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Polyhedral approximation and uniformization for non-length surfaces

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Abstract. We prove that any metric surface (that is, metric space homeomorphic to a 2-manifold with boundary) with locally finite Hausdorff 2-measure is the Gromov–Hausdorff limit of polyhedral surfaces with controlled geometry. We use this result, together with the classical uniformization theorem, to prove that any metric surface homeomorphic to the 2-sphere with finite Hausdorff 2-measure admits a weakly quasiconformal parametrization by the Riemann sphere, answering a question of Rajala–Wenger. These results have been previously established by the authors under the assumption that the metric surface carries a length metric. As a corollary, we obtain new proofs of the uniformization theorems of Bonk–Kleiner for quasispheeres and of Rajala for reciprocal surfaces. Another corollary is a simplification of the definition of a reciprocal surface, which answers a question of Rajala concerning minimal hypotheses under which a metric surface is quasiconformally equivalent to a Euclidean domain.

Keywords: length space, Gromov–Hausdorff convergence, metric surface, reciprocal, triangle, uniformization, quasiconformal mapping.

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1. Introduction

A *metric surface* is a metric space homeomorphic to a 2-manifold, possibly with non-empty boundary. In our paper [40], we give results on two related problems for metric surfaces: first, approximating a given surface by polyhedral surfaces with controlled geometry, and, second, finding a uniformizing map from a corresponding constant curvature surface. The results in [40] are proved assuming that the metric on the surface is a length metric with locally finite Hausdorff 2-measure. The length metric assumption means that the distance between two points is the infimum of the lengths of paths connecting them; this is a natural condition built into the definition of many standard classes of spaces, such as Riemannian or Finsler manifolds. However, an arbitrary metric surface need not resemble a length space. For example, one can construct a surface as a subset of some ambient space, such as \mathbb{R}^3 , and equip it with the metric inherited from this ambient space. Such a surface may have points that are inaccessible by rectifiable curves.

The purpose of this paper is to extend our work in [40] to the case of non-length metric surfaces. Instead, we assume merely that the Hausdorff 2-measure on the surface is locally finite. This is the minimal assumption needed to use conformal modulus methods, as we do in our approach to uniformization. Our main result is a generalization of Rajala's uniformization theorem [44], one of the major recent works on the topic. Rajala's theorem (Theorem 1.5 below) states that a metric surface of locally finite Hausdorff 2-measure homeomorphic to the plane is quasiconformally equivalent to the Euclidean plane if and only if it satisfies a geometric condition called *reciprocity* (see Section 1.4). Our generalization gives the existence of a *weakly quasiconformal* parametrization even without the reciprocity assumption. In the case of reciprocal surfaces, such a parametrization is a quasiconformal homeomorphism, and hence we obtain a new proof of Rajala's theorem by a different method. In fact, our approach improves his result by showing that one of the two conditions in the original definition of reciprocity is implied by the other and hence is redundant.

These results in this paper build on a substantial literature on uniformization of metric spaces, which will be described in more detail in Section 1.3 below. For additional background, we recommend the original papers of Bonk–Kleiner [5] and Rajala [44]. We also refer the reader to [34] for the classical uniformization theorem for Riemann surfaces, [7, 8] for the fundamentals of metric geometry, and [18] for the theory of quasiconformal mappings in metric spaces.

1.1. Polyhedral approximation

In our first result, we extend our polyhedral approximation theorem [40, Theorem 1.1] to cover the setting of non-length surfaces as well.

Theorem 1.1. *Let X be a metric surface (with boundary) of locally finite Hausdorff 2-measure. There exists a sequence $\{(X_n, d_{X_n})\}_{n=1}^{\infty}$ of polyhedral surfaces, each homeomorphic to X , where d_{X_n} is a metric that is locally isometric to the polyhedral metric on X_n , such that the following properties hold for an absolute constant $K \geq 1$.*

- (1) *There exists an approximately isometric sequence of maps $f_n: X_n \rightarrow X, n \in \mathbb{N}$. Moreover, for each $n \in \mathbb{N}$, the map f_n is a proper topological embedding.*
- (2) *For each compact set $A \subset X$,*

$$\limsup_{n \rightarrow \infty} \mathcal{H}^2(f_n^{-1}(A)) \leq K \mathcal{H}^2(A).$$

- (3) *There exists an approximately isometric sequence of retractions $R_n: X \rightarrow f_n(X_n), n \in \mathbb{N}$.*

If X is a length space, then we may take d_{X_n} to be the polyhedral metric on X_n .

In particular, (1) implies that the sequence X_n converges to X in the Gromov–Hausdorff sense. The last statement of the theorem regarding the length space case follows from our polyhedral approximation result in [40, Theorem 1.1]. Condition (3) compensates for the lack of a length metric and is used in order to prove the uniformization result in Theorem 1.2. See Example 8.1 for some undesirable phenomena that may occur without condition (3).

A toy version of this theorem is the analogous 1-dimensional statement for metric Jordan curves. Namely, if X is a rectifiable metric Jordan curve one can construct an approximation of X by polygonal Jordan curves (X_n, d_{X_n}) that converge to X_n in the Gromov–Hausdorff sense and the length of each arc in X is the limit of the lengths of corresponding arcs in X_n as $n \rightarrow \infty$; in particular, (2) holds with equality and with $K = 1$. To do so, consider a sufficiently dense set $\{x_1, \dots, x_n\}$ in X , in cyclic order, and for each $i \in \{1, \dots, n\}$ consider a line segment L_i of length equal to the diameter of the arc from x_{i-1} to x_i in X , where $x_0 = x_n$. Then glue metrically the endpoints of each L_i to the points x_{i-1}, x_i . The resulting space X_n is a polygonal Jordan curve with the desired properties.

Unlike the 1-dimensional setting, in the case of surfaces we cannot guarantee the convergence of the Hausdorff 2-measure in (2). Indeed, if X is the unit square in \mathbb{R}^2 with the ℓ^∞ metric, then any sequence of polyhedral surfaces X_n satisfying the conclusions of the theorem will necessarily satisfy

$$\liminf_{n \rightarrow \infty} \mathcal{H}^2(X_n) \geq \frac{4}{\pi} \mathcal{H}^2(X).$$

We provide the details in Example 8.2. Based on this example, it is reasonable to conjecture that the optimal constant K in Theorem 1.1 is $4/\pi$.

We outline the main ideas that go into the proof of Theorem 1.1. Note that many arguments in our paper [40] depend essentially on the length metric assumption, and so we cannot simply reduce the general case to the case of a length metric and appeal to the results in [40]. Nevertheless, a first observation is that the assumption of locally finite Hausdorff 2-measure is enough to guarantee that the surface (X, d) contains a large supply of rectifiable curves. Thus it is useful to consider the extended length metric \bar{d} induced by the given metric d . The extended metric \bar{d} may be infinite for some pairs of points. However, a consequence of having locally finite Hausdorff 2-measure is that \bar{d} must be

finite for all pairs of points outside a totally disconnected set (see Section 3). In particular, X contains many geodesics with respect to the extended length metric \bar{d} , which we refer to as \bar{d} -geodesics.

The triangulation result in [10], which was the main technical ingredient for proving the polyhedral approximation theorem in [40], adapts to give a covering of X by non-overlapping triangular disks whose edges are \bar{d} -geodesics. By replacing each triangular disk with a corresponding polyhedral disk, we are able to define the polyhedral surfaces X_n appearing in Theorem 1.1. If (X, d) is not a length space, then we cannot give X_n the usual polyhedral metric while satisfying (1) in Theorem 1.1. However, this is fixed by modifying the polyhedral metric on X_n on large scales to match the original metric d . A more serious technical difficulty is that, while the polyhedral surfaces X_n are constructed using \bar{d} -geodesics, the area estimate (2) in Theorem 1.1 involves the Hausdorff 2-measure for the original metric d and not for \bar{d} . Note that the Hausdorff 2-measure of \bar{d} may be much larger than that of d and need not even be locally finite. In [40], we obtained the area estimate as an application of a version of Besicovitch's inequality for metric spaces, which no longer applies. Instead, we use a recent Lipschitz approximation result for Sobolev functions on metric spaces due to Eriksson-Bique and Poggi-Corradini [13] in conjunction with the co-area inequality to obtain the required inequality.

1.2. Uniformization of metric surfaces

The *uniformization problem* asks one to determine which metric spaces admit a geometrically well-behaved parametrization by a canonical model space such as the n -sphere or n -dimensional Euclidean space. Most commonly, we are interested in parametrizations by quasiconformal maps or their generalizations; roughly speaking, these are maps that infinitesimally distort relative distances within some prescribed amount.

Our main result in this direction is concerned with the 2-dimensional case of the uniformization problem under the minimal geometric assumption of merely locally finite area.

Theorem 1.2. *Let X be a metric surface of locally finite Hausdorff 2-measure homeomorphic to $\widehat{\mathbb{C}}$, $\bar{\mathbb{D}}$, or \mathbb{C} . Then there is a continuous, surjective, proper, and cell-like map $h: \Omega \rightarrow X$, where Ω is $\widehat{\mathbb{C}}$, $\bar{\mathbb{D}}$, or \mathbb{D} or \mathbb{C} , respectively, satisfying the modulus inequality*

$$\text{mod } \Gamma \leq \frac{4}{\pi} \text{mod } h(\Gamma) \quad (1.1)$$

for every path family Γ in Ω .

Here \mathbb{D} denotes the open unit disk in the complex plane \mathbb{C} , and $\widehat{\mathbb{C}}$ is the Riemann sphere equipped with the spherical distance. A map is *cell-like* if the preimage of each point is a continuum that is contractible in all small neighborhoods; see Section 6.2. A continuous, surjective, proper, and cell-like map $h: X \rightarrow Y$ between metric surfaces of

locally finite Hausdorff 2-measure is called *weakly quasiconformal* if there exists $K \geq 1$ such that

$$\text{mod } \Gamma \leq K \text{ mod } h(\Gamma) \tag{1.2}$$

for every path family Γ in X ; here mod refers to 2-modulus (see Section 2.3). For surjective maps between homeomorphic compact surfaces the topological assumption of cell-likeness is equivalent to the weaker requirement that h is a *monotone* map; that is, the preimage of each point is a continuum. The topological assumptions on a weakly quasiconformal map h ensure that it is very close to being a homeomorphism; for example, if X, Y have no boundary or if X, Y are compact and homeomorphic to each other, then h is the uniform limit of homeomorphisms. See Section 6.2 for more details. It was shown in [40, Theorem 1.4] that (1.2) may be replaced with the equivalent statement that h lies in the Sobolev space $N_{\text{loc}}^{1,2}(X, Y)$ and

$$g_h(x)^2 \leq K J_h(x)$$

for a.e. $x \in X$, where g_h denotes the minimal weak upper gradient of h (see Section 2.3) and J_h is the Jacobian of the map h , i.e., the Radon–Nikodym derivative of the measure $\mathcal{H}^2 \circ h$ with respect to \mathcal{H}^2 .

Theorem 1.2 seems to be essentially the strongest result possible for the non-fractal case of the uniformization problem for surfaces, i.e., where the Hausdorff 2-measure is locally finite. It verifies a conjecture of Rajala and Wenger found as Question 1.1 in [24]. Theorem 1.2 with the additional assumption that the metric on X is a length metric was recently proved by the authors in [40], as well as independently by Meier–Wenger [36].

In contrast with the classical uniformization theorem, the map h of Theorem 1.2 may fail to be unique up to precomposition by conformal maps. In fact, [40, Proposition 1.5] gives an example of a metric surface X of locally finite Hausdorff 2-measure admitting weakly quasiconformal parametrizations both by \mathbb{D} and \mathbb{C} .

Theorem 1.2 deals with the case of simply connected surfaces whose boundary is a Jordan curve or empty. Using the classical uniformization theorem, we also establish the following general uniformization result for all metric surfaces of locally finite Hausdorff 2-measure.

Theorem 1.3. *Let X be a metric surface (with boundary) of locally finite Hausdorff 2-measure. Then there exists a complete Riemannian surface of constant curvature (Z, g) that is homeomorphic to X and a weakly $(4/\pi)$ -quasiconformal map from Z onto X .*

The value $4/\pi$ is sharp in both Theorems 1.2 and 1.3, as was observed in [44, Example 2.2]. A version of this theorem has been proved by Ikonen [23] for reciprocal surfaces (see Section 1.4) without boundary, using local quasiconformal coordinates in order to construct isothermal coordinates. This approach cannot be employed in our case, since metric surfaces do not have local quasiconformal coordinates, but only weakly quasiconformal parametrizations that are generally not homeomorphic, as provided by Theorem 1.2. We note that our theorem also covers surfaces with boundary.

1.3. Previous uniformization results

If the space X in Theorem 1.2 satisfies additional good geometric assumptions, then the uniformizing map h can also be shown to satisfy stronger properties. In particular, as an application, we are able to deduce from Theorem 1.2 two of the main uniformization theorems in the existing literature. The first is the Bonk–Kleiner theorem characterizing Ahlfors 2-regular quasispheres [5].

Theorem 1.4 (Bonk–Kleiner). *Let X be a metric space homeomorphic to $\widehat{\mathbb{C}}$ that is Ahlfors 2-regular. Then there is a quasisymmetric homeomorphism from X to $\widehat{\mathbb{C}}$ if and only if X is linearly locally connected.*

It is the case that any metric space X as in Theorem 1.4 is quasiconvex and hence bi-Lipschitz equivalent to a surface with a length metric that is also Ahlfors 2-regular and linearly locally connected; see [47] or [51] for a proof. Thus Theorem 1.4 can also be derived from the weaker version of Theorem 1.2 as given in [36] or [40]. However, our approach allows one to avoid this technical point regarding quasiconvexity. That Theorem 1.4 follows from Theorem 1.2 is an immediate consequence of the considerations in [40, Section 6.2], which are based on classical results that allow the upgrade of quasiconformal maps to quasisymmetric maps; see [32, Theorem 2.5].

The second uniformization theorem, due to Rajala [44], characterizes the situation when there is a quasiconformal homeomorphism from X to $\widehat{\mathbb{C}}$.

Theorem 1.5 (Rajala). *Let X be a metric surface of locally finite Hausdorff 2-measure homeomorphic to $\widehat{\mathbb{C}}$, \mathbb{D} , or \mathbb{C} . Then there is a quasiconformal map $h: \Omega \rightarrow X$, where Ω is $\widehat{\mathbb{C}}$, \mathbb{D} , or \mathbb{D} or \mathbb{C} , respectively, if and only if X is locally reciprocal.*

Here, quasiconformality is defined using the so-called geometric definition, which requires the conformal modulus of curve families to be quasipreserved. See Section 5.2 below. We give the definition of reciprocity below in the next subsection. The necessity of the theorem follows from the fact that reciprocity is invariant under quasiconformal maps and all Riemannian surfaces are reciprocal. The sufficiency follows from Theorem 1.2 together with the observation of Meier–Wenger [36] that the local reciprocity of a space allows one to upgrade weak quasiconformality of a local parametrization to quasiconformality. We refer the reader to [36, Section 3] for the argument. Analogously, under the reciprocity assumption, we obtain a strengthening of Theorem 1.3 that has been proved by Ikonen [23] for surfaces without boundary.

Theorem 1.6. *Let X be a metric surface (with boundary) of locally finite Hausdorff 2-measure. Then there exists a complete Riemannian surface (Z, g) of constant curvature that is homeomorphic to X and a quasiconformal map from Z onto X if and only if X is locally reciprocal.*

The results of this paper concern the non-fractal case of the uniformization problem, meaning that the Hausdorff 2-measure on the surface is locally finite. We also hope that the ideas of this paper can give insight into the uniformization of fractal surfaces.

We briefly discuss this topic of current interest. One motivation comes from Cannon’s conjecture in geometric group theory, which predicts that every hyperbolic group having the 2-sphere as its boundary at infinity is a Kleinian group. This is equivalent to the statement that every such 2-sphere, equipped with some visual metric, is a quasisphere. A seminal work on fractal uniformization is Cannon’s combinatorial Riemann mapping theorem [9], which gives an abstract procedure for uniformizing 2-spheres. The Bonk–Kleiner paper contains, in addition to Theorem 1.4, a characterization of quasispheres without any restriction. Both of these results, however, seem difficult to apply in practice. Various constructions have been studied in detail, including Meyer’s snowspheres [37] as well as spheres arising from expanding Thurston maps [6]. See also [45] for an approach to fractal uniformization by adapting conformal modulus methods.

1.4. Reciprocal surfaces

As mentioned above, a further consequence of Theorem 1.2 is a simplification of Rajala’s definition of reciprocal surface.

Let X be a metric surface of locally finite Hausdorff 2-measure. For a subset $G \subset X$ and disjoint subsets $E, F \subset G$, we define $\Gamma(E, F; G)$ to be the family of curves in G joining E and F . A (topological) quadrilateral in X is a closed Jordan region Q together with a partition of ∂Q into four edges $\zeta_1, \zeta_2, \zeta_3, \zeta_4 \subset \partial Q$ enumerated in cyclic order that are non-overlapping, i.e., they can only intersect at the endpoints. When we refer to a quadrilateral Q , it will be implicitly understood that there exists such a marking on its boundary. We define $\Gamma(Q) = \Gamma(\zeta_1, \zeta_3; Q)$ and $\Gamma^*(Q) = \Gamma(\zeta_2, \zeta_4; Q)$. We state the definition of reciprocity as originally given in [44].

Definition 1.7. A metric surface X is *reciprocal* if there exist constants $\kappa, \kappa' \geq 1$ such that

$$\kappa^{-1} \leq \text{mod } \Gamma(Q) \cdot \text{mod } \Gamma^*(Q) \leq \kappa' \quad \text{for each quadrilateral } Q \subset X \quad (1.3)$$

and

$$\lim_{r \rightarrow 0} \text{mod } \Gamma(\bar{B}(a, r), X \setminus B(a, R); X) = 0 \quad \text{for each ball } B(a, R). \quad (1.4)$$

A metric surface X is *locally reciprocal* if each point has an open neighborhood that is reciprocal.

Roughly speaking, a surface is reciprocal if the modulus of non-constant curves passing through a point is zero and the modulus of curves joining two opposite sides of every quadrilateral is reciprocal, up to a uniform multiplicative constant, to the modulus of curves joining the other two opposite sides. Note that condition (1.4) can be regarded as a pointwise condition on the surface. In the definition of local reciprocity we do not require that the constants are uniform throughout the surface X ; however, this is a consequence of a result of Rajala [44, Theorem 1.5].

It was shown in [46] by Rajala and the second-named author that the lower bound in (1.3) always holds for some universal constant κ^{-1} independent of the surface X . Later, Eriksson-Bique and Poggi-Corradini [13] found the sharp value of this constant to be

$\kappa^{-1} = \pi^2/16$; this also follows from Theorem 1.2. The sharpness is seen by taking X to be the plane with the ℓ^∞ metric. See [44, Example 2.2] for details.

As a consequence of Theorem 1.2, we can further improve Rajala's uniformization theorem by showing that (1.4) follows from the upper bound in (1.3). Thus condition (1.4) is redundant. This answers affirmatively a question of Rajala [44, Question 17.4]. We say that a metric surface is *upper reciprocal* if there exists $\kappa' \geq 1$ such that the upper bound in (1.3) holds for each quadrilateral.

Theorem 1.8. *A metric surface (with boundary) of locally finite Hausdorff 2-measure is reciprocal if and only if it is upper reciprocal.*

Combining this with Theorem 1.6, we see that in order to verify the reciprocity of a surface we only need to check upper reciprocity locally. The idea of the proof of Theorem 1.8 is to show that upper reciprocity by itself is sufficient to promote the weakly quasiconformal parametrization h given by Theorem 1.2 to a homeomorphism. In [36] (applying [32, Theorem 3.6]) and also in [40, Theorem 7.4], this is accomplished by applying condition (1.4) in the definition of reciprocity instead. Once h is shown to be a homeomorphism, the upper reciprocity condition can be used to upgrade it to a quasiconformal map, as was shown by Meier–Wenger [36, Section 3]. Our task then is, assuming a non-homeomorphic weakly quasiconformal parametrization, to find a sequence of quadrilaterals Q such that the product of the moduli of $\Gamma(Q)$ and $\Gamma^*(Q)$ are unbounded. The proof of Theorem 1.8 would be simpler if we knew that condition (1.4) can only fail on a totally disconnected set. However, we show in Example 8.4 that this is not the case.

Proposition 1.9. *There exists a metric surface of locally finite Hausdorff 2-measure such that (1.4) fails at all points in a non-degenerate continuum.*

Whether such a space exists had been asked by the second-named author [45, Question 5.6], and this construction provides an affirmative answer.

Moreover, combining Theorem 1.8 with the uniformization result of Theorem 1.2 or Theorem 1.5 and with a result of Ikonen [22], we also show that in order to obtain reciprocity at points of ∂X it suffices to verify condition (1.4) rather than upper reciprocity.

Theorem 1.10. *A metric surface X of locally finite Hausdorff 2-measure is reciprocal if and only if $\text{int}(X)$ is upper reciprocal and (1.4) holds at each point of ∂X .*

We remark that without requiring any condition on ∂X , the reciprocity of $\text{int}(X)$ does not imply the reciprocity of X in general; this was observed in [22, Section 1.1].

Conversely, it is natural to ask whether upper reciprocity is implied by condition (1.4). We show in Example 8.3 that this is not the case.

Proposition 1.11. *There exists a metric surface X of locally finite Hausdorff 2-measure such that (1.4) holds at each point, but X is not reciprocal. Moreover, X can be written as the union of two reciprocal surfaces.*

1.5. Minimal surfaces

As a corollary to Theorem 1.2, we obtain a result on the existence of *minimal disks* or *solutions to Plateau's problem* in metric spaces. This topic has been studied in great depth by Lytchak–Wenger and collaborators [16, 17, 29–31], and we direct the reader to these references for definitions. The following corollary was established in [40] for length surfaces and in fact was derived from the version of Theorem 1.2 for length surfaces. Its proof remains unchanged under the more general setting.

Corollary 1.12. *Let X be a metric surface of finite Hausdorff 2-measure homeomorphic to a topological closed disk and let $\Gamma = \partial X$. Then Plateau's problem for Γ has a solution.*

We pose the following natural question.

Question 1.13. *Does Plateau's problem have a solution for every metric Jordan curve Γ of finite Hausdorff 2-measure?*

This was established for metric Jordan curves of finite length by Lytchak–Wenger [29, Corollary 1.5]. In order to answer the question, by Corollary 1.12 it suffices to solve the following problem.

Problem 1.14. *Let Γ be a metric Jordan curve of finite Hausdorff 2-measure. Does there exist a metric space X homeomorphic to a topological closed disk with $\mathcal{H}^2(X) \leq K(\text{diam}(\partial X)^2 + \mathcal{H}^2(\partial X))$ for an absolute constant $K > 0$ such that Γ embeds isometrically into ∂X ?*

1.6. Outline

Section 2 contains the required preliminaries. In Section 3 we introduce the extended length metric \bar{d} associated to a metric surface (X, d) and we study its relation to d . The main result in this section is Theorem 3.4, which provides an estimate for the area of triangles in X whose edges are \bar{d} -geodesics. In Section 4, we first sketch an argument for triangulating metric surfaces of locally finite area, by modifying slightly the argument of [10] for triangulating length surfaces. Then, we use the triangulation result to prove the polyhedral approximation theorem, Theorem 1.1. This completes the first half of the paper, which can be read independently of the later sections.

In Section 5, we establish the uniformization result of Theorem 1.2 in the case of compact surfaces. In this section we also include several further required preliminaries in Gromov–Hausdorff convergence, weakly quasiconformal maps, and classical uniformization theory. Section 6 establishes the global uniformization result of Theorem 1.3, based on the local results of Section 5. Moreover, we show how to obtain the minimal value $4/\pi$ of the quasiconformal dilatation. This section also contains several topological preliminaries related to cell-like and monotone maps between surfaces. The results of Sections 5 and 6 rely only on the statement of the polyhedral approximation theorem (Theorem 1.1) and can be read independently of the previous sections.

In Section 7 we prove Theorems 1.8 and 1.10. This section relies only on Theorem 1.2 and can also be read independently. Finally, in Section 8 we present four examples. The first two examples are related to the polyhedral approximation theorem and show the importance of the retractions in conclusion (3) of Theorem 1.1, as well as the sharpness of conclusion (2), in the sense that the areas of the approximating surfaces need not converge to the area of the limiting surface. The last two examples of the section justify Propositions 1.11 and 1.9, respectively.

2. Preliminaries

2.1. Metric spaces

We refer the reader to [7] and [8] for the basics of metric geometry. Let X be a set. A function $d: X \times X \rightarrow [0, \infty)$ is a *metric* on X if it is symmetric, satisfies the triangle inequality, and has the property that $d(x, y) = 0$ if and only if $x = y$. A function d satisfying the same properties but potentially taking the value ∞ is called an *extended metric*.

Let $\gamma: I \rightarrow X$ be a curve in a metric space X , where I is an interval. The length of γ with respect to d , denoted by $\ell_d(\gamma)$, is defined as

$$\ell_d(\gamma) = \sup \sum_{i=1}^n d(\gamma(t_{i-1}), \gamma(t_i)),$$

the supremum taken over all finite increasing sequences $t_0 < t_1 < \dots < t_n$ in I . If the metric is clear from the context, we may write $\ell(\gamma)$ in place of $\ell_d(\gamma)$. A curve is *rectifiable* if it has finite length. A rectifiable curve $\gamma: [a, b] \rightarrow X$ is a *geodesic* between two points $x, y \in X$ if $\gamma(a) = x, \gamma(b) = y$ and $\ell(\gamma) = d(x, y)$. A curve $\gamma: I \rightarrow X$ is *piecewise geodesic* if its restriction to any compact subinterval of I is the concatenation of finitely many geodesics. A metric d on X is a *length metric* if $d(x, y) = \inf \ell_d(\gamma)$ for all $x, y \in X$, the infimum taken over all curves γ from x to y .

A *Jordan curve* (resp. *Jordan arc*) in X is an embedding of the unit circle \mathbb{S}^1 (resp. the unit interval $[0, 1]$) into X . We also use the alternative terminology of simple curve and simple arc, respectively. The *trace* of a path $\gamma: I \rightarrow X$ is the set $\gamma(I)$ and is denoted by $|\gamma|$.

We use the notation $B_d(x, r)$ for the open ball $\{y \in X : d(x, y) < r\}$, $\bar{B}_d(x, r)$ for the closed ball, and $S_d(x, r)$ for the sphere $\{y \in X : d(x, y) = r\}$. Again, the subscript d may be dropped if the metric is clear from the context.

For any metric space X and $s > 0$, the *Hausdorff s -measure* of a set $A \subset X$ is defined by

$$\mathcal{H}^s(A) = \lim_{\delta \rightarrow 0} \mathcal{H}_\delta^s(A),$$

where

$$\mathcal{H}_\delta^s(A) = \inf \left\{ \sum_{j=1}^{\infty} C(s) \text{diam}(A_j)^s \right\}$$

and the infimum is taken over all collections $\{A_j\}_{j=1}^\infty$ of sets such that $A \subset \bigcup_{j=1}^\infty A_j$ and $\text{diam}(A_j) < \delta$ for each j . Here $C(s)$ is a positive normalization constant, chosen so that the Hausdorff n -measure coincides with Lebesgue measure in \mathbb{R}^n . The quantity $\mathcal{H}_\delta^s(A)$ is called the δ -Hausdorff s -content of A . If we need to emphasize the metric d being used for the Hausdorff s -measure, we write \mathcal{H}_d^s instead of \mathcal{H}^s .

A map $f: X \rightarrow Y$ between metric spaces is *bi-Lipschitz* if there exists $L \geq 1$ such that

$$L^{-1}d_X(x, y) \leq d_Y(f(x), f(y)) \leq Ld_X(x, y)$$

for all $x, y \in X$. In this case, we say that f is *L-bi-Lipschitz*. A map $f: X \rightarrow Y$ is *Lipschitz* if the right inequality holds for all $x, y \in X$. In this case, we say that f is *L-Lipschitz*.

We use ∂X to denote the boundary of a manifold X and $\text{int}(X)$ to denote its interior. Throughout this paper, unless otherwise specified, the terms *boundary* and *interior* refer to manifold boundary and interior rather than topological boundary and interior.

2.2. Convergence

Let X be a metric space and let $E \subset X$ and $\varepsilon > 0$. We denote by $N_\varepsilon(E)$ the open ε -neighborhood of E . We say that E is ε -dense (in X) if for each $x \in X$ we have $d(x, E) < \varepsilon$ or equivalently $N_\varepsilon(E) = X$. A map $f: X \rightarrow Y$ (not necessarily continuous) between metric spaces is an ε -isometry if $f(X)$ is ε -dense in Y and $|d_X(x, y) - d_Y(f(x), f(y))| < \varepsilon$ for each $x, y \in X$.

We define the *Hausdorff distance* of two sets $E, F \subset X$ to be the infimum value $r > 0$ such that $E \subset N_r(F)$ and $F \subset N_r(E)$. We denote the Hausdorff distance by $d_H(E, F)$. A sequence of sets $E_n \subset X$ converges in the Hausdorff sense to a set $E \subset X$ if $d_H(E_n, E) \rightarrow 0$ as $n \rightarrow \infty$.

The *Gromov–Hausdorff distance* between two metric spaces X, Y is defined as the infimal value $r > 0$ such that there is a metric space Z with subsets $\tilde{X}, \tilde{Y} \subset Z$ such that X and Y are isometric to \tilde{X} and \tilde{Y} , respectively, and $d_H(\tilde{X}, \tilde{Y}) < r$. This is denoted by $d_{GH}(X, Y)$. We say that a sequence of metric spaces X_n converges in the *Gromov–Hausdorff sense* to a metric space X if $d_{GH}(X_n, X) \rightarrow 0$ as $n \rightarrow \infty$. By [8, Corollary 7.3.28], this is equivalent to the property that there exists a sequence of ε_n -isometries $f_n: X_n \rightarrow X$, where $\varepsilon_n > 0$ and $\varepsilon_n \rightarrow 0$ as $n \rightarrow \infty$. In this case, we say that $f_n, n \in \mathbb{N}$, is an *approximately isometric sequence*.

2.3. Metric Sobolev spaces

Let X be a metric space and Γ be a family of curves in X . A Borel function $\rho: X \rightarrow [0, \infty]$ is *admissible* for the path family Γ if $\int_\gamma \rho ds \geq 1$ for all locally rectifiable paths $\gamma \in \Gamma$. For $p \geq 1$, we define the *p-modulus* of Γ as

$$\text{mod}_p \Gamma = \inf_\rho \int_X \rho^p d\mathcal{H}^2,$$

where the infimum is taken over all admissible functions ρ for Γ . By convention, $\text{mod}_p \Gamma = \infty$ if there are no admissible functions for Γ . Observe that we consider X

to be equipped with the Hausdorff 2-measure. Throughout the paper we will only focus on the case $p = 2$ and for simplicity we write $\text{mod}_p \Gamma = \text{mod } \Gamma$.

Let $h: X \rightarrow Y$ be a map between metric spaces. We say that a Borel function $g: X \rightarrow [0, \infty]$ is an *upper gradient* of h if

$$d_Y(h(a), h(b)) \leq \int_{\gamma} g \, ds \tag{2.1}$$

for all $a, b \in X$ and every locally rectifiable path γ in X joining a and b . This is called the *upper gradient inequality*. If, instead, the above inequality holds for all curves γ outside a curve family of p -modulus zero, then we say that g is a *p -weak upper gradient* of h . In this case, there exists a curve family Γ_0 with $\text{mod}_p \Gamma_0 = 0$ such that all paths outside Γ_0 and all subpaths of such paths satisfy the upper gradient inequality. In what follows, we will be mostly interested in the case $p = 2$ and for simplicity we use the terminology weak upper gradient, without mentioning the number 2. If a map h has a p -weak upper gradient that lies in $L^p(X)$, then it also has a minimal p -weak upper gradient that we denote by g_h ; see [20, Theorem 6.3.20].

We equip the space X with the Hausdorff 2-measure \mathcal{H}^2 . For $p \geq 1$, let $L^p(X)$ denote the space of p -integrable functions from X to the extended real line $\widehat{\mathbb{R}}$, where two functions are identified if they agree \mathcal{H}^2 -almost everywhere. The Sobolev space $N^{1,p}(X, Y)$ is defined as the space of measurable maps $h: X \rightarrow Y$ that are essentially separably valued (see [20, Section 3.1]) and have a weak upper gradient g in $L^p(X)$ such that the function $x \mapsto d_Y(y, h(x))$ is in $L^p(X)$ for some $y \in Y$, again where two maps are identified if they agree almost everywhere. The assumption on essentially separable values is automatically true when Y is a separable space, which will be the case in all considerations below. If $Y = \mathbb{R}$, we simply write $N^{1,p}(X)$. The spaces $L^p_{\text{loc}}(X)$ and $N^{1,p}_{\text{loc}}(X, Y)$ are defined in the obvious manner. See the monograph [20, Chapter 7] for background on metric Sobolev spaces.

3. The extended length metric

In this section, we develop the properties of the extended length metric, which are all new ingredients in this paper. The main result in this section, Theorem 3.4, gives an estimate on the area enclosed by a triangle whose edges are \bar{d} -geodesics. This estimate plays the same role as the Besicovitch inequality in [40]. As in [40], this estimate is based on bi-Lipschitz embedding of an arbitrary triangle into the plane. The innovation here is that, although the bi-Lipschitz embedding is with respect to the extended length metric \bar{d} , our area estimate uses the Hausdorff 2-measure derived from the original metric d .

3.1. Definition and basic properties

Let (X, d) be a metric space. One can obtain an extended length metric $\bar{d}: X \times X \rightarrow [0, \infty]$ by defining

$$\bar{d}(x, y) = \inf \ell_d(\gamma),$$

where the infimum is taken over all curves from x to y . One can check that \bar{d} is indeed an extended length metric. It may be that there are no rectifiable curves between two given points $x, y \in X$, in which case we have $\bar{d}(x, y) = \infty$.

If X is a surface with locally finite Hausdorff 2-measure, then, as shown by Rajala [44, Lemma 4.1], there is a set $E \subset X$ such that $X \setminus E$ is dense and any two points $x, y \in X \setminus E$ can be joined by a rectifiable curve. Namely, E is the set of points that cannot be accessed by a non-constant rectifiable curve. A consequence of [44, Proposition 3.5] is that any two points $x, y \in X \setminus E$ can be connected by a rectifiable curve and, in particular, that $\bar{d}(x, y) < \infty$ for all $x, y \in X \setminus E$. The proof of [44, Proposition 3.5] utilizes the co-area inequality. A simple further application of the co-area inequality actually shows that E is totally disconnected; namely, as a consequence of Lemma 3.3 below, any two points of X can be separated by a rectifiable curve.

Hence the co-area inequality connects the assumption of locally finite Hausdorff 2-measure with the geometry of the metric space. We state a 2-dimensional version of the co-area inequality sufficient for our purposes. See [12], [15, Theorem 2.10.25] or [14] for a proof of the co-area inequality.

Lemma 3.1 (Co-area inequality). *Let X be a metric space and $L > 0$. For any L -Lipschitz function $f: X \rightarrow \mathbb{R}$ and any Borel function $g: X \rightarrow [0, \infty]$,*

$$\int_{\mathbb{R}} \int_{f^{-1}(t)} g(s) d\mathcal{H}^1(s) dt \leq \frac{4L}{\pi} \int_X g(x) d\mathcal{H}^2(x). \tag{3.1}$$

Given that X has locally finite Hausdorff 2-measure, a consequence of Lemma 3.1 is that for each point $x \in X$, almost every metric sphere $S(x, r)$ has finite Hausdorff 1-measure and hence contains rectifiable curves; see also Lemma 3.3 below. This guarantees an abundance of rectifiable curves in X .

Throughout this entire section, distances are measured with respect to the original metric d of X , unless otherwise indicated. For example, $B(x, r)$ denotes the ball $\{y \in X : d(x, y) < r\}$ and $B_{\bar{d}}(x, r) = \{y \in X : \bar{d}(x, y) < r\}$.

Recall that a *geodesic* between two points $x, y \in X$ is a curve $\gamma: [a, b] \rightarrow X$ of finite length such that $\gamma(a) = x, \gamma(b) = y$ and $\ell(\gamma) = d(x, y)$. On a metric space (X, d) , our main interest will be in geodesics with respect to the induced length metric \bar{d} . We will refer to such a curve as a \bar{d} -*geodesic*. Note that a \bar{d} -geodesic may fail to exist between two given points, either because no curve of finite length connecting x and y exists or because there is no curve having minimal length. Moreover, a \bar{d} -geodesic between a given pair of points is not necessarily unique, as is the case for geodesics in general. However, as observed, the assumption of locally finite Hausdorff 2-measure is enough to guarantee that a surface carries many rectifiable curves. In particular, it is shown in [44, Proposition 3.5] that for any two disjoint continua the family of curves connecting them has positive modulus.

In general, \bar{d} may fail to be continuous with respect to the metric d . However, a consequence of the Arzelà–Ascoli theorem is that \bar{d} is lower semicontinuous with respect to d in the following sense.

Lemma 3.2. *Let (X, d) be a metric surface of locally finite Hausdorff 2-measure. For each $x_0 \in X$ the function $u: X \rightarrow [0, \infty]$ defined by $u(x) = \bar{d}(x, x_0)$ is lower semicontinuous. Moreover, for each $r > 0$ the set $B_{\bar{d}}(x_0, r)$ is connected and $\bar{B}_{\bar{d}}(x_0, r)$ is the closure of $B_{\bar{d}}(x_0, r)$. In particular, $\bar{B}_{\bar{d}}(x_0, r)$ is also connected.*

All topological notions in the statement refer to the original topology of X induced by d . The proof relies on the following separation lemma.

Lemma 3.3. *Let X be a metric surface that is homeomorphic to a topological closed disk. Let $f: X \rightarrow [0, \infty)$ be a continuous function such that $f^{-1}(0)$ is non-empty and $f^{-1}(t)$ has finite Hausdorff 1-measure for a.e. $t > 0$. Then for each component A of $f^{-1}(0)$, each $x_0 \in \partial X \setminus A$, and a.e. $r \in (0, f(x_0))$ there exists a continuum $E \subset f^{-1}(r)$ with $\mathcal{H}^1(E) < \infty$ that separates A from x_0 . Moreover, there exists a closed Jordan region $U \subset X \setminus \{x_0\}$ containing a neighborhood of A such that ∂U coincides with E or is the union of E and an arc of ∂X .*

This lemma can be applied to Lipschitz functions on metric spaces of finite Hausdorff 2-measure, since the co-area inequality of Lemma 3.1 implies that a.e. level set of a Lipschitz function has finite Hausdorff 1-measure.

Proof of Lemma 3.3. Let $\delta_0 = f(x_0)$. We apply [39, Theorem 1.5] (see also [35, Corollary 2.5]), which implies that for a.e. $r \in (0, \delta_0)$, each component of $f^{-1}(r)$ is either a point or a rectifiable Jordan curve or a rectifiable Jordan arc. We fix such an r and let E be a component of $f^{-1}(r)$ that separates A from x_0 ; such a component exists since $f^{-1}(r)$ separates A from x_0 (see [50, Lemma II.5.20, p. 61]). If E is a Jordan curve, then it necessarily bounds a closed Jordan region $U \subset X \setminus \{x_0\}$ containing A in its interior. If E is a Jordan arc, then by passing to a subarc we may assume that only the endpoints of E lie in ∂X and E still separates A from x_0 . The arc E together with an arc of ∂X bound a closed Jordan region $U \subset X \setminus \{x_0\}$ that contains a neighborhood of A . ■

Proof of Lemma 3.2. Let $x_n \in X$, $n \in \mathbb{N}$, be a sequence converging to a point $x \in X$. Our goal is to show that $u(x) \leq \liminf_{n \rightarrow \infty} u(x_n)$. By passing to a subsequence, suppose that $\lim_{n \rightarrow \infty} u(x_n)$ exists. The statement is trivial if $x = x_0$ or if $\lim_{n \rightarrow \infty} u(x_n) = \infty$, so suppose that $x \neq x_0$ and $\lim_{n \rightarrow \infty} u(x_n) = M$ for some $M \in (0, \infty)$. Let γ_n be a sequence of paths joining x_0 to x_n such that $\lim_{n \rightarrow \infty} \ell(\gamma_n) = M$.

Suppose first that $x \in \text{int}(X)$. Consider a closed Jordan region $Y \subset \text{int}(X) \setminus \{x_0\}$ containing x in its interior and define the Lipschitz function $f(y) = d(x, y)$ on Y . Let $y_0 \in \partial Y$ be arbitrary and $r_0 = \text{dist}(x, \partial Y)$. By Lemma 3.3, there exists $r < r_0$ and a rectifiable Jordan curve $E \subset f^{-1}(r) \subset Y$ that bounds a closed Jordan region $U \subset Y \setminus \{y_0\}$ containing x . If $x \in \partial X$, we consider a closed Jordan region $Y \subset X \setminus \{x_0\}$ such that $Y \cap \partial X$ is a non-degenerate Jordan arc containing x in its interior. Define $r_0 = \text{dist}(x, \partial Y \cap \text{int}(X)) > 0$. Again, we let $f(y) = d(x, y)$ on Y and fix a point y_0 in $\partial Y \cap \text{int}(X)$. By Lemma 3.3, there exists $r < r_0$ and a rectifiable Jordan arc $E \subset f^{-1}(r)$ with endpoints on ∂Y that separates x from y_0 . The endpoints of E necessarily lie on

$\partial Y \cap \partial X$ since $r < r_0$. The arc E together with an arc of ∂X bound a closed Jordan region $U \subset Y$ that contains an open neighborhood of x .

Summarizing, in both cases there exists a continuum E that is a rectifiable Jordan curve or a Jordan arc and separates x from x_0 . Moreover, the curve E is the topological boundary of a compact neighborhood U of x .

For each $n \in \mathbb{N}$, we parametrize the curve $\gamma_n: [0, \ell(\gamma_n)] \rightarrow X$ by arclength so that $\gamma_n(0) = x_0$ and $\gamma_n(\ell(\gamma_n)) = x_n$. If n is sufficiently large so that $x_n \in U$, then γ_n intersects E at a point $y_n = \gamma_n(t_n)$; we assume that t_n is the largest possible parameter with this property, so that the trace of $\eta_n := \gamma_n|_{[t_n, \ell(\gamma_n)]}$ is contained in U . By the Arzelà–Ascoli theorem [8, Theorem 2.5.14] and the compactness of U , after passing to a subsequence, we may assume that the paths η_n converge uniformly (in an appropriate sense since the domains are variable) to a path $\eta: [t, M] \rightarrow U$, where t is an accumulation point of t_n . Moreover, $\ell(\eta) \leq M - t$. We note that $\eta(t) \in E$ and $y_n = \eta_n(t_n) \rightarrow \eta(t)$ as $n \rightarrow \infty$. If we parametrize E injectively by arclength, then we see that there exists a subpath ζ_n of E that connects y_n to $\eta(t)$ with $\ell(\zeta_n) \rightarrow 0$ as $n \rightarrow \infty$. We now concatenate $\gamma_n|_{[0, t_n]}$ with ζ_n and with η to obtain a path γ that connects x_0 to x and satisfies

$$\bar{d}(x_0, x) \leq \ell(\gamma) = t_n + \ell(\zeta_n) + \ell(\eta) \leq t_n + \ell(\zeta_n) + M - t.$$

By letting $n \rightarrow \infty$ we see that $\bar{d}(x_0, x) \leq M$. This completes the proof of the lower semicontinuity.

For the second part of the lemma, note that for each $r > 0$, if $\bar{d}(x, x_0) < r$, then there exists a rectifiable curve γ connecting x_0 to x with $\ell(\gamma) < r$. It is trivial that for each point $y \in |\gamma|$ we have $\bar{d}(y, x_0) < r$, so $|\gamma| \subset B_{\bar{d}}(x_0, r)$ and the open ball $B_{\bar{d}}(x_0, r)$ is connected. By the lower semicontinuity of u , the closed ball $\bar{B}_{\bar{d}}(x_0, r) = \{y \in X : \bar{d}(x_0, y) \leq r\}$ is a closed set that contains $B_{\bar{d}}(x_0, r)$, so it also contains its closure. Conversely, if $\bar{d}(x, x_0) \leq r$, then there exists a sequence of curves γ_n connecting x_0 to x with $\ell(\gamma_n) < r + 1/n$. It follows that there exists a sequence of subcurves η_n of γ_n connecting x_0 to points y_n with $\ell(\eta_n) < r$ and $d(x, y_n) < 1/n$. Therefore, $y_n \in B_{\bar{d}}(x_0, r)$ and $y_n \rightarrow x$ as $n \rightarrow \infty$, which shows that x lies in the closure of $B_{\bar{d}}(x_0, r)$, as desired. ■

3.2. Basic area estimate

The use of \bar{d} -geodesics allows us to extend various standard geometric notions for length spaces to the non-length space case. We define a *triangular disk* to be a closed Jordan domain in a metric surface whose boundary consists of three \bar{d} -geodesics as defined above. Similarly, a *polygonal disk* is a closed Jordan domain whose boundary consists of finitely many non-overlapping \bar{d} -geodesics. Each boundary \bar{d} -geodesic is called an *edge*, and each endpoint is called a *vertex*. Where there is no room for confusion, we will sometimes refer to triangular and polygonal disks as simply *triangles* and *polygons*. The next theorem is the main result of this section and gives a statement about the Hausdorff 2-measure of an arbitrary triangular disk.

Theorem 3.4. *Let (X, d) be a metric surface of locally finite Hausdorff 2-measure and let T be a triangular disk in X . If $\Omega \subset \mathbb{R}^2$ is a closed Jordan region such that for some $L > 0$ there exists an L -Lipschitz map $f: (\partial T, \bar{d}) \rightarrow \partial\Omega$ of non-zero topological degree, then*

$$\mathcal{H}^2(\Omega) \leq KL^2 \mathcal{H}^2(T)$$

for some uniform constant $K > 0$.

For the proof we will need to employ a co-area type result for functions $f: X \rightarrow \mathbb{R}$ contained in the Sobolev space $N^{1,p}(X)$ for some $p \geq 1$ but not necessarily Lipschitz. We are not aware of any generalization of Lemma 3.1 for $N^{1,p}(X)$ functions that covers our situation; presumably, the L in (3.1) would be replaced by the minimal weak upper gradient of f inside the integral on the right-hand side. However, a weaker recent result of Eriksson-Bique and Poggi-Corradini [13] turns out to be sufficient. We state a restricted version that covers our situation.

Lemma 3.5. *Let X be a compact metric space of finite Hausdorff 2-measure and let $E, F \subset X$ be disjoint continua. Suppose that $u: X \rightarrow \mathbb{R}$ is a function in $N^{1,1}(X)$ with $E \subset u^{-1}(a)$ and $F \subset u^{-1}(b)$ for some $a < b$. Then there exists a Lipschitz function $v: X \rightarrow \mathbb{R}$ such that $E \subset v^{-1}(a)$, $F \subset v^{-1}(b)$, and*

$$\int_a^b \mathcal{H}^1(v^{-1}(t)) dt \leq 2 \int g_u d\mathcal{H}_X^2. \tag{3.2}$$

In fact, the formulation in [13] involves $\partial(v^{-1}((-\infty, t)))$ instead of $v^{-1}(t)$ in the integral. However, the two sets coincide for a.e. $t \in \mathbb{R}$, because the set of local extremal values of a real-valued function on a separable space is countable [39, Lemma 2.10].

Our method of proof of Theorem 3.4 is based on a particular bi-Lipschitz embedding of an arbitrary metric triangle into the plane that we gave in [40, Section 3], which we now review. A metric triangle Δ is by definition a metric space homeomorphic to a Jordan curve that consists of three non-overlapping edges I_1, I_2, I_3 in cyclic order, each isometric to an interval. Suppose that the endpoints of the edges are p_1, p_2, p_3 , where I_j joins p_j to p_{j+1} ; here and below the indices are taken mod 3. For each $x \in I_j$, let $\hat{I}(x)$ denote the union of the other two edges of Δ . If x belongs to two edges, then assign x to one of the I_j arbitrarily. Note in particular that $x \in \hat{I}(x)$ in this case. Let $\bar{\Delta}$ denote a corresponding tripod in \mathbb{C} having central vertex 0 and outer vertices $u_j = (p_{j+1} \cdot p_{j+2})_{p_j} e^{(2j-2)\pi i/3}$, where $(p \cdot q)_r$ denotes the Gromov product

$$(p \cdot q)_r = \frac{1}{2}(d(p, r) + d(q, r) - d(p, q)).$$

There is a unique 1-Lipschitz projection map from Δ to $\bar{\Delta}$ taking each vertex p_j to the vertex u_j ; we denote the image of x under this map by \bar{x} . Let $v_j = e^{\pi(2j-1)i/3}$ for $j \in \{1, 2, 3\}$. As shown in [40, Section 3], there exists an embedding $F: \Delta \rightarrow \mathbb{C}$ given by the formula

$$F(x) = \bar{x} + \text{dist}(x, \hat{I}(x))v_j,$$

where $x \in I_j$; see Figure 3.1. Proposition 3.2 in [40] states that the map F is 4-bi-Lipschitz for any metric triangle Δ .

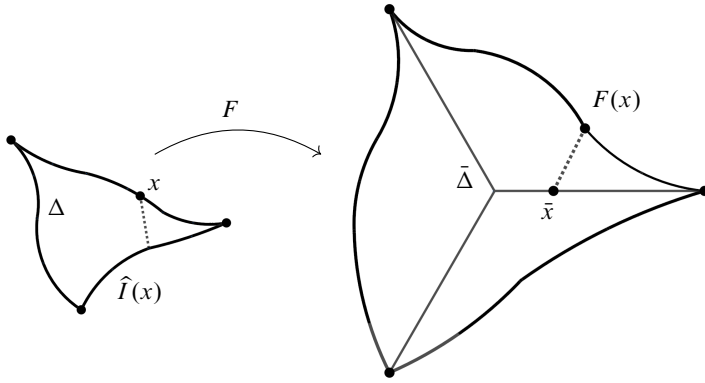


Fig. 3.1. The embedding F from an arbitrary metric triangle Δ into the plane.

Observe that if T is a triangular disk in a metric surface (X, d) of locally finite Hausdorff 2-measure, then $(\partial T, \bar{d})$ is a metric triangle. Thus, we can exploit the above device to embed such metric triangles into the plane.

Proof of Theorem 3.4. We remark that all metric notions in the proof refer to the metric d and all topological notions refer to the original topology of X induced by d , whenever there is no explicit reference to the metric \bar{d} .

Let $F: (\partial T, \bar{d}) \rightarrow \mathbb{R}^2$ be the 4-bi-Lipschitz embedding given above and Ω be the closed Jordan domain bounded by $F(\partial T)$. Suppose for the moment that $\mathcal{H}^2(\Omega) \leq K\mathcal{H}^2(T)$ for a uniform constant $K > 0$. Let $f: (\partial T, \bar{d}) \rightarrow \partial\Omega'$ be an arbitrary L -Lipschitz map of non-zero topological degree, where $\Omega' \subset \mathbb{R}^2$ is a closed Jordan region. Then $f \circ F^{-1}: \partial\Omega \rightarrow \partial\Omega'$ is $4L$ -Lipschitz and has non-zero topological degree. By the McShane–Whitney extension theorem [19, Corollary 2.4], there exists an extension $g: \mathbb{R}^2 \rightarrow \mathbb{R}^2$ of $f \circ F^{-1}$ that is $4\sqrt{2}L$ -Lipschitz. Note that $g(\Omega) \supset \Omega'$ since $g|_{\partial\Omega}: \partial\Omega \rightarrow \partial\Omega'$ has non-zero topological degree. Therefore,

$$\mathcal{H}^2(\Omega') \leq 32L^2 \mathcal{H}^2(\Omega) \leq 32KL^2 \mathcal{H}^2(T).$$

Now, we focus on showing the statement for the map F . For a given point $x \in \partial T$, we write $\tilde{x} = F(x)$ and $B_{\tilde{x}} = \bar{B}(\tilde{x}, r_x)$, where $r_x = \text{dist}_{\bar{d}}(x, \hat{I}(x))$. Note that $r_x > 0$ unless x is a vertex of T . It follows directly from the definition of F that the collection $\mathcal{B} = \{B_{\tilde{x}} : x \in \partial T\}$ covers $\bar{\Omega}$. We apply the basic covering lemma (see [18, Theorem 1.2, p. 2]) to find a disjoint subcollection $\mathcal{B}' \subset \mathcal{B}$ such that $\{5B : B \in \mathcal{B}'\}$ also covers Ω . It follows that

$$\mathcal{H}^2(\Omega) \leq \sum_{B_{\tilde{x}} \in \mathcal{B}'} 25\pi r_x^2.$$

We next pass to a finite subcollection $\mathcal{B}'' \subset \mathcal{B}'$ such that $\{5B : B \in \mathcal{B}''\}$ covers “most of Ω ” and, specifically, satisfies

$$\mathcal{H}^2(\Omega) \leq \sum_{B_{\tilde{x}} \in \mathcal{B}''} 30\pi r_x^2. \tag{3.3}$$

Moreover, we require that $r_x > 0$ for each $B_{\tilde{x}} \in \mathcal{B}''$.

On the other hand, we consider the collection

$$\mathcal{A}'' = \{\bar{B}_{\bar{d}}(x, r_x/4) : \bar{B}(\tilde{x}, r_x) \in \mathcal{B}''\}.$$

We claim that any two distinct balls in \mathcal{A}'' are disjoint. Otherwise, there are two balls $A_1, A_2 \in \mathcal{A}''$, where $A_i = \bar{B}_{\bar{d}}(x_i, r_{x_i}/4)$, that intersect in a point y . Then $\bar{d}(x_1, x_2) \leq \bar{d}(x_1, y) + \bar{d}(y, x_2) \leq (r_{x_1} + r_{x_2})/4$. However, $|\tilde{x}_1 - \tilde{x}_2| > r_{x_1} + r_{x_2}$ since the balls $B(\tilde{x}_1, r_{x_1})$ and $B(\tilde{x}_2, r_{x_2})$ are disjoint. This contradicts the fact that F is a 4-bi-Lipschitz embedding with respect to \bar{d} .

We now want to obtain a lower bound for the Hausdorff 2-measure on T . We observe first that, by Lemma 3.2, each ball $A_i = \bar{B}_{\bar{d}}(x_i, s_i)$ in \mathcal{A}'' is closed with respect to the topology on X given by d and is connected. Since $A_i \cap \partial T$ is connected, we see that $A_i \cap T$ is connected. Moreover, A_i does not intersect the edges of ∂T that do not contain x_i ; hence, $\partial T \setminus A_i$ is connected. Using Lemma 3.3 (in fact we only need the topological consequences and not the rectifiability) for the function $x \mapsto \text{dist}(A_i \cap T, x)$ on T , one can find a Jordan arc $F_i \subset T \setminus A_i$, arbitrarily close to $A_i \cap T$ (in the metric d), whose endpoints lie on the edge of T that contains x_i and with the property that the arc F_i together with a subarc of ∂T bound a closed Jordan region U_i that contains $A_i \cap T$. Since F_i can be taken arbitrarily close to $A_i \cap T$, we may assume that the regions U_i are mutually disjoint.

Next, we take $E_i = \bar{B}_{\bar{d}}(x_i, s_i/2) \cap \partial T$, which is a subarc of $A_i \cap \partial T$ of length s_i centered at x_i . We use Lemma 3.5 to give a lower bound on the Hausdorff 2-measure of U_i as follows. Define the function $u_i : U_i \rightarrow [s_i/2, s_i]$ by $u_i(y) = \min\{\max\{\bar{d}(x_i, y), s_i/2\}, s_i\}$. Then u_i is in $L^1(U_i)$, and moreover the constant function χ_{U_i} is an upper gradient of u_i also in the space $L^1(U_i)$. We conclude that $u_i \in N^{1,1}(U_i)$. Moreover, $E_i \subset u_i^{-1}(s_i/2)$ and $F_i \subset u_i^{-1}(s_i)$.

Let v_i be the Lipschitz function given by Lemma 3.5 with respect to the continua E_i and F_i , so that $E_i \subset v_i^{-1}(s_i/2)$ and $F_i \subset v_i^{-1}(s_i)$. By Lemma 3.3, for a.e. $r \in (s_i/2, s_i)$ we can find a Jordan arc $G_r \subset v_i^{-1}(r) \subset U_i$ that separates E_i from F_i and therefore intersects both components of $(A_i \cap \partial T) \setminus E_i$. Since $A_i \cap \partial T$ is a \bar{d} -geodesic, it follows that $\mathcal{H}^1(G_r) \geq \mathcal{H}^1(E_i) \geq s_i$ for a.e. $r \in (s_i/2, s_i)$. By Lemma 3.5, we have

$$s_i^2/2 \leq \int_{s_i/2}^{s_i} \mathcal{H}^1(v_i^{-1}(t)) dt \leq 2 \int_{U_i} 1 d\mathcal{H}^2 = 2\mathcal{H}^2(U_i).$$

Since the sets U_i are disjoint, we have

$$\sum_{B_{\tilde{x}_i} \in \mathcal{B}''} \frac{r_{x_i}^2}{64} \leq \sum_i \frac{s_i^2}{4} \leq \sum_i \mathcal{H}^2(U_i) \leq \mathcal{H}^2(T).$$

This inequality combines with (3.3) to establish the lemma for $K = 64 \cdot 30\pi$. ■

3.3. Polyhedral fillings of triangular disks

The following lemma is an adaptation of [40, Theorem 4.2]. One feature is the interplay of the metrics d and \bar{d} .

Lemma 3.6. *Let (X, d) be a metric surface of locally finite Hausdorff 2-measure, and let T be a triangular disk in X with edges α_j , $j \in \{1, 2, 3\}$. There exists a polyhedral surface (S, d_S) that is a triangular disk with edges β_j , $j \in \{1, 2, 3\}$, and a homeomorphism $\varphi: S \rightarrow T$ such that the following hold for an absolute constant $L > 0$:*

- (1) $\text{diam}_{d_S}(S) \leq L \text{diam}_{\bar{d}}(\partial T)$.
- (2) $\mathcal{H}^2_{d_S}(S) \leq L \mathcal{H}^2_d(T)$.
- (3) $\varphi|_{|\beta_j|}$ maps $|\beta_j|$ isometrically onto $|\alpha_j|$ (with respect to \bar{d}) for each $j \in \{1, 2, 3\}$. In particular, $\varphi|_{\partial S}$ is length-preserving.
- (4) For all $x, y \in \partial S$, $d_S(x, y) \geq \bar{d}(\varphi(x), \varphi(y)) \geq d(\varphi(x), \varphi(y))$.

The only essential difference between the statement of this lemma and the statement of Theorem 4.2 in [40] is that in (1), (3) and (4) we use the metric \bar{d} here instead of d . The construction of the surface S is exactly the same as in [40], where we use the metric \bar{d} on ∂T instead of the metric d . Namely, S is constructed as follows. We consider the 4-bi-Lipschitz embedding $F: (\partial T, \bar{d}) \rightarrow \mathbb{R}^2$ given by [40, Proposition 3.2] and define $\Omega \subset \mathbb{R}^2$ to be the closed Jordan region bounded by $F(\partial T)$. Then the surface S is constructed by taking a fine polygonal approximation of the region Ω , replacing each polygon with a certain small polyhedron, and then rescaling appropriately the Euclidean metric.

Properties (1), (3) and (4) follow immediately from the construction. On the other hand, property (2) requires more work since we consider the Hausdorff measure on T with respect to the original metric d rather than the length metric \bar{d} . In [40], we obtain (2) as a consequence of the Besicovitch inequality; see [40, Theorem 2.1]. Here, the same relationship follows, with a larger constant as a consequence of Theorem 3.4. Indeed, by the construction of S , $\mathcal{H}^2_{d_S}(S)$ is comparable to $\mathcal{H}^2(\Omega)$. Using Theorem 3.4, applied to the embedding F , we obtain $\mathcal{H}^2(\Omega) \leq 16K \mathcal{H}^2_d(T)$. This implies the inequality in (2).

4. Triangulations of surfaces and polyhedral approximation

4.1. Triangulations

The triangle decomposition theorem in [10] extends to our situation with small modifications. First we introduce the relevant terminology. Let (X, d) be a metric surface of locally finite Hausdorff 2-measure and consider the extended length metric \bar{d} . Recall that a polygonal disk is a closed Jordan domain with piecewise \bar{d} -geodesic boundary. Two polygonal disks are *non-overlapping* if their interiors are disjoint. If every boundary component of the surface X is a piecewise \bar{d} -geodesic curve, we say that X has *polygonal boundary*. A set A is *convex* if every pair of points in the topological boundary of A can be connected by a \bar{d} -geodesic contained in A . Note that we restrict to connecting boundary

points because we cannot expect that all points of A are accessible by rectifiable curves. Observe that any two points of a rectifiable curve that are sufficiently close to each other can be joined by a \bar{d} -geodesic. It is evident that, if a polygonal disk A is convex, then both the metric d on X and the restriction of d to A induce the same extended length metric when restricted to A .

The following theorem is a version of the conclusion of [10, Theorem 1.2], where the assumption of a length metric is replaced with the assumption that the surface has locally finite Hausdorff 2-measure.

Theorem 4.1. *Let (X, d) be a metric surface of locally finite Hausdorff 2-measure such that every boundary component of X is a piecewise \bar{d} -geodesic curve, and let $\varepsilon > 0$. Then X may be covered by a locally finite collection of non-overlapping triangular disks $\{T_i\}_{i \in \mathcal{I}}$ such that each disk T_i is convex and has diameter and perimeter at most ε .*

The basic idea is that the Hausdorff 2-measure assumption guarantees enough rectifiable curves to find for any point a neighborhood consisting of finitely many polygonal disks of arbitrarily small diameter and perimeter. Then, all the operations in the proof of the version of Theorem 4.1 in [10] necessarily avoid the non-rectifiably connected points. Note that Theorem 4.1 does not necessarily yield a triangulation in the usual topological sense, since we do not require adjacent triangular disks to intersect along entire edges or at only a vertex. We remark that convexity does not play a direct role in the proof of Theorem 1.1, although convexity is used in obtaining Theorem 4.1 itself since it enables one to decompose an arbitrary polygon into triangles.

The proof proceeds similarly to the proof in [10] but with a pair of modifications in the beginning stages. First, we need to modify the proof [10, Lemma 5.1] on the existence of polygonal neighborhoods at every point, which in turn is based on [2, Lemma III.3]. We state this lemma in slightly modified form; note that Lemma 5.1 and subsequent propositions in [10] contain a statement regarding so-called *transit points*, which are not essential to the triangulation theorem itself and not necessary for our purposes.

Lemma 4.2. *Suppose that X is as in Theorem 4.1 and let $x \in X$ and $\varepsilon > 0$. Then there is a polygonal disk P with $x \in \text{int}(P)$ such that $\text{diam}(P) < \varepsilon$ and $\mathcal{H}^2(P) < \varepsilon$.*

Proof. The proof is the same as that of [10, Lemma 5.1] except for one step, where we use a substitute argument based on Lemma 3.3.

Let U be a neighborhood of x homeomorphic to a closed disk such that $\text{diam } U < \varepsilon$ and $\mathcal{H}^2(U) < \varepsilon$. Note that if $x \in \partial X$, then x belongs to the manifold boundary of U . Assume moreover that U does not contain any vertex of ∂X except for possibly x itself; recall that each component of ∂X is assumed to be a piecewise \bar{d} -geodesic.

By Lemma 3.3, there exists $r > 0$ with $S(x, r) \subset U$ and a rectifiable Jordan curve or Jordan arc $E \subset S(x, r)$ that separates x from $X \setminus U$. Moreover, there exists a closed Jordan region $W \subset U$ containing a neighborhood of x such that ∂W coincides with E (if $x \in \text{int}(X)$) or is the union of E with an arc of ∂X (if $x \in \partial X$).

Recall that any two points of ∂W that are sufficiently close to each other can be joined by a \bar{d} -geodesic. Let $\{w_i\}_{i=1}^m$ be a finite collection of points in ∂W in cyclic order such that the subarc of ∂W between w_i and w_{i+1} has length at most δ for some $\delta > 0$ sufficiently small, and in particular that $\delta < \text{dist}(W, X \setminus U)$. If $x \in \partial X$, then we take $w_1 = x$. Connect w_i to w_{i+1} by a \bar{d} -geodesic γ_i , where we require γ_i to lie in ∂X if w_i and w_{i+1} do. Take γ to be the concatenation $\gamma_1 * \dots * \gamma_m$. The final step is to extract a subcontinuum of γ bounding a polygonal neighborhood P of x . For this step, we refer back to [10, proof of Lemma 5.1]. The requirement that $\delta < \text{dist}(W, X \setminus U)$ guarantees that P is contained in U . In particular, it follows that $\mathcal{H}^2(P) < \varepsilon$. Moreover, by taking $\delta > 0$ sufficiently small (as specified in [10, proof of Lemma 5.1]), we may ensure that x is indeed contained in P . ■

We next record an auxiliary lemma regarding shortest paths in polygons.

Lemma 4.3. *Suppose that X is as in Theorem 4.1 and let $P \subset X$ be a polygonal disk. Let $x, y \in P$ and γ be a rectifiable curve that has minimum length among all curves in P connecting x and y . Then γ is a piecewise \bar{d} -geodesic. Moreover, one may redefine γ so that it has the additional property that it intersects each edge of P in a connected set.*

Proof. Let $\gamma: [a, b] \rightarrow P$ be as in the statement. If γ intersects an edge E of ∂P , we take $t_1, t_2 \in [a, b]$ such that $\gamma(t_1)$ is the first point of intersection and $\gamma(t_2)$ is the last point of intersection. By minimality, $\gamma|_{[t_1, t_2]}$ has length equal to the subarc of E from $\gamma(t_1)$ to $\gamma(t_2)$, which is a \bar{d} -geodesic, and thus $\gamma|_{[t_1, t_2]}$ is a \bar{d} -geodesic. Hence, we can decompose γ into finitely many \bar{d} -geodesics and finitely many subcurves $\gamma|_{[s_1, s_2]}$, where $\gamma(s_1), \gamma(s_2) \in \partial P$ and $\gamma((s_1, s_2)) \subset \text{int}(P)$. It suffices to decompose each of those subcurves into finitely many \bar{d} -geodesics.

Let $[s'_1, s'_2] \subset (s_1, s_2)$. Then any two consecutive points in a sufficiently fine partition of $\gamma|_{[s'_1, s'_2]}$ can be connected by a \bar{d} -geodesic that is contained in $\text{int}(P)$. The length minimizing property of γ implies that the length of γ between two consecutive points is equal to the length of the corresponding \bar{d} -geodesic and hence $\gamma|_{[s'_1, s'_2]}$ is a piecewise \bar{d} -geodesic.

If $\gamma(s_1)$ lies in an edge E of P and is not a vertex (resp. is a common vertex of two edges E, E'), there exists $s'_1 > s_1$ close to s_1 such that $\gamma(s_1)$ and $\gamma(s'_1)$ can be connected by a \bar{d} -geodesic that is disjoint from $\partial P \setminus E$ (resp. $\partial P \setminus (E \cup E')$). Concatenating a subpath of this geodesic with a subarc of E (resp. of E or E') gives a \bar{d} -geodesic contained in P . The length minimizing property of γ shows that $\gamma|_{[s_1, s'_1]}$ is a \bar{d} -geodesic. One treats $\gamma(s_2)$ similarly.

For the last part of the statement, whenever γ intersects an edge E of ∂P , we take $t_1, t_2 \in [a, b]$ such that $\gamma(t_1)$ is the first point of intersection and $\gamma(t_2)$ is the last point of intersection. We redefine $\gamma|_{[t_1, t_2]}$ to be the subarc of E connecting $\gamma(t_1)$ and $\gamma(t_2)$. This does not affect the length of γ or introduce new points of intersection with other edges of P , and hence we obtain γ with the desired property. ■

The next step in the proof concerns finding a neighborhood of an arbitrary point x consisting of finitely many polygons of small perimeter. This step is carried out as in [10, Lemma 5.2]. Its proof is based on connecting a fixed vertex of the polygon P given by Lemma 4.2 to the other vertices of P by geodesics to form triangles. However, this argument does not work in our setting, since \bar{d} -geodesics between these vertices may fail to exist, and, even if they do exist, they might not have small length. Instead, we can give a different proof applicable to our setting based on the reciprocal lower bound on modulus of quadrilaterals in (1.3) as proved in [46] and [13].

Lemma 4.4. *Suppose that X is as in Theorem 4.1 and let $x \in X$ and $\varepsilon > 0$. Then there is a closed neighborhood P of x that is a polygonal disk such that $\text{diam}(P) < \varepsilon$ and P is the union of finitely many non-overlapping polygonal disks P_1, \dots, P_n , where each P_i has perimeter at most ε .*

Proof. Let $\varepsilon' = \pi\varepsilon^2/256$ and consider the polygonal disk P from the previous lemma for such ε' so that $\text{diam}(P) < \varepsilon'$ and $\mathcal{H}^2(P) < \varepsilon'$. We subdivide P inductively according to the following procedure.

Divide the boundary ∂P into four non-overlapping arcs of equal length $\mathcal{H}^1(\partial P)/4$, thus making P a topological quadrilateral. If $\mathcal{H}^1(\partial P) \leq \varepsilon$, then P satisfies the conclusions of the lemma. Otherwise, we let $\Gamma(P), \Gamma^*(P)$ denote the two families of curves in P connecting opposite sides of the quadrilateral P . Let $M = \inf \ell(\gamma)$, the infimum taken over all curves in $\Gamma(P) \cup \Gamma^*(P)$. Observe that the constant function $\rho = 1/M$ is admissible for both $\Gamma(P)$ and $\Gamma^*(P)$. Thus

$$\text{mod } \Gamma(P) \cdot \text{mod } \Gamma^*(P) \leq \left(\int_P \frac{1}{M^2} d\mathcal{H}^2 \right)^2 = \frac{(\mathcal{H}^2(P))^2}{M^4} \leq \frac{(\varepsilon')^2}{M^4}.$$

Applying the left-hand inequality in (1.3) with $\kappa^{-1} = \pi^2/16$ gives $M^2 \leq 4\varepsilon'/\pi$.

Since P is compact, as are its sides, there is a curve $\gamma: [a, b] \rightarrow P$ in $\Gamma(P) \cup \Gamma^*(P)$ having length M . In particular, γ has length at most $\sqrt{4\varepsilon'/\pi} = \varepsilon/8$. Moreover, it follows from the minimality of length and from Lemma 4.3 that γ is injective and piecewise \bar{d} -geodesic.

By Lemma 4.3, we may assume that γ intersects each edge of P in a connected set. We see from this that γ splits P into finitely many non-overlapping polygonal disks $P_{1,i}$, $i \in I_1$. The boundary of each disk $P_{1,i}$ is a subset of $|\gamma|$ and at most three of the sides of the quadrilateral P ; this follows from the minimality of $\ell(\gamma)$. In particular, $\mathcal{H}^1(\partial P_{1,i}) \leq (3/4)\mathcal{H}^1(\partial P) + \varepsilon/8$. Given that $\mathcal{H}^1(\partial P) > \varepsilon$, we have

$$\mathcal{H}^1(\partial P_{1,i}) \leq (7/8)\mathcal{H}^1(\partial P).$$

We now repeat this step to each $P_{1,i}$, $i \in I_1$, that satisfies $\mathcal{H}^1(\partial P_{1,i}) > \varepsilon$. As a result, we obtain a decomposition of such $P_{1,i}$ into finitely many non-overlapping polygonal disks $P_{2,j}$, $j \in I_{2,i}$, with perimeter at most

$$(7/8)\mathcal{H}^1(\partial P_{1,i}) \leq (7/8)^2\mathcal{H}^1(\partial P).$$

It is evident that after finitely many subdivisions we will have the desired decomposition of the original polygonal disk P . ■

For the convenience of the reader, we sketch the remainder of the proof of Theorem 4.1. For each point $x \in X$, we consider a fixed neighborhood U of x homeomorphic to a closed disk. We apply Lemma 4.4 at x , taking $\varepsilon > 0$ sufficiently small based on the neighborhood U , to obtain a collection of polygonal disks P_1, \dots, P_n each of perimeter at most ε whose union is a polygonal neighborhood P of x . As the next step, for each polygon P_i , we consider the set of polygonal disks in U of minimal perimeter containing P_i . Among such disks, there is a unique one that is maximal with respect to set inclusion, denoted by Q_i (see [10, Lemma 5.4]). By taking $\varepsilon > 0$ sufficiently small, we ensure that Q_i is well-separated from the boundary of U and consequently is convex, in fact satisfying a very strong form of convexity called *absolute convexity*. Since this definition should be understood slightly differently in our setting compared to [10, Section 3], we provide the definition.

Definition 4.5. Let $K \subset X$ be a closed topological disk. Assume that K is contained in a closed topological disk $U \subset X$ such that $\text{dist}_d(K, X \setminus U) > 4\ell(\partial K)$ and $\text{diam}_d(U) \leq \text{diam}_d(X)/3$. The disk K is *boundary convex* if for every curve η in $U \setminus \text{int}(K)$ with endpoints in ∂K and every curve γ in ∂K path homotopic to η in $U \setminus \text{int}(K)$, we have $\ell(\gamma) \leq \ell(\eta)$. The disk K is *completely convex* if it is convex and if every \tilde{d} -geodesic between two points $x, y \in \partial K$ is contained in K . The disk K is *absolutely convex* if it is both boundary convex and completely convex.

Thus we obtain a covering of the surface by potentially overlapping absolutely convex polygons (cf. [10, Proposition 5.3]). The next step is a subdivision procedure to improve this to a covering by non-overlapping convex polygons. This procedure is delicate and relies heavily on the absolute convexity of the polygonal disks. The details can be found in [10, Lemmas 5.6, 5.7]. The final step is to split each polygon into triangles by connecting a fixed base vertex to the other vertices by \tilde{d} -geodesics (see [10, Lemma 5.8]).

We next state a variation on [40, Lemma 5.3].

Lemma 4.6. *Let X be a surface of locally finite Hausdorff 2-measure and $\varepsilon > 0$. There is an ε -isometric retraction from X onto a subset \tilde{X} that is homeomorphic to X and has polygonal boundary. Moreover, the inclusion from \tilde{X} into X is proper.*

Recall that a retraction of a topological space Y onto a subset Z is a continuous map from Y to Z whose restriction to Z is the identity map. Note that Lemma 5.3 in [40] includes the statement that \tilde{X} is a convex subset of X . This guarantees that the metric on X restricts to a length metric on \tilde{X} . However, our approach no longer requires this feature, which simplifies the current proof compared to that of [40, Lemma 5.3]. The statement that X retracts onto \tilde{X} plays a similar role to the convexity of \tilde{X} in [40, Lemma 5.3].

We remark that the proof of [40, Lemma 5.3] constructs only an ε -isometry and not a retraction. However, the argument below can be inserted into the proof in [40] to find an ε -isometric retraction from X onto the subspace \tilde{X} constructed in that lemma. In par-

ticular, we can guarantee that condition (3) holds in the length space case covered in [40, Theorem 1.1].

Proof of Lemma 4.6. Let Y be a component of ∂X . If Y is homeomorphic to \mathbb{R} (resp. S^1), we use the tubular neighborhood theorem to find a closed neighborhood U_Y of Y homeomorphic to the strip $\mathbb{R} \times [0, 1]$ (resp. $S^1 \times [0, 1]$), with φ the corresponding homeomorphism, mapping Y onto $\mathbb{R} \times \{0\}$ (resp. $S^1 \times \{0\}$). By restricting to smaller neighborhoods if needed, we may assume that U_Y is contained in the ε -neighborhood of Y , and that U_{Y_1} and U_{Y_2} are disjoint for any distinct components Y_1, Y_2 of ∂X . In particular, the topological boundary of each U_Y as a subset of X is contained in the (manifold) interior of X .

We fix a boundary component Y homeomorphic to \mathbb{R} (resp. S^1). Our goal is to find a closed set $W_Y \subset U_Y$ whose topological boundary in X consists of the topological boundary of U_Y and a piecewise \bar{d} -geodesic so that the image of W_Y under φ is a closed strip bounded by $\mathbb{R} \times \{1\}$ and a proper embedding of \mathbb{R} separating the two boundary lines (resp. a closed annulus bounded by $S^1 \times \{1\}$ and by a Jordan curve contained in $S^1 \times (0, 1)$ homotopic to $S^1 \times \{0\}$); in particular, U_Y is homeomorphic to W_Y . We then find an ε -isometric retraction from U_Y onto W_Y . Replacing each set U_Y in X with the corresponding W_Y for each boundary component Y gives a set $\tilde{X} \subset X$ homeomorphic to X . Pasting together the retractions arising from different boundary components gives the desired ε -isometric retraction from X onto \tilde{X} . Finally, if A is a compact subset of X , then

$$A \cap \tilde{X} = A \setminus \bigcup_Y (U_Y \setminus W_Y).$$

Since each $U_Y \setminus W_Y$ above is an open subset of X , we see that $A \cap \tilde{X}$ is compact and therefore the inclusion from \tilde{X} into X is proper.

We only present the construction of W_Y when Y is homeomorphic to \mathbb{R} , since the other case is similar and simpler. By shrinking the neighborhood U_Y and modifying the homeomorphism φ , we may assume that the diameter of $R_i = \varphi^{-1}([i, i + 1] \times [0, 1])$ is less than $\varepsilon/4$ for each $i \in \mathbb{Z}$. We also set $V_Y = \varphi^{-1}(\mathbb{R} \times (0, 1))$.

Our first goal is to find a locally rectifiable simple curve $E_Y \subset V_Y$ near Y that is the concatenation of countably many rectifiable Jordan arcs η_i , each contained in the interior of the topological closed disk $R_{i-1} \cup R_i, i \in \mathbb{Z}$. In particular, E_Y admits a parametrization $\alpha: \mathbb{R} \rightarrow E_Y$ such that if $\alpha(t) \in R_i$ for some $t \in \mathbb{R}$ and $i \in \mathbb{Z}$ then $\alpha(s)$ is disjoint from $\bigcup_{j < i-1} R_j$ for $s \geq t$; that is, E_Y does not go “back and forth” for a very long distance. Now we proceed with the construction. Let $A_i = \varphi^{-1}([i - 1/2, i + 1/2] \times \{1/2\})$. The function $f_i(x) = \text{dist}(x, A_i)$ in $R_{i-1} \cup R_i$ is Lipschitz, so its level sets are rectifiable by the co-area inequality of Lemma 3.1. By Lemma 3.3, arbitrarily close to A_i there exists a rectifiable Jordan curve contained in a level set of f_i that separates A_i from the boundary of $R_{i-1} \cup R_i$. Note that Jordan curves corresponding to consecutive sets $A_i, i \in \mathbb{Z}$, intersect. Thus, we may find non-overlapping subarcs $\eta_i, i \in \mathbb{Z}$, of these Jordan curves whose concatenation gives the curve E_Y .

Next, we show how to find a piecewise \bar{d} -geodesic with the same properties as E_Y . Fix a path η_i in E_Y and consider a finite ordered collection $\{w_1, \dots, w_k\}$ of points that

partition η_i . Since η_i lies in the interior of $R_{i-1} \cup R_i$, if the partition is fine enough, then we may connect each point w_j to w_{j+1} with a \bar{d} -geodesic lying in the interior of $R_{i-1} \cup R_i$. We concatenate these geodesics to obtain a curve γ_i in $R_{i-1} \cup R_i$ with the same endpoints as η_i . Note that γ_i might not be a simple curve. However, applying [52, Theorem 31.2], we can replace γ_i with a simple subpath with the same endpoints that is a piecewise \bar{d} -geodesic and is contained in the interior of $R_{i-1} \cup R_i$. Moreover, by passing to further subpaths we can ensure that the concatenation of the paths γ_i , $i \in \mathbb{Z}$, gives a simple piecewise \bar{d} -geodesic E'_Y , which we parametrize by $\alpha': \mathbb{R} \rightarrow \bigcup_{i \in \mathbb{Z}} |\gamma_i|$. Then α' has the desired property that if $\alpha'(t) \in R_i$ for some $t \in \mathbb{R}$ and $i \in \mathbb{Z}$ then $\alpha'(s)$ is disjoint from $\bigcup_{j < i-1} R_j$ for $s \geq t$.

Let S_j be the subarc of the left edge of R_j from Y to the first point of intersection with E'_Y . The sets Y , S_j , E'_Y and S_{j+1} enclose a topological quadrilateral Q_j . By the properties of the parametrization α' , we observe that Q_j is contained in $R_{j-1} \cup R_j \cup R_{j+1}$; see Figure 4.1.

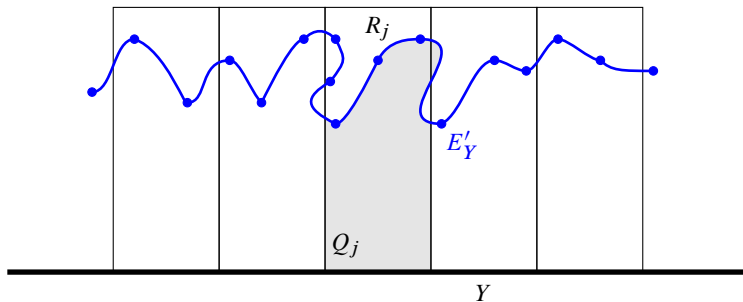


Fig. 4.1. The topological quadrilaterals Q_j retract onto the curve E'_Y .

There is a retraction from Q_j onto $Q_j \cap E'_Y$ obtained by foliating Q_j by arcs connecting Y to E'_Y (through the map φ) and mapping each arc to its endpoint in E'_Y . Since $Q_j \subset R_{j-1} \cup R_j \cup R_{j+1}$ and the latter set has diameter bounded by $3\varepsilon/4$, the retraction is ε -isometric. To conclude the proof, let W_Y denote the closed strip bounded by E'_Y and $\varphi^{-1}(\mathbb{R} \times \{1\})$. Finally, pasting the retractions of Q_j onto $Q_j \cap E'_Y$, $j \in \mathbb{Z}$, together with the identity map on W_Y gives the desired retraction from U_Y onto W_Y . ■

4.2. Polyhedral approximation

In this section, we prove Theorem 1.1 on polyhedral approximation of metric surfaces. The idea is to take a sufficiently fine triangulation of the original surface X and replace each triangular disk with a suitable polyhedral surface, thus defining the approximating surfaces X_n . This follows the corresponding proof in [40] with one main exception: to prove Theorem 1.1 for non-length spaces, the polyhedral metric on X_n is not suitable and must be modified on large scales to match the metric on X . This is accomplished by abstractly gluing additional line segments to X_n connecting the vertices; the length of

these segments is the same as the distance between the image in X of the endpoints. We equip X_n with the restriction of the length metric on this enlarged space. This construction can be illustrated by taking a flat piece of paper and forcing it to bend by attaching short strings to certain pairs of points.

Proof of Theorem 1.1. Let (X, d) be a metric surface with locally finite Hausdorff 2-measure. Choose a sequence $\{\varepsilon_n\}_{n=1}^\infty$ of positive reals satisfying $\varepsilon_n \rightarrow 0$ as $n \rightarrow \infty$.

We apply Lemma 4.6 to find a surface $\tilde{X}_n \subset X$ that is homeomorphic to X and has polygonal boundary and an ε_n -isometric retraction from X onto \tilde{X}_n . Note that the inclusion map from \tilde{X}_n into X is an ε_n -isometry. The surface \tilde{X}_n is equipped with the restriction of the metric d from X , which we continue to denote by d .

Since the space \tilde{X}_n has polygonal boundary, we can apply Theorem 4.1 with the parameter ε_n to obtain a decomposition $\tilde{\mathcal{T}}_n$ of \tilde{X}_n into triangular disks with diameter and perimeter less than ε_n . We consider the edge graph $\tilde{\mathcal{E}}_n = \mathcal{E}(\tilde{\mathcal{T}}_n)$ as having the length metric \tilde{d}_n induced by the restriction of d to $\tilde{\mathcal{E}}_n$. Let $\tilde{\mathcal{V}}_n$ be the corresponding vertex set.

For each triangular disk $T \in \tilde{\mathcal{T}}_n$, consider the polyhedral surface S and the corresponding homeomorphism $\varphi_T: S \rightarrow T$ given by Lemma 3.6. By condition (3), $\varphi_T|_{\partial S}$ is length-preserving as a map from ∂S into $\tilde{\mathcal{E}}_n$. We define a locally compact length metric space X'_n as follows. First, we glue each disk S into $\tilde{\mathcal{E}}_n$ along the map φ_T and obtain a polyhedral length surface. Next, for all pairs of vertices $x, y \in \tilde{\mathcal{V}}_n$ we glue in a line segment I_{xy} of length $d(x, y)$ connecting x and y . Denote the resulting length metric on X'_n by d_n . More formally, let Z be the disjoint union of the polyhedral surfaces S with the segments I_{xy} and let ρ be the induced metric of Z . The metric space X'_n is obtained by taking the quotient of Z with the described identifications and the metric d_n is defined by

$$d_n(x, y) = \inf \left\{ \sum_{i=1}^k \rho(p_i, q_i) : p_1 = x, q_k = y, k \in \mathbb{N} \right\},$$

where the infimum is taken over all choices of $\{p_i\}_{i=1}^k$ and $\{q_i\}_{i=1}^k$ in Z such that $q_i \sim p_{i+1}$ for $i \in \{1, \dots, k-1\}$.

We now define the surface $X_n \subset X'_n$ by removing the interiors of the glued line segments I_{xy} . We continue to denote by d_n the restriction of the length metric on X'_n to X_n . Define the map $\Phi_n: X_n \rightarrow \tilde{X}_n$ by gluing the individual maps φ_T . It is immediate that Φ_n is a homeomorphism. We set $\mathcal{V}_n = \Phi_n^{-1}(\tilde{\mathcal{V}}_n)$. We observe that d_n is a locally geodesic metric on X_n that is locally isometric to the polyhedral length metric on X_n . To see this, observe that if $x, y \in X_n$ satisfy $d_n(x, y) < \text{dist}_{d_n}(x, \mathcal{V}_n \setminus \{x\})$, then x and y can be connected with a geodesic that avoids the interiors of the glued segments in X'_n and thus is contained in X_n .

We claim that

$$d_n(x, y) = d(\Phi_n(x), \Phi_n(y)) \quad \text{whenever } x, y \in \mathcal{V}_n. \tag{4.1}$$

If $x, y \in \mathcal{V}_n$, it is immediate that $d_n(x, y) \leq d(\Phi_n(x), \Phi_n(y))$ by the definition of the metric d_n . Conversely, we note that for any chain connecting x and y as in the definition

of d_n , if $p_i, q_i \in \partial S$ for some surface S corresponding to a triangle T , then $\rho(p_i, q_i) = d_S(p_i, q_i)$, which is at least $d(\varphi_T(p_i), \varphi_T(q_i))$ by Lemma 3.6 (4), while if p_i, q_i are the endpoints of a glued segment $I_{p_i q_i}$, then $\rho(p_i, q_i) = d(p_i, q_i)$. Therefore, the triangle inequality gives $d_n(x, y) \geq d(\Phi_n(x), \Phi_n(y))$.

Define $f_n: X_n \rightarrow X$ to be the composite of Φ_n and the inclusion map from \tilde{X}_n into X . By Lemma 4.6 the latter inclusion is proper. Hence f_n is a proper topological embedding. The set $f_n(X_n) = \tilde{X}_n$ is ε_n -dense in X , since the inclusion map from \tilde{X}_n into X is an ε_n -isometry. Next, for all $x, y \in X_n$, we can find $x', y' \in \mathcal{V}_n$ belonging to the same triangle as x and y , respectively, satisfying $d_n(x', x) \leq L\varepsilon_n$ and $d_n(y', y) \leq L\varepsilon_n$; here $L > 0$ is a uniform constant as in Lemma 3.6 (1). Moreover, $d(f_n(x), f_n(x')) \leq \varepsilon_n$ and $d(f_n(y), f_n(y')) \leq \varepsilon_n$, since the pairs $f_n(x), f_n(x')$ and $f_n(y), f_n(y')$ belong to the same triangles. By (4.1), we have $d_n(x', y') = d(f_n(x'), f_n(y'))$. Combining these estimates, we see that

$$|d(f_n(x), f_n(y)) - d_n(x, y)| \leq (2L + 4)\varepsilon_n.$$

This verifies the claim that $f_n, n \in \mathbb{N}$, is an approximately isometric sequence, as required in (1). The ε_n -isometric retraction from X onto $\tilde{X}_n = f_n(X_n)$ given by Lemma 4.6 already verifies (3).

We now prove property (2) regarding the Hausdorff 2-measure, which proceeds identically to the argument in [40]. Let $A \subset X$ be a compact set and fix $\delta > 0$. Choose $n \in \mathbb{N}$ sufficiently large so that $\text{diam}(T) < \delta$ for every triangular disk $T \in \tilde{\mathcal{T}}_n$. Then T is contained in the δ -neighborhood $N_\delta(A)$ of A whenever $T \cap A \neq \emptyset$. The set $f_n^{-1}(A)$, which is possibly empty, is covered by the sets $f_n^{-1}(T)$ for which $T \cap A \neq \emptyset$. Moreover, from Lemma 3.6 (2) it follows that $\mathcal{H}^2(f_n^{-1}(T)) \leq L\mathcal{H}^2(T)$ for each $T \in \tilde{\mathcal{T}}_n$. Since the boundary of each triangle T has Hausdorff 2-measure zero, we have

$$\mathcal{H}^2(f_n^{-1}(A)) \leq L\mathcal{H}^2(N_\delta(A)).$$

Hence, letting $n \rightarrow \infty$ and then $\delta \rightarrow 0$ gives

$$\limsup_{n \rightarrow \infty} \mathcal{H}^2(f_n^{-1}(A)) \leq L\mathcal{H}^2(A).$$

This completes the proof. ■

5. Uniformization of compact surfaces

In this section we establish Theorem 1.2 for compact surfaces homeomorphic to $\hat{\mathbb{C}}$ or $\bar{\mathbb{D}}$ as a consequence of Theorem 1.1. We follow essentially the same argument as in [40] for deriving the uniformization theorem from the polyhedral approximation theorem; we only have to check that all the steps remain valid. The proof of Theorem 1.2 in the general case is discussed in Section 6 and follows from Theorem 1.3. In addition, the optimization of the quasiconformal dilatation to the minimal value $4/\pi$ is discussed in Section 6. We start with the necessary preliminaries.

5.1. Gromov–Hausdorff convergence

A sequence $\{X_n\}_{n=1}^\infty$ of metric spaces is *asymptotically uniformly locally path connected* if for each $\varepsilon > 0$ there exist $\delta > 0$ and $N \in \mathbb{N}$ such that for each $n \geq N$, any two points of X_n at distance less than δ can be connected by a curve of diameter less than ε .

Lemma 5.1. *A sequence $\{X_n\}_{n=1}^\infty$ of metric spaces is asymptotically uniformly locally path connected if and only if for each positive sequence $\delta_n \rightarrow 0$ there exists a sequence $\varepsilon_n \rightarrow 0$ and $N \in \mathbb{N}$ such that for each $n \geq N$, any two points $x, y \in X_k$, $k \geq n$, with $d_k(x, y) < \delta_n$ can be connected with a curve γ with $\text{diam}(|\gamma|) < \varepsilon_n$.*

Proof. The sufficiency is immediate. For the necessity, let $x, y \in X_k$ and define $I(k, x, y) = \inf_\gamma \text{diam}(|\gamma|)$, where the infimum is taken over all paths γ in X_k connecting x and y . Note that there might be no such path, in which case $I(k, x, y) = \infty$. Let $\delta_n \rightarrow 0$ and define

$$\varepsilon'_n = \min \left\{ \sup_{x,y} I(k, x, y), 1 \right\},$$

where the supremum is taken over all pairs $x, y \in X_k$, $k \geq n$, with $d_k(x, y) < \delta_n$. Let $\eta \in (0, 1)$. By assumption, there exist $\delta > 0$ and $N_1 \in \mathbb{N}$ such that any two points $x, y \in X_k$, $k \geq N_1$, with $d_k(x, y) < \delta$ can be connected by a curve of diameter less than η . Let $N_2 \in \mathbb{N}$ be such that $\delta_n < \delta$ for $n \geq N_2$. Now, let $k \geq n \geq N = \max \{N_1, N_2\}$. If $x, y \in X_k$ and $d_k(x, y) < \delta_n < \delta$, then there exists a path γ connecting x, y with $\text{diam}(|\gamma|) < \eta$, so $I(k, x, y) < \eta$. This shows that $\varepsilon'_n \leq \eta$ for $n \geq N$, so $\varepsilon'_n \rightarrow 0$. Moreover, if $x, y \in X_k$, $k \geq n \geq N$, and $d_k(x, y) < \delta_n$, then $I(k, x, y) \leq \varepsilon'_n$, so there exists a path γ connecting x, y with $\text{diam}(|\gamma|) < \varepsilon'_n + 1/n$. Therefore, the conclusion holds with $\varepsilon_n = \varepsilon'_n + 1/n$. ■

The approximation theorem, Theorem 1.1, gives naturally sequences of asymptotically uniformly path connected spaces, as the next lemma shows.

Lemma 5.2. *Let X be a compact locally connected metric space and $\{X_n\}_{n=1}^\infty$ be a sequence of compact metric spaces. Suppose that there exists an approximately isometric sequence $f_n: X_n \rightarrow X$, $n \in \mathbb{N}$, of topological embeddings and an approximately isometric sequence $R_n: X \rightarrow f_n(X_n)$, $n \in \mathbb{N}$, of retractions. Then the sequence $\{X_n\}_{n=1}^\infty$ is asymptotically uniformly locally path connected.*

Proof. Since X is compact and locally connected, by [52, Theorem 31.4], for each $\varepsilon > 0$ there exists $\delta > 0$ such that if $x, y \in X$ and $d(x, y) < \delta$ then there exists a path in X connecting x and y with diameter less than $\varepsilon/3$. Choose $N \in \mathbb{N}$ large enough so that for all $n \geq N$, f_n is η -isometric from X_n to X with $\eta = \min \{\varepsilon/3, \delta/2\}$, and the retraction R_n from X onto $f_n(X_n)$ is $(\varepsilon/3)$ -isometric. Now let $x, y \in X_n$ with $d_n(x, y) < \delta/2$ for some $n \geq N$. Then $d(f_n(x), f_n(y)) < \delta/2 + \eta \leq \delta$ so there is a curve in X of diameter at most $\varepsilon/3$ connecting $f_n(x)$ to $f_n(y)$. This curve retracts onto a curve in $f_n(X_n)$ of diameter at most $2\varepsilon/3$ connecting $f_n(x)$ to $f_n(y)$. Then the preimage of the retracted curve under f_n is a curve in X_n of diameter at most ε connecting x to y . ■

Next, we establish a path-lifting property, whose analogue for length spaces has been established in [40, Proposition 2.2 (ii)].

Proposition 5.3. *Let $\{X_n\}_{n=1}^\infty$ be a sequence of asymptotically uniformly locally path connected metric spaces converging in the Gromov–Hausdorff sense to a metric space X , and consider an approximately isometric sequence $f_n: X_n \rightarrow X$, $n \in \mathbb{N}$. Then for each path $\gamma: [0, 1] \rightarrow X$ and for any sequences of points $a_n, b_n \in X_n$ with $f_n(a_n) \rightarrow \gamma(0)$ and $f_n(b_n) \rightarrow \gamma(1)$ as $n \rightarrow \infty$ there exists $N \in \mathbb{N}$ and a sequence of paths $\gamma_n: [0, 1] \rightarrow X_n$, $n \geq N$, such that $\gamma_n(0) = a_n$, $\gamma_n(1) = b_n$, and $f_n \circ \gamma_n$ converges uniformly to γ as $n \rightarrow \infty$.*

Proof. Suppose that f_n is an ε_n -isometry, where $d_X(f_n(a_n), \gamma(0)), d_X(f_n(b_n), \gamma(1)) < \varepsilon_n$ for each $n \in \mathbb{N}$, and $\varepsilon_n \rightarrow 0$. By the uniform continuity of γ , for each $n \in \mathbb{N}$ there exists $\delta_n > 0$ such that if $|p - q| < \delta_n$, then $d_X(\gamma(p), \gamma(q)) < \varepsilon_n$. We pick a finite set $Q_n \subset [0, 1]$ that contains 0 and 1 so that each of the complementary intervals of Q_n has length less than δ_n . We define $\gamma_n(0) = a_n$ and $\gamma_n(1) = b_n$. By the definition of an ε_n -isometry, for each $q \in Q_n \setminus \{0, 1\}$ there exists a point $\gamma_n(q) \in X_n$ such that $d_X(f_n(\gamma_n(q)), \gamma(q)) < \varepsilon_n$. This defines a map $\gamma_n: Q_n \rightarrow X_n$. If (q_1, q_2) is a complementary interval of Q_n , note that

$$\begin{aligned} d_{X_n}(\gamma_n(q_1), \gamma_n(q_2)) &\leq \varepsilon_n + d_X(f_n(\gamma_n(q_1)), f_n(\gamma_n(q_2))) \\ &\leq \varepsilon_n + d_X(f_n(\gamma_n(q_1)), \gamma(q_1)) + d_X(\gamma(q_1), \gamma(q_2)) \\ &\quad + d_X(f_n(\gamma_n(q_2)), \gamma(q_2)) \\ &< 4\varepsilon_n. \end{aligned}$$

By Lemma 5.1, there exists a sequence $\varepsilon'_n \rightarrow 0$ and $N \in \mathbb{N}$ such that for $n \geq N$ the points $\gamma_n(q_1)$ and $\gamma_n(q_2)$ can be connected by a path of diameter less than ε'_n . For $n \geq N$ we define γ_n on $[q_1, q_2]$ to be this curve. This procedure gives rise to a path $\gamma_n: [0, 1] \rightarrow X_n$. For each $p \in [0, 1]$ there exists a complementary interval (q_1, q_2) of Q_n whose closure contains p . We have

$$\begin{aligned} d_X(\gamma(p), f_n(\gamma_n(p))) &\leq d_X(\gamma(p), \gamma(q_1)) + d_X(\gamma(q_1), f_n(\gamma_n(q_1))) \\ &\quad + d_X(f_n(\gamma_n(q_1)), f_n(\gamma_n(p))) \\ &\leq \varepsilon_n + \varepsilon_n + \varepsilon_n + d_{X_n}(\gamma_n(q_1), \gamma_n(p)) \\ &\leq 3\varepsilon_n + \text{diam}(\gamma_n([q_1, q_2])) \leq 3\varepsilon_n + \varepsilon'_n \end{aligned}$$

for all $n \geq N$. Hence, $f_n \circ \gamma_n$ converges uniformly to γ , as desired. ■

Let X be a metric space. For each pair of disjoint continua $E, F \subset X$, we define $\Gamma^*(E, F; X)$ to be the family of rectifiable curves in $X \setminus (E \cup F)$ separating E from F . That is, for each $\gamma \in \Gamma^*(E, F; X)$, the sets E and F lie in different components of $X \setminus |\gamma|$.

Lemma 5.4 (cf. [40, Lemma 2.4]). *Let $\{X_n\}_{n=1}^\infty$ be a sequence of asymptotically uniformly locally path connected compact metric spaces converging in the Gromov–Hausdorff sense to a compact metric surface X . Moreover, suppose $\limsup_{n \rightarrow \infty} \mathcal{H}^2(X_n) < \infty$.*

Then for each $\delta > 0$ and for any sequence of pairs of disjoint continua $E_n, F_n \subset X_n$ with $\min \{\text{diam}(E_n), \text{diam}(F_n)\} \geq \delta$ we have

$$\limsup_{n \rightarrow \infty} \text{mod } \Gamma^*(E_n, F_n; X_n) < \infty.$$

Proof. The proof is the same as that of [40, Lemma 2.4], with [40, Proposition 2.2 (ii)] replaced with Proposition 5.3. We present the main ingredients for the convenience of the reader.

It suffices to show that there exists $\eta > 0$, depending on δ but not on n , such that if $E_n, F_n \subset X_n$ is a pair of disjoint continua with $\min \{\text{diam}(E_n), \text{diam}(F_n)\} \geq \delta$, then $\ell(\gamma) \geq \eta$ for every $\gamma \in \Gamma^*(E_n, F_n; X_n)$, $n \in \mathbb{N}$.

We argue by contradiction. Let $f_n: X_n \rightarrow X$ be a sequence of ε_n -isometries, where $\varepsilon_n \rightarrow 0$. Suppose that there exist sequences of disjoint continua $E_n, F_n \subset X_n$ with $\min \{\text{diam}(E_n), \text{diam}(F_n)\} \geq \delta$ for some $\delta > 0$ and a sequence of paths γ_n in $\Gamma^*(E_n, F_n; X_n)$ with $\ell(\gamma_n) \rightarrow 0$ as $n \rightarrow \infty$. After passing to a subsequence, we assume that $f_n \circ \gamma_n$ converges uniformly to a point $x_0 \in X$ [40, Proposition 2.2 (i)] and the sets $f_n(E_n)$ and $f_n(F_n)$ converge in the Hausdorff sense to continua E and F , respectively, with $\min \{\text{diam}(E), \text{diam}(F)\} \geq \delta$ [40, Proposition 2.2 (iii)].

Since X is a surface, there exists a path $\eta: [0, 1] \rightarrow X \setminus \{x_0\}$ with $\eta(0) \in E$ and $\eta(1) \in F$. By the Hausdorff convergence of $f_n(E_n)$ and $f_n(F_n)$ to E and F , respectively, there exist points $a_n \in E_n$ and $b_n \in F_n$ such that $f_n(a_n)$ converges to $\eta(0)$ and $f_n(b_n)$ converges to $\eta(1)$. By Proposition 5.3, there exist paths $\eta_n: [0, 1] \rightarrow X_n$ for sufficiently large $n \in \mathbb{N}$ such that $\eta_n(0) = a_n \in E_n$, $\eta_n(1) = b_n \in F_n$, and $f_n \circ \eta_n$ converges uniformly to η .

Since γ_n separates E_n from F_n and η_n connects E_n and F_n , the paths γ_n and η_n intersect each other for each sufficiently large $n \in \mathbb{N}$. The uniform convergence of $f_n \circ \gamma_n$ and $f_n \circ \eta_n$ to x_0 and η , respectively, implies that η passes through the point x_0 . This is a contradiction. ■

Lemma 5.5 (cf. [40, Lemma 2.3]). *Let X be a metric space homeomorphic to a topological closed disk and $\{X_n\}_{n=1}^\infty$ be a sequence of metric spaces homeomorphic to X . Suppose that there exists an approximately isometric sequence $f_n: X_n \rightarrow X$, $n \in \mathbb{N}$, of topological embeddings. Then*

$$\liminf_{n \rightarrow \infty} \text{diam}(\partial X_n) \geq \text{diam}(\partial X).$$

Proof. Suppose that f_n is an ε_n -isometry, where $\varepsilon_n \rightarrow 0$ as $n \rightarrow \infty$. We claim that for each $r > 0$ there exists $N \in \mathbb{N}$ such that for $n \geq N$ and for each $x \in \partial X$ there exists $y_n \in \partial X_n$ with $d(f_n(y_n), x) < r$. Assuming that this is the case, we have $\partial X \subset N_r(f_n(\partial X_n))$ for $n \geq N$, so

$$\text{diam}(\partial X_n) \geq \text{diam}(f_n(\partial X_n)) - \varepsilon_n \geq \text{diam}(\partial X) - 2r - \varepsilon_n.$$

We first let $n \rightarrow \infty$ and then $r \rightarrow 0$ to obtain the desired conclusion.

Now we prove the claim. For each $r > 0$, using the local path connectivity of X , we may find $\delta > 0$ such that if $x, y \in X$ and $d(x, y) < \delta$, then there exists a path in X

containing x and y with diameter less than r . We now let $N \in \mathbb{N}$ be such that $\varepsilon_n < \delta$ for $n \geq N$ and fix $x \in \partial X$. By the definition of an ε_n -isometry, there exists $x_n \in X_n$ with $x'_n = f(x_n)$ such that $d(x'_n, x) < \varepsilon_n < \delta$. Thus, there exists a path γ connecting x and x'_n with diameter less than r . Since f_n is an embedding, the set $V = \text{int}(f_n(X_n))$ is an open Jordan region in X , bounded by $f_n(\partial X_n)$. The curve γ connects a point of $\bar{V} = f_n(X_n)$ to a point of $X \setminus V$, hence it intersects $f_n(\partial X_n)$ at some point y'_n . We let $y_n = f_n^{-1}(y'_n)$ and note that $d(f_n(y_n), x) \leq \text{diam}(|\gamma|) < r$, so the claim follows. ■

5.2. Quasiconformal maps

Let X, Y be metric surfaces of locally finite Hausdorff 2-measure. A homeomorphism $h: X \rightarrow Y$ is *quasiconformal* if there exists $K \geq 1$ such that for all curve families Γ in X we have

$$K^{-1} \text{mod } \Gamma \leq \text{mod } h(\Gamma) \leq K \text{mod } \Gamma.$$

In this case, we say that h is K -quasiconformal. Recall that a continuous, surjective, proper, and cell-like map $h: X \rightarrow Y$ is *weakly quasiconformal* if there exists $K \geq 1$ such that for every curve family Γ in X we have

$$\text{mod } \Gamma \leq K \text{mod } h(\Gamma).$$

In this case, we say that h is weakly K -quasiconformal. If X and Y are compact surfaces that are homeomorphic to each other, then we may replace cell-likeness with the requirement that h is monotone, that is, the preimage of every point is a continuum. In this case, we also have the stronger statement that the preimage of every connected set in Y is connected in X [49, (2.2), Chapter VIII, p. 138]. See Section 6.2 for further topological properties.

The next theorem of Williams [53, Theorem 1.1 and Corollary 3.9] relates the above definitions of quasiconformality to the “analytic” definition that relies on upper gradients; see also the discussion in [40, Section 2.4].

Theorem 5.6 (Definitions of quasiconformality). *Let X, Y be metric surfaces of locally finite Hausdorff 2-measure, $h: X \rightarrow Y$ be a continuous map, and $K \geq 1$. The following are equivalent:*

- (i) $h \in N_{\text{loc}}^{1,2}(X, Y)$ and there exists a weak upper gradient g of h such that for every Borel set $E \subset Y$ we have

$$\int_{h^{-1}(E)} g^2 d\mathcal{H}^2 \leq K \mathcal{H}^2(E).$$

- (ii) Each point of X has a neighborhood U such that $h|_U \in N^{1,2}(U, Y)$ and there exists a weak upper gradient g_U of $h|_U$ such that for every Borel set $E \subset Y$ we have

$$\int_{(h|_U)^{-1}(E)} g_U^2 d\mathcal{H}^2 \leq K \mathcal{H}^2(E).$$

(iii) For every curve family Γ in X we have

$$\text{mod } \Gamma \leq K \text{ mod } h(\Gamma).$$

Next, we state some boundary extension results for weakly quasiconformal maps.

Lemma 5.7. *Let X be a metric space and let $h: \bar{\mathbb{D}} \rightarrow X$ be a continuous map with $h|_{\mathbb{D}} \in N^{1,2}(\mathbb{D}, X)$. Then $h \in N^{1,2}(\bar{\mathbb{D}}, X)$ and h has the same minimal weak upper gradient as $h|_{\mathbb{D}}$.*

Proof. Let $g \in L^2(\mathbb{D})$ be a weak upper gradient of $h|_{\mathbb{D}}$. It suffices to show that g is a weak upper gradient of h in $\bar{\mathbb{D}}$. For $r > 1$, define $h_r(x) = h(r^{-1}x)$, $x \in \bar{\mathbb{D}}$. Observe that $g_r(x) = r^{-1}g(r^{-1}x)$ is a weak upper gradient of h_r in $\bar{\mathbb{D}}$. Thus, $h_r \in N^{1,2}(\bar{\mathbb{D}}, X)$. It is elementary to show, using approximation by continuous functions, that g_r converges to g in $L^2(\bar{\mathbb{D}})$ as $r \rightarrow 1$. Since h_r converges to h uniformly in $\bar{\mathbb{D}}$, we conclude from (a slight variant of) [20, Proposition 7.3.7, p. 193] that $h \in N^{1,2}(\bar{\mathbb{D}}, X)$ with weak upper gradient g . ■

Combining this lemma with Theorem 5.6 gives the next corollary.

Corollary 5.8. *Let X be a metric surface of finite Hausdorff 2-measure that is homeomorphic to a topological closed disk and let $h: \bar{\mathbb{D}} \rightarrow X$ be a continuous, surjective, and monotone map. If $h(\mathbb{D}) = \text{int}(X)$ and $h|_{\mathbb{D}}: \mathbb{D} \rightarrow \text{int}(X)$ is weakly K -quasiconformal for some $K \geq 1$, then h is weakly K -quasiconformal.*

The next statement is an analogue of Carathéodory’s extension theorem.

Theorem 5.9. *Let X be a metric surface of finite Hausdorff 2-measure that is homeomorphic to a topological closed disk and let $h: \mathbb{D} \rightarrow \text{int}(X)$ be a K -quasiconformal homeomorphism for some $K \geq 1$. Then h extends to a weakly K -quasiconformal map from $\bar{\mathbb{D}}$ onto X .*

Proof. According to a result of Ikonen [22, Theorem 1.1], there exists a continuous, surjective, and monotone extension $h: \bar{\mathbb{D}} \rightarrow X$. By Corollary 5.8, the extension is weakly quasiconformal. ■

Remark 5.10. In fact, the conclusion of Theorem 5.9 is true under the mere assumption that $h|_{\mathbb{D}}$ is a weakly quasiconformal map rather than a quasiconformal homeomorphism; in particular, Corollary 5.8 is a consequence of this stronger statement. In order to show this, one has to modify slightly the argument in [22, proof of Theorem 1.1], which we used in the above proof of Theorem 5.9.

5.3. Classical uniformization

A Riemann surface is a topological surface X (possibly with non-empty boundary) with a complex structure, that is, an atlas whose transition maps are conformal. We note that Riemann surfaces are orientable. A homeomorphism between Riemann surfaces is *con-*

formal if it is complex differentiable in local coordinates. The classical uniformization theorem [34, Theorem 15.12, p. 242] has the following consequence.

Theorem 5.11 (Classical uniformization). *Let X be a Riemann surface homeomorphic to $\widehat{\mathbb{C}}$, $\overline{\mathbb{D}}$, or \mathbb{C} . Then there exists a conformal homeomorphism from $\widehat{\mathbb{C}}$, $\overline{\mathbb{D}}$, or \mathbb{D} or \mathbb{C} , respectively, onto X .*

We say that a metric d on a Riemann surface X is *compatible* with the complex structure of X if each local conformal chart φ from an open subset U of X into the plane \mathbb{C} is 1-quasiconformal, where U is equipped with the restriction of the metric d . When the metric d arises from a Riemannian metric g , we will simply say that g is compatible with the complex structure. Another implication of the classical uniformization is the next statement.

Theorem 5.12 (Classical Riemannian uniformization). *Let X be a Riemann surface. Then there exists a Riemannian metric g on X that is complete, has constant curvature, and is compatible with the complex structure of X .*

Theorems 5.11 and 5.12 are often used in conjunction with the existence of isothermal coordinates in Riemannian surfaces.

Theorem 5.13 (Isothermal coordinates). *Let (X, g) be an orientable Riemannian surface. Then there exists a complex structure on X that is compatible with the Riemannian metric g .*

The next lemma gives the relation between conformality and 1-quasiconformality of maps between Riemann surfaces.

Lemma 5.14. *Let X, Y be Riemann surfaces with metrics d_X, d_Y , respectively, that are compatible with the complex structures. Then a homeomorphism $h: X \rightarrow Y$ is conformal if and only if $h: (X, d_X) \rightarrow (Y, d_Y)$ is 1-quasiconformal.*

The proof relies on the fact that conformal maps coincide with 1-quasiconformal maps in planar domains (see [27]) and on the fact that global quasiconformality of a map between metric surfaces follows from local quasiconformality, by Theorem 5.6.

Each orientable polyhedral surface X admits a complex structure and becomes a Riemann surface. The complex structure is natural in the sense that it is compatible with the polyhedral metric; see [40, Section 2.5] for more details. In what follows, polyhedral Riemann surfaces refer to this natural complex structure. We note that if we equip a polyhedral surface with a metric that is locally isometric to the polyhedral metric, then it is still compatible with the natural complex structure.

Remark 5.15. The above discussion generalizes to non-orientable surfaces as follows. A map between planar regions is *dianalytic* if it is holomorphic or anti-holomorphic in each connected component of its domain. A *dianalytic structure* on a surface X is an atlas whose transition maps are dianalytic. A surface X equipped with a dianalytic structure is called a *Klein surface*. One can think of Klein surfaces as a generalization of Riemann

surfaces that covers non-orientable surfaces as well. All of the above results hold if one replaces “conformal map” with “dianalytic homeomorphism”, “Riemann surface” with “Klein surface”, and “complex structure” with “dianalytic structure”. Specifically, Theorem 5.13 generalizes to yield a dianalytic structure on X even without the orientability assumption. See [3] for the theory of Klein surfaces.

5.4. Proof of Theorem 1.2 for compact surfaces

The proof bears no differences to the proof of [40, Theorem 1.3] other than the use of the extended polyhedral approximation Theorem 1.1 in place of [40, Theorem 1.1] and the technical statements of Proposition 5.3 and Lemma 5.4 in place of [40, Proposition 2.2 (ii)] and [40, Lemma 2.4], respectively. Thus, below we only emphasize the differences.

We will establish the following statement that readily implies Theorem 1.2.

Theorem 5.16. *Let $\Omega = \widehat{\mathbb{C}}$ or $\Omega = \overline{\mathbb{D}}$. Let X be a metric space homeomorphic to Ω with $\mathcal{H}^2(X) < \infty$ and $\{X_n\}_{n=1}^\infty$ be an asymptotically uniformly locally path connected sequence of metric spaces homeomorphic to X . Suppose that there exists an approximately isometric sequence $f_n: X_n \rightarrow X$, $n \in \mathbb{N}$, such that there exists $K \geq 1$ with*

$$\limsup_{n \rightarrow \infty} \mathcal{H}^2(f_n^{-1}(A)) \leq K \mathcal{H}^2(A)$$

for all compact sets $A \subset X$. If $h_n: \Omega \rightarrow X_n$, $n \in \mathbb{N}$, is a normalized sequence of weakly L -quasiconformal maps for some $L \geq 1$, then $f_n \circ h_n$ has a subsequence that converges uniformly to a weakly $(K \cdot L)$ -quasiconformal map $h: \Omega \rightarrow X$.

Here we say that a sequence $h_n: X_n \rightarrow Y_n$ of maps between compact metric spaces is *normalized* if there exists a value $\delta > 0$ and a sequence of triples $a_n, b_n, c_n \in X_n$ with mutual distances bounded from below by δ such that the mutual distances between the points $h_n(a_n), h_n(b_n), h_n(c_n)$ are also bounded from below by δ , where δ is independent of $n \in \mathbb{N}$.

That Theorem 5.16 implies Theorem 1.2 in the compact case is standard (see also [40, Section 6.1]), with the exception of finding the optimal value of the quasiconformal dilatation, a procedure that we describe in Section 6.

Proof of Theorem 1.2 for compact X . Theorem 1.1, in combination with Lemma 5.2, provides us with an asymptotically uniformly locally path connected sequence of polyhedral Riemann surfaces $\{(X_n, d_{X_n})\}_{n=1}^\infty$ and an approximately isometric sequence of topological embeddings $f_n: X_n \rightarrow X$, $n \in \mathbb{N}$, such that the Hausdorff measure inequality in the assumption of Theorem 5.16 is satisfied. The metric d_{X_n} is locally isometric to the polyhedral metric on X_n and thus it is compatible with the complex structure. By the classical uniformization theorem (Theorem 5.11), for each $n \in \mathbb{N}$ there exists a conformal homeomorphism $h_n: \Omega \rightarrow X_n$, which is also 1-quasiconformal by Lemma 5.14. Thus, in order to apply Theorem 5.16, it only remains to normalize the sequence h_n . If $\Omega = \widehat{\mathbb{C}}$, then

it suffices to precompose h_n with a suitable Möbius transformation of $\widehat{\mathbb{C}}$. If $\Omega = \overline{\mathbb{D}}$, then, by Lemma 5.5, $\text{diam}(\partial X_n)$ is uniformly bounded from below away from 0. Hence, we may find points $a'_n, b'_n, c'_n \in \partial X_n$ with mutual distances uniformly bounded from below. We now precompose h_n with a Möbius transformation of $\overline{\mathbb{D}}$, so that the preimages of a'_n, b'_n, c'_n are the points $1, i, -1 \in \partial \mathbb{D}$. ■

Next, we focus on proving Theorem 5.16. Let $\{X_n\}_{n=1}^\infty$ be a sequence of metric surfaces homeomorphic to X that converges to X in the Gromov–Hausdorff sense. By assumption, we have

$$\limsup_{n \rightarrow \infty} \mathcal{H}^2(X_n) \leq K \mathcal{H}^2(X)$$

for an absolute constant $K \geq 1$. Also, let $f_n: X_n \rightarrow X, n \in \mathbb{N}$, be an approximately isometric sequence and let $h_n: \Omega \rightarrow X_n, n \in \mathbb{N}$, be a normalized sequence of weakly L -quasiconformal maps. We will use the assumption that the spaces $X_n, n \in \mathbb{N}$, are asymptotically uniformly locally path connected, which enables us to apply Proposition 5.3 and Lemma 5.4.

Lemma 5.17 (Equicontinuity). *The sequence $f_n \circ h_n: \Omega \rightarrow X, n \in \mathbb{N}$, is asymptotically uniformly equicontinuous.*

Proof. This is proved exactly in the same way as [40, Lemma 6.3], where one uses Lemma 5.4 in place of [40, Lemma 2.4]. Concisely, if the statement fails, then there exists a sequence of continua $E_n, n \in \mathbb{N}$, in Ω with diameters converging to 0 such that, after passing to a subsequence, $h_n(E_n)$ has diameter uniformly bounded from below away from 0 as $n \rightarrow \infty$. Using the linear local connectivity of Ω and the fact that h_n is normalized, one can find a sequence of continua $F_n, n \in \mathbb{N}$, in Ω with diameters bounded away from 0 and with $\text{dist}(E_n, F_n)$ bounded away from 0 as $n \rightarrow \infty$ such that the continua $h_n(F_n)$ also have large diameter. Standard modulus estimates in Ω show that $\text{mod } \Gamma^*(E_n, F_n; \Omega) \rightarrow \infty$, so by the weak L -quasiconformality of h_n , $\text{mod } \Gamma^*(h_n(E_n), h_n(F_n); X_n) \rightarrow \infty$. This contradicts Lemma 5.4. ■

Lemma 5.18 (Convergence). *The sequence $f_n \circ h_n: \Omega \rightarrow X, n \in \mathbb{N}$, has a subsequence that converges uniformly to a continuous, surjective, and monotone map $h: \Omega \rightarrow X$.*

Proof. The convergence and surjectivity follow from the asymptotic uniform equicontinuity and the Arzelà–Ascoli theorem, so we only argue for the monotonicity, which relies on the asymptotic uniform local path connectivity of $X_n, n \in \mathbb{N}$ (cf. [40, Lemma 6.4]). If h is not monotone, then a point $x \in X$ has a disconnected preimage $h^{-1}(x)$ and by planar topology there exist points $a, b \in h^{-1}(x)$ and a curve γ in $\Omega \setminus h^{-1}(x)$ separating them. Note that $f_n(h_n(a))$ and $f_n(h_n(b))$ converge to x , which we consider as a constant path. By Proposition 5.3, there exists a sequence of paths $\gamma_n: [0, 1] \rightarrow X_n, n \geq N$, such that $\gamma_n(0) = h_n(a), \gamma_n(1) = h_n(b)$, and $f_n \circ \gamma_n$ converges uniformly to the constant path x as $n \rightarrow \infty$. The monotonicity of h_n implies that $h_n^{-1}(|\gamma_n|)$ is a continuum joining a and b . Since γ separates a and b , we conclude that γ intersects $h_n^{-1}(|\gamma_n|)$. Therefore, the paths

$h_n \circ \gamma$ and γ_n intersect. By the uniform convergence of $f_n \circ h_n \circ \gamma$ to $h \circ \gamma$ and of $f_n \circ \gamma_n$ to x , we conclude that $h \circ \gamma$ intersects x , a contradiction. ■

Next, we discuss the regularity properties of h . It is crucial here that f_n has the property that for every compact set $A \subset X$ we have

$$\limsup_{n \rightarrow \infty} \mathcal{H}^2(f_n^{-1}(A)) \leq K \mathcal{H}^2(A) \tag{5.1}$$

for some uniform constant $K > 0$. By Theorem 5.6 (i), h_n has an upper gradient g_{h_n} with the property that

$$\int_{h_n^{-1}(E)} g_{h_n}^2 d\mathcal{H}^2 \leq L \mathcal{H}^2(E) \tag{5.2}$$

for each Borel set $E \subset X_n$. With absolutely no changes, the proof of the following lemma is the same as in [40, Section 6.1.2].

Lemma 5.19 (Quasiconformality). *The sequence of upper gradients g_{h_n} of h_n , $n \in \mathbb{N}$, has a subsequence that converges weakly in $L^2(\Omega)$ to a function g_h that is a weak upper gradient of h . Moreover, for each Borel set $E \subset X$ we have*

$$\int_{h^{-1}(E)} g_h^2 d\mathcal{H}^2 \leq KL \mathcal{H}^2(E).$$

Based on this lemma, the weak quasiconformality of h follows from Theorem 5.6 and thus the proof of Theorem 5.16 is completed. We provide a sketch of the proof of the lemma. The weak limit g_h of g_{h_n} is obtained by the Banach–Alaoglu theorem [20, Theorem 2.4.1], due to the uniform bound of the L^2 norm of g_{h_n} , given by (5.1) and (5.2). Mazur’s lemma [20, p. 19] allows one to upgrade weak convergence of g_{h_n} to strong convergence of convex combinations of g_{h_n} . The fact that g_h is a weak upper gradient of h then follows from Fuglede’s lemma [20, p. 131]. The integral inequality for g_h^2 in the conclusion of the lemma is a consequence of (5.1), (5.2), and the weak convergence of g_{h_n} to g_h .

6. Local to global uniformization

In this section we prove the global uniformization result of Theorem 1.3 and we use it to derive Theorem 1.2 in the general case. We also establish the minimal value of the dilatation of the weak quasiconformal parametrizations in these theorems.

6.1. Minimizing dilatation

The next general result allows us to minimize the dilatation of a weakly quasiconformal map from a Riemannian surface onto a metric surface.

Theorem 6.1. *Let X be a metric surface of locally finite Hausdorff 2-measure, (Z, g) be a Riemannian surface, and $h: (Z, g) \rightarrow X$ be a weakly quasiconformal map. Then there exists a Riemannian surface (\tilde{Z}, \tilde{g}) and a quasiconformal map $\psi: (\tilde{Z}, \tilde{g}) \rightarrow (Z, g)$ such that $h \circ \psi: (\tilde{Z}, \tilde{g}) \rightarrow X$ is weakly $(4/\pi)$ -quasiconformal.*

Proof. The constant $4/\pi$ is optimal, as was observed by Rajala [44, Example 2.2]. The proof follows the steps of Rajala [44, Section 14], so we only provide a sketch.

Since h belongs to $N_{\text{loc}}^{1,2}(Z, X)$, h is approximately metrically differentiable. This means that for a.e. $x \in Z$, there is a unique seminorm $N_x: \mathbb{R}^2 \rightarrow [0, \infty)$ for which (identifying a neighborhood of x in Z with a subset of \mathbb{R}^2 via the exponential map)

$$\text{ap lim}_{y \rightarrow x} \frac{d(h(y), h(x)) - N_x(y - x)}{|y - x|} = 0,$$

where ap lim denotes the approximate limit (see [29, Definition 4.1]). The correspondence $x \mapsto N_x$ is measurable as a map from Z into the metric space of seminorms in \mathbb{R}^2 , where the distance between two seminorms s and s' is defined as $\sup \{|s(y) - s'(y)| : y \in \mathbb{S}^1\}$; see Proposition 4.3 in [29]. Let $B_x = \{y \in \mathbb{R}^2 : N_x(y) \leq 1\}$ be the closed unit ball in the seminorm N_x . If N_x is a norm, then B_x is a symmetric convex body in \mathbb{R}^2 . Let $L_x = \sup \{N_x(y) : y \in \mathbb{S}^1\}$ denote the maximal stretching of N_x ; it is characterized by the fact that the largest ball centered at 0 that is contained in B_x has radius $1/L_x$. As shown in [35, Lemma 2.14] (see also [31, Lemma 3.1]), L_x is a representative of the minimal weak upper gradient of h that we denote by g_h .

We define the Jacobian of N_x to be $J_x = \pi/|B_x|$, where $|B_x|$ is the Lebesgue 2-measure of B_x . Note that $|B_x| = \infty$ and $J_x = 0$ if N_x is not a norm. It was shown in [40, Theorem 7.1] that the weakly quasiconformal map h has a Jacobian J_h that satisfies $g_h(x)^2 \leq KJ_h(x)$ for a.e. $x \in Z$ and which is by definition the Radon–Nikodym derivative of the measure $\mathcal{H}^2 \circ h$. Moreover, this measure agrees with the measure

$$E \mapsto \int \#(h^{-1}(y) \cap E) d\mathcal{H}^2$$

(see [40, Remark 7.2]). Finally, the absolutely continuous part of the latter measure agrees with the measure

$$E \mapsto \int_E J_x d\mathcal{H}^2.$$

This is true in general for Lipschitz maps [25, Theorem 7] and can be established for the map h in the Sobolev space by decomposing h into countably many Lipschitz maps up to a set of measure zero [44, Lemma 14.1]. Altogether, we have $J_h(x) = J_x$ for a.e. $x \in Z$. Thus $L_x^2 \leq KJ_x$ for a.e. $x \in Z$; this statement also follows from [35, Lemma 2.16]. In particular, we see that N_x is the zero seminorm for a.e. $x \in Z$ for which N_x is not a norm, in which case we have $B_x = \mathbb{R}^2$.

Recall that the *John ellipse* of a planar symmetric convex body is the unique ellipse of maximum area it contains. We take E_x to be the John ellipse corresponding to B_x whenever N_x is a norm, and define E_x to be the Euclidean closed unit ball otherwise. The

John ellipse is continuous as a function of the norm N_x ; see for example [28, Section 3]. Moreover, the set $\{x \in Z : N_x = 0\}$ is measurable. Thus the correspondence $x \mapsto E_x$ is measurable. By John’s theorem (see [4, Theorem 3.1]), we have $E_x \subset B_x \subset \sqrt{2}E_x$ whenever N_x is a norm. The latter property and the relation $L_x^2 \leq KJ_x$ imply that the ellipse field E_x has uniformly bounded eccentricity.

By [21, Proposition 4.8.12] (which also applies in the non-orientable case if one replaces Beltrami differentials with ellipse fields) there exists a complex or dianalytic structure on Z giving rise to a Riemann or Klein surface \tilde{Z} , respectively, such that the identity map $\psi: \tilde{Z} \rightarrow Z$ is K' -quasiconformal in local coordinates for some $K' \geq 1$ and maps infinitesimal balls to the corresponding infinitesimal ellipses of the ellipse field $\{E_x\}_{x \in Z}$. Using the uniformization theorem (Theorem 5.12), we consider a Riemannian metric \tilde{g} compatible with the complex or dianalytic structure of \tilde{Z} .

The composite $\tilde{h} = h \circ \psi$ is a weakly quasiconformal map and in particular belongs to the space $N_{\text{loc}}^{1,2}(\tilde{Z}, X)$. Thus \tilde{h} is approximately metrically differentiable. Let $z \in \tilde{Z}$ be a point of approximate metric differentiability of h . Denote by \tilde{N}_z the approximate metric derivative and by \tilde{B}_z the corresponding closed unit ball. For all $z \in \tilde{Z}$ at which ψ is differentiable, let $D\psi_z$ denote the derivative of ψ at z . Then for a.e. $z \in \tilde{Z}$, $(D\psi_z)^{-1}$ takes the ellipse $E_{\psi(z)}$ onto the closed disk of radius r_z centered at 0 for some $r_z > 0$. For a.e. $z \in \tilde{Z}$ for which $N_{\psi(z)}$ is a norm, we have $\tilde{N}_z = N_{\psi(z)} \circ D\psi_z$ and $D\psi_z(\tilde{B}_z) = B_{\psi(z)}$. In this case \tilde{B}_z contains a maximal disk of radius r_z , and so \tilde{N}_z has maximal stretching equal to $1/r_z$. Moreover, this disk is the John ellipse for \tilde{B}_z . As a consequence of John’s theorem (cf. [4, Theorem 6.2 and the following discussion]), the set $\{y \in \mathbb{R}^2 : \tilde{N}_z(y) \leq 1\}$ has area at most $4r_z^2$. In particular, the Jacobian \tilde{J}_z satisfies $\tilde{J}_z \geq \pi/(4r_z^2)$. In the next case, for a.e. $z \in \tilde{Z}$ for which $N_{\psi(z)} = 0$, we have $\tilde{N}_z = 0$ as well, namely at any point z at which ψ is differentiable. In all cases, we have $\tilde{L}_z^2 \leq (4/\pi)\tilde{J}_z$ for a.e. $z \in \tilde{Z}$, which implies that \tilde{h} is weakly $(4/\pi)$ -quasiconformal. ■

6.2. Topological preliminaries

Let X, Y be topological spaces and $v: X \rightarrow Y$ be a continuous map. Recall that v is monotone if the preimage of each point is a continuum. Also, v is proper if the preimage of each compact set is compact. A compact set A in X is *cell-like in X* if for each open neighborhood U of A in X , A can be contracted within U to a point. Finally, the map v is *cell-like* if the preimage of each point in Y is a cell-like set in X .

In 1-manifolds, cell-like sets coincide with homeomorphic images of compact intervals. In topological surfaces without boundary, cell-like sets coincide with continua having a simply connected open neighborhood that they do not separate [11, Corollaries 15.2B, 15.4C].

Theorem 6.2 (Approximation for cell-like maps). *Let $v: X \rightarrow Y$ be a proper cell-like map between metric surfaces such that $v(\partial X) \subset \partial Y$ and the restriction $v|_{\partial X}: \partial X \rightarrow \partial Y$ is a proper cell-like map. Then v can be approximated uniformly by homeomorphisms.*

Moreover, if U is an open subset of Y , then $v|_{v^{-1}(U)}: v^{-1}(U) \rightarrow U$ can be approximated uniformly by homeomorphisms.

See [11, Corollary 25.1A] for the case of surfaces without boundary and [48] for the general case. For compact surfaces one has the following stronger statement.

Theorem 6.3 (Approximation for monotone maps). *Let $v: X \rightarrow Y$ be a continuous and surjective map between compact metric surfaces that are homeomorphic. The following are equivalent:*

- (1) v is monotone.
- (2) v is cell-like.
- (3) v can be approximated uniformly by homeomorphisms.

In this case, we have $v(\partial X) = \partial Y$ and $v^{-1}(\text{int}(Y)) \subset \text{int}(X)$.

Proof. If v is monotone, then a result of Youngs [54, p. 92] implies that v is the uniform limit of homeomorphisms between X and Y . If v can be approximated by homeomorphisms, then it is cell-like; this is true for maps between spaces that are absolute neighborhood retracts (abbr. ANR) by [11, Theorem 17.4] and every compact manifold is an ANR [11, Corollary 14.8A]. Finally, a cell-like map is trivially monotone, since cell-like sets are connected [11, Corollary 16.3A]. This completes the proof of the equivalences. The last properties in the statement of the lemma are immediate for uniform limits of homeomorphisms. ■

6.3. Proofs of Theorems 1.3 and 1.2

This section is devoted to the proofs of Theorem 1.3 and of the general case in Theorem 1.2. We split the proof of Theorem 1.3 into two main cases: surfaces without boundary and surfaces with boundary. The proof uses the classical uniformization theory as discussed in Section 5.3, as well as the extensions to non-orientable surfaces as discussed in Remark 5.15.

Proof of Theorem 1.3: surfaces without boundary. By Theorem 1.1, there exists a sequence $\{X_n\}_{n=1}^\infty$ of polyhedral surfaces converging to X and a sequence of approximately isometric proper topological embeddings $f_n: X_n \rightarrow X$, $n \in \mathbb{N}$; in fact, since X has no boundary, the maps f_n are homeomorphisms. By the paracompactness of the surface X , there exists a locally finite countable collection of topological open disks D_k , $k \in \mathbb{N}$, whose union covers the surface X . For each $k \in \mathbb{N}$ and $n \in \mathbb{N}$, we define the topological closed disk $\bar{D}_k^n = f_n^{-1}(\bar{D}_k)$ and equip it with the restriction of the metric d_{X_n} . We note that for each $k \in \mathbb{N}$, the sequence $f_n|_{\bar{D}_k^n}: \bar{D}_k^n \rightarrow \bar{D}_k$, $n \in \mathbb{N}$, satisfies the conclusions of Theorem 1.1, with the exception that \bar{D}_k^n is not necessarily polyhedral at the boundary. In particular, by Lemma 5.2, the spaces $\{\bar{D}_k^n\}_{n=1}^\infty$ are asymptotically uniformly locally path connected.

Step 1: Normalizations in the spaces X_n and X . For fixed $k \in \mathbb{N}$ we consider distinct points $p_k, q_k \in D_k$. For each $n \in \mathbb{N}$ the map $f_n|_{\overline{D}_k^n}: \overline{D}_k^n \rightarrow \overline{D}_k$ is a homeomorphism, so there exist points $p_k^n, q_k^n \in D_k^n$ such that $f_n(p_k^n) = p_k$ and $f_n(q_k^n) = q_k$. We have $f_n^{-1}(\partial D_k) = \partial D_k^n$, so the fact that f_n is approximately isometric implies that

$$\liminf_{n \rightarrow \infty} \text{dist}(p_k^n, \partial D_k^n) \geq \text{dist}(p_k, \partial D_k) > 0.$$

Thus, the distance from p_k^n to ∂D_k^n is bounded away from 0 as $n \rightarrow \infty$. The same conclusion holds for q_k^n .

Step 2: Uniformization by disks and normalizations in the plane. By the classical uniformization theorem, Theorem 5.11, for each $k \in \mathbb{N}$ and $n \in \mathbb{N}$ there exists a conformal map from \mathbb{D} onto D_k^n , where the latter is equipped with a complex structure compatible with the polyhedral metric; note that if X is non-orientable, then there is no canonical choice of complex structures. By precomposing with a Möbius transformation, we obtain a conformal map h_k^n from a disk $B(0, r_k^n)$ with $r_k^n > 1$ onto D_k^n such that $h_k^n(0) = p_k^n$ and $h_k^n(1) = q_k^n$. Note that h_k^n is 1-quasiconformal in $B(0, r_k^n)$ by Lemma 5.14. By Theorem 5.9, the map h_k^n extends to a weakly 1-quasiconformal map from $\overline{B}(0, r_k^n)$ onto \overline{D}_k^n .

We claim that for each fixed $k \in \mathbb{N}$ the sequence $r_k^n, n \in \mathbb{N}$, is bounded from above. Let E be the unit interval $[0, 1] \times \{0\}$ inside $B(0, r_k^n)$ and $F_n = \partial B(0, r_k^n)$. Consider the continua $h_k^n(E)$ and $h_k^n(F_n) = \partial D_k^n$. From Lemma 5.5, ∂D_k^n has diameter uniformly bounded below away from 0 as $n \rightarrow \infty$. Since $p_k^n, q_k^n \in h_k^n(E)$, that set also has diameter uniformly bounded away from 0. From Lemma 5.4, we conclude that $\text{mod } \Gamma^*(h_k^n(E), h_k^n(F_n); \overline{D}_k^n)$ is uniformly bounded above as $n \rightarrow \infty$. Since h_k^n is weakly 1-quasiconformal, it follows that $\text{mod } \Gamma^*(E, F_n; \overline{B}(0, r_k^n))$ is uniformly bounded above. On the other hand, the family $\Gamma^*(E, F_n; \overline{B}(0, r_k^n))$ contains the circles $\partial B(0, r)$ for all $1 < r < r_k^n$, so

$$\frac{1}{2\pi} \log(r_k^n) \leq \text{mod } \Gamma^*(E, F_n; \overline{B}(0, r_k^n)).$$

The boundedness of r_k^n follows.

For fixed $k \in \mathbb{N}$, consider the sequence $g_n(z) = h_k^n(r_k^n z), n \in \mathbb{N}$, from $\overline{\mathbb{D}}$ onto \overline{D}_k^n . We show that this sequence is normalized in the sense of Theorem 5.16. Note that the points $0, 1/r_k^n$, and -1 in $\overline{\mathbb{D}}$ have mutual distances uniformly bounded away from 0 as $n \rightarrow \infty$. Moreover, we have $g_n(0) = p_k^n, g_n(1/r_k^n) = q_k^n$, and $g_n(-1) \in \partial D_k^n$, and by Step 1 the mutual distances of these points are also bounded away from 0. Thus, the sequence g_n is normalized, as claimed.

Step 3: Weakly quasiconformal parametrizations. By Theorem 5.16, for each $k \in \mathbb{N}$, there exists a subsequence of $f_n \circ g_n, n \in \mathbb{N}$, that converges uniformly on $\overline{\mathbb{D}}$ to a weakly K -quasiconformal map onto \overline{D}_k . Since r_k^n is bounded above and below in $n \in \mathbb{N}$, we conclude that there exists a subsequential limit r_k of r_k^n such that the sequence $f_n \circ h_k^n$ has a subsequence that converges to a weakly K -quasiconformal map $h_k: \overline{B}(0, r_k) \rightarrow \overline{D}_k$. By passing to a diagonal subsequence, we assume that r_k^n converges to r_k and $f_n \circ h_k^n$ converges to h_k for each $k \in \mathbb{N}$ (in an appropriate sense, since the domains are variable).

Note that for each compact set $A \subset B(0, r_k)$ we have $A \subset B(0, r_k^n)$ for all sufficiently large $n \in \mathbb{N}$. Hence, $f_n \circ h_k^n$ converges to h_k uniformly on each compact subset of $B(0, r_k)$.

Step 4: Compatibility of parametrizations. Suppose that $D_k \cap D_l \neq \emptyset$. Our goal is to show that $h_l^{-1} \circ h_k$ defines a dianalytic homeomorphism (see Remark 5.15) from $U_{k,l} = h_k^{-1}(D_k \cap D_l)$ onto $U_{l,k} = h_l^{-1}(D_k \cap D_l)$. In fact, since h_l might not be invertible, we will show that there exists a dianalytic homeomorphism $\varphi_{k,l}: U_{k,l} \rightarrow U_{l,k}$ such that $h_l \circ \varphi_{k,l} = h_k$.

The monotonicity of h_k implies that $U_{k,l} \subset B(0, r_k)$, by the last part of Theorem 6.3. Let $A' \subset D_k \cap D_l$ be a non-degenerate continuum. Then $A = h_k^{-1}(A')$ is a continuum in $U_{k,l} \subset B(0, r_k)$. For large $n \in \mathbb{N}$, the set $A_n = h_k^n(A)$ is defined and $f_n(A_n) = f_n \circ h_k^n(A)$ converges in the Hausdorff sense to $h_k(A) = A'$ as $n \rightarrow \infty$ by the uniform convergence. Thus, A_n is contained in $D_k^n \cap D_l^n$ for all sufficiently large $n \in \mathbb{N}$ and the diameter of A_n is uniformly bounded from below away from 0. Now, the uniform convergence of $f_n \circ h_l^n$ to h_l implies that $(h_l^n)^{-1}(A_n)$ has diameter that is uniformly bounded from below.

Now, let $V \supset A$ be a connected open set whose closure is compact and is contained in $h_k^{-1}(D_k \cap D_l)$. By the previous argument, $h_k^n(V) \subset D_k^n \cap D_l^n$ for all sufficiently large $n \in \mathbb{N}$. Thus, for all sufficiently large $n \in \mathbb{N}$ we have

$$f_n \circ h_l^n \circ (h_l^n)^{-1} \circ h_k^n = f_n \circ h_k^n$$

on V . Consider the sequence of dianalytic embeddings $(h_l^n)^{-1} \circ h_k^n: V \rightarrow B(0, r_l^n)$, $n \in \mathbb{N}$. Note that the balls $B(0, r_l^n)$ are uniformly bounded in $n \in \mathbb{N}$. By Montel's theorem [34, Theorem 10.7, p. 160], as $n \rightarrow \infty$ this sequence subconverges locally uniformly in V to a dianalytic map $\varphi_{k,l}$ on V . By considering larger and larger open sets V , we may assume that the convergence is locally uniform in the component of $h_k^{-1}(D_k \cap D_l)$ that contains the continuum A . Moreover, by Hurwitz's theorem [34, Corollary 8.9, p. 129], the limiting map $\varphi_{k,l}$ is either constant or injective. Since $(h_l^n)^{-1} \circ h_k^n(A)$ has diameter uniformly bounded from below, we conclude that $\varphi_{k,l}$ is a dianalytic homeomorphism. Arguing in the same way, we may obtain a limiting map $\varphi_{k,l}$ that is a dianalytic homeomorphism in each component of $U_{k,l} = h_k^{-1}(D_k \cap D_l)$.

By passing to a diagonal subsequence, we may assume that $(h_l^n)^{-1} \circ h_k^n$ converges locally uniformly in $U_{k,l}$ to $\varphi_{k,l}$ for each $k, l \in \mathbb{N}$ with $D_k \cap D_l \neq \emptyset$ and

$$h_l \circ \varphi_{k,l} = h_k.$$

This also shows that $\varphi_{k,l}$ is injective in all of $U_{k,l}$ and $\varphi_{k,l}(U_{k,l}) = h_l^{-1}(D_k \cap D_l) = U_{l,k}$. Moreover, it is immediate that $\varphi_{l,k} = \varphi_{k,l}^{-1}$, since $(h_k^n)^{-1} \circ h_l^n$ is the inverse of $(h_l^n)^{-1} \circ h_k^n$. Finally, if $U_{k,l} \cap U_{k,m} = h_k^{-1}(D_k \cap D_l \cap D_m) \neq \emptyset$, then $\varphi_{k,l}(U_{k,l} \cap U_{k,m}) = U_{l,k} \cap U_{l,m}$ and $\varphi_{l,m} \circ \varphi_{k,l} = \varphi_{k,m}$ on $U_{k,l} \cap U_{k,m}$. When $D_k \cap D_l = \emptyset$, we also define $U_{k,l} = \emptyset$ and $\varphi_{k,l}$ to be the empty map.

Step 5: Gluing and construction of a surface Z . For $k \in \mathbb{N}$, let $U_k = h_k^{-1}(D_k)$ and note that for each $k \in \mathbb{N}$ there exist only finitely many $l \in \mathbb{N}$ with $U_{k,l} \neq \emptyset$. Consider the space $\bigsqcup_{k \in \mathbb{N}} U_k$ and define an equivalence relation so that $z \sim w$ if $z \in U_{k,l}, w \in U_{l,k}$ and

$\varphi_{k,l}(z) = w$. By definition, all other points have trivial equivalence classes. The symmetry and transitivity properties follow from the compatibility properties of Step 4.

Let Z be the resulting quotient space. Then Z is automatically a 2-dimensional topological manifold, once we verify that it is a Hausdorff space. For this, it suffices to show that for each $k, l \in \mathbb{N}$ the set $\{(z, \varphi_{k,l}(z)) : z \in U_{k,l}\}$ is a closed subset of $U_k \times U_l$ [26, Proposition 3.57, p. 68]. To see this, if $z_n \in U_{k,l}$, $n \in \mathbb{N}$, is a sequence converging to a point $z \in U_k$ lying in the topological boundary of $U_{k,l}$ relative to U_k , then, by continuity, $h_k(z_n)$ converges to the point $h_k(z) \in D_k \cap \partial D_l$. Thus, $h_l \circ \varphi_{k,l}(z_n)$ converges to a point of $D_k \cap \partial D_l \subset \partial D_l$, which implies that $\varphi_{k,l}(z_n)$ cannot converge to a point of $U_l = h_l^{-1}(D_l)$.

The charts of Z are simply the inclusions of U_k , $k \in \mathbb{N}$, into the plane and the transition maps are the dianalytic maps $\varphi_{k,l}$, $k, l \in \mathbb{N}$. Hence Z is a Klein surface (and, in fact, a Riemann surface when X is orientable).

We define a map from $\bigsqcup_{k \in \mathbb{N}} U_k$ onto X by $z \mapsto h_k(z)$ if $z \in U_k$. The compatibility relation $h_k = h_l \circ \varphi_{k,l}$ implies that this map projects to a map $F: Z \rightarrow X$. From the local coordinate representation of F , we see that F is continuous. Since for each $k \in \mathbb{N}$, the map $h_k: \bar{B}(0, r_k) \rightarrow \bar{D}_k$ is cell-like, the set $h_k^{-1}(x)$ is a cell-like subset of U_k for each $x \in D_k$. Therefore, again from local coordinates we see that F is cell-like. Since the cover of X by $\{D_k\}_{k \in \mathbb{N}}$, is locally finite, we see that each compact subset of X can be written as a finite union of compact sets, each contained in a set D_k . From this we conclude that F is a proper map. Since $\bigcup_{k=1}^\infty D_k = X$, the map F is also surjective. By Theorem 6.2, F can be approximated by homeomorphisms and in particular Z is homeomorphic to X . Finally, we note that F is weakly K -quasiconformal in local coordinates, since h_k is weakly K -quasiconformal.

Step 6: Uniformization by a Riemannian manifold. By the classical Riemannian uniformization theorem (Theorem 5.12), there exists a Riemannian metric g on Z such that (Z, g) is complete and has constant curvature, and g is compatible with the dianalytic structure of Z . Since the map $F: Z \rightarrow X$ is weakly K -quasiconformal in local coordinates, we conclude that the map F from the metric space (Z, g) onto X is locally weakly K -quasiconformal. By Theorem 5.6, F is globally weakly K -quasiconformal. Finally, by Theorem 6.1, there exists a Riemannian surface (\tilde{Z}, \tilde{g}) and a quasiconformal map $\psi: (\tilde{Z}, \tilde{g}) \rightarrow (Z, g)$ such that $F \circ \psi: (\tilde{Z}, \tilde{g}) \rightarrow X$ is weakly $(4/\pi)$ -quasiconformal. ■

Proof of Theorem 1.3: surfaces with boundary. We apply Theorem 1.3 for surfaces without boundary to $\text{int}(X)$ to find a Riemannian surface W (together with a compatible dianalytic structure arising from Step 5 or from passing to isothermal coordinates) and a weakly K -quasiconformal map $G: W \rightarrow \text{int}(X)$, where $K = 4/\pi$. In particular, G is proper and cell-like. Our goal is to construct a new Riemannian surface Z with boundary, homeomorphic to X , and a weakly K -quasiconformal map $F: Z \rightarrow X$.

We repeat the procedure of Step 4 of the previous proof. We first cover $\text{int}(X)$ by a locally finite collection of countably many topological open disks D_k , $k \in \mathbb{N}$, so that for each point of ∂X there exist finitely many disks D_k with the property that $\partial X \cap \partial D_k$ is a

non-degenerate arc containing that point in its interior. We define $U_k = G^{-1}(D_k)$, $k \in \mathbb{N}$. By the last part of Theorem 6.2, we note that U_k is homeomorphic to D_k for each $k \in \mathbb{N}$. By the classical uniformization theorem (Theorem 5.11), there exist dianalytic parametrizations $h_k: \mathbb{D} \rightarrow U_k$, $k \in \mathbb{N}$, which are also 1-quasiconformal by Lemma 5.14. For each $k \in \mathbb{N}$ the map $g_k = G \circ h_k: \mathbb{D} \rightarrow D_k$ is weakly K -quasiconformal. By Remark 5.10, it extends to a weakly K -quasiconformal map of the closures.

Let $U_{k,l} = U_k \cap U_l$, $k, l \in \mathbb{N}$. The transition maps $\varphi_{k,l} = h_l^{-1} \circ h_k$, when defined, are dianalytic and they satisfy the relation $g_l \circ \varphi_{k,l} = g_k$ and the compatibility properties of Step 4. Let $J \subset \partial X$ be an open arc contained in $\bar{D}_k \cap \bar{D}_l$. Let $J_k, J_l \subset \partial \mathbb{D}$ be its preimages under g_k, g_l , respectively. Then $\varphi_{k,l}(z)$ accumulates at J_l as z approaches J_k . By a refined version of Carathéodory’s extension theorem [43, Theorem 3.1], $\varphi_{k,l}$ extends to a homeomorphism from a neighborhood of J_k in $\bar{\mathbb{D}}$ onto a neighborhood of J_l in $\bar{\mathbb{D}}$. By Schwarz reflection, $\varphi_{k,l}$ extends to a dianalytic map from a neighborhood of J_k onto a neighborhood of J_l in the plane. Moreover, the extension satisfies the compatibility properties of Step 4.

We denote by \mathbb{D}_k the union of the unit disk \mathbb{D} together with all open arcs J_k arising as preimages under g_k of open arcs $J \subset \partial X \cap \bar{D}_k$. As in Step 5, we can glue together the sets \mathbb{D}_k with the identifications $z \sim \varphi_{k,l}(z)$ to obtain a Klein surface Z with boundary; specifically, the boundary arises from the arcs of \mathbb{D}_k , $k \in \mathbb{N}$, lying on the unit circle. We also obtain a map $F: Z \rightarrow X$, given in local coordinates by $g_k|_{\mathbb{D}_k}$. By construction, F is surjective and $F^{-1}(\partial X) = \partial Z$. The map F is continuous, proper, and cell-like, as can be seen by the local coordinate representation. Indeed, recall that g_k extends to a cell-like map from $\bar{\mathbb{D}}$ onto \bar{D}_k that respects the interiors and boundaries. Moreover, $F|_{\partial Z}$ is cell-like. Therefore, by Theorem 6.2, Z is homeomorphic to X . Finally, we note that $F: Z \rightarrow X$ is locally weakly K -quasiconformal. One now continues exactly as in the previous proof to find a Riemannian metric g on Z such that $F: (Z, g) \rightarrow X$ is globally weakly K -quasiconformal. ■

Proof of Theorem 1.2 in the general case. Suppose that X is homeomorphic to $\hat{\mathbb{C}}, \bar{\mathbb{D}},$ or \mathbb{C} . By Theorem 1.3, there exists a Riemannian surface (Z, g) homeomorphic to X and a weakly $(4/\pi)$ -quasiconformal map $F: (Z, g) \rightarrow X$. By passing to isothermal coordinates (Theorem 5.13), we may find a complex structure on Z that is compatible with g . The classical uniformization theorem (Theorem 5.11) implies that there exists a conformal map from $\hat{\mathbb{C}}, \bar{\mathbb{D}},$ or \mathbb{D} or \mathbb{C} , respectively onto Z . By Lemma 5.14, this conformal map is also 1-quasiconformal. Therefore, by composing it with F , we obtain a weakly $(4/\pi)$ -quasiconformal map from $\hat{\mathbb{C}}, \bar{\mathbb{D}},$ or \mathbb{D} or \mathbb{C} , respectively onto Z . ■

7. Reciprocity of metric surfaces

In this section we prove Theorem 1.8 together with Theorem 1.10. We recall some definitions from the introduction. Let X be a metric surface of locally finite Hausdorff 2-measure. A quadrilateral in X is a closed Jordan region Q together with a partition

of ∂Q into four non-overlapping edges $\zeta_1, \zeta_2, \zeta_3, \zeta_4 \subset \partial Q$ in cyclic order. When we refer to a quadrilateral Q , it will be implicitly understood that there exists such a marking on its boundary. We define $\Gamma(Q) = \Gamma(\zeta_1, \zeta_3; Q)$ and $\Gamma^*(Q) = \Gamma(\zeta_2, \zeta_4; Q)$. The metric surface X is *reciprocal* if there exist constants $\kappa, \kappa' \geq 1$ such that

$$\kappa^{-1} \leq \text{mod } \Gamma(Q) \cdot \text{mod } \Gamma^*(Q) \leq \kappa' \quad \text{for each quadrilateral } Q \subset X \tag{7.1}$$

and

$$\lim_{r \rightarrow 0} \text{mod } \Gamma(\bar{B}(a, r), X \setminus B(a, R); X) = 0 \quad \text{for each ball } B(a, R). \tag{7.2}$$

A metric surface X is *upper reciprocal* if there exists $\kappa' \geq 1$ such that the right inequality in (7.1) holds for each quadrilateral.

7.1. Further properties of weakly quasiconformal maps

We first discuss some preliminary statements. Assume that X is a metric surface of locally finite Hausdorff 2-measure. Let $E \subset X$ be a Borel set and Γ be a curve family in X . We say that a Borel function $\rho: X \rightarrow [0, \infty]$ is *admissible for $\Gamma|E$* if $\rho = 0$ outside the set E and

$$\int_{\gamma} \rho \, ds \geq 1$$

for all $\gamma \in \Gamma$. We define

$$\text{mod}(\Gamma|E) = \inf_{\rho} \int \rho^2 \, d\mathcal{H}^2,$$

where the infimum is over all functions ρ that are admissible for $\Gamma|E$. The next lemma gives a finer regularity property of weakly quasiconformal maps.

Lemma 7.1. *Let X, Y be metric surfaces of locally finite Hausdorff 2-measure and let $h: X \rightarrow Y$ be a continuous, surjective, proper, and cell-like map. Let $A \subset Y$ be a closed set and suppose that $h|_{X \setminus h^{-1}(A)}: X \setminus h^{-1}(A) \rightarrow Y \setminus A$ is weakly K -quasiconformal for some $K \geq 1$. If $\mathcal{H}^1(A) = 0$, then*

$$\text{mod } \Gamma \leq \text{mod}(\Gamma|X \setminus h^{-1}(A)) \leq K \text{mod } h(\Gamma)$$

for every curve family Γ in X and $h: X \rightarrow Y$ is weakly K -quasiconformal. In particular, this is true if the set A is closed and countable.

Proof. By Theorem 5.6, there exists a weak upper gradient g of $h|_{X \setminus h^{-1}(A)}$ such that

$$\int_{h^{-1}(E)} g^2 \, d\mathcal{H}^2 \leq K \mathcal{H}^2(E)$$

for each Borel set $E \subset Y \setminus A$. In particular, this implies that

$$\int_{X \setminus h^{-1}(A)} (\rho \circ h) g^2 \, d\mathcal{H}^2 \leq K \int_{Y \setminus A} \rho \, d\mathcal{H}^2 \tag{7.3}$$

for each Borel function $\rho: X \setminus h^{-1}(A) \rightarrow [0, \infty]$.

Note that the first inequality in the statement of the lemma is trivial, since any function that is admissible for $\Gamma|X \setminus h^{-1}(A)$ is also admissible for Γ . Thus, we only show the second inequality. Let Γ be any curve family in X and ρ be an admissible function for $h(\Gamma)$ that vanishes on the set A ; such a function exists since $\mathcal{H}^1(A) = 0$. Since g is a weak upper gradient of $h|_{X \setminus h^{-1}(A)}$, by [40, Lemma 2.5 (i)] there exists an exceptional family Γ_0 of curves in $X \setminus h^{-1}(A)$ with $\text{mod } \Gamma_0 = \text{mod}(\Gamma_0|X \setminus h^{-1}(A)) = 0$ such that for all locally rectifiable curves γ in $X \setminus h^{-1}(A)$ outside Γ_0 we have

$$\int_{h \circ \gamma} \rho \, ds \leq \int_{\gamma} (\rho \circ h)g \, ds.$$

Moreover, if Γ_1 is the family of paths in X that have a non-trivial subpath in Γ_0 , then $\text{mod}(\Gamma_1|X \setminus h^{-1}(A)) = 0$.

Consider a path $\gamma: [a, b] \rightarrow X$ lying in $\Gamma \setminus \Gamma_1$. Let $[a_i, b_i], i \in I$, be the closures of the components of $\gamma^{-1}(X \setminus h^{-1}(A))$ and define $\gamma_i = \gamma|_{[a_i, b_i]}$. No subpath of γ_i lies in Γ_0 , hence

$$\int_{h \circ \gamma_i} \rho \, ds \leq \int_{\gamma_i} (\rho \circ h)g \, ds$$

for all $i \in I$. It follows that

$$1 \leq \int_{h \circ \gamma} \rho \, ds = \int_{h \circ \gamma} \rho \chi_{Y \setminus A} \, ds = \sum_{i \in I} \int_{h \circ \gamma_i} \rho \, ds \leq \sum_{i \in I} \int_{\gamma_i} (\rho \circ h)g \, ds \leq \int_{\gamma} (\rho \circ h)g \, ds.$$

Thus, $(\rho \circ h)g$ is a Borel function that vanishes on the set $h^{-1}(A)$ and is admissible for $\Gamma \setminus \Gamma_1|X \setminus h^{-1}(A)$. It follows that

$$\begin{aligned} \text{mod}(\Gamma|X \setminus h^{-1}(A)) &= \text{mod}(\Gamma \setminus \Gamma_1|X \setminus h^{-1}(A)) \\ &\leq \int_{X \setminus h^{-1}(A)} (\rho \circ h)^2 g^2 \, d\mathcal{H}^2 \leq K \int_Y \rho^2 \, d\mathcal{H}^2, \end{aligned}$$

where the latter inequality follows from (7.3). Infimizing over all admissible functions ρ gives the conclusion. ■

The next proposition allows one to upgrade weak quasiconformality to quasiconformality.

Proposition 7.2 ([36, Proposition 3.3]). *Let X be a metric surface of finite Hausdorff 2-measure that is homeomorphic to a topological closed disk and let $h: \mathbb{D} \rightarrow X$ be a weakly quasiconformal homeomorphism. If X is upper reciprocal, then h is a quasiconformal homeomorphism, quantitatively.*

7.2. Proofs of Theorems 1.8 and 1.10

The proofs of both theorems are given at the end of the section. We first establish several preliminary statements.

Lemma 7.3. *Let X be a metric surface of finite Hausdorff 2-measure that is homeomorphic to a topological closed disk and let $h: \bar{\mathbb{D}} \rightarrow X$ be a weakly quasiconformal map. If X is upper reciprocal and $h^{-1}(\partial X) = \partial \mathbb{D}$, then $h|_{\partial \mathbb{D}}$ is a homeomorphism.*

Proof. Suppose that $h: \bar{\mathbb{D}} \rightarrow X$ is a weakly K -quasiconformal map for some $K \geq 1$ with $h^{-1}(\partial X) = \partial \mathbb{D}$. Suppose to the contrary that there exists $x_0 \in \partial X$ such that $h^{-1}(x_0)$ is a non-degenerate closed arc $E \subset \partial \mathbb{D}$. We let ζ_1 be a non-degenerate closed arc in $\partial X \setminus \{x_0\}$. For $0 < r < \text{dist}(x_0, \zeta_1)$, let $\zeta_3(r)$ be the component of $\partial X \cap \bar{B}(x_0, r)$ that contains x_0 . We let $\zeta_2(r), \zeta_4(r)$ be the closures of the remaining two arcs of ∂X and define $Q(r)$ to be the quadrilateral X with edges $\zeta_1, \zeta_2(r), \zeta_3(r)$, and $\zeta_4(r)$. By the weak quasiconformality of h , for all $r < \text{dist}(x_0, \zeta_1)$ we have

$$\begin{aligned} \text{mod } \Gamma(Q(r)) &= \text{mod } \Gamma(\zeta_1, \zeta_3(r); X) \geq \text{mod } \Gamma(\zeta_1, \{x_0\}; X) \\ &\geq K^{-1} \text{mod } \Gamma(h^{-1}(\zeta_1), E; \bar{\mathbb{D}}). \end{aligned}$$

The last quantity is positive, since $h^{-1}(\zeta_1)$ is disjoint from $E = h^{-1}(x_0)$; for example, this can be shown using the Loewner property of Euclidean space. We claim that $\text{mod } \Gamma^*(Q(r)) \rightarrow \infty$ as $r \rightarrow 0$, which contradicts the upper reciprocity of X .

Let x_1, x_2 be the endpoints of the arc E . Let

$$\delta_0 = \min \{ \text{dist}(E, h^{-1}(\zeta_1)), |x_1 - x_2|/2 \}$$

and for $0 < t < \delta_0$ and $i = 1, 2$, let γ_t^i be the intersection of the circle $\partial B(x_i, t)$ with $\bar{\mathbb{D}}$, parametrized as a simple curve. For $\delta < \delta_0$, let Γ_δ be the family of curves arising as the concatenation of γ_t^1, γ_t^2 , and a subarc of E , where $t \in (\delta, \delta_0)$.

We estimate $\text{mod}(\Gamma_\delta|_{\bar{\mathbb{D}} \setminus E})$ from below. Let ρ be a function that is admissible for Γ_δ and vanishes on E . Then for $t \in (\delta, \delta_0)$ we have

$$1 \leq \int_{\gamma_t^1} \rho ds + \int_{\gamma_t^2} \rho ds \leq \left(\int_{\gamma_t^1} \rho^2 ds + \int_{\gamma_t^2} \rho^2 ds \right)^{1/2} (4\pi t)^{1/2}.$$

Integrating over $t \in (\delta, \delta_0)$ gives

$$\int \rho^2 d\mathcal{H}^2 \geq \frac{1}{4\pi} \log\left(\frac{\delta_0}{\delta}\right).$$

Thus, $\text{mod}(\Gamma_\delta|_{\bar{\mathbb{D}} \setminus E}) \geq (4\pi)^{-1} \log(\delta_0/\delta)$.

For each fixed $\delta < \delta_0$, if r is sufficiently small so that $h^{-1}(\zeta_3(r)) \subset N_\delta(E)$, then each path of $h(\Gamma_\delta)$ connects $\zeta_2(r)$ and $\zeta_4(r)$. Therefore, by Lemma 7.1,

$$\begin{aligned} \text{mod } \Gamma^*(Q(r)) &= \text{mod } \Gamma(\zeta_2(r), \zeta_4(r); X) \geq \text{mod } h(\Gamma_\delta) \\ &\geq K^{-1} \text{mod}(\Gamma_\delta|_{\bar{\mathbb{D}} \setminus E}) \geq K^{-1}(4\pi)^{-1} \log(\delta_0/\delta). \end{aligned}$$

We first let $r \rightarrow 0$ and then $\delta \rightarrow 0$ to conclude that $\text{mod } \Gamma^*(Q(r)) \rightarrow \infty$. ■

Lemma 7.4. *Let X be a metric surface of finite Hausdorff 2-measure that is homeomorphic to a topological closed disk and let $h: \overline{\mathbb{D}} \rightarrow X$ be a weakly K -quasiconformal map for some $K \geq 1$. Let $x_0 \in \text{int}(X)$ be a point such that $h^{-1}(x_0)$ is a non-degenerate continuum. For each $\varepsilon > 0$ there exists a Jordan region $V \subset B(x_0, \varepsilon)$ containing x_0 and a weakly K -quasiconformal map $f: \mathbb{D} \rightarrow \overline{V}$ such that $f^{-1}(\partial V) = \partial \mathbb{D}$ and $f^{-1}(x_0) = \overline{B}(0, 1 - \delta)$ for some $\delta \in (0, 1)$ that depends on ε . Moreover, $\delta \rightarrow 0$ as $\varepsilon \rightarrow 0$.*

Proof. Consider the distance function $\psi(x) = d(x, x_0)$ on $\text{int}(X)$, which is Lipschitz continuous. By the co-area inequality (Lemma 3.1), for a.e. $t > 0$ the level set $\psi^{-1}(t)$ is a compact set of finite Hausdorff 1-measure. By [39, Theorem 1.5], for a.e. $t > 0$, each connected component of $\psi^{-1}(t)$ is homeomorphic to a point or an interval or \mathbb{S}^1 .

Consider the function $\alpha(z) = d(h(z), x_0) = \psi \circ h(z)$ in \mathbb{D} . Then α is continuous and each weak upper gradient of h lying in $L^2(\overline{\mathbb{D}})$ is also a weak upper gradient of α . Thus, α lies in the classical Sobolev space $W^{1,2}(\mathbb{D})$. By the co-area formula for Sobolev spaces [15, 33], a.e. level set of α has finite Hausdorff 1-measure. Thus, as above, for a.e. $t > 0$, each connected component of $\alpha^{-1}(t)$ is homeomorphic to a point or an interval or \mathbb{S}^1 .

Let $\varepsilon > 0$ and fix $0 < t < \min \{\text{dist}(x_0, \partial X), \varepsilon\}$ such that each component of $\psi^{-1}(t)$ and of $\alpha^{-1}(t)$ is homeomorphic to a point or an interval or \mathbb{S}^1 . Note that $\psi^{-1}(t)$ is a compact subset of $\text{int}(X)$. By the last part of Theorem 6.3 we see that $\alpha^{-1}(t) = h^{-1}(\psi^{-1}(t))$ is a compact subset of \mathbb{D} . One component of $\psi^{-1}(t)$, say J , separates x_0 and ∂X , so it is homeomorphic to \mathbb{S}^1 . By continuity, the set $h^{-1}(J)$ separates the sets $h^{-1}(x_0)$ and $h^{-1}(\partial \mathbb{D})$. Moreover, by monotonicity, $h^{-1}(J)$ is a continuum that is contained in a connected component of $\alpha^{-1}(t)$. The only possibility is that this connected component is homeomorphic to \mathbb{S}^1 , since it separates the plane, and $h^{-1}(J)$ is equal to that component.

Let V be the Jordan region bounded by J and U be the Jordan region bounded by $h^{-1}(J)$. By continuity, the set $h(U)$ is connected and contained in either V or $X \setminus \overline{V}$. Since $U \cap h^{-1}(x_0) \neq \emptyset$, we conclude that $h(U) \subset V$. Similarly, $h(\overline{\mathbb{D}} \setminus \overline{U})$ is connected and contained in either V or $X \setminus \overline{V}$. The fact that h is surjective implies that $h(U) = V$ and $h(\overline{\mathbb{D}} \setminus \overline{U}) = X \setminus \overline{V}$. In particular, $h^{-1}(V) = U$. Consider the map $h: U \setminus h^{-1}(x_0) \rightarrow V \setminus \{x_0\}$ and note that it satisfies the assumptions of Theorem 6.2. Therefore, $U \setminus h^{-1}(x_0)$ is homeomorphic to $V \setminus \{x_0\}$, and in particular, it is a topological annulus.

Consider a conformal map $\varphi: A(0; 1 - \delta, 1) \rightarrow U \setminus h^{-1}(x_0)$ for some $\delta \in (0, 1)$ such that $\varphi(z) \rightarrow \partial U$ as $z \rightarrow \partial \mathbb{D}$; here $A(0; 1 - \delta, 1)$ denotes the annulus $\{z \in \mathbb{C} : 1 - \delta < |z| < 1\}$. Observe that as $\varepsilon \rightarrow 0$, the region V approaches x_0 , so the region U approaches $h^{-1}(x_0)$ in the Hausdorff sense. This implies that $\text{mod } \Gamma(\partial U, h^{-1}(x_0); \mathbb{D})$ approaches ∞ (e.g. from the Loewner property of Euclidean space), thus by conformality, the quantity

$$\text{mod}(\partial \mathbb{D}, \partial B(0, 1 - \delta); \mathbb{C}) = 2\pi(\log(1 - \delta)^{-1})^{-1}$$

approaches ∞ . Therefore, $\delta \rightarrow 0$.

Since ∂U is a Jordan curve, by a refined version of Carathéodory’s extension theorem [43, Theorem 3.1], φ extends to a homeomorphism from $\overline{\mathbb{D}} \setminus B(0, 1 - \delta)$ onto $\overline{U} \setminus h^{-1}(x_0)$. Then the map $f = h \circ \varphi$ extends to a continuous, surjective, and monotone

map from $\bar{\mathbb{D}}$ onto \bar{V} such that $f^{-1}(\partial V) = \partial \mathbb{D}$ and $f^{-1}(x_0) = \bar{B}(0, 1 - \delta)$. Moreover, f is weakly K -quasiconformal in $A(0; 1 - \delta, 1) = \mathbb{D} \setminus f^{-1}(x_0)$. From Lemma 7.1 we see that f is weakly K -quasiconformal in \mathbb{D} . Finally, by Corollary 5.8, f is weakly K -quasiconformal on $\bar{\mathbb{D}}$. ■

Lemma 7.5. *Let X be a metric surface of finite Hausdorff 2-measure that is homeomorphic to a topological closed disk and let $h: \bar{\mathbb{D}} \rightarrow X$ be a weakly quasiconformal map. If $\text{int}(X)$ is upper reciprocal, then $h|_{h^{-1}(\text{int}(X))}: h^{-1}(\text{int}(X)) \rightarrow \text{int}(X)$ is a homeomorphism.*

Proof. Let $h: \bar{\mathbb{D}} \rightarrow X$ be a weakly K -quasiconformal map for some $K \geq 1$. By the invariance of domain theorem, it suffices to show that $h^{-1}(x_0)$ is a singleton for each $x_0 \in \text{int}(X)$. Suppose that $h^{-1}(x_0)$ is a non-degenerate continuum for some $x_0 \in \text{int}(X)$. By Lemma 7.4, for a sequence of arbitrarily small $\delta > 0$ there exists a Jordan region $V_\delta \subset \bar{V}_\delta \subset \text{int}(X)$ containing x_0 and a weakly K -quasiconformal map $f_\delta: \bar{\mathbb{D}} \rightarrow \bar{V}_\delta$ such that $f_\delta^{-1}(\partial V_\delta) = \partial \mathbb{D}$ and $f_\delta^{-1}(x_0) = \bar{B}(0, 1 - \delta)$. By Lemma 7.3, since \bar{V}_δ is upper reciprocal, $f|_{\partial \mathbb{D}}: \partial \mathbb{D} \rightarrow \partial V_\delta$ is a homeomorphism.

Consider a partition of $\partial \mathbb{D}$ into four non-overlapping arcs of equal length that form a quadrilateral Q with edges ζ_1, \dots, ζ_4 . We claim that

$$\text{mod}(\Gamma(Q)|_{\bar{\mathbb{D}} \setminus \bar{B}(0, 1 - \delta)}) = \text{mod}(\Gamma^*(Q)|_{\bar{\mathbb{D}} \setminus \bar{B}(0, 1 - \delta)}) \rightarrow \infty \tag{7.4}$$

as $\delta \rightarrow 0$. The equality follows immediately by symmetry. For the limiting statement, let ρ be an admissible function for $\Gamma(Q)$ that vanishes on $\bar{B}(0, 1 - \delta)$. Without loss of generality, the edge ζ_1 (resp. ζ_3) of Q lies in the right (resp. left) half-plane and is symmetric with respect to the x -axis. For $t \in [-a, a]$, where $a = \sqrt{2}/2$, the path γ_t that is the intersection of the horizontal line $y = t$ with the disk $\bar{\mathbb{D}}$ joins ζ_1 and ζ_3 . Thus,

$$\int_{\gamma_t} \rho ds \geq 1$$

for all $t \in [-a, a]$. Integrating gives

$$2a \leq \int_{\bar{\mathbb{D}} \setminus \bar{B}(0, 1 - \delta)} \rho d\mathcal{H}^2 \leq \left(\int \rho^2 d\mathcal{H}^2 \right)^{1/2} (\pi - \pi(1 - \delta)^2)^{1/2}.$$

Therefore,

$$\text{mod}(\Gamma(Q)|_{\bar{\mathbb{D}} \setminus \bar{B}(0, 1 - \delta)}) \geq 2\pi^{-1}\delta^{-1}(2 - \delta)^{-1}.$$

This shows the claim.

Since f_δ is a homeomorphism on $\partial \mathbb{D}$, the image of Q determines a quadrilateral $Q(\delta)$ in X with $\Gamma(Q(\delta)) \supset f_\delta(\Gamma(Q))$. By the weak quasiconformality of f_δ and Lemma 7.1, we have

$$\text{mod} \Gamma(Q(\delta)) \geq K^{-1} \text{mod}(\Gamma(Q)|_{\bar{\mathbb{D}} \setminus \bar{B}(0, 1 - \delta)})$$

which converges to ∞ as $\delta \rightarrow 0$ by (7.4). Similarly $\text{mod} \Gamma^*(Q(\delta)) \rightarrow \infty$ as $\delta \rightarrow 0$. This contradicts the upper reciprocity of $\text{int}(X)$. ■

Corollary 7.6. *Let X be a metric surface of finite Hausdorff 2-measure that is homeomorphic to a topological closed disk such that $\text{int}(X)$ is upper reciprocal. Then there exists a weakly quasiconformal map $h: \bar{\mathbb{D}} \rightarrow X$ such that $h|_{\mathbb{D}}: \mathbb{D} \rightarrow \text{int}(X)$ is a quasiconformal homeomorphism.*

Proof. By Theorem 1.2 there exists a weakly quasiconformal map $h: \bar{\mathbb{D}} \rightarrow X$. By Lemma 7.5, $h|_{h^{-1}(\text{int}(X))}$ is a homeomorphism onto $\text{int}(X)$. In particular, $h^{-1}(\text{int}(X))$ is simply connected and by the Riemann mapping theorem there exists a conformal map $\varphi: \mathbb{D} \rightarrow h^{-1}(\text{int}(X))$. The composition $f = h \circ \varphi: \mathbb{D} \rightarrow \text{int}(X)$ is a weakly quasiconformal homeomorphism. By Proposition 7.2, since $\text{int}(X)$ is upper reciprocal, f is K -quasiconformal in each compact disk $\bar{B}(0, r)$, $0 < r < 1$, for some $K \geq 1$. By the locality of quasiconformality, as given by Theorem 5.6, we see that $f: \mathbb{D} \rightarrow \text{int}(X)$ is a K -quasiconformal homeomorphism. By Theorem 5.9, f extends to a weakly K -quasiconformal map from $\bar{\mathbb{D}}$ onto X . ■

We are finally ready for the proofs of Theorems 1.8 and 1.10.

Proof of Theorem 1.8. Suppose that X is upper reciprocal. It suffices to show that each closed Jordan region $Y \subset X$ is quasiconformally equivalent to $\bar{\mathbb{D}}$. By Corollary 7.6, there exists a weakly quasiconformal map $h: \bar{\mathbb{D}} \rightarrow Y$ such that $h|_{\mathbb{D}}: \mathbb{D} \rightarrow \text{int}(Y)$ is a homeomorphism. By Lemma 7.3, $h: \bar{\mathbb{D}} \rightarrow Y$ is a homeomorphism. By Proposition 7.2, h is quasiconformal, as desired. ■

Proof of Theorem 1.10. Suppose that $\text{int}(X)$ is upper reciprocal and (7.2) holds at each point of ∂X . By Theorem 1.8, $\text{int}(X)$ is reciprocal and (7.2) holds at each point of X . As in the above proof, it suffices to show that each closed Jordan region $Y \subset X$ is quasiconformally equivalent to $\bar{\mathbb{D}}$. By Corollary 7.6, there exists a weakly quasiconformal map $h: \bar{\mathbb{D}} \rightarrow Y$ such that $h|_{\mathbb{D}}: \mathbb{D} \rightarrow \text{int}(Y)$ is a quasiconformal homeomorphism; alternatively, since $\text{int}(Y)$ is reciprocal, one can invoke directly Rajala’s uniformization theorem, Theorem 1.5, in combination with Theorem 5.9 to obtain the map h . A result of Ikonen [22, Proposition 1.2] now asserts that if $h|_{\mathbb{D}}: \mathbb{D} \rightarrow \text{int}(Y)$ is a quasiconformal homeomorphism and (7.2) holds at each point of ∂Y , then h extends to a quasiconformal homeomorphism from $\bar{\mathbb{D}}$ onto Y , as desired. ■

8. Examples

Example 8.1 (Approximating the unit disk with cracked surfaces). Let X be the open unit disk equipped with the Euclidean metric. We present examples of sequences $\{X_n\}_{n \in \mathbb{N}}$ of metric surfaces converging to X for which all the conclusions of Theorem 1.1 are satisfied except for the approximately isometric retractions in (3). In each case, the failure of condition (3) prevents the sequence of uniformizing conformal maps from \mathbb{D} onto X_n from converging to a conformal map onto X .

As the first example, we let $X_n = \mathbb{D} \setminus \{re^{i\theta} : |\theta| \leq \frac{\pi}{2n}, 1/2 \leq r \leq 1\}$ for all $n \in \mathbb{N}$ and equip X_n with the ambient Euclidean metric. Clearly (3) fails for the sequence X_n ,

$n \in \mathbb{N}$, while the other conclusions of Theorem 1.1 remain true. For this reason, the sequence of conformal maps $h_n: \mathbb{D} \rightarrow X_n$, normalized so that $h_n(0) = 0$ and $h'_n(0) > 0$, does not subconverge to a (weakly) conformal map from \mathbb{D} onto X , as it would in the presence of condition (3), but rather to a conformal map from \mathbb{D} onto a slit disk (e.g. by Carathéodory’s kernel convergence theorem [42, Chapter I, Theorem 1.8]).

For our second example, we let $S(\varphi, n) = \{re^{i\theta} : |\theta - \varphi| \leq \frac{\pi}{2n}, 1/2 \leq r \leq 1\}$ and $Y_n = \bigcup_{k=1}^n S(2k\pi/n, n)$. Define X_n to be the surface $\mathbb{D} \setminus Y_n$, again equipped with the ambient Euclidean metric. Although X_n converges to \mathbb{D} in the Gromov–Hausdorff sense, the sequence of conformal maps $h_n: \mathbb{D} \rightarrow X_n$ such that $h_n(0) = 0$ subconverges locally uniformly in \mathbb{D} but not uniformly to a conformal map from \mathbb{D} onto $B(0, 1/2)$; this can be justified using Carathéodory’s kernel convergence theorem.

By enlarging the cracks in the previous example, one can even ensure that the areas of X_n tend to 0 and the conformal maps h_n converge to a constant map.

Example 8.2 (Areas need not converge). We present an example showing that in Theorem 1.1 the areas of the surfaces X_n do not necessarily converge to the area of X . Thus, we cannot expect that conclusion (2) can be strengthened to convergence or that the constant K can be equal to 1.

The proof relies on the next theorem, which is a variant of the classical Besicovitch inequality and is proved exactly in the same way; see [41, Theorem 13.11] or [8, Section 5.6].

Theorem 8.1. *Let Y be a metric space homeomorphic to the unit square $[0, 1]^2$ such that the metric of Y outside finitely many points is locally isometric to a Riemannian metric. If the distances between opposite sides of Y are at least 1, then $\mathcal{H}^2(Y) \geq 1$.*

Let X be the closed unit square in \mathbb{R}^2 with the ℓ^∞ metric, and let $\{X_n\}_{n=1}^\infty$ be a sequence of polyhedral surfaces homeomorphic to X that are equipped with a metric that is locally isometric to the polyhedral length metric. Let $\varepsilon_n > 0$ be a sequence converging to 0. Suppose that there exist ε_n -isometric sequences $f_n: X_n \rightarrow X$ and $R_n: X \rightarrow f_n(X_n)$ such that each f_n is a topological embedding and each R_n is a retraction. We claim that

$$\liminf_{n \rightarrow \infty} \mathcal{H}^2(X_n) \geq 1 = \frac{4}{\pi} \mathcal{H}^2(X).$$

See [25, Lemma 6] or [13, p. 2957] for the equality on the right-hand side.

For each large $n \in \mathbb{N}$, the retraction R_n induces a subdivision of $f_n(\partial X_n)$, and thus of ∂X_n , into four non-overlapping arcs, corresponding to the sides of the square X . The distance of opposite sides of $f_n(\partial X_n)$ is at least $1 - \varepsilon_n$. Thus, the distance of opposite sides of X_n is at least $1 - 2\varepsilon_n$. The metric of X_n is locally isometric to a flat Riemannian metric outside the vertices. Therefore, if we rescale the metric of X_n by $(1 - 2\varepsilon_n)^{-1}$ and apply Theorem 8.1, we obtain

$$\mathcal{H}^2(X_n) \geq (1 - 2\varepsilon_n)^2.$$

Finally, we let $n \rightarrow \infty$ to obtain the desired conclusion.

Example 8.3 (Condition (1.4) is strictly weaker than reciprocity). We show that there exists a metric surface X of locally finite Hausdorff 2-measure that satisfies (1.4) but is not reciprocal.

Ahlfors–Beurling [1, Theorem 16] construct a Cantor set $E \subset \mathbb{C}$ of positive area with the property that for each point $a \in E$ there exists a sequence of nested topological annuli $A_n \subset \mathbb{C} \setminus E$, $n \in \mathbb{N}$, with disjoint closures, each surrounding a , with the property that

$$\sum_{n=1}^{\infty} \frac{1}{M_n} = \infty, \tag{8.1}$$

where M_n is the modulus of the family of curves joining the boundary components of A_n in \bar{A}_n . Moreover, by the construction, the annuli A_n converge to the point a ; this is also implied by the divergence of the sum above.

For $x, y \in \mathbb{C}$, we let

$$d(x, y) = \inf_{\gamma} \int_{\gamma} \chi_{\mathbb{C} \setminus E} ds,$$

where the infimum is taken over all rectifiable paths joining x, y . By [40, Proposition 8.1], (\mathbb{C}, d) is a length space with locally finite Hausdorff 2-measure, homeomorphic to \mathbb{C} . We denote by X this metric space. Since E has positive Lebesgue measure, X is not reciprocal; this can be shown by following the argument of [44, Example 2.1].

We will show that for each point of X , condition (1.4) is true. This is trivially true for points of $X \setminus E$, since the identity map from $(\mathbb{C} \setminus E, |\cdot|)$ to $(X \setminus E, d)$ is locally isometric and thus preserves modulus.

Next, fix a point $a \in E$ and consider the corresponding annuli A_n , $n \in \mathbb{N}$, as above. Fix $R > 0$. Since the annuli A_n converge to a , by discarding finitely many annuli we may assume that $A_n \subset B_d(a, R)$ for all $n \in \mathbb{N}$. Next, fix $N \in \mathbb{N}$. Then, for all sufficiently small $r > 0$ the closed ball $\bar{B}_d(a, r)$ is disjoint from A_N and is surrounded by A_N .

For $i \in \{1, \dots, N\}$, let ρ_i be an admissible function for the modulus of curves joining the boundary components of A_i , such that

$$\int \rho_i^2 d\mathcal{H}^2_{|\cdot|} \leq 2M_i. \tag{8.2}$$

We may take ρ_i to be supported in \bar{A}_i , so the functions ρ_i , $i \in \{1, \dots, N\}$, have disjoint supports. Now, we define

$$\rho = \sum_{i=1}^N c_i \rho_i,$$

where $c_i = M_i^{-1} (\sum_{j=1}^N M_j^{-1})^{-1}$.

Each curve γ joining $X \setminus B_d(a, R)$ to $\bar{B}_d(a, r)$ has disjoint subpaths γ_i , $i \in \{1, \dots, N\}$, such that $|\gamma_i| \subset \bar{A}_i$ and γ_i joins the boundary components of A_i . Therefore,

$$\int_{\gamma} \rho ds \geq \sum_{i=1}^N c_i \int_{\gamma_i} \rho_i ds \geq \sum_{i=1}^N c_i = 1.$$

This shows that ρ is admissible for $\Gamma(\bar{B}_d(a, r), X \setminus B_d(a, R); X)$. Therefore, by (8.2),

$$\begin{aligned} \text{mod } \Gamma(\bar{B}_d(a, r), X \setminus B_d(a, R); X) &\leq \int \rho^2 d\mathcal{H}_d^2 = \sum_{i=1}^N c_i^2 \int \rho_i^2 d\mathcal{H}_{|i}^2 \\ &\leq 2 \sum_{i=1}^N c_i^2 M_i = 2 \left(\sum_{j=1}^N \frac{1}{M_j} \right)^{-1}. \end{aligned}$$

The right-hand side converges to 0 as $N \rightarrow \infty$ by (8.1). Thus, letting first $r \rightarrow 0$ and then $N \rightarrow \infty$ shows that (1.4) holds at the point a .

Summarizing, the construction gives a surface X that is homeomorphic to \mathbb{C} and is locally isometric to a planar domain, outside a Cantor set E . Consider a Jordan curve J in X such that $E \subset J$; the existence of J follows from the tameness of planar Cantor sets [38, Section 13, Theorem 7, p. 93]. Then J separates X into two surfaces X_1, X_2 such that J is their common boundary. The interior of each of these surfaces is locally isometric to a planar domain, so it is reciprocal. By Theorem 1.10, both X_1 and X_2 are reciprocal. Therefore, the constructed surface can be written as the union of two reciprocal surfaces, as claimed in Proposition 1.11.

Example 8.4 (Condition (1.4) can fail on a continuum). We show that there exists a metric surface X of locally finite Hausdorff 2-measure that is homeomorphic to \mathbb{C} such that (1.4) fails for all points in a non-degenerate continuum $E \subset X$.

Construction of topological model. Let $C \subset [0, 1]$ be a Cantor set containing the points 0, 1. For each component J of $[0, 1] \setminus C$ consider a positive number $\eta(J)$ and two vertical line segments of length $2\eta(J)$ passing through the endpoints of J and symmetric with respect to the x -axis. Let $H(J)$ be the union of these two line segments with $J \times \{0\}$. We choose the numbers $\eta(J)$ so that for each $\delta > 0$ there are only finitely many components J of $[0, 1] \setminus C$ with $\eta(J) > \delta$; later we will make a specific choice. We now define $F = (C \times \{0\}) \cup \bigcup_J H(J)$ and observe that $\mathcal{H}_{|i}^2(F) = 0$; see Figure 8.1.

We define an equivalence relation R on \mathbb{C} that is trivial outside $\bigcup_J H(J)$ and collapses each H -shape $H(J)$ to a point. In particular, no equivalence class separates the plane. It is easy to see that the relation R is upper semicontinuous (that is, the limit points of any two sequences of equivalent points are equivalent). If $Y = \mathbb{C}/R$ is the quotient space and $h_Y: \mathbb{C} \rightarrow Y$ is the natural projection, then Y is homeomorphic to \mathbb{C} by Moore’s decomposition theorem [11, p. 3], and h_Y is continuous, surjective, and monotone. The set $h_Y(F)$ is a non-degenerate continuum in Y and each point of $h_Y(F)$ has a preimage that is either an H -shape or a point of $C \times \{0\}$. We will realize this topological model with a metric.

Construction of metric space X . We require that the Cantor set C has the additional property that $\mathcal{H}^1(C \cap I) > 0$ for each open interval $I \subset \mathbb{R}$ intersecting C ; later we will specify the Cantor set even further. Define the quotient pseudometric d_R on \mathbb{C} by

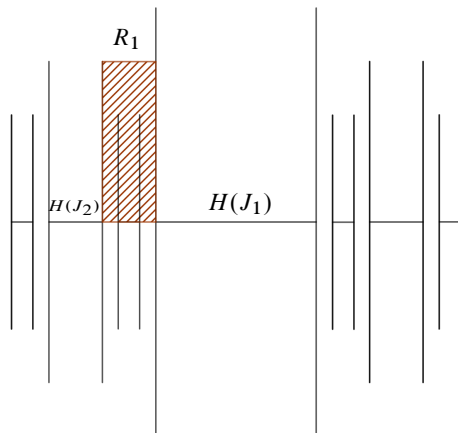


Fig. 8.1. The set F .

$$d_R(x, y) = \inf \left\{ \sum_{i=1}^k |p_i - q_i| : p_1 = x, q_k = y, k \in \mathbb{N} \right\},$$

where the infimum is taken over all choices of $\{p_i\}_{i=1}^k$ and $\{q_i\}_{i=1}^k$ such that $q_i \sim_R p_{i+1}$ for $i \in \{1, \dots, k - 1\}$. Note that $d_R(x, y) = 0$ if $x \sim_R y$ and $d_R(x, y) > 0$ if $x \notin F$ and $y \neq x$.

We will show that the equivalence relation $d_R = 0$ coincides with R . For this, it suffices to show that if $x, y \in F$ and $x \sim_R y$, then $d_R(x, y) > 0$. For a point $z \in \mathbb{C}$, denote by \tilde{z} its projection onto the x -axis. If $x \sim_R y$ and $x, y \in F$, then $\tilde{x} \neq \tilde{y}$. Without loss of generality, suppose that $\tilde{x} < \tilde{y}$. Let $\{p_i\}_{i=1}^k$ and $\{q_i\}_{i=1}^k$ be points such that $p_1 = x$, $q_k = y$, and $q_i \sim_R p_{i+1}$ for $i \in \{1, \dots, k - 1\}$. Note that the polygonal path joining p_1 to q_1 to p_2 to q_2 to \dots to q_k projects to a line segment in the x -axis that covers the interval $[\tilde{x}, \tilde{y}]$. Moreover, since $q_i \sim_R p_{i+1}$, we see that q_i and p_{i+1} lie in the same H-shape or $q_i = p_{i+1}$. Hence, the projection of the segment from q_i to p_{i+1} intersects C in at most two points. We conclude that the intervals from \tilde{p}_i to \tilde{q}_i , $i \in \{1, \dots, k\}$, cover the set $C \cap [\tilde{x}, \tilde{y}]$ except for finitely many points. Therefore,

$$\sum_{i=1}^k |p_i - q_i| \geq \sum_{i=1}^k |\tilde{p}_i - \tilde{q}_i| \geq \mathcal{H}^1(C \cap [\tilde{x}, \tilde{y}]).$$

Note that the right-hand side is positive, since $x \sim_R y$ and in particular they do not lie in the same H-shape. It follows that

$$d_R(x, y) \geq \mathcal{H}^1(C \cap [\tilde{x}, \tilde{y}]) > 0.$$

This shows the claim. In fact, the reverse inequality also holds. That is, if $x, y \in F$, then

$$d_R(x, y) = \mathcal{H}^1(C \cap [\tilde{x}, \tilde{y}]).$$

This can be seen by connecting the projections \tilde{x} and \tilde{y} with a specific polygonal path contained in $[0, 1] \times \{0\}$.

Consider the metric space $X = \mathbb{C}/d_R$ with metric $d = d_R$ and let $h: \mathbb{C} \rightarrow X$ be the projection map. Since the equivalence relation $d_R = 0$ coincides with R , we conclude that X is homeomorphic to $Y = \mathbb{C}/R$ and thus to \mathbb{C} ; see [8, Exercise 3.1.13, p. 63]. Observe that h is 1-Lipschitz continuous. Thus, X has locally finite Hausdorff 2-measure. Moreover, h is surjective, proper, and cell-like. We claim that h is weakly 1-quasiconformal. For this, by Theorem 5.6 it suffices to see that the function $g = 1$ is an upper gradient of h because h is 1-Lipschitz, and has the property that

$$\int_{h^{-1}(A)} g^2 d\mathcal{H}^2_{|\cdot|} \leq \mathcal{H}^2_d(A)$$

for each Borel set $A \subset X$. The latter, in fact, holds trivially with equality, because h is locally isometric outside F and $\mathcal{H}^2_{|\cdot|}(F) = \mathcal{H}^2_d(h(F)) = 0$ by the 1-Lipschitz property of h .

Failure of condition (1.4). Finally, we verify that (1.4) fails at each point of $E = h(F)$. Since h is weakly quasiconformal, this is immediate for points whose preimage is an H-shape, and in particular has positive diameter. We have to argue for the points whose preimage is a singleton in $C \times \{0\}$. To achieve this, we will give a specific construction of the Cantor set C and a specific choice of the numbers $\eta(J)$.

We construct the fat Cantor set C in the standard way. Namely, we call $I_0 = [0, 1]$ an interval of level 0 and once the intervals of level $n - 1$ have been defined, we remove a middle interval of relative length $a_n \in (0, 1)$ from each interval of level $n - 1$ and obtain 2^n intervals of level n . The Cantor set C is defined as the intersection in $n \in \mathbb{N} \cup \{0\}$ of the unions of all intervals of level n . If $\prod_{n=1}^\infty (1 - a_n) > 0$, or equivalently $\sum_{n=1}^\infty a_n < \infty$, then the Cantor set C has positive measure. We choose the sequence $\{a_n\}_{n \in \mathbb{N}}$ arbitrarily so that C has positive measure. If I_{n-1} is an interval of level $n - 1$, then $\mathcal{H}^1(I_{n-1}) \simeq 2^{-n+1} \simeq 2^{-n}$. If J_n is a middle interval removed from I_{n-1} at the next stage, we define $\eta(J_n) = 1/n$. To simplify the notation and avoid taking product sets, we consider the real line \mathbb{R} as a subset of the plane \mathbb{C} , identified with $\mathbb{R} \times \{0\}$.

Let $x_0 \in C$ and for each $n \in \mathbb{N} \cup \{0\}$ consider the interval I_n of level n containing x_0 , so that $\{x_0\} = \bigcap_{n=0}^\infty I_n$. Denote by J_n the middle interval removed from I_{n-1} , $n \in \mathbb{N}$. For $n \in \mathbb{N}$ consider the rectangle R_n in the upper half-plane with height $\eta(J_{n+1})$, whose vertical sides are contained in $H(J_n)$ and $H(J_{n+1})$, and one of whose horizontal sides coincides with a remaining interval of level $n + 1$; this interval might or might not be I_{n+1} . See Figure 8.1 for an illustration. Note that the modulus in \mathbb{C} of the family of curves joining the vertical sides of R_n is $M_n = \eta(J_{n+1})/\mathcal{H}^1(I_{n+1}) \simeq n^{-1}2^n$. By the weak 1-quasiconformality of h , the modulus of curves in X joining $h(H(J_n))$ and $h(H(J_{n+1}))$ is at least M_n . Observe that the sequence of points $h(H(J_n))$, $n \in \mathbb{N}$, converges to $h(x_0)$ as $n \rightarrow \infty$.

Suppose that x_0 is not an endpoint of a complementary interval of the Cantor set C . We fix a small radius $R > 0$ so that $B_d(h(x_0), R)$ does not contain the point $h(H(J_1))$. Let

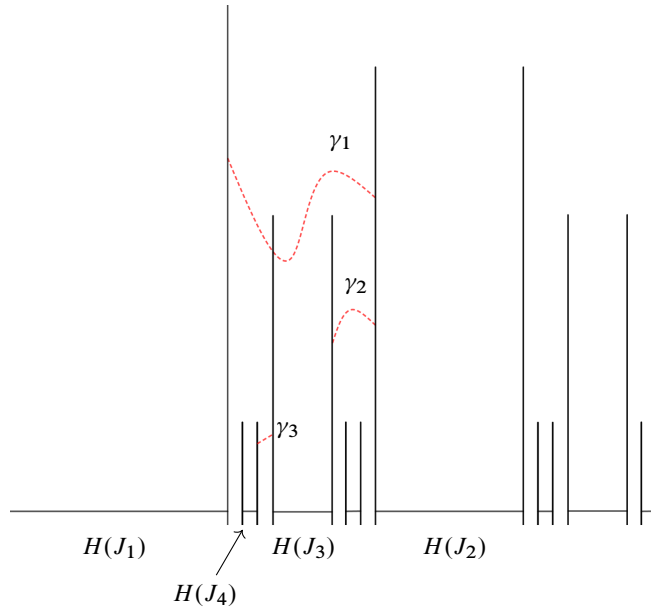


Fig. 8.2. A depiction of the paths γ_n in the plane. In fact, the paths are taken in the space X .

$r < R$ be arbitrary and fix $m \in \mathbb{N}$ such that $h(H(J_{m+1})) \in B_d(h(x_0), r)$. Let $\rho \in L^2(X)$ be an admissible function for $\Gamma(\bar{B}_d(h(x_0), r), X \setminus B_d(h(x_0), R); X)$. For each $n \in \mathbb{N}$ we may find a path γ_n connecting $h(H(J_n))$ to $h(H(J_{n+1}))$ with

$$\int_{\gamma_n} \rho ds \leq 2M_n^{-1/2} \|\rho\|_{L^2(X)}.$$

See Figure 8.2 for a depiction. The concatenation of $\gamma_1, \dots, \gamma_m$ gives a rectifiable path joining the point $h(H(J_1))$ to $h(H(J_{m+1}))$ and thus lying in $\Gamma(\bar{B}_d(h(x_0), r), X \setminus B_d(h(x_0), R); X)$. Therefore, by the admissibility of ρ , we have

$$1 \leq \sum_{n=1}^m \int_{\gamma_n} \rho ds \leq 2 \sum_{n=1}^m M_n^{-1/2} \|\rho\|_{L^2(X)} \simeq \|\rho\|_{L^2(X)} \sum_{n=1}^m \sqrt{n} 2^{-n/2} \lesssim \|\rho\|_{L^2(X)}.$$

This implies that

$$\text{mod } \Gamma(\bar{B}_d(h(x_0), r), X \setminus B_d(h(x_0), R); X) \gtrsim 1$$

for all sufficiently small $r > 0$. This completes the proof.

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