a partition of K for any fixed r > 0). Then $\mathbf{i} \neq (\omega_1 \cdots \omega_m)$, because otherwise $z \in R_2 \cap K_{\omega_1 \cdots \omega_m} \subset K_{\omega_1 \cdots \omega_m l^k}$ by (4.4). Now, note the general fact that if $\mathbf{i}, \mathbf{j} \in \Delta_r$ are two distinct finite words, then dist $(K_\mathbf{i}, K_\mathbf{j}) \gtrsim r$, where the implicit constants only depend on ρ_{\min} and the constants arising from the strong separation condition: with \mathbf{i} as above, $\mathbf{j} = (\omega_1 \cdots \omega_m)$ and $r = \rho_{\omega_1 \cdots \omega_m}$, this gives

$$\operatorname{dist}(K_{\mathbf{i}}, K_{\omega_1 \cdots \omega_m}) \gtrsim \rho_{\omega_1 \cdots \omega_m}$$

Recalling that $z \in K_i \cap R_2$, observing that diam $(R_2) \le 10c\rho_{\omega_1\cdots\omega_m}$, and choosing c > 0 small enough, it follows that $R_2 \cap K_{\omega_1\cdots\omega_m} = \emptyset$. But this is a contradiction, since obviously $x \in R_2 \cap K_{\omega_1\cdots\omega_m}$. Thus, (4.5) is proved.

Now, we claim that R_2 is the rectangle we are after, and that we can construct $R_1 \,\subset R_2$ appropriately. Clearly (i) is satisfied, if *m* is large enough (depending on δ). Also, the ratio between $h(R_2)$ and $w(R_2)$ can be made to exceed *C* by increasing *k* (so *k* depends only on *C*, as we promised). The rectangle R_1 is defined as the rectangle concentric with R_2 , with $w(R_1) = w(R_2)$ and $h(R_1) = A\rho_{\omega_1\cdots\omega_m}\rho_l^k$. The absolute constant $A \ge 1$ will be specified momentarily. Then (ii) is satisfied.

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To prove (iii)–(v), we choose A so large that

$$K_{\omega_1\cdots\omega_m l^k} \cap \pi^{-1}[d, d + \rho_{\omega_1\cdots\omega_m}\rho_l^{k-1}\kappa] \subset R_1.$$
(4.6)

Such a choice is possible, because $x = (t, y) \in K_{\omega_1 \cdots \omega_m l^k}$, the second coordinate of the midpoint of R_1 is y, and the height of the set $K_{\omega_1 \cdots \omega_m l^k}$ is

$$\lesssim \rho_{\omega_1 \cdots \omega_m} \rho_l^k = h(R_1)/A.$$

Then (iii) is an immediate consequence of (4.5) and (4.6).

The claim (iv) follows from the assumption (A), which implies that

$$\mathcal{H}^1(\pi(K)) =: \tau_K > 0.$$

Combining (4.6) with (4.3), one finds that

$$K_{\omega_1\cdots\omega_m l^{N+k-1}} \subset K_{\omega_1\cdots\omega_m l^k} \cap \pi^{-1}[d, d + \rho_{\omega_1\cdots\omega_m} \rho_l^{k-1}\kappa] \subset K \cap R_2, \quad (4.7)$$

which gives

$$\mathcal{H}^{1}(\pi(K \cap R_{2})) \geq \mathcal{H}^{1}(\pi(K_{\omega_{1}\cdots\omega_{m}l^{N+k-1}}))$$
$$= \rho_{\omega_{1}\cdots\omega_{m}}\rho_{l}^{N+k-1}\tau_{K}$$
$$\sim_{N} \rho_{\omega_{1}\cdots\omega_{m}}\rho_{l}^{k-1}\kappa$$
$$= w(R_{2}).$$

This is precisely (iv), since the constant N depends only on K.

Finally, (4.7) and (4.5) (in this order) combined yield (v):

$$w(R_2)^s \sim_N \rho_{\omega_1 \cdots \omega_m}^s \rho_l^{s(N+k-1)}$$

$$\leq \mu(R_2)$$

$$\leq \mu(K_{\omega_1 \cdots \omega_m l^k})$$

$$= \rho_{\omega_1 \cdots \omega_m}^s \rho_l^{ks}$$

$$\sim w(R_2)^s.$$

The proof of the lemma is complete.

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Proof of Theorem 4.1. The plan is to fix any \mathcal{H}^1 -positive subset $E \subset \pi(K) \subset [0, 1]$, and prove that

$$\int_{E} P_{\delta}^{s-1}(K_t) dt = \infty$$
(4.8)

for any $\delta > 0$. This implies that $P^{s-1}(K_t) = \infty$ for almost every $t \in [0, 1]$: otherwise we could use Egoroff's theorem to find $\delta > 0$ and a \mathcal{H}^1 -positive subset E such that $P_{\delta}^{s-1}(K_t) \leq A$ for $t \in E$, violating (4.8).

Fix the \mathcal{H}^1 -positive subset $E \subset [0, 1]$. Pick a small $\varepsilon > 0$, and let $E_0 \subset E$ be a \mathcal{H}^1 -positive subset with the following property: if

- $I \subset \mathbb{R}$ is an interval of length $\ell(I) < \varepsilon$, which intersects E_0 , and
- $F_I \subset I$ is any compact subset with $\mathcal{H}^1(F_I \cap I) \ge \eta \ell(I)$, where $\eta > 0$ is the constant from Lemma 4.2(iii),

then

$$\mathcal{H}^1(E \cap F_I) \ge \eta \ell(I)/2.$$

By the Lebesgue differentiation theorem and Egoroff's theorem, such a set can be found when $\varepsilon > 0$ is small enough.

Observe that it suffices to prove (4.8) for small δ (instead of all δ), because $\delta \mapsto P_{\delta}^{s-1}(K_t)$ is a non-decreasing function. In particular, one may restrict considerations to $\delta \leq \varepsilon$. Let $K_0 \subset K$ be the set of points described in Lemma 4.2. Then the rectangles R_2 in the said lemma (with a large parameter $C \geq 1$) form a Vitali cover for K_0 , so, by the Vitali covering theorem (see [1, Theorem 1.10]), there exists a disjoint collection of rectangles \mathcal{R}_2 such that $d(R_2) \leq \delta$ for all $R_2 \in \mathcal{R}_2$, and either

$$\sum_{R_2 \in \mathcal{R}_2} d(R_2)^s = \infty \quad \text{or} \quad \mu\left(K \setminus \bigcup_{R_2 \in \mathcal{R}_2} R_2\right) = 0.$$

Since $d(R_2)^s \leq_C \mu(R_2)$, the first condition is impossible by disjointness. So the second condition holds.

For $F \subset \mathbb{R}$, write

$$\mathfrak{R}_F := \{ R_2 \in \mathfrak{R}_2 : K \cap R_2 \cap \pi^{-1}(F) \neq \emptyset \}.$$

Then

$$\pi_{\sharp}\mu(F) = \mu(\pi^{-1}(F)) \le \sum_{R_2 \in \mathcal{R}_F} \mu(R_2).$$
(4.9)

Let $t \in E$. A packing¹ of the set $K_t = K \cap \pi^{-1}\{t\}$ can be found as follows. For each rectangle $R_2 \in \mathcal{R}_{\{t\}}$, one finds, by the definition of $\mathcal{R}_{\{t\}}$, a point $x = (t, y) \in K_t \cap R_2$ such that $\pi(x) = t$, see Figure 2. But, since $K_t \cap R_2 \subset R_1$ by Lemma 4.2(iii), one actually has $(t, y) \in K_t \cap R_1$. By Lemma 4.2(ii), R_1 is rectangle concentric with R_2 , with height $h(R_1) \sim w(R_2) = h(R_2)/C$.

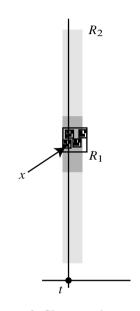


Figure 2. Choosing the point *x*.

For $C \ge 1$ large enough, one has

$$I_{R_2} := \{t\} \times [y - h(R_2)/3, y + h(R_2)/3] \subset R_2.$$

The intervals I_{R_2} are disjoint, because the rectangles in $\mathcal{R}_{\{t\}}$ are, so

$$P_{\delta}^{s-1}(K_t) \geq \sum_{R_2 \in \mathcal{R}_{\{t\}}} d(I_{R_2})^{s-1} \gtrsim \sum_{R_2 \in \mathcal{R}_{\{t\}}} h(R_2)^{s-1} = C^{s-1} \sum_{R_2 \in \mathcal{R}_{\{t\}}} w(R_2)^{s-1}.$$

¹ A *packing* of a set A is a collection of disjoint discs centred at points in A. These objects appear in the definition of the packing premeasure.

This gives

$$\begin{split} \int_{E} P_{\delta}^{s-1}(K_{t}) \, dt \gtrsim C^{s-1} \int_{E} \sum_{R_{2} \in \mathcal{R}_{\{t\}}} w(R_{2})^{s-1} \, dt \\ &= C^{s-1} \sum_{R_{2} \in \mathcal{R}_{2}} \int_{E \cap \pi(K \cap R_{2})} w(R_{2})^{s-1} \, dt \\ &\geq C^{s-1} \sum_{R_{2} \in \mathcal{R}_{E_{0}}} \int_{E \cap \pi(K \cap R_{2})} w(R_{2})^{s-1} \, dt \\ &\stackrel{(*)}{\gtrsim} C^{s-1} \eta \sum_{R_{2} \in \mathcal{R}_{E_{0}}} \ell(\pi(R_{2})) \cdot w(R_{2})^{s-1} \\ &= C^{s-1} \eta \sum_{R_{2} \in \mathcal{R}_{E_{0}}} w(R_{2})^{s} \\ &\sim C^{s-1} \eta \sum_{R_{2} \in \mathcal{R}_{E_{0}}} \mu(R_{2}) \geq C^{s-1} \eta \cdot \mu(\pi^{-1}(E_{0})) \end{split}$$

In the last inequality, (4.9) was used. The ~ relation on the last line is Lemma 4.2(v). Finally, (*) follows from the definition of E_0 : if $R_2 \in \mathcal{R}_{E_0}$, then $\pi(R_2)$ is an interval of length $\leq \delta \leq \varepsilon$ intersecting E_0 , and $\pi(K \cap R_2) \subset \pi(R_2)$ is a compact subset of length $\geq \eta \ell(\pi(R_2))$ by Lemma 4.2(iv). Hence $\mathcal{H}^1(E \cap \pi(K \cap R_2)) \geq \eta \ell(\pi(R_2))/2$ by the definition of E_0 .

The value of the constant *C* is independent of η or $\pi_{\sharp}\mu(E_0)$, so one may let $C \to \infty$. Moreover, the projected measure $\pi_{\sharp}\mu$ is equivalent to $\mathcal{H}^1|_{\pi(K)}$ (and not just absolutely continuous) according to a result of Peres, Schlag, and Solomyak [6, Proposition 3.1]. This means that $\mu(\pi^{-1}(E_0)) > 0$, so (4.8) is true, and the proof is complete, by Lemma 3.1.

Proof of Corollary 1.2. There are only countably many 1-dimensional subspaces L such that the self-similar set $\pi_L(K)$ has exact overlaps. Since $\pi_{L\sharp}(\mathcal{H}^s|_K) \ll \mathcal{H}^1$ for almost all L by Marstrand's projection theorem, the corollary follows directly from Theorem 1.1.

5. An open problem

In Theorem 1.1, one assumes that the projection $\pi_{\sharp}(\mathcal{H}^{s}|_{K})$ is absolutely continuous. Is this necessary? In other words, do there exist self-similar sets $K \subset \mathbb{R}^{2}$ such that dim K = s > 1, the projection $\pi_{\sharp}(\mathcal{H}^{s}|_{K})$ is singular, and still

$$\mathcal{P}^{s-1}(K \cap \pi^{-1}\{t\}) = \infty$$

for Lebesgue almost every $t \in \pi(K)$? In this case, it follows from Kempton's results [4] that

$$\mathcal{H}^{s-1}(K \cap \pi^{-1}\lbrace t \rbrace) = 0$$

for \mathcal{H}^1 almost all $t \in \mathbb{R}$, but the packing measure is much harder to bound from above.

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Received September 9, 2014

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